



Chepontuc Footnotes

chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

ANNUAL DINNER ~ 2017

GLENS FALLS — SARATOGA CHAPTER
ADIRONDACK MOUNTAIN CLUB

Friday, October 27

Great Escape Lodge

89 Six Flags Drive

Queensbury, NY 12804

Cash bar 6:00 Dinner 7:00

Featured Speaker: Joe Allen



"Megafauna and Predation,"

the story of the wolf reintroduction program in Yellowstone National Park.

Joe Allen has been a lecturer at the University of Buffalo for 22 years in the Environmental Studies Program. He taught many academic field courses, including Introduction to Environmental Problems, Wildlife and Wetland Management, and the Ecology of Unique environments – specifically Yellowstone National Park and Wind River Range, Wyoming.



Although retired, he continues to teach experiential courses and lead excursions through "Earth Spirit Educational Services."

At our dinner Joe will describe the wolf reintroduction program in Yellowstone, the successes and tribulations of the reintroduction, and its impact on the greater Yellowstone ecosystem. Joe has many stories and lots of photographs and video he has taken over the years.

We look forward to this informative event on wilderness preservation, rewilding and environmental ethics.

See page 5 for more information. Members and non-members are welcome.

Hopefully everyone was able to get out this summer and hike the tower trails and we will be getting many completion letters soon. Muddy and wet trails made for some interesting hiking conditions.

Tracy Darrah, who recently finished the challenge, wrote in her letter “ I always felt the journey, not the destination was the key to experiencing these unique places. I decided to participate in the fire tower challenge not just to receive a patch for my efforts, but to encourage me to keep a journal record of my journeys as well as the photographic one I had begun to keep.” Tracy was able to combine her love of bird watching, photography and hiking while completing the challenge.



Congratulations to the following people who have completed the Fire Tower Challenge:

- | | |
|-------------------------------------|-------------------------------|
| Jessica Jorgensen, Cedar Rapids, IA | William Reid, Pottersville |
| Curtis Jorgensen, Cedar Rapids, IA | Lisa Albrecht, Rochester |
| Melissa Maye, Albany | Catherine Schunk, Schenectady |
| Tracy Darrah, Bloomingdale | Aaron Graves, Potsdam |
| David Trestick, Rotterdam | |

CONTACT US

Executive Committee Officers:

Chapter Chair John Caffry
518- 798-0624
chapterchair@adk-gfs.org

First Vice Chair ***vacant***

Second Vice Chair Maureen Coutant
518-745-7834 vicechair@adk-gfs.org

Secretary Kathi Noble
518-668-3046 secretary@adk-gfs.org

Treasurer Steve Mackey
518-793-6484 treasurer@adk-gfs.org

Directors: director@adk-gfs.org

Tammara Van Ryn
Bill Wasilauski
Dan Kane

Past Chapter Chair:

Laura Fiske
518-884-0345 pastchair@adk-gfs.org

Committee Chairs:

Conservation Aimee Rutledge
401-529-5034 conservation@adk-gfs.org

Education Linda Ranado
518-696-7625 education@adk-gfs.org

Hospitality Gretchen Steen
518- 638-6139 hospitality@adk-gfs.org

Membership Pat Desbiens
518- 813-7946 membership@adk-gfs.org

Newsletter/Editor Deb Donohue
518- 638-6557 newsletter@adk-gfs.org

Outings Wayne Richter
518- 893-7895 outings@adk-gfs.org

Programs Sarah King
518- 798-0615 programs@adk-gfs.org

Trails Tom Ellis
518- 638-6139 trails@adk-gfs.org

Web site George Sammons
518- 743-9692 webmaster@adk-gfs.org

Wilderness Jim Schneider
518- 581-9367 wilderness@adk-gfs.org

Young Members Group Steve Lashomb
315-783-7698 ymg@adk-gfs.org

Non-Voting Volunteers:

