



Chepontuc Footnotes

chepontuc — "Hard place to cross," Iniquis reference to Glens Falls

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

SEPTEMBER PROGRAM ~ by Sarah King

Israel, The Holy Land

Presented by Gretchen Steen

September 20th, 7 PM at Crandall Library



Gretchen Steen of Fort Edward traveled extensively throughout her career as a Spanish teacher, both to keep up her language skills and to offer students the opportunity to experience Spanish culture and language first hand. Since she retired, the travels continue. She and her sister Linda joined Father Tom **Babiuch's Fort Edward travel group on a trip to the Holy Land in October of 2016. They started in Tel Aviv**, traveled along the coast to Caesarea, Haifa and Acre. Tiberias, the Sea of Galilee and the Golan Heights were the next stops. Along the way they visited the towns of the Bible. Each was blessed in the River Jordan on their way to Jericho. Floating in the Dead Sea was a unique adventure. And then they experienced Jerusalem. This program weaves in and out of Israel and Palestinian territories exploring this region which is so fascinating historically, religiously and culturally.

~~ WINTER WEEKEND 2018!! ~~

We are again renting the Wiesel cabin for the Glens Falls – Saratoga Chapter of ADK for our winter weekend 2018! We have reserved it for the weekend of February 9-12. We usually go up Friday afternoon/evening and head home Sunday night/Monday morning. The three night stay cost is \$110 per person and includes the cabin costs and dinners for Saturday and Sunday nights. (If costs come in below this estimate, we will distribute refunds accordingly.) The cabin is located near Adirondack LOJ, with the High Peaks at our doorstep. The cabin has heat, lights, and running water, including a full kitchen and two bathrooms. It sleeps 16 and I will begin accepting reservations with payment from members ASAP. A waiting list will be maintained. Please send checks made payable to Steve Mackey to: Steve Mackey, 21 MacArthur Dr., Glens Falls, NY 12801-2317. Please email any questions to: smackey33@verizon.net

Save the date! Chapter Annual Dinner
 ~Friday October 27th~ Featured Speaker ~ Joe Allen
 Great Escape Lodge, Lake George see page 4 for more information.

Fire Tower Challenge News ~ by Kathi & Tim Noble

Wondering why you should do the Winter Fire Tower Challenge? Jennifer Phoenix did it because, **“I hate winter, so I needed something to keep me busy. I figured doing the Winter FTC would be a good way to make the best of winter. It certainly worked!”** Or maybe you want to experience frigid temperatures like Jake Wilde did on Hunter. Jake wrote that **Hunter is one of his favorites and most memorable because “that’s where I proposed to my wife (on a different trip) and the weather conditions were very brutal that day. I had never experienced wind gusts so fast that it was pulling the air out of me in the tower. I had to escape the chill by ducking into the outhouse for about 15 minutes to warm up!”**



Congratulations to the following people who have completed the Fire Tower Challenge:

John Martin Utica

Teesha Bapp Queensbury

Congratulations to the following people who have completed the Winter Fire Tower Challenge:

Dean Tyrrell Schroon Lake

Nancie Battaglia Lake Placid

Filippo LaRosa Chittenango

Tracy Gutowski Amsterdam

Romona Fiaschetti Rome

Congratulations to the following people for completing the Winter Fire Tower Challenge in a single season:

Jake Wilde Queensbury

Jennifer Phoenix Whitehall

CONTACT US

Executive Committee Officers:

Chapter Chair John Caffry

518- 798-0624

chapterchair@adk-gfs.org

First Vice Chair ***vacant***

Second Vice Chair Maureen Coutant

518-745-7834 vicechair@adk-gfs.org

Secretary Kathi Noble

518-668-3046 secretary@adk-gfs.org

Treasurer Steve Mackey

518-793-6484 treasurer@adk-gfs.org

Directors: director@adk-gfs.org

Tammara Van Ryn

Bill Wasilauski

Dan Kane

Past Chapter Chair:

Laura Fiske

518-884-0345 pastchair@adk-gfs.org

Committee Chairs:

Conservation Aimee Rutledge

401-529-5034 conservation@adk-gfs.org

Education Linda Ranado

518-696-7625 education@adk-gfs.org

Hospitality Gretchen Steen

518- 638-6139 hospitality@adk-gfs.org

Membership Pat Desbiens

518- 813-7946 membership@adk-gfs.org

Newsletter/Editor Deb Donohue

518- 638-6557 newsletter@adk-gfs.org

Outings Wayne Richter

518- 893-7895 outings@adk-gfs.org

Programs Sarah King

518- 798-0615 programs@adk-gfs.org

Trails Tom Ellis

518- 638-6139 trails@adk-gfs.org

Web site George Sammons

518- 743-9692 webmaster@adk-gfs.org

Wilderness Jim Schneider

518- 581-9367 wilderness@adk-gfs.org

Young Members Group Steve Lashomb

315-783-7698 ymg@adk-gfs.org

Non-Voting Volunteers:

Fire Tower Kathi & Tim Noble

518-668-3046 firetower@adk-gfs.org

Annual Dinner Coordinator

Anne Paolano 518- 798-3055

annualdinner@adk-gfs.org

Alternate Directors: Peter Benoit

Membership Update

~by Pat Desbiens

NEW MEMBERS - MARCH 2017

Ryan Allen, Malta
Charles K. Bentley & Colleen Morgan,
Saratoga Springs
James, Patricia & James Bonga, Ballston Spa
Curtis Boynton, Ballston Spa
Karen & Michael Cicchinelli & Tyler Brooks,
South Glens Falls
Robert Demarco, Saratoga Springs
Mike Egerman, Saratoga Springs
Patricia Fonda, Ballston Spa
David Gauff & Leigh McGrath, Lake Luzerne
Glenn & Wendy Hayner, Gansevoort
Ann Kelly, Albany
Katrina Keohane, Gloversville
George Long, Ballston Spa
Brittany Mangione, Clifton Park
Andrea Mann, Greenfield Center
Vincent Moriarty, Queensbury
Rosann Nancy, Clifton Park
Timothy, Courtney, Camryn & Cassidy Ray, Wilton
Linda Robinson, Saratoga Springs
David & Marianne Rogge, Kattskill Bay
Kassie Sarr-Dietershagen, Pleasanton, California
Warren Schultz, Saratoga Springs
Mark & Schuyler Scirocco, Saratoga Springs
Martin White, Salem

REJOINED MEMBERS - MARCH 2017

Sheri Apple, Queensbury
Ken, Kathy, Mikaela & Jennifer Bee, Queensbury
Heather, Steve, Matthew, Jacob & Katie Bickel,
Ballston Spa
Joann Bolesh, Gansevoort
Michelle, Harry, Caitlin & Kristin Ching, Clifton
Park
Stephen, Arlene & Nathan Davie, Fort Edward
Jeff Nadler, Burnt Hills
Donna & Harry Orlyk, Salem
Justin Page, Ballston Spa
Frederick Pieper, Gansevoort
Debbie Qualey, Gering, Nebraska
Joanne Steele, Shushan
Michael Whorf, Fort Ann
Patrick Younis, Clifton Park

NEW AFFILIATE - MARCH 2017

David & Theresa Hudda, Amsterdam

NEW MEMBERS - APRIL 2017

Avery Bray
Diane Clarke, Schenectady, New York
Kasey & Matt Dahl, Ballston Spa
Jess Fisher & Tyler Barber, Chicago, Illinois
Jill Freeman, Saratoga Springs
David Frowein, Waterford
Kathleen Gilbert, Argyle
Aileen Henderson, Saratoga Springs
Bart Johnson, Queensbury
Mike Laboissiere, Scotia
Barb Lange, Brant Lake
Rion Marmulstein, Albany
Thomas McNamara, Sea Girt, New Jersey
Kay Mence, Queensbury
Mary Verostek, Arsenio & Nicholas Pascual, Clifton
Park
Linda & Thomas Schmatz, Prairie Village, Kansas
Keith, Paula, Evan & Dana Schmid, Saratoga
Springs
Susan Trumpick, Glens Falls
Tracy Weilacher, Mahwah, New Jersey
Barbara & Richard Zuccaro, Queensbury

REJOINED MEMBERS - APRIL 2017

Leesa, Michael & Nicholas Arthur, Queensbury
Lana & Broc Christiansen, Salt Lake City, Utah
Gerry, Thomas, Harlan, Aidan & Elizabeth Cuite,
Cambridge
Pat Decker & John Davis, Queensbury
Teresa DeLong, Saratoga Springs
Gregory Erwin, Saratoga Springs
Cynthia Forker, Gloversville
Patricia George, Queensbury
Barbara & Barry Griffith, Cuttingsville, Vermont
Jonathan Hough, Queensbury
Paul Johnson, Ballston Spa
Mayumi Kato, Taylor & Ashley Block,
Saratoga Springs
Julie, Rick, Grant & Clark Leonelli, Fort Edward
Karen McShane, M.D., Brian & Cynthia Kent,
Glens Falls
Barbara Moore, Ballston Spa
Raymond, Jennifer, Parker & Christopher P.
Sheerer, Corinth
Debbie Skrynski, Ballston Spa
Robert, Ruth Viktoria, Beatrice & Alexis Ward,
Diamond Point

Chapter Annual Dinner

Friday October 27th at the Great Escape Lodge Lake George

Featured Speaker: Joe Allen

“Megafauna and Predation,” the story of the wolf reintroduction program in Yellowstone National Park.

