



Chepontuc Footnotes

chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

GLENS FALLS - SARATOGA CHAPTER ADIRONDACK MOUNTAIN CLUB Annual Dinner 2013

Friday, October 25
Hiland Country Club
195 Haviland Road
Queensbury, New York 12804
Cash Bar: 6:00 p.m. Buffet dinner: 7:00 p.m.
\$28 per person

Professional photographer **GERRY LEMMO** will wow us with his presentation of "Adirondack Timeless Treasures," a mix of wilderness scenes, flora and fauna, along with places of interest within the Blue Line. Gerry Lemmo will show famous sites throughout the Lake George region, where people enjoy what nature has provided, in small communities spaced throughout the east's largest wilderness. From Great Camp Sagamore to remote Copperas Pond, experience the splendor of New York State's unspoiled landscape, of rugged mountains, inviting lakes and plentiful birds and animals.

Gerry Lemmo has been capturing nature's wonders for over 20 years! His photographs have been published widely in magazines such as National Geographic World, Audubon, The Nature Conservancy, Ranger Rick, Adirondack Life, Birds & Blooms and Caribbean Travel & Life.



This year our buffet menu features: salad, a pasta station, turkey carving station, plus chafing dishes with a selection of chicken and beef, ice cream sundaes and more! Gluten-free options are available upon request!

Reservation Instructions

1. All reservations must be PREPAID and RECEIVED BY SATURDAY, OCTOBER 19 (no exceptions)
2. Sorry, phone reservations cannot be accepted — use mail-in form below.
3. Please make checks payable to: **GLENS FALLS-SARATOGA CHAPTER ADK**
4. Mail reservation form (below or @ www.adk-gfs.com) and check to:
MAUREEN COUTANT, 22 PINION PINE LANE, QUEENSBURY, NY 12804
5. We do not mail confirmations back to you. For more information contact mojim@roadrunner.com

ANNUAL DINNER RESERVATION	
NAME(S) (please print clearly for your name tag)	Your Phone # _____
1. _____	Your Email _____
2. _____	3. _____
	4. _____

Fall Is a Wonderful Time of the Year!

By Laura Fiske, Chapter Chair

It is hard to believe fall is right around the corner. Even though summer is waning, that does not mean there is not a lot to take advantage of in the great outdoors. I became involved with the ADK in the fall. The fall colors and wonderful views (less leaves on the trees) is what got me hooked.

In addition to our chapter activities, ADK will once again participate in the Ragnar Relay. This is an overnight running race that takes place in the Adirondacks. The relay is September 27th and 28th and begins in Saratoga Springs and ends in Lake Placid. Ragnar will pay the ADK \$100 for each volunteer we provide, which will be split 50/50 with the ADK chapters that provide volunteers. This is a win-win for the club and the chapter. If you would like to participate



"The fall colors and wonderful views ... got me hooked!"

please contact the main Club or Mo Coutant. Her contact info is to the right! Additional information is available on the chapter and club websites.

Please be sure to send in your registration form for the annual dinner on October 25th at the Hiland Country Club. In addition to a buffet dinner, we will elect officers for 2014 (we have some new faces) and enjoy a program by nature photographer Gerry Lemmo. Please review the slate of officers and nominee biographies in this newsletter.

In closing, I remind everyone that we could use some help on the standing committees that are listed on this page of the newsletter. Many of the committee chairs operate with only one person. Please consider volunteering. I hope to see many of you at the annual dinner in October. As always, if you have any questions, concerns or ideas please let me know.

Chepontuc Footnotes

Published Bimonthly
Glens Falls Saratoga ADK Chapter
Adirondack Mountain Club
PO Box 2314, Glens Falls, NY, 12801

Executive Committee Officers:

Chapter Chair Laura Fiske
Phone: 884-0345 chapterchair@adk-gfs.org

First Vice Chair Kerri Healy
vicechair1@adk-gfs.org

Second Vice Chair vacant

Secretary John Caffry
Phone: 798-0624 secretary@adk-gfs.org

Treasurer John Schneider
Phone: 584-8527 treasurer@adk-gfs.org

Directors
Jonathan Lane, Bill Bechtel, Linda Ranado
Email for all directors: director@adk-gfs.org

Past Chapter Chair Maureen Coutant
Phone: 745-7834 pastchair@adk-gfs.org

Committee Chairs:

Annual Dinner vacant

Conservation Jacki Bave
Phone: 587-3754 conservation@adk-gfs.org

Education Linda Ranado
education@adk-gfs.org

Hospitality Gretchen Steen
Phone: 638-6139 hospitality@adk-gfs.org

Membership Pat Desbiens
Phone: 899-9688 membership@adk-gfs.org

Newsletter/Editor Jill Gruben
newsletter@adk-gfs.org

Outings Wayne Richter
Phone: 893-7895 outings@adk-gfs.org

Programs Sarah King
Phone: 798-0615 programs@adk-gfs.org

Publicity Jen Shepherd
publicity@adk-gfs.org

Trails Tom Ellis
Phone: 638-6139 trails@adk-gfs.org

Web site George Sammons
Phone: 743-9692 webmaster@adk-gfs.org

Wilderness Jim Schneider
Phone: 581-9367 wilderness@adk-gfs.org

Young Members Group Jonathan Lane
Phone: 744-4594 ymg@adk-gfs.org

Bear-proof storage containers available!

- ◆ 8.8" dia. X 12" long, weight 2.7 lbs. Designed to slip into your backpack.
- ◆ Required in the Eastern High Peaks Zone and important for any back-country overnight adventure, backpacking or canoe camping destination.
- ◆ Rental Rates: 1-3 days \$5.00 4-7 days \$10.00

Call *Jim Schneider* 518-581-9367 to reserve your rental.

Rentals are available exclusively to ADK Glens Falls-Saratoga Chapter members.

Nature At Your Doorstep

If you think you have to travel to the far corners of the earth to explore the beauty of the natural world, think again! Birds, flowers, butterflies, reptiles and amphibians abound in New York's Capital Region and just beyond. Join Denise Hackert-Stoner and Scott Stoner of Naturelogues for this program highlighting the beauty of nature we can find right in our own backyards!

The award-winning nature photography of Scott Stoner and Denise Hackert-Stoner of Naturelogues has been exhibited in many galleries throughout New York's Capital region. Their work has appeared in numerous publications including Birder's World, New York State Conservationist and the new book, "New York Wildlife Viewing Guide." They offer natural history slide programs for adults and children as well as sales of their nature photography and note cards. Visit them at naturelogues.com or on Facebook.



Program

Nature At Your Doorstep
With Scott Stoner and Denise
Hackert-Stoner

When: 7pm Sept. 19
What: Presentation

Where: Saratoga Springs
Library

Vote for Chapter Officers at Annual Dinner on October 25, 2013!

Chapter members will vote at the Hiland Country Club in Queensbury, Friday, October 25, 2013 for the following slate of 2014 officers as presented by the nominating committee:

Chapter Chair: Laura Fiske
1st Vice Chair - Kerri Healy
Secretary: John Caffry
Treasurer: Steve Mackey

Additional nominations, in writing, may be submitted by any member entitled to vote to Laura Fiske, chair of the Nominating Committee, by close of business, Friday, October 11, 2013. Such nominations must be signed by no fewer than twelve voting members. In the event that there is more than one candidate for any given office, at the annual meeting the Secretary shall furnish a ballot containing the names of all nominees, arranged in alphabetical order, as candidates for each office. This ballot shall be the exclusive means of voting for officers and Directors. The successful candidate for each position shall be determined by a simple majority of the votes cast.

Please note there is a vacancy for Director.

Laura Fiske

I have been a member of the ADK and the Glens Falls/Saratoga chapter for many years. I am currently the Chapter Chair. In addition to my role in the chapter, I am a member of the club Finance and Audit Committee. In addition to hiking I have become involved in cycling and running. I look forward to beginning the year as the elected Chapter Chair. At the 2012 annual meeting, I was voted into the 1st Vice Chair position and was subsequently nominated to the Chapter Chair position by the Executive Committee in February 2013 since that position was vacant.