Fire Tower Kathi & Tim Noble
518-668-3046 firetower@adk-gfs.org

Annual Dinner Coordinator
Anne Paolano 518- 798-3055
annualdinner@adk-gfs.org

Alternate Directors: Peter Benoit

Membership Update

~by Pat Desbiens

NEW MEMBERS - MAY 2017

Kenneth Demarco, Mechanicville
Angela Dubrinski & Shane Howe, Lake George
McIrvin Field-Sloan, Salem
Chris Frederick, Hadley
Stuart Green, Jennifer Moses, Samuel, Jonathan & Rose Green, Montclair, New Jersey
Joseph Gunshannon, Walnut Creek, California
Shelley, Mark, Julianne & Katherine Hachenski, Greenfield Center
Ann Hogan, Stamford, Connecticut
Heather House, Ballston Lake
Jack Lamson, Malta
John McCloskey, Queensbury, New York
Paula McCullough, Queensbury
Lynelle & Mark Mykins, Saratoga Springs
Kimberly, Mark, Hunter & Lucas Rehm, South Glens Falls
Christine Reilly & Esequiel Salinas, Porter Corners
Geraldine Sherry, Schaghticoke
Adam Smile & Megan Stevenson, Lake Luzerne
Robert Sommerville & Susan Gurian, Tenafly, New Jersey
Benjamin St. Andrews, Queensbury
Keith Strock & Regina Capobianco, Saratoga Springs
Kaitlyn Sullivan, Glens Falls

REJOINED MEMBERS - MAY 2017

Justin Andrews, Queensbury
Mary Frances & Richard Balch, Ballston Spa
Janet, Brian & Matthew Boyce, Gansevoort
Edie, Robert, Ian & Logan Edwards, Queensbury
Barbara Hefter, Saratoga Springs
Larry Jorgensen, Saratoga Springs
Robin Morris, Kinnelon, New Jersey
Theodore Rydzewski, Christine Chariton, Zoe & Samantha Rydzewski, Saratoga Springs
Mario Scarpace, Albany
Michael Seeley, Cynthia Schrock Seeley & Clark Seeley, Queensbury
Darlene, Clifford & Dustin Stiffler, Galway
David & Carol Williams, Greenwich

NEW AFFILIATE - MAY 2017

Margaret Curtis, Queensbury

NEW MEMBERS - JUNE 2017

Spencer & Ryley Bray, Glens Falls
Gary & Jane Burke, St. James City, Florida
Christina Bushnow, Clifton Park
Ashley Duval, Glens Falls
Brian Grzeskowiak, Clifton Park
Hih Song Kim, James, Breyten & Anacapri Neill, Brooklyn, New York
Anne Mania, Saratoga Springs
Farrah & Matthew O'Brien, Mechanicville
John Ryan, Queensbury
Richard Seeger, Lake George

REJOINED MEMBERS - JUNE 2017

Fletcher, Lisa, Cooper & Zane Baltz, Saratoga Springs
Carrie Bean & Kennedy Sobon, Schuylerville
Thomas Burns, Saratoga Springs
Jordyn Danforth, Latham
John, Jacob & Megan Durkin, Queensbury
Brook Bergman, David, Kamryn & Logan Dyer, Fort Edward
Zeryai Hagos & Karen M. Hagos, Saratoga Springs
Tom Portuese, Queensbury
Shaun Seese, Argyle
Charles Wait, Saratoga Springs

Adirondack Mountain Club

Lake George Property (headquarters)
Workdays

Saturday, November 4th

9:00 am – approx. 2:00 pm

Join fellow ADKers and friends to spruce up ADK headquarters property off Exit 21 of the Northway.

During the fall, volunteers help ADK get ready for the when the snow flies. The lawn is raked, screens taken down, gutters cleaned, garden cleaned up, and other projects are done to

maintain the property. It's fun to meet new people and take part in a community project. You don't have to bring anything

other than work gloves - if you have them. Bring a friend along also to make it more fun! Scones, coffee and lunch (including Jim's famous workday cookies) will be provided!

September

Israel, The Holy Land

Presented by Gretchen Steen

September 20th, 7 PM at Crandall Library



Gretchen Steen of Fort Edward traveled extensively throughout her career as a Spanish teacher, both to keep up her language skills and to offer students the opportunity to experience Spanish culture and language first hand. Since she retired, the travels continue. She and her sister Linda **joined Father Tom Babiuch's Fort Edward travel group on a trip to the Holy Land in October of 2016.** They started in Tel Aviv, traveled along the coast to Caesarea, Haifa and Acre. Tiberias, the Sea of Galilee and the Golan Heights were the next stops. Along the way they visited the towns of the Bible. Each was blessed in the River Jordan on their way to Jericho. Floating in the Dead Sea was a unique adventure. And then they experienced Jerusalem. This program weaves in and out of Israel and Palestinian territories exploring this region which is so fascinating historically, religiously and culturally.

November

"An Adirondack Portfolio 1902-1935

The Hiking Stories and photographs of Francis
Bayle"

Presented by Bob Bayle

November 16th, 7 PM at Saratoga Springs

Public Library



Bob Bayle's new book features the photographs and writing of his father Francis Bayle. While his vocation with engineering, Francis' avocations were exploring the Adirondacks and photography.