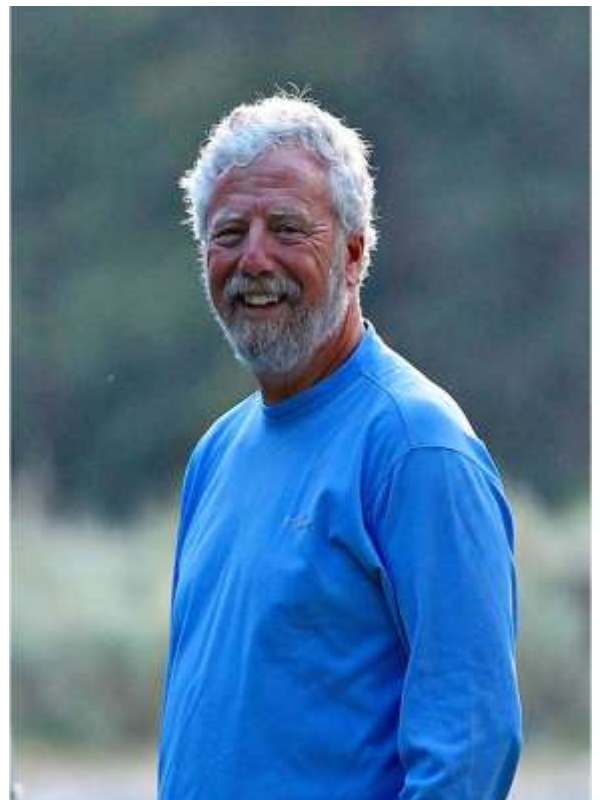
Joe Allen has been a lecturer at the University of Buffalo for 22 years in the Environmental Studies Program. He taught many academic field courses, including Introduction to Environmental Problems, Wildlife and Wetland Management, and the Ecology of Unique environments – specifically Yellowstone National Park and Wind River Range, Wyoming.

Although retired, he continues to teach experiential courses and lead **excursions through “Earth Spirit Educational Services.”**

At our dinner Joe will describe the wolf reintroduction program in Yellowstone, the successes and tribulations of the reintroduction, and its impact on the greater Yellowstone ecosystem. Joe has many stories and lots of photographs and video he has taken over the years.

We look forward to this informative event on wilderness preservation, rewilding and environmental ethics.

Members and non-members are welcome.



*JACK AND TILLIE FREEMAN HONORED AS TRUE
"CHAMPIONS OF THE FORESET PRESERVE" ~by Jim Schneider*

Jack and Tillie were honored at the May 17 chapter program at Crandall Public Library in Glens Falls with the presentation of a bronze leaf in their names that will be added to the Tree of Giving plaque at ADK Headquarters in Lake George. After retiring from a long and successful career at Eastman Kodak in Rochester, NY, Jack came to our area to work for ADK where he was active in conservation and advocacy matters. One of his most noteworthy accomplishments was the establishment of collaborative working agreements between local and state government agencies, ADK, and citizen advocacy groups to restore historic fire towers in the Catskill and Adirondack Forest Preserves. This movement led to the creation of fire tower "friends" groups and ultimately the *ADK Fire Tower Challenge* created and maintained by your ADK Glens Falls-Saratoga Chapter since 2001. This year and in the years following, many of the New York state fire towers will be celebrating their centennials. The *ADK Fire Tower Challenge* continues to gain popularity and introduce hikers to new forest preserve adventures. The new and revised second edition of *Views from on High*, Jack's fire tower hiking guide book, will be published soon by the Adirondack Mountain Club. If it were not for Jack and Tillie Freeman we would not be celebrating our fire towers in the manner in which we do today and will continue to do so into the future. Thank you Jack and Tillie Freeman for all you have done.



NOMINATING COMMITTEE ~ by Maureen Coutant

Chapter Officers Needed for 2018

At the annual October meeting, chapter officers are elected to serve the chapter for the upcoming fiscal year.

We have vacancies for chapter chair and vice chair positions. If you are interested in learning more about these positions, please contact me or feel free to contact the people currently in these positions in 2018. All officer contact information is available in the newsletter or on the website under the chapter information tab. The description of duties for all officers and elected positions is also available in the chapter by-laws on the chapter website. There is no prerequisite required for either position, only the willingness to serve as a leader for the chapter.

These positions have one year terms and nominations are due August 1st. Nominations and officer biographies will be published in the September through November chapter newsletter.

Please contact me directly with any questions or nominations.

Maureen Coutant, 2nd Vice Chair and Nominating Committee Chair

New Trails in the Palمرتown Conservation Area

Working with Saratoga PLAN graduate students in The State University of New York at Albany 2017 Graduate Planning Studio class recently delivered their final presentation on conservation and recreation analysis of the Palمرتown Conservation Area. **The students' analysis will** provide a starting point for an upcoming initiative to involve the local community in developing a strategic and comprehensive conservation plan for the Palمرتown Conservation Area, stretching from Moreau Lake State Park down to Saratoga Springs.

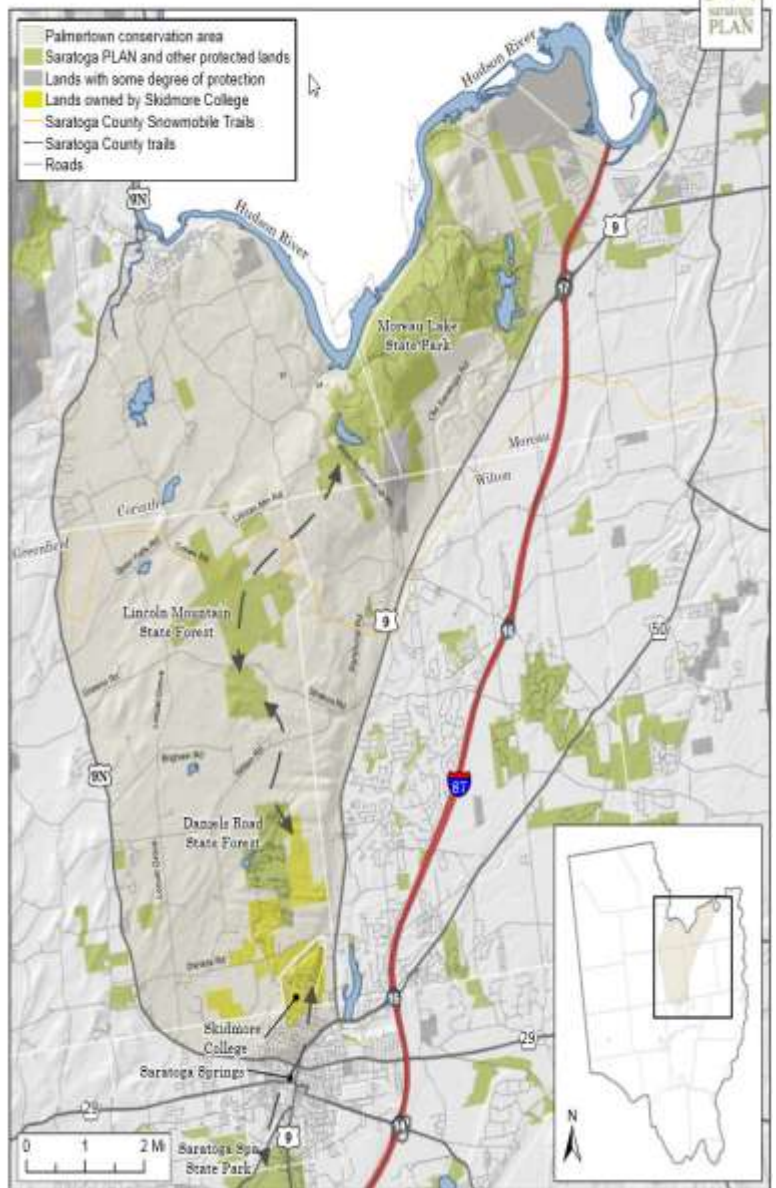
Open Space Institute and PLAN recently received a \$40,000 Conservation Catalyst Grant from the New York State Conservation Partnership Program. The grant will allow the conservation groups to engage local communities in planning **for the area's future. The goals of this** grant are to accelerate conservation between Moreau Lake and Saratoga Spa state parks and to create a 13-mile recreational link between the parks and local communities.

Utilizing GPS, GIS, and extensive local knowledge, Saratoga PLAN volunteers are currently working with public and private stakeholders scouting new trail routes. The ultimate goal is a continuous multi-use trail network stretching the length of the Palمرتown area.