Kerri Healy

I have been a Saratoga County native for 34 years and an ADK member since January 2013. I was born in Holtsville Long Island

and moved to Wilton at the age of 7. I currently reside in Corinth with my husband Bill Healy and our three German Shepherds. I am a Bank Manager for TD Bank in South Glens Falls and have worked in the financial industry for over 20 years. I am very active in the community; my goal is to put my community's values into action through philanthropy. An avid cyclist, I also enjoy hiking and photography. I look forward to making a difference in the Adirondack Mountain Club so that we can all continue to enjoy living in an area that we here call heaven on earth.

John Caffry

I have been an ADK member since 1985. Since that time, I have served ADK in many capacities, such as: Member of Chapter Executive Committee since 1987; former Chapter Publicity Committee Chair and Second Vice Chair; Chapter Secretary since 2006; former member of ADK Board of Governors and Executive Committee; former chair of ADK Headquarters Committee; current member (since 1988), and former chair, of ADK Conservation Committee. I have participated in the Adopt a Lean-to program since 2003. I am a native of Glens Falls, currently living there with my wife, Ellen, and our two daughters. I am a member of the Caffry & Flower law firm in Glens Falls. Occasionally, I can find time for hiking, paddling and all varieties of skiing. Like Sarah Palin and Russia, I can see the Adirondack Park from my house (but only if the leaves are off the trees).

Steve Mackey

I have been an active member with the Glens Falls/Saratoga Chapter since the early 80's. I served as Conservation Chairman for a couple of years back when the "Cane Pond Road Closure" and the "Big Cedar Swamp & Earlton" were big issues. I also have participated in the Adopt a Lean-to program, with "Jungle" Jim Mosher, taking care of Ward Brook Lean-to, for over twenty five years. I lead hikes regularly, and recently took over John Schneider's long held "Winter Weekend Coordinator" position. I own and operate the Luzerne Market, and have been in business for 33 years.

By Linda Ranado,
Education Chair

It has been a relatively quiet summer for our committee. I was sorry to learn our ADK candidate's session was cancelled as a result of the crew leader's illness. I hope he was able to get out and enjoy the trails with friends and family and that ADK's Teen Trails crew leader is back in good health.

As of this writing, hopefully, all our DEC camperships have returned from a fun-filled week at Camp Colby and Pack Forest. Now the recruitment for the 2014 summer DEC programs and ADK's Teen Trails program begins! Descriptions and applications can be found on our chapter website at the Education link. We hope to start hearing from prospective candidates soon.

Fire Tower Challenge News By Kathi and Tim Noble

A cooler August is bringing some relief from the heat of July making for more pleasant hiking weather. With the increase in the awareness of the Fire Tower Challenge and summer being the most popular hiking season for families, we are expecting an increase in the amount of patches we will be sending out this fall.

In July we sent out patches to the following hikers for earning their patches:

Stephen McGill
Michele McCall
Jan MacLauchlin
Paul Gochia
Lauren Hurd

Congrats to them all!

Essex Chain Lakes Classification - The Essex Chain Lakes, ten interconnected lakes and ponds that are part of the former Finch, Pruyn properties recently acquired by New York State, are at the heart of a controversy over an appropriate land classification. The Adirondack Park Agency (APA) will be choosing from a variety of options set forth in the Draft Supplemental Environmental Impact Statement for the Essex Chain Lakes.

The Adirondack Mountain Club supports a Wilderness classification for these lakes, which would protect the lakes from motor boats, motor vehicles and float-planes, and would assure an unspoiled wilderness experience for canoeists and kayakers. Wilderness option 1A would provide access to the Chain Lakes via a short carry, and would also call for a Wild Forest classification for lands to the north of the Essex Chain, thereby allowing increased access to two canoe launch sites on the Hudson River. With this classification, mountain biking would be allowed on roads in the Wild Forest section. Several other environmental groups support this classification option.

New York State's Department of Environmental Conservation (DEC) and local governments are asking for a Wild Forest classification (4A or 4B) for these lands so that motor vehicles and float planes could access the lakes in the spring and fall. There is also a possibility that motor boats would be allowed. The question APA has to decide is whether a Wild Forest classification would lead to the degradation of these relatively unspoiled lakes. ADK believes that it would.

During July, ADK issued an Action Alert to Chapters and members asking for help in supporting the Wilderness classification. The Glens Falls-Saratoga Chapter submitted comments, as did individual members. We are now awaiting the APA's decision. To learn more about the proposed classification options, visit apa.ny.gov/ and look for "SLMP, Essex Chain lakes" to find descriptions.

Executive Committee Meeting Minutes

Minutes from May 1, 2013

Treasurer John Schneider presented the April Treasurer's Report. The total balance is \$6,356.84, down almost \$2,000 from January 1st.

Chapter Chair Laura Fiske expressed willingness to be elected to a full term as Chapter Chair. She led a discussion of whether the Chapter should publicize or promote outings and other programs which are sponsored by non-ADK groups. There were concerns about liability and promoting events that would compete with the Chapter's own events. After considerable discussion it was unanimously:

RESOLVED, that it is the policy of the Chapter that it will not promote, such as in the newsletter or on the website, events or outings sponsored by non-ADK organizations unless ADK is a co-sponsor or otherwise involved with it. Exceptions may be made only by the Executive Committee.

Conservation Chair Jacki Bave reported that the State

purchased Cat and Thomas Mountains near Lake George and land near Moreau Lake State Park. There are plans to eventually connect Moreau Lake to Saratoga Spa State Park and Mechanicville by trail.

Wilderness Chair Jim Schneider reported that he recently carried out a lot of trash from lean-tos 1, 2, and 3 in the Pharaoh Lake area.

Laura Fiske reported for the **Education Committee**, in the absence of Chair **Linda Ranado**. She said that Linda had covered Healthy Kids Day at the Glens Falls Y, and will do the Moreau Fun Fair.

Laura also reported that **Bill Bechtel** has donated a pastel picture to the auction at the Black Fly Affair.

Membership Chair Pat Desbiens reported that March membership consists of 1,350 households and 2,285 total members.

Trails Committee Chair Tom Ellis reported on the successful trail work day on Tongue Mountain where eight people attended and about 25 blow-downs were removed.

2014 Chapter Winter Weekend at Heart Lake

We are again renting the Wiezel cabin for the Glens Falls – Saratoga Chapter of ADK for our winter weekend 2014! We have reserved it for the weekend of February 8th thru the 10th. This three night stay cost is \$110 per person and includes the cabin costs and dinners for Saturday and Sunday nights. (If costs come in below this estimate, we will distribute refunds accordingly.)

The cabin is located near Adirondack LOJ, with the High Peaks at our doorstep. The cabin has heat, lights, and running water, including a full kitchen and two bathrooms. It sleeps 16 and I will begin accepting reservations with payment from members ASAP. A waiting list will be maintained. Please send checks made payable to Steve Mackey to:

Steve Mackey
21 MacArthur Dr
Glens Falls, NY 12801-2317

Please email any questions to Steve at:
smackey33@verizon.net

RAGNAR RELAY, the overnight running race, is coming to the Adirondacks! The relay is September 27-28th and starts at the Saratoga Spa State Park, skirts along the Hudson River, passes through the Lake George region, up the southern side of Lake Champlain and ends in Lake Placid. GREAT NEWS ~ ADK has been selected as the "Charity of Choice!" Organizers estimate 100 volunteers are needed. **RAGNAR will pay ADK \$100 for every volunteer we provide, which will be split 50/50 with the ADK Chapter who provides the volunteers.** Please let Laura Fiske know you signed up to volunteer for the Glens Falls-Saratoga Chapter @ chapterchair@adk-gfs.org

For more information and to sign up visit <http://www.ragnarrelay.com/race/adirondacks> or www.adk.org.