Between the years 1910 and 1970, he took many hundreds of photographs of the Adirondack region, providing a unique representation of what the area looked like in the early 20th century. He was an active member of the Adirondack Mountain Club and the Glens Falls Camera Club. He also served as editor for the Adirondack Mountain Club magazine, writing several articles about his photography, hiking trips and opinions about the Adirondacks.

Bob Bayle is the son of Francis Bayle, and a retired science teacher, who is actively involved with the Glens Falls-Queensbury Historical Society, Chapman Historical Museum and the Warren County Historical Society. He is co-author of 3 Images of America books about Glens Falls, New York.

Glens Falls– Saratoga Chapter ADK Annual Dinner 2017

Friday, October 27th @ Great Escape Lodge Queensbury, NY 12804

6 –7 pm Cocktail Hour/Cash Bar



Mixed Green Salad with choice of dressings

Choice of Entrees with vegetable, rice or potato that best accompanies your entrée:

\$ 31 Sliced NY Sirloin with a Thyme Demi-Glace

\$ 26 Chicken Tuscany

\$ 31 Honey-Rosemary Salmon

\$ 25 Vegetarian: Eggplant Parmesan



Caramel Granny Apple Pie with Vanilla Ice Cream

Coffee and Tea

Reservation Instructions

1. All reservations must be PREPAID and RECEIVED BY Sunday, OCTOBER 22
2. Sorry, phone reservations cannot be accepted — use mail-in form below.
3. Please make checks payable to: GLENS FALLS-SARATOGA CHAPTER ADK
4. Mail reservation form (below or @ www.adk-gfs.com) and check to:
Steve Mackey, 21 MacArthur Drive, Glens Falls, NY 12801
5. We do not mail confirmations back to you. For more info, contact: annualdinner@adk-gfs.org

<p>ANNUAL DINNER RESERVATION</p> <p>NAME(s) (please print clearly for your name tag)</p> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>4. _____</p>	<p>Your Phone: _____</p> <p>Your Email: _____</p> <p>Dinner Selection (Please Check one)</p> <table style="width: 100%; border-collapse: collapse;"> <tr> <td style="text-align: center;">Beef</td> <td style="text-align: center;">Chicken</td> <td style="text-align: center;">Fish</td> <td style="text-align: center;">Veggie</td> </tr> <tr> <td style="text-align: center;">(\$31)</td> <td style="text-align: center;">(\$26)</td> <td style="text-align: center;">(\$31)</td> <td style="text-align: center;">(\$25)</td> </tr> </table> <p>1. _____</p> <p>2. _____</p> <p>3. _____</p> <p>4. _____</p>	Beef	Chicken	Fish	Veggie	(\$31)	(\$26)	(\$31)	(\$25)
Beef	Chicken	Fish	Veggie						
(\$31)	(\$26)	(\$31)	(\$25)						

Voting for Chapter Officers at annual meeting / dinner Friday, October 27, 2017

At the annual meeting, held this year at the Great Escape Lodge in Queensbury on Friday, October 27, 2017, chapter members will be invited to vote for the new officers. The nominating committee presents the following candidates for 2018.

Chapter Chair: Kathi Noble

1stVice Chair: Maureen Coutant

2nd Vice Chair: Peter Benoit

Treasurer: Steve Mackey

Secretary: John Caffry

Directors: William Wasilauski and Tammara Van Ryn

Please see below for the biographies of these nominees. **Additional nominations, in writing, may be submitted, by any member entitled to vote, to Maureen Coutant, chair of the Nominating Committee, by close of business on Wednesday, September 27, 2017. Such nominations must be signed by no fewer than twelve voting members.** In the event of more than one candidate being nominated for any given office the following procedure will commence at the annual meeting:

a) the Secretary will furnish a ballot containing the names of all nominees, arranged in alphabetical order, as candidates for each office. This ballot will be the exclusive means of voting for officers and directors.

b) the successful candidate for each position will be determined by a simple majority of the votes cast. For chapter members who are unable to attend the annual meeting in person, an absentee ballot will be furnished to voting members upon written request to the Secretary. These votes will be counted if received by the Chapter Secretary prior to the annual meeting.

Kathi Noble

I have been a member of the ADK for many years, becoming involved with the Glens Falls /Saratoga Chapter since 2011 when my husband and I took over as Fire Tower Challenge Correspondents. I recently retired after 34 years of teaching special education. I fill my days hiking, biking, skiing, paddling and many other outdoor activities. I also volunteer at a local food pantry and as a ski instructor at the Double H Winter Adaptive Ski Program.