Already there are new hiking opportunities opening up in the area, including trails around Lake Bonita in Moreau Lake State Park. Accessible from a marked parking area off of Wilton Mountain Road, there is a loop trail around the lake, with connections to the Waterfall **Trail and the Lake Ann Trail. Check out PLAN's map for more information:**

<https://parks.ny.gov/parks/attachments/MoreauLakeMoreauLakeStateParkLakeBonitaTrailMap.pdf>

Palمرتown Conservation Area



INVASIVE SPECIES MONITORING

Calling all outdoor enthusiasts! Be on the lookout for invasives while exploring the outdoors. ADK is working with the Adirondack Park Invasive Plant Program (APIPP) on Invasive Species issues, including the Backcountry Water Monitors and the Forest Pest Monitors programs. Last year 14 backcountry ponds were surveyed, by volunteers and ADK staff. This year there will be Backcountry Water Monitoring training on July 10th at Heart Lake and August 4th at the Lake George Land Conservancy. ADK is working with chapters to develop backcountry water monitoring outings and would like to expand beyond the Lake Champlain Basin. Download the iMapInvasives mobile app, which can be used to help record observations of invasives, such as Hemlock Woolly Adelgid, watermilfoil and many others. Check out www.adkinvasives.com for more training opportunities and help stop the spread of invasives.

BOREAS PONDS UPDATE

The Adirondack Park Agency is still reviewing public comments and has not made a final decision on the classifications of the Boreas Ponds Tracts. At this point the decision may be delayed until August. Although no final decision has been made yet, NYSDEC is considering creating a 5-acre unclassified area about ½ mile past the 4 Corners area to the dam. The intent is to classify it as Intensive Use area that would have formal lodging and perhaps be part of a hut to hut system. The Intensive Use area was not included in the Environmental Impact Statement prepared for the APA nor was it discussed during the public hearings held in 2016. Article 14 of the NY State Constitution does not support lodging and dining facilities on Forest Preserve. ADK has informed the State that other **environmental attorneys and organizations have confirmed ADK's position against the 5 acre unclassified area and lodging and dining facilities on the Forest Preserve. Since the transfer of property from Finch, Pruyn & Company, the Boreas Ponds have been protected...the question is to what extent will they be protected in the future. Stay tuned for action from the APA in August.**

Outings and Programs Schedule

See adk-gfs.org website for latest calendar

| Date | Day | Type | Destination | Leader(s) | Rating |
|-----------------------|-----|-------------|--|--------------------------------|--------|
| July 2017 | | | | | |
| 1 | Sat | Hike | Gray/Skylight/ (Back backside of) Marcy (The JP & Joe show) | JP Martin, Joe Babcock | A++ |
| 2 | Sun | Hike | Hurricane Mt.Wildflower/Photo Hike | Jack Whitney | B |
| 8 | Sat | Hike | Santanoni, Couch, and Panther | Mike Fuller | A+ |
| 8 | Sat | Hike | Hanging Spear Falls | Nick Ringelberg | A |
| 11 | Tue | Paddle | Tuesday Outing - Paddle | Maureen Coutant | NR |
| 15 | Sat | Hike | Lower Great Range -Saw the WolfJaw's (The JP & Joe show) | JP Martin, Joe Babcock | A++ |
| 15 | Sat | Hike | Lake Bonita and Lake Ann Loop - Moreau Lake State Park | Reg Prouty | C+ |
| 15 | Sat | Hike | Montcalm Point Hike and Swim | Neal Van Dorsten | B |
| 16 | Sun | Hike | Noonmark Mountain | Steve Mackey, Amanda Gomez | B |
| 18 | Tue | Hike | Tuesday Outing - FTC | Maureen Coutant | B |
| 23 | Sun | Hike | Shelving Rock Loop hike & Log Bay swim | Jayne Boudier | B+ |
| 25 | Tue | Paddle | Tuesday Outing - Paddle | Maureen Coutant | NR |
| 29 | Sat | Hike | Basin & Saddleback Sleeper | JP Martin, Joe Babcock | A+ |
| 29 | Sat | Hike | Wright, Algonquin and Iroquois | Wayne Richter, Brian Coville | A+ |
| 29 | Sat | Hike | Severance Hill (Neal Andrews Memorial Hike) | Rich Crammond | C+ |
| 29 | Sat | Paddle/Camp | Racquette Lake & St Williams | Jayne Boudier | A |
| August 2017 | | | | | |
| 5 | Sat | Hike | Allen "The Big Nasty" | Mike Fuller | A+ |
| 8 | Tue | Paddle | Tuesday Outing - Paddle | Maureen Coutant | NR |
| 12 | Sat | Hike | Dix via Hunter Pass/Beck-horn (The JP & Joe show) | JP Martin, Joe Babcock | A+ |
| 12 | Sat | Hike | Giant and Rocky Peak Ridge | Wayne Richter, Brian Coville | A+ |
| 12 | Sat | Hike | Tenant Creek Falls | Nick Ringelberg | C |
| 15 | Tue | Hike | Tuesday Outing - FTC | Maureen Coutant | NR |
| 19 | Sat | Hike | Hooper Mine, William Blake, Botheration Ponds, Plus Elizabeth Point Loop, North River | Rich Crammond | B |
| 20 | Sun | Bushwack | Lost Gorge rockhop | Jayne Boudier | A |
| 26 | Sat | Bike | Boreas Ponds Bike Ride | Nick Ringelberg | B |
| 26 | Sat | Hike | Haystack via Marcy Swamp/Panther Gorge (The JP & Joe show) | JP Martin, Joe Babcock | A++ |
| 27 | Sun | Hike | Erebus from the Vistas Trail | Jayne Boudier | A |
| 29 | Tue | Paddle | Tuesday Outing - Paddle | Maureen Coutant | NR |
| September 2017 | | | | | |
| 2 | Sat | Hike | Pharaoh Lake Via Mill Brook | Reg Prouty | C+ |
| 6 | Wed | Meeting | Executive Committee monthly meeting | John Caffry | NR |
| 9 | Sat | Bushwack | MacNaughton via MacNaughton Brook | Nick Ringelberg, Jayne Boudier | A+ |
| 11 | Mon | Geocache | Monthly Monday Geocache | Sarah King, Mo Countant | NR |
| 12 | Tue | Paddle | Tuesday Outing - Paddle | Maureen Coutant | NR |
| 16 | Sat | Hike | Sawteeth-Gothics-Armstrong / In Memory of Neal Andrews | Ron Lester | A+ |
| 16 | Sat | Hike | Pharaoh Mountain | Reg Prouty | B+ |
| 19 | Tue | Hike | Tuesday Outing - FTC | Maureen Coutant | NR |
| 23 | Sat | Paddle/Camp | Lake George canoe & camp | Jayne Boudier | A |
| 26 | Tue | Paddle | Tuesday Outing - Paddle | Maureen Coutant | NR |

Outings Detail

GRAY/SKYLIGHT/ (BACK BACKSIDE OF) MARCY (THE JP & JOE SHOW) - [Hike]

Sat, Jul 1, 2017, 4:30 am, Rating: A++
JP Martin - 607-232-0827, jef@binghamton.edu
Colead: Joe Babcock - 518-791-9395
or jababcock19@gmail.com

- This is an epic 19+ mile hike with a gain of over 5127 feet of elevation that will take us by the beginning of the Hudson River at the "Tear of the Clouds." These (3) mountains are close together in proximity, but worlds apart in approach and appearance. Gray has its herd path approach and treetop covered summit. Skylight has its barren rock trail to the top of its equally bald summit with extraordinary views. We will climb up the back side of Marcy and over the highest summit in NYS from the 4 corners to make our escape back to the Loj. We will be deciding on the timing for lunch as a group. Bring your "High Peak Spirit" along with your camera! Please email or call to sign up for this hike. We will be meeting at the Queensbury Panera (Northway Exit 19) parking lot Saturday morning at 4:30 am. No phone calls after 8pm please.

HURRICANE MT.WILDFLOWER/PHOTO HIKE

Sun, Jul 2, 2017, 8:30 am, Rating: B
Jack Whitney - 793-9210, jackwhitney1758@gmail.com
- Great views from this summit and some wild flowers along the trail. Round trip about 5.5 miles. Slower pace to allow for photographs. Call or email leader for details.

SANTANONI, COUCH, AND PANTHER - [Hike]

Sat, Jul 8, 2017, 5:00 am, Rating: A+
Mike Fuller - 802-254-3314, farmallboy55@hotmail.com
- Well, here's my July hike. It's a big day so know your limits. Bring 3 to 4 liters of water. I'll bring a water filter for the hike out. If I have a co-leader, I'll split the group and take the slower ones out. I go rain or shine.

HANGING SPEAR FALLS - [Hike]

Sat, Jul 8, 2017, 6:00 am, Rating: A
Nick Ringelberg - 518-522-6863, nickringelberg@yahoo.com
- We will hike to the secluded 75 foot Hanging Spear Falls situated in a 500 foot gorge via the Mt. Marcy Trail to the Flowed Lands. Starting from the Upper Works parking lot, we'll go past the Henderson Monument on Calamity Pond to the breached dam at the Upper Works. Then we drop about 300 feet down the Opalescent River to reach the falls. Round trip about 10 miles and 2000 feet elevation gain. 6am meet at Panera.

TUESDAY OUTING - PADDLE

Tue, Jul 11, 2017, time TBD, Rating: NR
Maureen Coutant - 745-7834, mojim@roadrunner.com
- We will most likely paddle a section of the Hudson River within an hour of Glens Falls. Call or email the weekend before for details.