Make sure to check our web site @

www.adk-gfs.org

**G/F SARATOGA CHAPTER
NEW MEMBERS - MARCH 2013**

MAY 2013

New Members

Antonio & Debbie Bacchetta, Sparta, New Jersey
Mike Bonatto, Clifton Park
John Chernik, Burnt Hills
John Durkin & Jen Harris, Queensbury
Ronda Fein, Saratoga Springs
Ayla & Greg French Goldman; Seff, Kameron & Gregory Goldman, Johnsonville
Eric & Tegan Frisino, Glens Falls
Jennifer, Brian & Mackenzie Gaze, Saratoga Springs
Dina Jameson, Schuylerville
Karleton Kerr, Saratoga Springs
Cheryl McGivern, Corinth
George, Tatyana, Jasmine, Angelica & Sophia Nicholas, Hudson Falls
Howard Nicols, Chestertown
Danielle & Marc Palmiotto, Ballston Spa

David & Mayumi Perkins, Saratoga Springs
Art Punsaland, Clifton Park
Richard, Elaine, Quinn, Julianna, Ariella & Alexa Roberts, Wilton
Annette Selig, Gansevoort
Grace Sherman, Greenwich
Sarah Van Rijsewijk, Corinth
Betty Wight, Queensbury

Rejoined Members

Michael & Jennifer Casavant, Greenfield Center
Jody, Jennifer, Braden, Owen & Matty Grafals, Glens Falls
Philip Griffith, Saratoga Springs
Catherine Hanley, Clifton Park
James, Susan, Adam & Abby Hansen, Charlton
Joe Lefevre, Saratoga Springs
Benjamin Morrow, South Glens Falls
Steve, Sherry & Sheldon Reeves, Queensbury
Larry Simek, Broadalbin

JUNE 2013

New Members

Julia Balducci, Gansevoort
Dona Boyer, Mechanicville
Anne & John Brock, Cleverdale
Stephen Emlaw, Saratoga Springs
Ariel Jensen-Vargas, Long Island City, New York
Phil Kahn, Wilton
Pamela Malo, Ballston Lake
Carolyn & Anthony Manzella, Queensbury
Howard Ritz, Queensbury
Aaron Spezia, Hudson Falls
Matthew Wasserman, Saratoga Springs

Rejoined Members

Jack & Margaret Ditch, Schuylerville
Sara McKay, South Glens Falls
Victoria Stephens, Greenfield Center

Save the Date!

**Easter Island to Cape Horn
With John and Barbara Youker
When: 7pm Nov.21
What: Presentation**

Where: Saratoga Springs Library

Explore South America through the eyes of world travelers Barbara and John Youker. The Youkers present a multimedia tour of their trip from Easter Island through Buenos Aires and southern Patagonia to the Straits of Magellan and on to Cape Horn, the southernmost point in South America.

**Pharaoh Lake
Wilderness Area News:**

Have you hiked in the Pharaoh Wilderness Area? If you haven't what you will find are beautiful lakes and ponds, quiet solitude, great backpacking, easy walking, and delightful swimming. And when you come back, let us know what you found. We are particularly interested in flowers, animals, trail and lean-to conditions, and just about anything notable either good or bad. Your Glens Falls-Saratoga ADK Chapter has adopted the entire Pharaoh Lake Wilderness Area.

Use this simple form as a guide to report back to us:

Unusual animals: _____
Unusual plants: _____
Trail conditions (blow-down, beaver activity, signs missing or incorrect, etc.): _____
Lean-to conditions: _____
Other: _____

Please email your report to: metadataajim@gmail.com

Or, please mail your report to:
Pharaoh Lake Wilderness Area
Glens Falls-Saratoga Chapter ADK
P.O. Box 2314
Glens Falls, NY 12801

Outings and Programs Schedule

[See adk-gfs.org website for latest calendar]

Date	Day	Type	Destination	Leader(s)	Rating
September					
7	Sat	Hike	Dial/Nippletop	Bill Morse	A+
8	Sun	Hike	Owls Head Mountain Fire Tower	Bill Carpenter	B
9	Mon	Geocache	Monday Geocache	Sarah King, Maureen Coutant	NR
10	Tue	Paddle	Tuesday Evening Paddle	Maureen Coutant, The Mackeys	NR
14	Sat	Hike	Dix and Hough	Wayne Richter	A+
14	Sat	Hike	Wallface and Scott Ponds (High Peak Region)	Rich Crammond	A
15	Sun	Hike	YMG - Camel's Hump - Vermont High Peak	Jonathan Lane, Rachel Lane	B+
21	Sat	Bushwack	Blue Ridge Mountain.	Jayne Boudier	A
21	Sat	Hike	Beenies Brook Slide - Lower Wolf Jaw	Steve Mackey	A+
22	Sun	Hike	Noonmark Mountain	Jen Shepherd	B-
22	Sun	Hike	Esther Mountain	Bill Carpenter	B+
22	Sun	Hike	Fifth Peak Lean Tongue Mountain	Lorraine MacKenzie	B
24	Tue	Paddle	Tuesday Evening Paddle	Maureen Coutant, The Mackeys	NR
27	Fri	Other	ADK volunteers for RAGNAR RELAY	Maureen Coutant	D/C
28	Sat	Hike	Giant and Rocky Peak Traverse	Mike Fuller	A+
28	Sat	Hike	Big Slide via The Brothers	Reg Prouty	A
28	Sat	Other	Volunteer for RAGNAR	Maureen Coutant	D/C
October					
5	Sat	Bushwack	Hoffman Mountain	Jayne Boudier	A
5	Sat	Hike	Marshall Peak and Plane Crash Site	Mike Fuller	A
6	Sun	Hike	Pillsbury Mountain Fire Tower	Bill Carpenter	B+
6	Sun	Hike	Walk around Thirteenth Lake	Bill Schwarz	B
7	Mon	Geocache	Monday Geocache	Sarah King	NR
8	Tue	Paddle	Tuesday Evening Paddle	Maureen Coutant, The Mackeys	NR
12	Sat	Hike	Gore Mt. Fire Tower	Rich Crammond	B+
13	Sun	Hike	Skylight Mountain	Steve Mackey	A+
19	Sat	Hike	Hadley Mountain Halloween	Jen Shepherd	C
19	Sat	Other	ADK Headquarters Fall Clean Up	Maureen Coutant	NR
20	Sun	Hike	Jay Range	Wayne Richter	B+
22	Tue	Paddle	Tuesday Evening Paddle	Maureen Coutant, The Mackeys	NR
25	Fri	Program	Annual Dinner and Program	Maureen Coutant	NR
26	Sat	Hike	Brown Pond Mountain	Jayne Boudier	A
November					
4	Mon	Geocache	Monday Geocache	Sarah King	NR
9	Sat	Hike	Hadley Mountain	Reg Prouty	B
28	Thu	Hike	Turkey Trot #15 Saratoga Battlefield Hike	Rich Crammond	C+

Outings Detail

DIAL/NIPPLETOP - [Hike]

Sat, Sep 7, 2013, 7:00 am, Rating: A+
Bill Morse - 518-585-9153, fishermanpike@yahoo.com
- We will meet at 7:00AM at Exit 29, the old Frontier Town parking lot. From there we drive to the Ausable Club and take the Leach trail to Bear Den then on to Dial and Nippletop. Total distance is 13.1 miles and a combined elevation gain of 4,000 feet. We will return via the Lake Road. Bring plenty of water and food.

OWLS HEAD MOUNTAIN FIRE TOWER - [Hike]

Sun, Sep 8, 2013, 8:00 am, Rating: B
Bill Carpenter - 518-793-5506
- Continuing on with the Hamilton County Fire Tower Nature Challenge to earn our new patch, we will hike about six miles round-trip. The trail is a moderate climb, but steep at the end. Call hike leader to sign up or for more information. Bad weather will cancel.

MONDAY GEOCACHE

Mon, Sep 9, 2013, 9:00 am, Rating: NR
Sarah King - 798-0615, scubakings@roadrunner.com
Colead: Maureen Coutant - 745-7834 or mo-jim@roadrunner.com
- During the school year, we go out every month for a walk or hike with the purpose of finding geocaches that have been hidden lately. If they aren't too recent, then Sarah has probably already found them! So we leave it up to Sarah to plan where we go each month. You don't have to know anything about geocaching to come. It's just another excuse to get out in the woods. Call or email a few days before to find out the plan!