Maureen Coutant

I have been an active member of ADK-GFS since the early 1990s. I've led hikes, chaired the nominating committee, served in the Vice Chair positions, and as the Chapter Chair twice. For the Club, I chair the Lake George Property Committee and organize workdays. I've helped out with other nonprofits and know that it's hard to find volunteers, so I'm always willing to help out when I can. As Vice Chair, I help the Chapter in any way that I can.

Peter Benoit

I joined ADK in 1984 and have been an active member for many years. I am currently an Alternate Director for the the Glens Falls/Saratoga Chapter. I also am a member of ADK's Personnel Committee. I have participated in the "Adopt-a-Lean-To" program and have volunteered for the RAGNAR Relay, National Trails Day and for the Outdoor Sports Expo at the Saratoga City Center. I am active with other organizations within the Adirondack Park including Lower Adirondack Search and Rescue Team, The Friends of the Important Bird Area in Fort Edward grasslands, the Riverkeepers who monitor water quality in the Hudson River from Newcomb to Manhattan and I have worked on the trail maintenance crew in the Siamese Pond Wilderness Area. I've been an ADK 46r since 1995.

Steve Mackey

I have been an active member with the Glens Falls/Saratoga Chapter since the early 80s. I served as Conservation Chairman for a couple of years back when the “Crane Pond Road Closure” and the “Big Cedar Swamp & Earltown” were big issues. I also have participated in the Adopt- a- Lean-To program, with “Jungle” Jim Mosher, taking care of Ward Brook Lean-to, for over twenty five years. I lead hikes regularly and am the “Winter Weekend Coordinator”. I own and operate the Luzerne Market and have been in business for 35 years.

John Caffry

I have been an ADK member since 1985. I have served ADK in many capacities, such as member of Chapter Executive Committee since 1987; former Chapter Publicity Committee Chair and Second Vice Chair; Chapter Secretary from 2006 to 2015; Chapter Chair for the last two years; former member of ADK Board of Directors and Executive Committee; former chair of ADK Headquarters Committee; current member (since 1988), and former chair, of ADK Conservation Committee; and participated in the Adopt-a-Lean-to program for 10 years. I am a native of Glens Falls, currently living there with my wife, Ellen. I am a member of the Caffry & Flower law firm in Glens Falls. Occasionally, I find time for hiking, paddling and all varieties of skiing. Like Sarah Palin and Russia, I can see the Adirondacks from my house (but only from the attic window, and only in leaf-off conditions).

William Wasilauski

I have been a member of the ADK, Glens Falls/Saratoga Chapter since 2008. I have enjoyed participating in many club outings, events and activities. As an ADK member, I have volunteered for the RAGNAR Relay for the past 3 years. I do trail work with the 46ers and participated in ADK’s 2015 National Trails Day Event at Cranberry Lake. After retiring several years ago, I now work for the NYS Department of Homeland Security & Emergency Services (Disaster Assistance). In my free time, I like to walk, hike, ski (Alpine & Nordic), and go fishing.

Tammara Van Ryn

I am the executive director of the Land Trust Accreditation Commission and work with land conservation organizations across the US from an office in Saratoga Springs. I have extensive experience in nonprofit governance and management and knowledge of conservation issues in New York and beyond. I have been a member of the ADK Glens Falls/Saratoga chapter for many years and love to hike and canoe. I became a director in 2016 to combine my passion for the Adirondacks with my knowledge of nonprofits.

Proposed amendment to the Chapter’s Constitution and By-Laws

The following amendment to the Chapter’s Constitution and By-laws has been proposed by the Executive Committee and will be submitted to the members for a vote at the Annual Meeting:

Proposed By-laws Amendment:

Article IV of the Constitution and By-laws is hereby amended to add “Fire Tower Challenge” as a standing committee.