LOWER GREAT RANGE -SAW THE WOLFJAW'S (THE JP & JOE SHOW) - [Hike]

Sat, Jul 15, 2017, 5:00 am, Rating: A++
JP Martin - 607-232-0827, jef@binghamton.edu
Colead: Joe Babcock - 518-791-9395
or jababcock19@gmail.com
- This is a challenging hike. Our goal on this day is to conquer the Lower Great Range's five formidable high peak summits (Sawteeth, Gothics, Armstrong, Upper and Lower Wolf Jaws) This is a 17+ mile loop with 5078' of elevation gain including a 3.5 mile stroll down Lake Road and Pyramid Peak (not a High Peak- but none the less challenging). These peaks are an assortment of the best views in the Adirondacks and the accomplishment you will

hold in your soul for a lifetime. We will be deciding on the timing for lunch as a group. Bring your "High Peak Spirit" along with your camera! Please email or call to sign up for this hike. We will be meeting at the Queensbury Panera (Northway Exit 19) parking lot Saturday morning at 5:00 am. No phone calls after 8pm please.

LAKE BONITA AND LAKE ANN LOOP-MOREAU LAKE STATE PARK - [Hike]

Sat, Jul 15, 2017, 9:00 am, Rating: C+
Reg Prouty - 518-747-9736, reginaldprouty@gmail.com
- This loop of about 5 miles will begin at the spring on Spier Falls Road and proceed to the outlet of Lake Bonita at the site of the drinking reservoir for the old Mt. McGreggor Correctional Facility. We will lunch at the picnic table there and then proceed to the lean-to at Lake Ann. This will be an all day hike as the pace will be relaxed. There is some steep ascent at the beginning but it's mostly in nice, level woods.

MONTCALM POINT HIKE AND SWIM

Sat, Jul 15, 2017, 9:00 am, Rating: B
Neal Van Dorsten - 644-7034, nealvan@aol.com
- A great hike along the shores of Lake George to Montcalm Point. At the end we will take a swim and be transported back by boat. We will meet at public parking across from the Lakeside Lodge in Bolton Landing. Limited availability.

NOONMARK MOUNTAIN - [Hike]

Sun, Jul 16, 2017, time TBD, Rating: B
Steve Mackey - 793-6484, smackey33@verizon.net
Colead: Amanda Gomez - 526-8932
or hurricanes706@yahoo.com
- Noonmark is a 5.0 mile trip via the Stimson Trail. It is a moderate to difficult hike that will rise very quickly as you gain about 2300 feet in elevation within 2.1 miles. However, this ADK 100 highest peak will offer some spectacular 360 degree views including the Great Range, Dix Range, Giant Mountain and Ausable River valley. The Stimson Trail climbs moderately to steeply with only a few breathers to the base of some ledges at 1.12 miles. Swinging sharp to the left and up very steeply, the trail emerges on the open ledges at 1.16 miles where views of Keene Valley and the Ausable Club can be seen. After some steeper points it reaches unobstructed views from the summit at 2.06 miles.

TUESDAY OUTING - FTC - [Hike]

Tue, Jul 18, 2017, time TBD, Rating: B
Maureen Coutant - 745-7834, mojim@roadrunner.com
- This week we will do another Fire Tower Challenge hike. Not sure which one I'll do, so stay tuned. I'm thinking maybe a Catskill fire tower? Call or email the weekend before.

SHELVING ROCK LOOP HIKE & LOG BAY SWIM

Sun, Jul 23, 2017, 10:30 am, Rating: B+
Jayne Boudier - 518-636-3352, boudier@verizon.net
- We'll climb along the base of Shelving Rock cliff on the rock climber's trail, then scramble up to the summit, and back to the parking lot. The parking lot is located at the trail to Log Bay, so bring bathing suits if you please. About 2(+) miles, and 750 feet ascent.

TUESDAY OUTING - PADDLE

Tue, Jul 25, 2017, time TBD, Rating: NR
Maureen Coutant - 745-7834, mojim@roadrunner.com
- We will most likely paddle a section of the Hudson River within an hour of Glens Falls. Call or email the weekend before for details.

Outings Detail

BASIN & SADDLEBACK SLEEPER - [Hike]

Sat, Jul 29, 2017, 5:00 am, Rating: A+
JP Martin - 607-232-0827, jef@binghamton.edu
Colead: Joe Babcock - 518-791-9395
or jababcock19@gmail.com

- Saddleback and Basin are two of the most interesting hikes in the Adirondacks. The hike includes Slant Rock, the Shorey Short-cut and scaling a YDS Class III rock face to the summit! Incredible views all along the way of this 15.7 miles round trip with 4100 feet of net elevation. We will be deciding on the timing for lunch as a group. Bring your "High Peak Spirit" along with your camera! Please email or call to sign up for this hike. We will be meeting at the Queensbury Panera (Northway Exit 19) parking lot Saturday morning at 5:00 am. No phone calls after 8pm please.

WRIGHT, ALGONQUIN AND IROQUOIS - [Hike]

Sat, Jul 29, 2017, 5:30 am, Rating: A+
Wayne Richter - 518-893-7895, wrichter@nycap.rr.com
Colead: Brian Coville - 516-996-5086
or Brian_Coville@outlook.com

- Wright, Algonquin and Iroquois are three of the most spectacular summits, all having lots of exposure and great views. Round trip is about 11.6 miles with about 4000 feet of elevation change.

SEVERANCE HILL (NEAL ANDREWS MEMORIAL HIKE)

Sat, Jul 29, 2017, 10:00 am, Rating: C+
Rich Crammond - 518-584-2380
- We will hike to the summit of Severance in honor of one of the Glens Falls - Saratoga Chapter's "great" hike leaders, on his birthday. The trail is a little steep towards the top, 1,693 feet at the summit, and approximately 2 miles round trip. Meet at Severance Mt. trailhead, Route 9, Schroon Lake, 1.5 miles north of the village. Please bring rain gear. We're goin', rain or shine! See you there, hiker buds. Neal will be missed by many ADK members including myself.

RACQUETTE LAKE & ST WILLIAMS - [Paddle/Camp]

Sat, Jul 29, 2017, 7:30 am, Rating: A
Jayne Boudier - 232-9559, boudier@verizon.net
- July 29-30. We could camp at Big Island or Tioga Point, poke around the Needles, or do South Inlet to the falls (and maybe hike to the old Sagamore powerhouse). I'm open to suggestions. The paddle is 8-10 miles, at a moderate to leisurely pace. I have canoes to lend. Starting at 1 pm on Sunday, St. Williams on Long Point is having their annual chicken barbecue and silent auction. Anyone who would like just to do the barbecue can take a free ferry to there from Raquette Lake Village, between 1-4 p.m. on Sunday.

ALLEN "THE BIG NASTY" - [Hike]

Sat, Aug 5, 2017, 5:00 am, Rating: A+
Mike Fuller - 802-254-3314, farmallboy55@hotmail.com
- Summer's most enjoyable hike, it's 18 miles and 2540 feet of up. All the bridges are in place so there's no water crossings. DARN!!!! I go rain or shine.

TUESDAY OUTING - PADDLE

Tue, Aug 8, 2017, time TBD, Rating: NR
Maureen Coutant - 518-745-7834, mojim@roadrunner.com
- Not sure where we'll be paddling this week. Usually we are on the water within an hour of Glens Falls. Check in by email or phone the weekend before.

DIX VIA HUNTER PASS/BECK-HORN (THE JP & JOE SHOW) - [Hike]

Sat, Aug 12, 2017, 5:00 am, Rating: A+
JP Martin - 607-232-0827, jef@binghamton.edu

Colead: Joe Babcock - 518-791-9395
or jababcock19@gmail.com

- At 4,840 feet, Dix is the sixth tallest mountain in New York State. It serves as the prominent peak in the Dix Mountain range, which is a five mountain grouping just south of the main High Peaks region of the Adirondacks. Hunters Pass is the separation between Nippletop and the northern shoulder of Dix that seems much more remote than many places in the Adirondacks. The approach is a relatively lightly traveled path, with exposure of the cliffs and terrific views of the cliffs and slabs of Dix and Nippletop to accent the traverse and magnify the feeling of wilderness. It has steep trail hiking, punctuated by sections of rock slab, rock steps and scrambles to traverse. We will summit and enjoy Dix before we travel back down the Beckhorn trail to the Elk Lake parking lot. This is a long day, but one you will have memories of for a lifetime.

GIANT AND ROCKY PEAK RIDGE - [Hike]

Sat, Aug 12, 2017, 5:30 am, Rating: A+
Wayne Richter - 518-893-7895, wrichter@nycap.rr.com
Colead: Brian Coville - 516-996-5086
or Brian_Coville@outlook.com

- We'll spot a car at the Ridge trailhead and head up along the Roaring Brook Trail. We'll visit the summit of Giant, then head over to Rocky Peak Ridge. Our return will be by the Ridge Trail with its open ledges and great views. The distance is 9.4 miles with 4600 feet of elevation change.

TENANT CREEK FALLS - [Hike]

Sat, Aug 12, 2017, 8:00 am, Rating: C
Nick Ringelberg - 518-522-6863, nickringelberg@yahoo.com
- Tenant Falls is a series of three lovely waterfalls, averaging a 30 foot drop and reached via a relatively easy hike along Tenant Creek, about a 4 mile round trip. Tenant Falls is located north of the Sacandaga Lake, north of Northville. Meeting at Panera Bread at Exit 19 at 7am. Bring swimming suits!