TUESDAY EVENING PADDLE

Tue, Sep 10, 2013, 5:00 pm, Rating: NR
Maureen Coutant - 745-7834, mojim@roadrunner.com
Colead: The Mackeys
- Join us on flat water or gentle streams within an hour of Glens Falls. We don't go very far or fast, but have a great time getting out in the evening and exploring the waters just before dusk. It's a beautiful time to be out. Call or email Sunday or Monday to find out where we'll be going. Thunderstorms in the forecast will postpone the trip.

DIX AND HOUGH - [Hike]

Sat, Sep 14, 2013, 5:30 am, Rating: A+
Wayne Richter - 893-7895, devnull42@nycap.rr.com
- Our hike will begin with the trail from Route 73 past Round Pond to the base of the slide on Dix. We'll cross the base of the slide, follow up it for a bit, then ascend steeply along its side to the summit of Dix. We'll drop off the summit to the Beckhorn and take the herd path down the ridge and up to Hough. We'll then retrace our steps. It's 15.6 miles there and back and 4,500 feet of elevation change. It will be a long day so be sure to have a head lamp. Bad weather will cancel or just omit Hough.

WALLFACE AND SCOTT PONDS (HIGH PEAK REGION) - [Hike]

Sat, Sep 14, 2013, 8:00 am, Rating: A
Rich Crammond - 584-2380
- We will meet at the High Peaks Information Center at Heart Lake ADK Loj. This will be a day hike to a great area. Round trip will be 13.8 miles of hiking with approximately 820' of elevation change. Looks like a rugged all day outing but we can get 'er done. Hope for good weather and bring along your fall gear and flashlights fellow hikers! Please contact the leader for more

details and to sign up. See you there!

YMG - CAMEL'S HUMP - VERMONT HIGH PEAK - [Hike]

Sun, Sep 15, 2013, 7:00 am, Rating: B+
Jonathan Lane - 744-4594, saratogahiker@infogorp.com
Colead: Rachel Lane
- Does it look like a Hump or a Rump? This is the 3rd highest peak in VT and is featured in the background of VT's state quarter. If the views are clear, we may even see Mt. Marcy and Mt. Washington from the open summit. Approximately five miles round-trip at a comfortable pace.

BLUE RIDGE MOUNTAIN. - [Bushwack]

Sat, Sep 21, 2013, 7:00 am, Rating: A
Jayne Boudier - 793-3770, boudier@verizon.net
- This adventure includes a refreshing ex-beaver dam wade, possibly a trail for some of the way, a crash site (for details, read "C-46 crash on Blue Ridge Mountain, NY 1944"), and a 100 Highest mountain. We'll go 10 miles (mostly bushwacking), 2,400 ft. ascent, at a moderate 'let's take all day' pace. From Mason Lake, Lake Pleasant.

BEENIES BROOK SLIDE - LOWER WOLF JAW - [Hike]

Sat, Sep 21, 2013, 6:30 am, Rating: A+
Steve Mackey - 793-6484, smackey33@verizon.net
- I tried this last fall, but we waited a little too long (early November) and we ran into ice, and hiked the trail instead. This fall we'll shoot for mid-September. The hike is around 11 miles round-trip with 2,000 ft of elevation. This is suppose to be an easy slide, but it is still steep with exposure, so use good judgment as to whether you will be comfortable. We may have parking issues and use the shuttle from the airport.

NOONMARK MOUNTAIN - [Hike]

Sun, Sep 22, 2013, 6:30 am, Rating: B-
Jen Shepherd - 518-312-0133, jshpherd501@gmail.com
- Since I am working on the Hundred Highest and have not yet experienced Noonmark, let's give it a try! This is a moderate climb, roughly 4.2 miles round trip. Should we get blessed with great weather, the amazing views of the Great Range will be our reward. Pack your fall gear and be sure to include plenty of food/fluids. We will plan for lunch on the summit and head back out once we're well rested and had enough of those spectacular views. Meet time is 6:30am; I like to get in early! Pace will be moderate. Expect some steep climbing in spots. Contact hike leader to sign up and meet location will then be provided. Email is faster and preferred. Be sure to include full name and contact numbers. No phone calls after 7pm please and sign up no later than Thursday before the hike. Heavy rain will cancel. See you on the trails!

ESTHER MOUNTAIN - [Hike]

Sun, Sep 22, 2013, 7:00 am, Rating: B+
Bill Carpenter - 518-793-5506
- It may not be the most glorious mountain, but Esther Mountain is a must do if you are working on your 46. We will be hiking in from the Atmospheric Research Center, up Marble Mountain, a bump at Lookout Mt., to Esther. Time permitting, and with willing hikers, we may go on to Whiteface. The length of trip is about 9.5 miles with a steady climb. Call leader to sign up or for more information. Bad weather will cancel.

FIFTH PEAK LEAN TONGUE MOUNTAIN - [Hike]

Sun, Sep 22, 2013, 8:30 am, Rating: B
Lorraine MacKenzie - 791-9794, otczone@aol.com

Outings Detail

- This is my annual September hike on a part of the Tongue Mountain Range. The trees have usually begun to change colors and the lake traffic has quieted down. The hike is about two miles up to the top. The views of Lake George are magnificent. Elevation gain is about 1,400. Rain cancels.

TUESDAY EVENING PADDLE

Tue, Sep 24, 2013, time TBD, Rating: NR
Maureen Coutant - 745-7834, mojom@roadrunner.com
Colead: The Mackeys
- See Sept 10th

ADK VOLUNTEERS FOR RAGNAR RELAY - [Other]

Fri, Sep 27, 2013, time TBD, Rating: D/C
Maureen Coutant - 745-7834, mojom@roadrunner.com
- Ok. This is a crazy relay race starting Friday morning in Saratoga and ending sometime on Saturday in Lake Placid! The runners form teams of 12 who take turns running various sections of the course. The runners wear crazy outfits, decorate their shuttle vans, and basically have a great time while running off and on all day and night! ADK is the volunteer partner. This means that for every volunteer ADK provides to help the relay race go off without a hitch, RAGNAR will make a monetary donation to ADK. So it's a fun event to volunteer for, plus it helps out the Club and Chapter! I had a great time volunteering last year and look forward to doing it again. Find a friend and sign up to do it together. You work at a check point and help out in any way that's needed. Nothing too complicated! Call or email Mo for directions on how to register for the ADK Volunteer team!

GIANT AND ROCKY PEAK TRAVERSE - [Hike]

Sat, Sep 28, 2013, 5:30 am, Rating: A+
Mike Fuller - 802-254-3314, farmallboy55@hotmail.com
- This is my fall classic. It was my first Adirondack hike. A little over 13 miles and a lot of up and down. We'll spot cars at Chapel Pond and New Russia trailheads. We'll meet at Panera Bread in Queensbury at 5:30am. Hope for a sunny day and lots of fun. No calls the morning of the hike or after 7:30pm the night before.

BIG SLIDE VIA THE BROTHERS - [Hike]

Sat, Sep 28, 2013, 7:00 am, Rating: A
Reg Prouty - 518-747-9736
- We may get an earlier start from Glens Falls in order to make sure we get a parking spot in the Garden parking lot. We will do a 9.5-mile loop from the Garden up over the three Brothers and returning via the Phelps trail from the John's Brook Lodge. The view of the Great Range is fabulous, as you are seeing the range from the other side looking east. The foliage should be at peak then so lets get out and enjoy Mother Nature's paintbrush and the crisp Fall air in the absence of bugs. Ascent from the Garden is 2,800 feet to the 4,240 feet summit.

VOLUNTEER FOR RAGNAR - [Other]

Sat, Sep 28, 2013, time TBD, Rating: D/C
Maureen Coutant - 745-7834, mojom@roadrunner.com
- See September 27. This day you'd probably be needed near Lake Placid or at least on the Northern section of the course.

HOFFMAN MOUNTAIN - [Bushwack]

Sat, Oct 5, 2013, 5:00 am, Rating: A
Jayne Boudier - 793-3770, boudier@verizon.net
- From Big Pond, we'll head north up a nice hard-wooded ridge (with views east) toward Hoffman's thick, sprucey, summit. But

a few minutes further is an excellent peek at Elk Lake and the High Peaks. This bushwack is 11 miles (eight are trail-less), 2,500 ft ascent, at as moderate a pace as possible.