Outings and Programs Schedule

See adk-gfs.org website for latest calendar

Date	Day	Type	Destination	Leader(s)	Rating
September 2017					
2	Sat	Hike	Pharaoh Lake Via Mill Brook	Reg Prouty	C+
3	Sun	Hike	Cliff and Redfield	Wayne Richter	A+
6	Wed	Meeting	Executive Committee monthly meeting	John Caffry	NR
9	Sat	Bushwack	MacNaughton via MacNaughton Brook	Nick Ringelberg, Jayne Boudier	A+
11	Mon	Geocache	Monthly Monday Geocache	Sarah King, Mo Countant	NR
12	Tue	Paddle	Tuesday Outing - Paddle	Maureen Coutant	NR
16	Sat	Hike	Ellen and Abraham - Vermont 4000 footers	Eric Kimmelman, Akane Suzuki	A+
16	Sat	Hike	Sawteeth-Gothics-Armstrong/In Memory of Neal Andrews	Ron Lester	A+
16	Sat	Hike	Pharaoh Mountain	Reg Prouty	B+
19	Tue	Hike	Tuesday Outing - FTC	Maureen Coutant	NR
20	Wed	Program	Israel, The Holy Land presented by Gretchen Steen	Sarah King	NR
23	Sat	Hike	Marshall Peak and plane crash site	Mike Fuller	A+
23	Sat	Hike	Essex Chain Lakes	Rich Crammond	B+
26	Tue	Paddle	Tuesday Outing - Paddle	Maureen Coutant	NR
30	Sat	Hike	Hammond and Moose Mtn. Ponds	Bill Schwarz	B
30	Sat	Paddle/Camp	Lake George canoe & camp	Jayne Boudier	A
October 2017					
2	Mon	Geocache	Monday Monthly Geocache	Sarah King, Mo Coutant	NR
4	Wed	Meeting	Executive Committee monthly meeting	John Caffry	NR
7	Sat	Bushwack	North River Mountain	Nick Ringelberg, Jayne Boudier	A+
7	Sat	Hike	Crane Mountain Loop	Reg Prouty	B
10	Tue	Paddle	Tuesday paddle	Maureen Coutant	NR
14	Sat	Hike	Boreas Mountain Bushwhack	Rich Crammond, Jayne Boudier	A
14	Sat	Hike	Folded Rock Trail, Cambridge	Bill Schwarz	B
17	Tue	Hike	Monthly Fire Tower Challenge hike	Maureen Coutant	NR
24	Tue	Paddle	Tuesday Paddle	Maureen Coutant	NR
27	Fri	Program	Annual Dinner	Anne Paolano	NR
29	Sun	Hike	Hoffman Mountain	Jayne Boudier	A
November 2017					
1	Wed	Meeting	Executive Committee monthly meeting	John Caffry	NR
7	Tue	Walk	Tuesday Outing	Maureen Coutant	C
11	Sat	Other	ADK Headquarters Fall workday	Maureen Coutant	NR
13	Mon	Geocache	Monthly Monday Geocache	Sarah King, Mo Coutant	NR
14	Tue	Hike	Tuesday Outing	Maureen Coutant	B
16	Thu	Program	An Adirondack Portfolio, 1902-1935: The Hiking Stories and Photographs of Francis Bayle presented by Bob Bayle	Sarah King	NR
18	Sat	Bushwack	Cheney Cobble	Nick Ringelberg, Jaye Boudier	A+
21	Tue	Hike	Tuesday Outing - FTC	Maureen Coutant	NR
23	Thu	Hike	Turkey Trot #19 Saratoga Battlefield	Rich Crammond	C+
28	Tue	Walk	Tuesday Outing	Maureen Coutant	C

Outings Detail

PHARAOH LAKE VIA MILL BROOK - [Hike]

Sat, Sep 2, 2017, 8:00 am, Rating: C+
Reg Prouty - 518-747-9736, reginaldprouty@gmail.com
- This is a popular approach to Pharaoh Lake and is about a 7 mile round trip in to a lean-to on the lake. Only 300 feet of ascent and a relaxed pace is expected. Early fall is a nice time to do this.

CLIFF AND REDFIELD - [Hike]

Sun, Sep 3, 2017, 5:30 am, Rating: A+
Wayne Richter - 518-893-7895, wrichter@nycap.rr.com
- We'll take the route from Upper Works, via Flowed Lands, and past the outlet to Lake Colden. We'll get the cliffs of Cliff behind us first, then ascend Redfield for its fine summit view. It's about 19 miles and 3700 feet of elevation change. This is a long and difficult hike so you need to be in good shape.

EXECUTIVE COMMITTEE MONTHLY MEETING

Wed, Sep 6, 2017, 7:00 pm, Rating: NR
John Caffry - chapterchair@adk-gfs.org
- Board meeting at Crandall Library in the Holden Room (2nd floor of the library).