TUESDAY OUTING - FTC - [Hike]

Tue, Aug 15, 2017, time TBD, Rating: NR
Maureen Coutant - 518-745-7834, mojim@roadrunner.com
- We might head up to the Old Forge area and do a fire tower hike or two, then stop by our fire tower correspondent if she's at her camp! Check the website, or call/email the weekend before for the updated plan!

HOOPER MINE, WILLIAM BLAKE, BOTHERATION PONDS, PLUS ELIZABETH POINT LOOP, NORTH RIVER - [Hike]

Sat, Aug 19, 2017, 8:30 am, Rating: B
Rich Crammond - 518-584-2380
- This hike in the Siamese Ponds Wilderness Area is approximately 8 miles round trip with little elevation change. An all day, but not night, outing with no mishaps. Please dress for Adirondack weather change, rain gear mostly. Meeting place: Tops Market, Main Street, North Creek. See you there, hiker buds. P.S. No bears allowed on this hike!

LOST GORGE ROCKHOP - [Bushwack]

Sun, Aug 20, 2017, 8:00 am, Rating: A
Jayne Boudier - 518-636-3352, boudier@verizon.net
- The gorge is full of user friendly rocks, crystal pools, and waterfalls of all sizes. Approximately 4 miles, 1000 foot ascent, at a moderate pace. North Boquet River, Dix Mountain Wilderness.

BOREAS PONDS BIKE RIDE

Sat, Aug 26, 2017, 7:00 am, Rating: B
Nick Ringelberg - 518-522-6863, nickringelberg@yahoo.com
- Let's check out the Boreas Ponds via a bike ride on the dirt road

Outings Detail

through the newly acquired Boreas Ponds Wilderness area. When we reach the pond, we will spend the day exploring in the area, returning back on the 3.6 mile bike ride to the parking area around 5pm (3.6 miles is the nearest parking area ... if we have to park out on the Blue Ridge Road, it's around 6 miles). Bring swim suits. Warning: This is berry season and I stop for blackberries!

HAYSTACK VIA MARCY SWAMP/PANTHER GORGE (THE JP & JOE SHOW) - [Hike]

Sat, Aug 26, 2017, 5:00 am, Rating: A++
JP Martin - 607-232-0827, jef@binghamton.edu
Colead: Joe Babcock - 518-791-9395
or jababcock19@gmail.com
- We will park at the Elk Lake parking lot and hike to Panther Gorge via the Elk Lake Marcy trail. We will hike over the shoulder of Pinnacle and through Marcy Swamp to get to Panther Gorge, which lies between New York's first and third highest mountains, Marcy and Haystack. This area hosts some of the most remote backcountry hiking in the Adirondacks. We will summit Haystack before stopping to enjoy our lunch. This is a long day, but one you will have memories of for a lifetime. We will be meeting at the Queensbury Panera (Northway Exit 19) parking lot Saturday morning at 5:00 am. No phone calls after 8pm please.

EREBUS FROM THE VISTAS TRAIL - [Hike]

Sun, Aug 27, 2017, 8:00 am, Rating: A
Jayne Boudier - 518-636-3352, boudier@verizon.net
- The Vistas Trail is not heavily traveled. A former horse trail, it switchbacks softly up the ridge in search of views that are mostly overgrown now, except for an interesting bump that was struck by lightning 12 years ago. The last mile to Erebus is a bushwack. There is an awesome view of the Glen Island Group if I have the time to find it. Our return will be along the Shelving Rock Brook trail. Approximately 8 miles (including 2 miles of bushwacking) and 2100 feet ascent.

TUESDAY OUTING - PADDLE

Tue, Aug 29, 2017, time TBD, Rating: NR
Maureen Coutant - 518-745-7834, mojom@roadrunner.com
- Not sure where we'll be paddling this week. Usually we are on the water within an hour of Glens Falls. Check in by email or phone the weekend before.

PHARAOH LAKE VIA MILL BROOK - [Hike]

Sat, Sep 2, 2017, 8:00 am, Rating: C+
Reg Prouty - 518-747-9736, reginaldprouty@gmail.com
- This is a poplar approach to Pharaoh Lake and is about a 7 mile round trip in to a lean-to on the lake. Only 300 feet of ascent and a relaxed pace is expected. Early fall is a nice time to do this.

EXECUTIVE COMMITTEE MONTHLY MEETING

Wed, Sep 6, 2017, 7:00 pm, Rating: NR
John Caffry - chapterchair@adk-gfs.org
- Board meeting at Crandall Library in the Holden Room (2nd floor of the library).

MACNAUGHTON VIA MACNAUGHTON BROOK - [Bushwack]

Sat, Sep 9, 2017, 6:00 am, Rating: A+
Nick Ringelberg - 518-522-6863, nickringelberg@yahoo.com
Colead: Jayne Boudier - 518-636-3352
or jayneboudier@gmail.com
- At 4000 feet, and taller than 4 of the original 46 High Peaks, lies MacNaughton. Our approach will be from the west, via the beautiful MacNaughton Brook. After a 5 mile hike to Preston Ponds, the brook herd path begins. For about 2 miles we'll be climbing - in and along the brook (rock scramble), squeezing through some

overgrown blowdown (bushwhack), and up the path to the summit. Approximately 14 miles and 2800 feet ascent. Nice views along the way, and a rewarding finish vista!

MONTHLY MONDAY GEOCACHE

Mon, Sep 11, 2017, time TBD, Rating: NR
Sarah King - 518-798-0615, scubakings@roadrunner.com
Colead: Mo Countant - 518-745-7834
or mojom@roadrunner.com
- During the school year, we go out every month for a walk or hike with the purpose of finding geocaches that have been hidden lately. You don't have to know anything about geocaching to come. It's just another excuse to get out in the woods. Call or email a few days before to find out the plan!

TUESDAY OUTING - PADDLE

Tue, Sep 12, 2017, time TBD, Rating: NR
Maureen Coutant - 518-745-7834, mojom@roadrunner.com
- Not sure where we'll be paddling this week. Usually we are on the water within an hour of Glens Falls. Check in by email or phone the weekend before.

SAWTEETH-GOTHICS-ARMSTRONG

IN MEMORY OF NEAL ANDREWS - [Hike]
Sat, Sep 16, 2017, 5:45 am, Rating: A+
Ron Lester - 518-899-4187, muleskinner46er@hotmail.com
- I first met our departed friend in 1996 on my initial ADK outing that included these 3 peaks. We car-pooled together that day, and little did we know of some grand adventures that would be shared in the future. Mt. Hood, Denali, Orizaba in Mexico, and Cotopaxi in Ecuador, not to mention several Butt-kickers in the Adirondacks. As my ashes will someday find their home on Gothics, I think it would be fitting to leave a little of Neal there as well. 14+ miles with a view or two.

PHARAOH MOUNTAIN - [Hike]

Sat, Sep 16, 2017, 8:00 am, Rating: B+
Reg Prouty - 518-747-9736, reginaldprouty@gmail.com
- This 8.6 mile round trip is an enjoyable moderate climb to a multi-summitted site of an old removed fire tower. It has excellent views in all directions by visiting all five summits. Ascent from Crane Pond is 1470 feet. Plan on an all day outing.

TUESDAY OUTING - FTC - [Hike]

Tue, Sep 19, 2017, time TBD, Rating: NR
Maureen Coutant - 518-745-7834, mojom@roadrunner.com
- Not sure which Fire Tower Challenge hike we'll do this week. We might head to the Catskills ... check the website or call/email the weekend before.

LAKE GEORGE CANOE & CAMP - [Paddle/Camp]

Sat, Sep 23, 2017, 9:00 am, Rating: A
Jayne Boudier - 518-636-3352, boudier@verizon.net
- After Labor Day the lake quiets down, and we should be able to find a nice island site to camp. Probably close to Glen Island, to register without having to paddle too far. Launch will be from the end of Shelving Rock Rd. Approximately 5 miles paddling.

TUESDAY OUTING - PADDLE

Tue, Sep 26, 2017, time TBD, Rating: NR
Maureen Coutant - 518-745-7834, mojom@roadrunner.com
- Not sure where we'll be paddling this week. Usually we are on the water within an hour of Glens Falls. Check in by email or phone the weekend before.

Monday Monthly Geocache Mon, Apr 3, 2017, Sarah King and Mo Coutant

- This was the last leg of the SaraCap Winter Series geocaches. Schodack Island State Park was our destination with 10 winter friendly geocaches to be found. I love walking these trails and especially love the heated bathrooms at the main parking area, which seem to be open all winter. Trails were nice and dry and easy walking on these flat trails. The day was cool but warmed up nicely. We found all 10 caches here more quickly than we expected so we decided to head over to Papscaenee Island Nature Preserve as there was a multi cache that I thought we could try. We parked at the northern lot, which is only open in the warmer months and headed in. This multi had 6 stages, each container giving the coordinates for the next stage. We battled some pretty thick prickles off trail but kept finding the caches and kept moving closer to the final cache. It got late so some of our crew headed home while three of us continued to the final stage. Dorean gets the gold star here for braving some standing water and thick prickles to find the ammo can at the end. Another great adventure for the ADK geocaching gals. Participants: Sarah King, Mo Coutant, Licia Mackey, Dorean Page, Julie Leonelli, Mary Knutsen.