MARSHALL PEAK AND PLANE CRASH SITE - [Hike]

Sat, Oct 5, 2013, 5:30 am, Rating: A
Mike Fuller - 802-254-3314, farmallboy55@hotmail.com
- I co-led this hike last year and took the group to a plane crash site on the northeast corner of Marshall just off Cold Brook pass trail. It is pretty flat to Herbert Brook where we'll start our climb. Once we summit Marshall, we'll take a herd path to Cold Brook trail and to the plane wreck, then down to Lake Colden and back out to the main trail. We'll hike approximately 15 miles with 2,575 feet of up. We'll meet at 5:30am at Panera Bread in Queensbury. No calls the morning of the hike or after 7:30pm the night before.

PILLSBURY MOUNTAIN FIRE TOWER - [Hike]

Sun, Oct 6, 2013, 8:00 am, Rating: B+
Bill Carpenter - 518-793-5506
- This hike is strenuous over a moderate distance. The views: Lake Pleasant and Sacandaga Lake to the South, Snowy Mt. fire Tower and the High Peaks to the North, Indian Lake to the East, Cedar River flow to the West, plus more. The hike is approximately 3.2 miles, but a car with low clearance may encourage you hike from sled harbor, which will add about two miles. Earlier this year, bad roads due to logging changed our hike to Wakely Mt. With drier weather the roads should be hardened. Call leader to sign up or for more information. Bad weather will cancel.

WALK AROUND THIRTEENTH LAKE - [Hike]

Sun, Oct 6, 2013, 8:00 am, Rating: B
Bill Schwarz - 307-6091, bschwarz@nycap.rr.com
- North River is the site of this excursion, which includes parts of Siamese Ponds and Hour Pond trails. It's a complete circuit of the lake, returning via Old Farm Clearing. There are some flat stretches, but a few climbs too, for the eight-mile length plus great views of the surrounding terrain. There is some road walking at the end. Bring lunch and a sense of adventure. Rain cancels; there may be a stop in North Creek for snacks (or more) on the return.

MONDAY GEOCACHE

Mon, Oct 7, 2013, 9:00 am, Rating: NR
Sarah King - 798-0615, scubakings@roadrunner.com
- See Sept 9th

TUESDAY EVENING PADDLE

Tue, Oct 8, 2013, time TBD, Rating: NR
Maureen Coutant - 745-7834, mojom@roadrunner.com
Colead: The Mackeys
- See Sept 10th

GORE MT. FIRE TOWER - [Hike]

Sat, Oct 12, 2013, 9:00 am, Rating: B+
Rich Crammond - 584-2380
- This should be a real nice fall hike if the weather is good. About nine miles of hiking round trip and about 2,500 ft. of elevation change. Please dress for fall weather in the 'dacks. Meeting place will be at the trail head next to the pond by the North Creek Ski Bowl just off of RT. 28, North Creek. Please call leader to sign up, and see you there!

Outings Detail

SKYLIGHT - [Hike] Sun, Oct 13, 2013, 6:30 am, Rating: A+

Steve Mackey - 793-6484, smackey33@verizon.net
- I have never hiked 'just' Skylight, so maybe if the weather is good, we can hang out a bit and really enjoy it. We will leave the Loj and hike the Lake Arnold and Feldspar Brook Trails. The mileage is somewhere around 16 miles. You can see 30 other High Peaks from Skylight. Let's hope for a clear day.

HADLEY MOUNTAIN HALLOWEEN - [Hike]

Sat, Oct 19, 2013, 9:00 am, Rating: C
Jen Shepherd - 518-312-0133, jshepherd501@gmail.com
- Hadley Mountain is a favorite of mine. The summit is also the perfect setting for a Halloween themed hike and a little fun! Hikers are encouraged to wear costumes. We'll meet at the trailhead off of Tower Road and begin the short hike up. Once on the summit we will enjoy the views and take a rest. From the summit we'll head down to the cabin for an (early?) lunch and Halloween treats. Hike leader will provide some treats, but please feel free to bring something to share. We can toast s'mores and tell a few ghost stories for entertainment. Depending on the weather and the group, there's potential for a short bushwhack to another summit. This is a moderate hike; pace will be leisurely. If the weather is nice, I plan to spend a fair amount of time on the summit. Contact hike leader by Thursday before the hike to sign up. Email is faster and preferred. Please provide full name and contact number when signing up. No phone calls after 7pm. Rain will cancel. See you on the trails!

ADK HEADQTRS FALL CLEAN UP - [Other]

Sat, Oct 19, 2013, 9:00 am, Rating: NR
Maureen Coutant - 745-7834, mojim@roadrunner.com
- Come join us for our annual fall clean up at ADK headquarters. It's just west off the Northway Exit 21. Come for an hour or stay for lunch. We usually are done by 2pm. Breakfast and a pizza lunch are provided. It is a great time to swap hiking adventure or misadventure stories! No skills required. My shoulder is rehabbing, so instead of my normal lend-a-hand request, instead it's that you lend-a-hand and shoulder! Hope you can make it!

JAY RANGE - [Hike]

Sun, Oct 20, 2013, 8:00 am, Rating: B+
Wayne Richter - 893-7895, devnull42@nycap.rr.com
- We'll take the beautifully constructed new (2012) trail for about 2.5 miles to the ridge of the Jay Range. We'll probably be too late for fall foliage but a clear day will give us stunning views of many of our favorite High Peaks once we get above the trees. We then follow up and down the mostly open ridge for about 1.5 miles with abundant views all around. Then it's back the way we came. About 2,500 feet of elevation change and eight miles in and out. The ridge is exposed so be prepared with proper clothing for wind and weather.

TUESDAY EVENING PADDLE

Tue, Oct 22, 2013, time TBD, Rating: NR
Maureen Coutant - 745-7834, mojim@roadrunner.com
Colead: The Mackeys
- See Sept 10th

ANNUAL DINNER AND PROGRAM

Fri, Oct 25, 2013, 6:00 pm, Rating: NR
Maureen Coutant - 745-7834, mojim@roadrunner.com
- Come join us for our Annual Dinner and Program this year at the Hiland Country Club. You'll have a chance to swap hiking stories and adventures during the happy hour from 6-7pm.

Then we'll enjoy a fabulous buffet dinner with a salad bar, pasta station, turkey carving station, plus chafing dishes with a selection of chicken, beef and one other item we haven't chosen yet! While we eat dessert (ice cream sundae station) we'll do the required chapter business and then onto the Program for the evening. Gerry Lemmo, our accomplished local wildlife and nature photographer will be presenting one of his newest programs 'Adirondack Timeless Treasures.' This program is a mix of wilderness scenes and flora and fauna, along with places of human interest within The Blue Line. We hope you can come and enjoy the show! Look online for more information and the reservation form if you don't use the one in this newsletter!

BROWN POND MOUNTAIN - [Hike]

Sat, Oct 26, 2013, 7:00 am, Rating: A
Jayne Boudier - 793-3770, boudier@verizon.net
- Spencer Morrissey says if the new surveys were used, this mountain and Sawtooth #4 would be knocked off the 100 Highest List. But the old list still stands, and unlike Sawtooth #4, he calls this a very pleasant day hike, more like a long stroll in the woods. The hike is approximately eight miles round-trip (with five miles off trail), and 1,500 ft. ascent starting from Wakely Dam, Indian Lake.

MONDAY GEOCACHE

Mon, Nov 4, 2013, time TBD, Rating: NR
Sarah King - 798-0615, scubakings@roadrunner.com
- See Sept 9th

HADLEY MOUNTAIN - [Hike]

Sat, Nov 9, 2013, 8:00 am, Rating: B
Reg Prouty - 518-747-9736
- This popular mountain near the Hadley Luzerne area affords excellent views of the Great Sacandaga River and Reservoir. The fire tower will not be open this time of year but it is climbable up to the hatch. Ascent is 1,525 feet from the Tower Road parking lot and round trip distance is 3.8 miles of gradual to moderate climbing.