Tuesday Outing Tue, Apr 4, 2017, Maureen Coutant

- This week we headed up French Mountain from the Warren County bike trail. Doug joined us to find the spot where the trail leaves the bike path and then had to head out to do more responsible things. The rest of us continued on to the old Great Escape billboard which is on a side trail. We've hauled out over 20 bags of garbage from this area in the past. We were glad to see that it has remained cleaned over the past couple of years. Then it was a steady uphill to the ledge overlooking Route 9 with a view to the mountains in the west and a small view of the southern end of Lake George. This was a new trip for some in the group. Participants: Sue Atwell, Doug Auer, Mo Coutant, Joy Munro, Barb & Rich Zuccaro.

Last of the snowpack hike Sat, Apr 8, 2017, Mike Fuller and Eric Kimmelman

- If there's just one winter hike to take a group, it's Avalanche Pass. We had a beautiful spring day with an overcast sky. Great trail conditions made easy time to the Pass. We had good ice to cross the lake and stand between Colden and Avalanche Mountain. There was still 4 to 5 feet of snow on the calf-burner trail heading up to Algonquin. The summit was clouded in but still had good conditions. The skies finally broke when we reached the base of Wright with an easy hike out. It was one of those days that you did not want to end. A wicked fun day!! 8 happy hikers: Akane Suzuki, Eric Kimmelman, Jim Zwynenburg, Joe Babcock, Jen Ferriss, Wayne Richter, David White, and Mike Fuller.

Tuesday Outing Tue, Apr 11, 2017, Maureen Coutant

- This week we hiked around the Saratoga Battlefield. It was very muddy and the horses didn't do the trail any favors by making deep holes that collected water. But we had a nice walk along the Wilkinson Trail and stopped at each interpretive marker to learn about the trail. We all learned something either from the brochure ... or from each other! i.e., where to get National Park passes and where you don't need them. Participants: Jim Brown, Nancy Burke, Mo Coutant, Cliff & Lil Costa, Louise Golub, Susie Imgruth, Mark Janey, Licia Mackey (and Steve after he biked there and around the road), Joanne Szot, Barbara Zuccaro.

Hadley Mtn. Neal Andrews Memorial Hike Sat, Apr 15, 2017, Reg Prouty

- It was a beautiful day for the memorial hike. We made fast work of Hadley, pausing occasionally to observe the trout lilies or to view a soaring hawk. After having lunch near the tower with some of us climbing it, Reg discovered that he must have lost the mouthpiece to his pocket trumpet recently on Cat Mountain. So several of us whistled "Amazing Grace" instead to honor the memory of Neal Andrews and Grace Hudowalski. Then we headed due north to a flat section with a large open bedrock area on a plateau on the northern shoulder of Hadley and spent some time viewing and taking pictures of some animal art made of carefully assembled various sized stones. Those of us who knew Neal agreed that Neal would not have approved of these structures! Six Hikers: Reg Prouty, Mary Dabulas, Nao Nozawa, Chrissie Bombard, Julie Pratt, and Rich Crammond.

Tuesday Outing Tue, Apr 18, 2017, Maureen Coutant

- This week we hiked Black Mtn as the month's Fire Tower Challenge hike. The plan was to hike to the top and then return along the pond loop to get back, but we had the good fortune to have a flexible group. As it turns out, when we got to the trail-head, Neal V was there without a car. Odd, but then he told us he'd driven his boat over to Huletts and got a ride up to the trail-head. As we hiked up he had the thought that he and a couple of others could return the way we were going up and take the cars down to the boat and pick the rest of us up at Black Mtn Point. I'd never gone down this way and everyone else was up for it. While we headed down the fairly steep lake side trail ... I began to wonder if I'd missed the turn when we were almost at the ponds. I thought the junction was further up! I almost turned us all around ... but luckily I didn't and we got to the junction and headed down to the lake. (I'd forgotten my map at home ... and was missing it!) We were only down at the water for about 10-15 minutes before Neal and the others came by and got us. Neal did a great job maneuvering the boat while we got in without a dock! Thanks again Neal for adding an unexpected boat ride to our hike! Participants: Sue Atwell, Mo Coutant, Dan Forbush, Charlie Harris, Mary Knutson, Eric Krantz, Judith Thomas, Neal Van Dorsten & Doug Auer for a parking lot visit with snacks!

Fairy Ladder Falls Sat, Apr 22, 2017, Nick Ringelberg and Jayne Boudier

- Four stalwart hikers are now charter members of the newly formed FLF Club. On a cloudy day, 40s, we took the Ausable Club road 2.5 miles to the shorter route to the Colvin Trail, bypassing the numerous distracting waterfalls on the Gill Brook Trail in favor of focusing on our primary objective, the elusive Fairy Ladder Falls. Having donned our snowshoes at about 2500 feet elevation, we took the left turn at the Elk Pass intersection and after about 100 yards when the trail turned right at about 3100 feet, we turned left, bushwhacked into 2 feet of slushy snow over blowdowns, bypassing cliffs, and descended to Gill Brook. Following upstream and taking the left fork, in about 100 yards we found it splashing in its glory, at 3111 feet, the highest major waterfall in the Adirondacks. Retracing our steps to the fork, we returned to the Colvin Trail by following the contour NNW, a much easier bushwhack out. Lunch was on the Fishhawk Cliffs with slightly foggy vistas of the Great Range. Great discovery day! Participants: Joe Babcock, Colleen Downing, Jayne Boudier, Nick Ringelberg.

Thunder Mountain Recreation Area Sat, Apr 22, 2017, Rich Crammond

- Another great day to be out on the trail. Geese on the pond, red efts along the route, and a real nice waterfall to view along with the landscape. Thanks hiker buds. Participants: Kathy Horn, Debbie Crammond, Rich Crammond.

Trip Reviews

Tuesday Outing Tue, Apr 25, 2017, Maureen Coutant

- This week, we postponed by a couple of days to get better weather and were glad we did. For some, it was the first time to the Sleeping Beauty area on the shore of Lake George, which is really beautiful. It's nice to be here off season before the crowds trash the parking lot and unfortunately along the trails as well. We picked up what garbage we found and only had a few small bags. We also ran into a DEC forest ranger who said they were going to try to enforce parking only in the lots ... not along the road, to try to cut down on the overuse issues in the area this summer. Maybe I'll get back this summer and see how that is working out?! Participants: Doug Auer, Jim Brown, Mo Coutant, Carmelita DeCicco, Paul Dietershagen, Sarah King, Mary Knutson, Eric Krantz, Licia Mackey, Bill Schwarz.

Tuesday Outing Tue, May 2, 2017, Maureen Coutant

- This week we walked along the Feeder Canal from Murray Park in Hudson Falls over to Fort Edward. I wasn't aware of the construction right at the beginning, but they had a temporary bridge set up for walkers over the canal and we were easily able to navigate around the Route 4 work. We stopped and read the historical markers along the way and the water was flowing fast through the 5 Combines area. Along the backwater area we saw a few turtles, but we also saw a couple of muskrats swimming. We weren't sure if they were beavers ... but I think we settled on muskrats. Jim joined us walking his bike before heading off to work on it at the end of the trail in Fort Edward. Participants: Mo Coutant, Paul Gregg, Eric Krantz, Licia Mackey, Ted Orosz, Anne Paolano, Jim Zwynenburg.

ADK Spring Work Day Sat, May 6, 2017, Maureen Coutant

- The rain held off until we were inside eating pizza and even then it was a short lived sprinkle. So we got the yard cleaned up, the parking timbers, picnic table and bench back in place, the windows cleaned, screens up, bugs cleaned out of overhead lights ... and even some painting done inside! So it was a successful day! Thanks so much to everyone who lent a hand! Participants: Mo Coutant, Sandy Deeb, Sarah King, Eric Krantz, Licia Mackey, Dave & Joanne Morrison, Kathi Noble, Anne Paolano, Bill Schwarz, Stan Stoklosa.

South Bay and Diameter Cliff Sat, May 6, 2017, Jayne Boudier

- Rain was forecast. Four of us met at Panera's, the sun came out, South Bay was high, and the waterfalls pouring. We paddled to Devils Den, then Diameter Cliff - chilling in ice cave cold air while Ben and Nikki climbed fern and lichen topped boulders to touch the cliff wall. Then over logs, beaver dams, and through red trillium to the Greenland Pond outlet waterfall. Sunday we hiked to the bottom and top of the Waterwall en route to North Saddle. Had great views! We enjoyed a LOT more paddling and climbing than advertised. "Thank-you" Tim and Mary for hosting us, and for ferrying our gear. Participants: Jayne Boudier, Bob and Tracy Baldwin, Ben Legg, Miss Nikki, Dave White, and Tim and Mary Ward.