TURKEY TROT #15 SARATOGA BATTLEFIELD HIKE

Thu, Nov 28, 2013, 8:00 am, Rating: C+
Rich Crammond - 584-2380
- Let's work up another holiday hunger with around five miles of hiking for this morning outing. Cameras, field glasses, and warm clothing will be good to have. Meeting place will be at the Visitors Parking Lot off of RT. 32, Stillwater. Please call the leader to sign up and see you there. Happy Thanksgiving to all my ADK hiking buds!

Trip Reviews

Monday Geocache Mon, Jun 3, 2013, Sarah King and Mo Coutant

- Today our destination was the area around Sleeping Beauty. We did not climb to the summit, but rather, set out for 'The Trail Less Travelled' geocaches. Not quite sure where the trail was, we followed our gps' to a horse/snowmobile trail, following the trail markers and crossing a stream several times. There were eight caches that we found along the way and we ended up making a nice loop back to the road into Dacy Clearing. We also managed to find the other five caches that were on our route into Dacy Clearing. It was a beautiful day and we ended our adventure by enjoying the sunshine and lunch on one of the horse stands in the parking lot. We had a new geocacher with us and it was a good lesson on what the different size containers looked like and some helpful hints on locating caches. 4 Participants: Sarah King, Licia Mackey, Steve Grey, and Sue Jordan.

Tuesday Trek Tue, Jun 4, 2013, Maureen Coutant

- This week we were invited to launch from a Club member's beach on the west side of Lake George. It was a calm, quiet morning on the lake. We paddled out to some islands and we were lucky enough to see a juvenile eagle on the side of it's nest. Later mom and dad visited with one of them bringing lunch in its talons. Then he or she landed in a nearby tree and posed for pictures for us. See the gallery. 12 Participants: Mo Coutant, Carolyn Curren, Charlie Czech, Sandra Deeb, Kassie and Paul Dietershagen, Bill Glendenning, Sarah King, Eric Krantz, Licia Mackey, George Sammons, and Joanne Szot.

YMG - Gore Mountain Fire Tower Sat, Jun 8, 2013, Jen Shepherd

- Another successful fire tower was added to the list! I had a small group of enthusiastic hikers to start the day. There were several weather related cancellations but those of us that came didn't shy away from a little rain! We arrived at the trailhead on Ski Bowl Road ready to tackle the adventure that lay ahead of us. My trusty fire tower book had this hike as nine miles round trip, but the signs before the trail register said it would be more like 11.6 miles round trip via the Schaefer Trail. A minor detail. What's a few extra miles! The trail was well marked and very easy to follow. We had a nice, gradual climb early on and were treated to a couple of small but roaring waterfalls and cascades. We had a mini-photo break of course. The bugs were out but not yet bothersome. Even our mud encounters were minimal. Things were running smoothly. We had one water crossing that was just wide enough that you couldn't jump and just deep enough that rock hopping was tricky without getting wet. I removed my boots and enjoyed the icy crossing, the rest of my group took their chances with rock hopping. I'll never say for sure but ... I think they were smarter? Our final ascent began after crossing some ski trails. We spotted a deer up ahead in what was becoming a very socked in looking area. I found walking on the gravel road to be a bit tedious over trail but we were at the warming hut in no time at all. After a quick break, we expected another 30-minute climb but the tower was just a few steps away! I got some group shots, minus one camera shy participant! From there we enjoyed lunch inside the warming hut that was left completely open. Yan Ny turned on the heat and it was a very comfortable break! Before leaving, we cleaned up some mess left behind by others, turned off the heat, and closed up the hut to keep animals out. Our little group had the mountain to ourselves. I was dismayed that we were socked in as fellow hike leader Rich Crammond was across the way on Moxham Mountain. We were going to send mirror signals to each other but even Rudolph wasn't getting through that

fog! After a lunch and a little exploration with plenty of photos, we headed back down. My companions indulged me a little so that I could 'play' on the ski lift quick. There was an accidental slug touching incident on the way down where I may or may not have let my inner girly girl out and screamed a little. Naturally, the sun was shining with blue-bird skies as we came down in elevation. We stopped on one of the bridges to get some waterfall shots and soak up the sun. It was an excellent day and it never really did rain. I had three awesome hiking buddies for the day to make a memorable trip. We even had a rewarding Stewart's stop on the way back to Panera for coffee and chocolate ice cream! Thanks for the great trip guys! 4 Participants: Jen Shepherd, Leighann Helson, Bill Carpenter, and Yan Ny Tan.

Moreau State Park * Family Hike Sun, Jun 9, 2013, Jessica Gottung

- This was another great day for taking our littlest members out! We walked the Nature Trail to the beaver pond and got to see some huts. We enjoyed and shared a picnic lunch, played on the playground and enjoyed a little time in the sand before heading home. It was a great day. 9 Participants: Jessica, Mick and Mackenzie Gottung; Karen, Mike, Simon and Lucy Trbovich; and Jeanette and Andrea Sassatelli.

Seward, Donaldson, and Emmons Sat, Jun 15, 2013, Mike Fuller

- It isn't always that you'll have a perfect day in the Seward, but we did. We started off with a perfect day and a happy bunch of hikers. We went up Calkins Brook, which didn't have too much mud and just the usual blowdown. Our first peak, Donaldson, gave us great views plus a new peak for first time climbers and a revisit for the rest of us 46ers. Off to Emmons where we began to meet other groups. Once there, we grabbed some pictures and took our lunch break. With everyone still smiling, it was off to Seward. This peak is where I finished my winter 46 in 2005. Hey no snow! Soon we were all on the summit with lots of cheering; Amy finished her 46! We opened up our bottles of spirits, toasted her success and the others that added the three peaks to their list. After lots of pictures, it was off to the north face to Ward Brook Trail, a last break at the bridge, and we headed back. Oh, here's the mud. Out by 8:00 and everyone was happy. What a great group. A special congrats to Amy Fazio for her 46er finish. 15 participants: Jen Shepherd, Leighann Helson, Aaren Harris, Nancy Kass, Denise McQuade, Wayne Richer, Colleen Downing, Helena Nevarez (our super woman), Nick Ringelberg, Cecilia Elwert, Joe Babcock, Amy Fazio, Marya Furnia, Eniko Gilbert, and Mike Fuller.

Tuesday Trek Tue, Jun 18, 2013, Maureen Coutant

- It rained on us. But we had been rained out the week before and I couldn't reschedule to a better day due to conflicts, so we got a little wet! The trees protected us most of the time as we hiked up the back side of Buck Mt. When we got to the top, it was still sprinkling, but the clouds were high enough to give us a view of the lake and islands below. We'll have to come back in a month to look for blueberries! We were glad to get out and get some exercise even though it wasn't the best hiking day! 4 Participants: Mo Coutant, Richard Drew, Eric Krantz, and Neil Van Dorsten.

Giant: Fourth of Five Ways Via the Mossy Cascade Trail Sat, Jun 29, 2013, Wayne Richter

- Lots of rain a day and a half before the hike gave us lovely falls in Mossy Cascade Brook. Then it was on to Hopkins with splendid views with the highest summits in the clouds. All that rain made the swamp on the side of Green Mountain quite the tricky bit of trail (did the leader really refer to it as a 'little' swamp?). Nick added some large dead trees to those already on the 'trail' to get us through. The expected showers arrived just before we reached Giant's summit. We were completely socked in and had to tell Helen to imagine the great views. Fortunately, the clouds lifted quite a bit and she got to see for herself. We descended the Ridge Trail, first to an awesome lightening streak on the Dix range, then to sunning ourselves on a ledge when the skies cleared. We got up close and personal with some laid back beavers who chewed the bark off a twig not ten feet from us in Giant's Washbowl! We continued to the Roaring Brook Trail, stopped to look at the falls from the top, and reached the parking lot in time for one of us to cadge a ride back to car, sharing the back seat with a big, friendly dog. 3 Participants: Wayne Richter, Helen Hokula, and Nick Ringelberg.