Spring Bird Walk - Wilton Wildlife Preserve & Park Sat, May 6, 2017, Rich Speidel

- We had good luck with the weather, as the rain stopped just before our field trip. Fortunately, the morning stayed rain-free with no wind, so we enjoyed the birds at a leisurely pace. Near the pond, we heard the sweet song of the Baltimore oriole with its orange and black plumage. We then had a rare up-close look at a pair of pine warblers. Birds seen in or above the woods included yellow-bellied sapsucker, broad-winged hawk, and sharp-shinned hawk. Many others were heard and identified by voice, and by noon we had 46 species on our list ... a good

number of feathered friends for a cloudy day. 9 participants: Patricia Brennan, Cathy Hall, Bo Harris, Fran Herve, Wanda Moccio, Mike Moccio, Jim Pogorzelski, Michela Viscariello, Rich Speidel.

Monday Monthly Geocache Mon, May 8, 2017, Sarah King and Mo Coutant

- Our destination was the Corinth Reservoir Recreation Area. It felt more like a March day than a May one, temps being in the mid 40s. The forecast was for 20% chance of rain but we stayed dry. Trails were very muddy, with lots of water running down the center of many. From the parking lot, we started up the Reservoir Road trail, next taking Hickok Brook Trail to the Wilson Pass, where our geocaching adventure started. Good coordinates and hints made these pretty quick finds. We started to climb on the last half mile, which was the Redmond Overlook Trail and boasted a beautiful view and our last geocache. We sat on the rocks at the overlook enjoying the view and some Licia goodies and other snacks and headed down. From the Redmond Pass Trail, we took the Reservoir Road trail straight back to parking. We decided that even though it was quite a raw day, it had its benefits: No humidity or bugs. A good day out with nice folks. Participants: Sarah King, Mo Coutant, Licia Mackey, Larry Eaton, Bill Schwarz, Paul Gregg, Dorean Page.

Tuesday Outing - Paddle Tue, May 9, 2017, Maureen Coutant

- It was chilly with possible showers, plus the water was high due to persistent showers in the previous week, so I postponed this paddle. But instead we went up to Crown Point to the Birding Station and got to learn about the station (continuously manned by volunteers for 42 year) and got to release 8 yellow-rumped warblers that were caught while we were there. Then off for a walk where we saw wild asparagus, a lime kiln, amazing columbine in bloom, an eagle soaring overhead, an osprey and finally found a geocache at the high point of the bridge between NY and VT. Great day out! Participants: Jim Brown, Mo Coutant, Sandy Deeb, Paul Dietershagen, John Devine, Sarah King, Mary Knutson, Eric Krantz, & Licia Mackey.

Full Moon Neal Andrews Memorial Hike Wed, May 10, 2017, Maureen Coutant

- We think Neal was looking down on us, since the sun came out on the cloudy day as we met in the parking lot. We shared Neal stories then and on the summit before a gust of wind scattered a tiny bit of his ashes. We brought them to the northern overlook and Dan realized we were looking towards Tongue Mountain where the lean-to that Neal had taken care of for many years stood. So it was an even more appropriate spot than we were originally thinking. We got to the top just after the sun had sunk below the mountains to the west, but the sky was amazing. The clouds had opened up a bit just above the mountains to give us this wonderful effect, but unfortunately closed up again to the east and covered the moon. So although we didn't have the moonlight to guide us down, we had the light from our headlamps and it was a quite a sight. Kathi had the best eyes as she spotted a mouse and a spider with a huge egg sack. There were lots of tricky water crossings, but everyone helped spot the best route ... or we learned from others' mistakes! Thanks to everyone for coming on this hike in memory of Neal. He was a great ADK member, hike leader, volunteer, and person. Participants: Jayne Boudier, Mo Coutant, Leo Demers, Dan D'Angelico, Licia & Steve Mackey, Kathi Noble, Anne Paolano, John Schneider & Chrissy.

Vanderwhacker Mountain Sat, May 13, 2017, Reg Prouty

- Even though the weather forecast was foreboding, four hardy hikers made the summit of Vanderwhacker and had just finished our lunch when light rain started. We did get wet on the descent but the rain was very light and the temperature was warm

Trip Reviews

enough that we didn't mind the rain. Views from the tower were very good. 4 hikers: Reg Prouty, Wendy Hayner, Glen Hayner, and Barbara Trypaluk.

Tuesday Outing - FTC Tue, May 16, 2017, Maureen Coutant

- This month our Fire Tower Challenge hike was up Hadley Mountain. I always try to do this hike in May to see the amazing variety of wildflowers and this year did not disappoint. The show stealer this year was the trout lily. We're all used to seeing its mottled leaf, but rarely see the flower. This year the forest floor was carpeted with them in many spots. Many of us couldn't remember seeing so many in bloom! Plus Dutchman's britches, trillium, jack in the pulpit, Solomon's seal, and false Solomon's seal, twisted rose something and something toothwort (Ok ... we knew them at the time!), plus many more. Always fun to use the group knowledge to identify them. Kathi, our Fire Tower Challenge Correspondent, was with us and she gave info to many of the other young hikers we saw climbing Hadley that day. The black flies were coming out by the time we got to the top, but the breeze up there and on the fire tower steps helped keep them away. Some of us headed to the north side of the mountain and found that the "rock garden" had survived the winter intact. Participants: Mo Coutant, John Devine, Paul Gregg, Mark Janey, Sharon Kendall, Sarah King, Mary Knutson, Licia Mackey, Mike Marsh, Kathi Noble, Ted Orosz, Andrew & Anne Paolano, Kendra Pratt, John Schneider.

Birding with Friends of the IBA Wed, May 17, 2017, Maureen Coutant

- This was a late addition to the midweek outings list. Laurie LaFond, ADK member and president of the Friends of the IBA, invited our group to join one of their group trips to property just outside of Greenwich to go birding. The varied terrain and peaceful setting makes for a great walk and opportunity to see many types of birds during this time of year when birds are returning or passing by. Everyone in the group (other than myself) was knowledgeable and some were amazing! They were identifying birds I couldn't see and barely heard! At the end they'd identified over 50 different birds. I saw the Scarlett tanager, a phoebe, and many others. I didn't see the indigo bunting that others saw, but I did see many "small black bird moving left across the sky" or "medium blackish bird moving right" ... and Laurie and others were able to put actual names to these shadows! Participants: Mo Coutant, Paul Dietershagen, Bo Harris, Mark Janey, Eric Krantz, Laurie LaFond, Licia Mackey, Rich Speidel, Edna Van Dorsten, and Laura ???

Hackensack Mountain Loop Fri, May 19, 2017, Rich Crammond

- What a great day to be on the trail, except for the bugs and the real strong wind on the summit. Seeing moose tracks and hiking with people like the bird man, Rich Speidel, Jayne Boudier, my old bushwhacker buddy, and Peter and Jim made this outing more enjoyable. Also, looking at the old motor and tow cable wheel at the ski area, all woods now, was a real plus. Overall, a nice outing with some nice folks to be out there with. Participants: Jayne Boudier, Jim Brown, Peter Bishop, Rich Speidel, Rich Crammond.

The Jay Range Razzle (The JP & Joe show) Sat, May 20, 2017, JP Martin and Joe Babcock

- What a Great day was had at the Jay Range! Joe, Dave, Mark, Jayne, Barb and I started out on the trail with cool temps in the 40s and bright skies. We signed in at 7:15 at the register and the trail up the first two miles was mostly switchbacks dotted with flowers yet to open for the day. We stopped twice to do some trail work where fallen trees had displaced the trail and we were able to clear the original trail to restore the path. There was a section of blowdown where we knew we were out gunned and needed several helpers with chainsaws to restore several

switchbacks. We reached the overlook and had a snack, taking an opportunity to take some great pictures before heading up to the bare rock slabs covering the majority of the range. The temperatures warmed to the 60s and the traverse was excellent with open views and wonderful rock formations to climb. We made the 4 miles to the summit with the help of Jayne as the final 1/4 mile evaded Barb and I who had hiked on ahead of the rest. We had lunch and took our pictures at the summit before heading back across the open rock face to the outlook. We had the flies come out by the time we hit the outlook and staying in the wind helped to keep them at bay. Unlike the trip out, the trip back was very populated with multiple groups of French and Russian speaking groups (many with dogs). We admired our work on the way out as well as the now opened flowers. We signed out 6 hours and 53 minutes later after completing 7.87 miles and 3260 feet of elevation. Statistics provided via Runkeeper. Good people on a nice Saturday hike.

Tuesday Outing - Paddle Tue, May 23, 2017, Maureen Coutant

- This week we did the annual "adventure" paddle from Lake Luzerne to Second Lake. We had a few more beaver dams to cross and a longer portage around obstacles due to a few pines across the stream. Mary broke out her collapsible saw and removed a branch on one fallen tree which allowed us to remain in our boats and do a kayak-limbo to go under the tree. We made it to Second Lake and enjoyed our lunch while floating around and sharing sweets. Always a fun trip! Participants: Charlie Beach, Mo Coutant, Sarah King, Mary Knutson, Licia Mackey, Andrew Paolano.