Marcy, Gray and Skylight Sun, Jun 30, 2013, Cole Hickland

- With the rain we had been getting and the potential for more of the same, we didn't know what to expect. As it turned out, the rain held off until the drive home so we dodged that bullet. We did, however, keep hearing from hikers headed out about the floating logs we would have to cross. We finally got to them and it was kind of fun balancing on logs knowing the water was as deep as a hiking pole. We all made it across with no problem. Frank even showed off some dance moves on the way over. After a long hike in to Lake Tear we had a quick snack and headed up Gray. The view from the top gave us a look at where we were planning to go, both Marcy and Skylight were plain to see. We then headed down to Four Corners to drop packs and head up Skylight. It was hot but the breeze on top kept the bugs away and cooled us off. It is hard to beat the view of Haystack from Skylight. After lots of pictures, we headed down to Four Corners to pick up our packs and make the big climb up Marcy. We had some tired hikers at that point, but a steady pace got us to the top to enjoy yet more views and another mini-picnic. Then we headed down the other side where shortly after we got off we looked back to see this sheet of rain move in and hit the top. It was cool to be able to watch that without getting hit by more than a few drops. We continued on our way out to the cars just in time to avoid breaking out the headlamps. 6 Participants: Joanne Conley, Hugh Davis, John Sawyer, Frank Coppa, Patrick Reilly, and Cole Hickland.

YMG - Trailgating Thu, Jul 4, 2013, Jonathan Lane

- What a great way to celebrate the 4th of July - hiking up Pillsbury Mt. in the Adirondacks! The dirt road on the way to the trailhead was a bit washed out, making the drive in an adventure in itself. The hike was great with good weather, good views from the tower, and wonderful company. 6 Participants: Adam B., Laura Golas, Ariel Jensen-Vargas, Jonathan Lane, Syma Lapides, and Tory Stephens.

Seymour Peak Sat, Jul 6, 2013, Mike Fuller

- Well it happened again. It was another great day in the Sewards, only this time it was Seymour. We started off on the Ward Brook Trail, also known to us as the Mud Trail. We reached Ward Brook Lean-to, where I told the group how Steve Mackey and 'Jungle' Jim Mosher have take care of it for over 20 years.

A little past there we picked up the herd path. Wow. I've never climbed it without snow. Our group was spread out on the way up, but soon everyone was enjoying summit views from different spots. After our lunch break we headed back and did our last break at the lean-to where Jen got a great group shot. We made it out with daylight to spare. Thank you Jen for your help with this large group. 19 Participants: Cecilia Elwert, Charles Grabitzky, Mark Rye, Leighann Helson, Colleen Downing, Bill Barton, Wayne Richer, Jen Shepherd, Rebecca Weller, Joanne Conley, Erica Holbrook, Karen Burka, Renee Melfi, John and Lois Wille, Matt & Anne Macki, Annemarie Farone, and Mike Fuller.

Tuesday Evening Paddle Tue, Jul 9, 2013, Maureen Coutant

- This trip was lead by Jim, Licia and Steve while Mo's shoulder recoups! They paddled upstream to the Spier Falls dam on the Hudson River. The current was probably a little stronger and the water level a little higher due to the many storms of early summer. But the predicted storm for this evening held off and the group was able to enjoy the warm evening on the water. Carolyn went for a swim prior to the paddle to keep cool! 8 Participants: Jim Coutant, Carolyn Curren, Bill Glendenning, Licia and Steve Mackey, Andrew and Anne Paolano, and George Sammons.

Phelps Mt. via Klondike Notch and Herd Path Sat, Jul 13, 2013, Bill Morse

- Great weather (for a change), very little mud, a seldom used trail, and an excellent group made for a good hike up Phelps Mt via the herd path at the Klondike Lean-to. I think everyone was surprised how quickly and easily we got to the summit. A little breeze at the top made it very comfortable and kept any bugs at bay. Clear air allowed excellent views of many surrounding peaks. 11 Participants: Karen Burka, Colleen Downing, Nancy Hayhurst, Helen Hokula, Susan Keely, Margaret McGrath, Simon Ouderkirk, Casey Schofield, Joanne Walczak, Rebecca Weller, Bill Morse and Abbey the dog.

Treadway mountain Sat, Jul 13, 2013, Reg Prouty

- It was a beautiful summer day for hiking and for eating blueberries as this wet summer allowed for ample large and early blueberries. So we paused numerous times on the climb to partake of our dessert first. Ample time was spent atop the summit for enjoying the views, having lunch, and enjoying a mini-concert on Reg's pocket trumpet. 9 Participants: Reg Prouty, Reg Beatty, Tom McLenithan, William Wasilauski, Barbara Tonko, Bob Bedore, Gabe Bedore, Charlie Czech, and Marianne Hines.

Wright, Algonquin and Iroquois Sun, Jul 14, 2013, Wayne Richter

- After a dry week, we were treated to trails far less muddy than recently. We made the climb to Wright just as the clouds lifted off Algonquin. Then, up to Algonquin itself for lunch and gradually lifting cloud cover that eventually revealed Marcy and much of the Great Range. Next it was over to Iroquois. The new bridging more than lives up to its billing as a great enhancement. Imagine getting to Iroquois with dry boots and no mud on the legs! We enjoyed great views and chocolate chip cookie bars on the summit, then headed back up to Algonquin on one of the great sections of trail in the peaks. 8 Participants: Michael Letzring, Erin Maggi, Wayne Richter, Maureen Roeth, Jacques Roeth, Mark Rye, Joan Scibetta, and Gina Scibetta.

Tuesday Evening Paddle Tue, Jul 16, 2013, Maureen Cou- tant

- This week the Mackey's lead the trip for Mo again! They lead a one-way trip with the current along the Feeder Canal from Glens Falls to Hudson Falls. This trip was during that unbearable heat and they chose this trip because it's fairly shady. The water was again high and faster than normal, plus a downed tree created an obstacle to be avoided or dealt with! The group saw a turkey vulture eating and some ducks. Jayne pointed out remnants of an old canal boat at the bottom of one section of the canal. Carolyn pointed out the site of a mule stable. 8 Participants: Jayne Boudier, Carolyn Curren, Bill Glendenning, Licia and Steve Mackey, Bill, Danielle and Marie Thorne (Mo helped with the car/people shuttling at the end.)

Santanoni ,Panther & Couch Sat, Jul 20, 2013, Mike Fuller

- This is my second ADK Santanoni hike and it turned out great. We started out with overcast skies but that was fine because it kept the temperature down. Steve Mackey came on this hike just to do trail work. He had been up just a few weeks before. After leaving the beaver dam we hiked into the clouds and lost our view. Soon we came to the intersection of Panther where we dropped our packs and went over to the peak. There is something beautiful about the way the fog whips through the alpine; it's like ghosts of hikers past. Soon we regrouped and snacked for our trip to Couch. We made good time until we got to the swamp and found the mud! We had a little slowdown, but then it was off to the summit where everyone was glad to get that one off their list. We looked around and noticed that it looked as though the sky was going to break. On our way back, at our first viewing area of Duck Hole we could see for miles. And hey, the rest of the day is going to be just great! Back to Times Square and then we were off to Santanoni. We made quick time of this and soon everyone was there with their cameras and taking in the beautiful views. Cecilia and Aaren noticed that Santanoni was spelled S-A-N-T-A-N-O-N-N-I. Those pictures will be a collector's item. Soon we were off, down the new old trail where we started to see Steve's handy work (good job!). He must have done at least 50 drainages and water bars and cut quite a few blow-downs. Back down to the main trail we ran into Steve at the big bridge that needed repair. He said he was tired and never did so much work in one day. We were soon back to the parking lot with extra daylight. Congratulations to Marya and Eniko for their Marshall 46er finish later that week; good job girls! A private joke between some friends: no wonder woman this year, just wonderful women. 12 Participants: Cecilia Elwert, Nancy Kass, Leighann Helson, Marya Hasting, Eniko Gilbert, Jen Ferris, Aaren Harris, Joe Babcock, Sue Atwell, Marti Townley, Steve Mackey, and Mike Fuller.

Brown Pond, Ruby Mt. Bushwack Sat, Jul 20, 2013, Rich Crammond

- A rugged hike up and over Ruby Mt. to almost Brown Pond (we missed it by that much!). My bearing was off, the bugs were super bad, and the weather was changing fast so we cut this one short and headed back over Ruby to our starting point. My thanks to Jayne and Neal for helping us back to 13th Lake Road. Hopefully better hikes to come our way in months to come. 3 Participants: Neal VanDorsten, Jayne Boudier, and Rich Crammond.

Tuesday Evening Paddle Tue, Jul 30, 2013, Maureen Cou- tant

- This week the Mackey's were kind enough to open up their camp on Glen Lake for a potluck barbeque after the paddle.

The group launched from the public ramp and paddled around part of the lake. The resident osprey flew overhead and the group saw their nest and one of the osprey posed for the group out on a branch. After packing up the boats, the group headed to the deck on the Mackey's camp and enjoyed each other's company under the beautiful skies and in perfect temperature and great views. We couldn't have asked for a better evening! 17 Participants: Doug and Judy Beers, Rene Clark, Carolyn Curren, Paul Dietershagen, Mark Janey, Licia and Steve Mackey, Andrew Paolano, George Sammons, Jan and Jim Schneider, John Schneider, Charlotte Smith, Alma and Bill Thomas, and Mira Vamvalis (on set up duty: Mo).

Additional reviews can be found on our chapter web site at adk-gfs.org by clicking on "Reviews" in the Chapter Links.

Come participate!

**The Executive Committee meetings
are as follows:**

**Sep 4 Carl Rs, Glens Falls
Oct 2 Wesley, Saratoga
Nov 6 Carl Rs, Glens Falls
Dec 4 Wesley, Saratoga**

Receive Chepontuc via email!

Log on to

www.adk-gfs.org

Start thinking about Winter with ADK!

The **ADK Winter Mountaineering School** is non-profit group that has been sponsored for over 50 years by the Adirondack Mountain Club (ADK). The purpose of the program is to promote enjoyable and successful winter mountaineering and camping through a learn-by-doing approach. Our program is held in the Adirondack Mountains of New York.

Past participants have included three season hikers and backpackers looking to expand their skills to include winter hiking, backpacking and mountaineering, as well as more experienced skiers, trip leaders and winter mountaineers who are wishing to refine their skills or are looking for some excitement and adventure. Our friendly, experienced, all-volunteer staff; low student-instructor ratio; and pricing make the ADK Winter Mountaineering School the best value in the Northeast for learning winter skills. We offer day trip, weekend backpacking, and weeklong backpacking options.

Weekend and week-long sections will run from **January 31 through February 6, 2014**.

The following areas are typically covered in our programs. Although we try to cover all topics every year, it is not always possible – much depends on the snow conditions at the time of the program and the interests of our students:

- Winter backpacking skills
- Snowshoe, crampon and ice axe techniques
- Proper clothing and temperature management
- Steep snow and ice travel
- Safe above-treeline travel under winter conditions
- On- and off-trail navigation; map and compass review
- Trip planning
- How to pack a winter backpack
- Group gear review
- Hydration and nutrition
- Constructing snow shelters and a winter backcountry kitchen
- Wilderness first aid
- Avalanche awareness
- Decision making and risk management
- Winter "Leave No Trace" principals

To learn more about ADK's Winter Mountaineering School go to the website! **www.winterschool.org**

Outings Instructions: For more information see "Chapter Handbook" on our website's Chapter Links

Sign Up

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to call may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! **PLEASE** be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others' plans. **Trips WILL BE CANCELLED if minimums are not met**, thereby affecting all parties. For safety, the MINI MUM number for Outings is: 3 people, including the leader (4 in winter). Panera Bread is the meeting spot unless otherwise noted in the trip description. Be there and ready to depart at the posted time (directions below).

Meeting Place Information - Panera Bread

Northway Plaza, 820 Route 9, Queensbury, NY 761-6957/3

• **From NORTHWAY (I-87)** Take Exit 19 and go east on AVIATION / QUAKER Road. Follow 0.5 miles to ROUTE 9/GLEN STREET. Turn North (LEFT) onto ROUTE 9, then right at the light into the NORTHWAY PLAZA. Then take a left at the four-way stop, and park in front of Panera Bread.

Travel Information/Car Pools

We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it's helpful to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

Participation Guidelines

Leaders are responsible to evaluate interested parties' fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions. *Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. **For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip.** Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (and recently and are in good shape as necessary for that outing.)** *An ADK Liability Waiver must be provided by the Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors. *No Pets allowed on outings except where designated in the description.

Hiking Needs/Preparation/Equipment

Bring trail food and plenty of water on ALL hikes! *Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. — please do not wear 100% cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don't trust the forecast or the sky based on the start of the day. Be prepared!

Ratings

Special Winter Needs

In addition to the preparation/equipment mentioned above, winter requires some EXTRA planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants can expect to bring Snow Shoes and Crampons. Bring lots of Water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with Emergency Clothing. Bring an extra wool/polypro hat, mittens and socks. Vented Shell pants, jackets and mittens are commonly used with warm layers beneath.

Rating	Effort Level	Elevation Gain (feet)	Miles	Time (hours)
A+	Very Strenuous	4,000+	10+	10+
A	Strenuous	3,000+	8-12	8-10
B+	Moderately Strenuous	2,000+	5-10	6-8
B	Moderate	1,000+	5-8	5-6
C+	Fairly Easy	1,000+	5-8	4-6
C	Easy	Under 1,000	Under 5	Under 5

*Descriptions are only typical and can vary.

Become an Outings Leader

Ask any Chapter Leader for details. Offer to Co-lead to get the experience! We're always looking for new leaders to help share the fun while filling in the calendar. New faces offer more varied outings while sharing personal favorite destinations. Contact the Outings Chairs on page 2 for more information.

Programs and Meeting Directions

Chapter Programs and Meetings are held monthly, alternating facilities between Glens Falls and Saratoga Springs. Brief directions are below. More detailed information and maps can be found on the Chapter Web page: www.adk-gfs.org

Wesley Health Care Center 131 Lawrence Street, Saratoga Springs, NY 12866, 587-3600.

From the South: Route 9 North. LEFT onto CHURCH STREET. RIGHT onto LAWRENCE. • **From the North:** EXIT 15 off of the Northway. RIGHT onto ROUTE 50 South. Continue onto VAN DAM STREET, RIGHT onto LAWRENCE STREET.

Carl R's Café Restaurant and Bar, Main Street and Interstate 87, Glens Falls, Main Street and Interstate 87, Glens Falls, NY 12804, 793-7676.

• EXIT 18 of the Northway. Turn EAST onto MAIN STREET. Carl R's is on the RIGHT.

Lake George ADK Headquarters: EXIT 21 of the Northway. Turn WEST onto ROUTE 9N South. ADK is on the LEFT.

Saratoga Springs Public Library: Henry Street., Saratoga Springs, NY 12866, 584-7860.

• **From Northway (I-87),** Take Exit 14 onto Route 9P North (Union Avenue). Proceed 1.5 miles, past three traffic lights to T-junction, RIGHT onto CIRCULAR STREET to the first,

traffic light. LEFT onto SPRING STREET for two blocks., RIGHT onto Putnam Street for 1.5 blocks. (There is public parking here also!) The library parking lot is on the right. There is a two-hour parking limit.

• From Route 9 and Route 50

Route 9 and Route 50 converge to become the main street (Broadway) in downtown Saratoga Springs. Follow in to downtown, up to the main street. Turn onto SPRING STREET (right from South/left from North) at the corner of Congress Park. LEFT on the first street onto Putnam. Parking as described above.



Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club
P.O. Box 2314,
Glens Falls, New York 12801

www.adk-gfs.org

NON-PROFIT ORG.
U.S. POSTAGE
PAID
PERMIT #76
SARATOGA SPRINGS, NY
12866

POSTMASTER: CONTAINS DATED MATERIAL.
PLEASE DELIVER PROMPTLY. THANK YOU.

Are you moving?

If you are moving, please forward your change of address, including new phone number, to

*Adirondack Mountain Club,
814 Goggins Road,
Lake George, New York 12845.*

You may call Headquarters at 668-4447. The Chapter receives all its mailing labels and membership lists from the Club.

Therefore, any change of address need NOT be sent to the Chapter - one form or one call to the Club is all you need!

Reminder:

Please include your e-mail address when renewing your membership!