OK Slip Falls, caves and Blue Ledge Overlook Sat, May 27, 2017, Nick Ringelberg

- Beautiful, slightly overcast day, high in the 60s after a couple days of rain, so the OK Slip Falls was flowing nicely. We successfully found the three caves, but the entrance to Carter's Landing Cave seemed to be silted closed, so we descended to the Hudson River to watch the crazy rafters paddling by. After a little wandering around through the woods, we managed to find and enter the Blue Ledge Cave to examine the sparkly rocks. Then we inducted four new members to the Blue Ledge Overlook Club! On the way back to the trailhead, we examined the entrances at the 3rd cave at Carters Ponds, but declined to enter what appeared to be a wet crawl. Midway on the 5 mile exit march, we had a delightful rest on a swimming shelf rock at Ross Pond, amid scholarly discussion of the life cycle of the newts we saw swimming there, led by our resident biologist, Scott. After our 10 hour hike, we welcomed the sight of the parking lot. Scott Anderson, Jayne Boudier, Ben Legg, Patricia Lockwood, Nick Ringelberg, David White.

Spring Bird Walk - Pack Forest, Warrensburg Sat, May 27, 2017, Rich Speidel

- We were blessed with good weather and an excellent start to the field trip. In the parking area, we had a spectacular view of the Blackburnian warbler; a singing male in brilliant orange and black breeding plumage. To see this elusive bird in the sunlight for an extended period was a memorable sight. Our luck continued moments later with good looks at a white-throated sparrow, then a black-throated green warbler. We saw a variety of colorful songbirds throughout the morning, including purple finch, common yellowthroat (warbler), blue-headed and red-eyed vireos, and yellow-rumped warbler. Thanks to our fine team efforts, we completed an enjoyable day with 44 species of birds identified. 19 participants: Sue Booth-Binczik, Bob Bradley, Patricia Brennan, Carmelita DeCicco, Paul Dietershagen, John Good, Cathy Hall, Eric Krantz, Laurie LaFond, Licia Mackey, Frank Mantlik, Lori McCarron, Wanda Moccio, Mike Moccio, Betty O'Brien, Jack Reber, Cliff Stiffler, Edna Van Dorsten, Rich Speidel.

Sign Up

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to call may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! **PLEASE** be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others' plans. **Trips WILL BE CANCELLED if minimums are not met**, thereby affecting all parties. For safety, the MINI MUM number for Outings is: 3 people, including the leader (4 in winter). Panera Bread is the meeting spot unless otherwise noted in the trip description. Be there and ready to depart at the posted time (directions below).

Meeting Place Information - Panera Bread

Northway Plaza, 820 Route 9, Queensbury, NY 761-6957/3
 -From **NORTHWAY (I-87)** Take Exit 19 and go east on **AVIATION / QUAKER Road**. Follow 0.5 miles to **ROUTE 9/GLEN STREET**. Turn North (LEFT) onto **ROUTE 9**, then right at the light into the **NORTHWAY PLAZA**. Then take a left at the four-way stop, and park in front of Panera Bread.

Travel Information/Car Pools

We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it's helpful to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

Participation Guidelines

Leaders are responsible to evaluate interested parties' fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions. *Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. **For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip.**

Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (and recently and are in good shape as necessary for that outing.)** *An ADK Liability Waiver must be provided by the Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors. *No Pets allowed on outings except where designated in the description.

Dogs

Participants in Chapter outings will be allowed to bring their dogs on outings in the following circumstances: (1) the outing has been designated by the outing leader as a "dog outing" and which has been publicized as such; or (2) the outing leader may bring his/her dog, that has not been designated as a "dog outing," if the notice of the outing discloses that the leader will be doing so. All dogs on Chapter outings will be kept on a leash at all times.

Hiking Needs/Preparation/Equipment

Bring trail food and plenty of water on ALL hikes! *Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. — please do not wear 100% cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don't trust the forecast or the sky based on the start of the day. Be prepared!

Ratings

Special Winter Needs

In addition to the preparation/equipment mentioned above, winter requires some EXTRA planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants can expect to bring Snow Shoes and Crampons. Bring lots of Water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with Emergency Clothing. Bring an extra wool/polypro hat, mittens and socks. Vented Shell pants, jackets and mittens are commonly used with warm layers beneath.

| Rating | Effort Level | Elevation Gain (feet) | Miles | Time (hours) |
|--------|----------------------|-----------------------|---------|--------------|
| A+ | Very Strenuous | 4,000+ | 10+ | 10+ |
| A | Strenuous | 3,000+ | 8-12 | 8-10 |
| B+ | Moderately Strenuous | 2,000+ | 5-10 | 6-8 |
| B | Moderate | 1,000+ | 5-8 | 5-6 |
| C+ | Fairly Easy | 1,000+ | 5-8 | 4-6 |
| C | Easy | Under 1,000 | Under 5 | Under 5 |

*Descriptions are only typical and can vary.

Become an Outings Leader

Ask any Chapter Leader for details. Offer to Co-lead to get the experience! We're always looking for new leaders to help share the fun while filling in the calendar. New faces offer more varied outings while sharing personal favorite destinations. Contact the Outings Chair on page 2 for more information.

Programs and Meeting Directions

Chapter Programs and Meetings are held monthly, alternating facilities between Glens Falls and Saratoga Springs. Brief directions are below. More detailed information and maps can be found on the Chapter Web page: www.adk-gfs.org

Wesley Health Care Center

131 Lawrence Street, Saratoga Springs, NY 12866, 587-3600.

From the South: Route 9 North.

LEFT onto CHURCH STREET. RIGHT onto LAWRENCE. • From the North: EXIT 15 off of the Northway. RIGHT onto ROUTE 50 South. Continue onto VAN DAM STREET, RIGHT onto LAWRENCE STREET.

Glens Falls Crandall Library Corner of Glen and South Streets Holden Room (2nd floor of library).

From Exit 18, Broad into South to Glen Street.

Lake George ADK Headquarters:

EXIT 21 of the Northway. Turn WEST onto ROUTE 9N South. ADK is on the LEFT.

Saratoga Springs Public Library:

Henry Street., Saratoga Springs, NY 12866, 584-7860.

From Northway (I-87), Take Exit 14 onto Route 9P North (Union Avenue). Proceed 1.5 miles, past three traffic lights to T-junction, RIGHT onto CIRCULAR STREET to the first, traffic light. LEFT onto SPRING STREET for

two blocks., RIGHT onto Putnam Street for 1.5 blocks. (There is public parking here also!) The library parking lot is on the right. There is a two-hour parking limit.

• From Route 9 and Route 50

Route 9 and Route 50 converge to become the main street (Broadway) in downtown Saratoga Springs. Follow in to downtown, up to the main street. Turn onto SPRING STREET (right from South/left from North) at the corner of Congress Park. LEFT on the first street onto Putnam. Parking as described above.



Chepontuc Footnotes
 Glens Falls - Saratoga Chapter
 Adirondack Mountain Club
 P.O. Box 2314 Glens Falls, New York 12801

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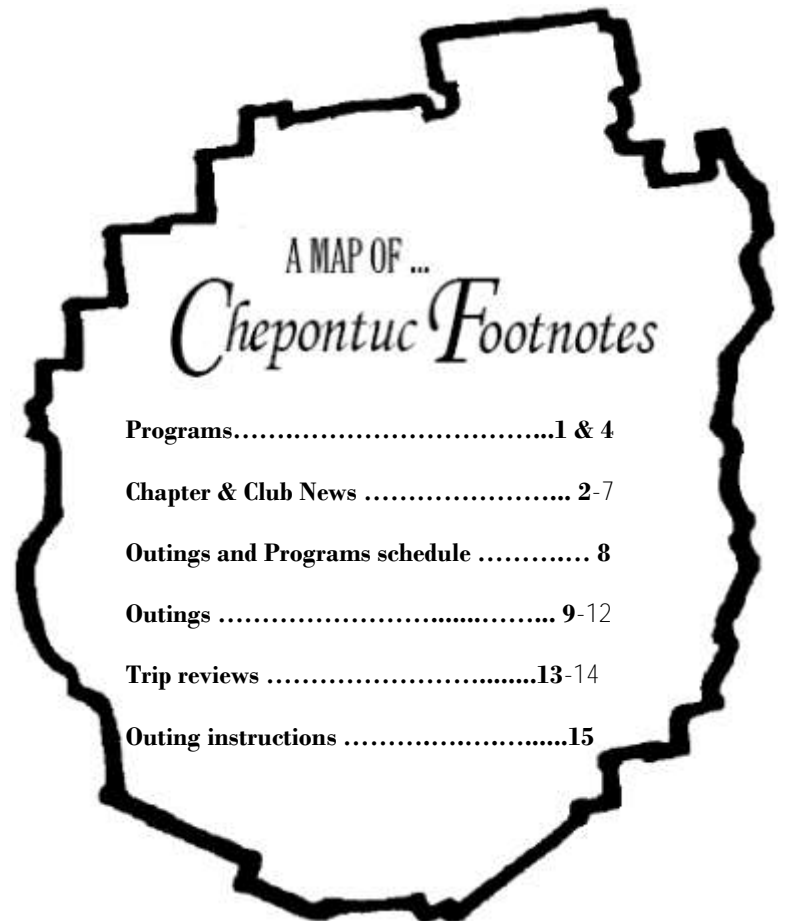
POSTMASTER: CONTAINS DATED MATERIAL.
 PLEASE DELIVER PROMPTLY. THANK YOU.



Are you moving?

If you are moving you may call Headquarters at 668-4447. The Chapter receives all its mailing labels and membership lists from the Club.

Therefore, any change of address need NOT be sent to the Chapter - one call to the Club is all you need!



Reminder: Please include your e-mail address when renewing membership!