MACNAUGHTON VIA MACNAUGHTON BROOK - [Bush-wack]

Sat, Sep 9, 2017, 6:00 am, Rating: A+
Nick Ringelberg - 518-522-6863, nickringelberg@yahoo.com
Colead: Jayne Boudier - 518-636-3352
or jayneboudier@gmail.com
- At 4000 feet, and taller than 4 of the original 46 High Peaks, lies MacNaughton. Our approach will be from the west, via the beautiful MacNaughton Brook. After a 5 mile hike to Preston Ponds, the brook herd path begins. For about 2 miles we'll be climbing - in and along the brook (rock scramble), squeezing through some overgrown blowdown (bushwhack), and up the path to the summit. Approximately 14 miles and 2800 feet ascent. Nice views along the way, and a rewarding finish vista!

MONTHLY MONDAY GEOCACHE

Mon, Sep 11, 2017, time TBD, Rating: NR
Sarah King - 518-798-0615, scubakings@roadrunner.com
Colead: Mo Countant - 518-745-7834
or mojim@roadrunner.com
- During the school year, we go out every month for a walk or hike with the purpose of finding geocaches that have been hidden lately. You don't have to know anything about geocaching to come. It's just another excuse to get out in the woods. Call or email a few days before to find out the plan!

TUESDAY OUTING - PADDLE

Tue, Sep 12, 2017, time TBD, Rating: NR
Maureen Coutant - 518-745-7834, mojim@roadrunner.com
- Not sure where we'll be paddling this week. Usually we are on the water within an hour of Glens Falls. Check in by email or phone the weekend before.

ELLEN AND ABRAHAM - VERMONT 4000 FOOTERS - [Hike]

Sat, Sep 16, 2017, 5:00 am, Rating: A+
Eric Kimmelman - 518-866-8521, ejkimmelman@gmail.com
Colead: Akane Suzuki - akaneadk@gmail.com
- Join us for a trip to Ellen and Abraham, two of Vermont's five 4000 footers and most scenic peaks. We will start at the Lincoln Gap trailhead and hike up to Abraham. We will then hike over the ridge to Ellen where will see wonderful views of the Adirondacks from just past the summit. Along the way, we will also have great views from the observation platform on Lincoln. 13 miles and 2500 ft elevation gain.

SAWTEETH-GOTHICS-ARMSTRONG

IN MEMORY OF NEAL ANDREWS - [Hike]
Sat, Sep 16, 2017, 5:45 am, Rating: A+
Ron Lester - 518-899-4187, muleskinner46er@hotmail.com
- I first met our departed friend in 1996 on my initial ADK outing that included these 3 peaks. We car-pooled together that day, and little did we know of some grand adventures that would be shared in the future. Mt. Hood, Denali, Orizaba in Mexico, and Cotopaxi in Ecuador, not to mention several Butt-kickers in the Adirondacks. As my ashes will someday find their home on Gothics, I think it would be fitting to leave a little of Neal there as well. 14+ miles with a view or two.

PHARAOH MOUNTAIN - [Hike]

Sat, Sep 16, 2017, 8:00 am, Rating: B+
Reg Prouty - 518-747-9736, reginaldprouty@gmail.com
- This 8.6 mile round trip is an enjoyable moderate climb to a multi-summitted site of an old removed fire tower. It has excellent views in all directions by visiting all five summits. Ascent from Crane Pond is 1470 feet. Plan on an all day outing.

TUESDAY OUTING - FTC - [Hike]

Tue, Sep 19, 2017, time TBD, Rating: NR
Maureen Coutant - 518-745-7834, mojim@roadrunner.com
- Not sure which Fire Tower Challenge hike we'll do this week. We've done all the ones fairly close to Glens Falls, so we'll head to the Catskills or up into the Adirondacks ... check the website or call/email the weekend before.

ISRAEL - THE HOLY LAND

PRESENTED BY GRETCHEN STEEN - [Program]
Wed, Sep 20, 2017, 7:00 pm, Rating: NR
Sarah King - 518-798-0615, scubakings@roadrunner.com
- Program will be held at Crandall Library. Gretchen Steen of Fort Edward traveled extensively throughout her career as a Spanish teacher both to keep up her language skills and to offer students the opportunity to experience Spanish culture and language first hand. Since she retired, the travels continue. She and her sister Linda joined Father Tom Babiuch's Fort Edward travel group on a trip to the Holy Land in October of 2016. They started in Tel Aviv, traveled along the coast to Caesarea, Haifa and Acre. Tiberias, the Sea of Galilee and the Golan Heights were the next stops. Along the way they visited the towns of the Bible. Each was blessed in the River Jordan on their way to Jericho. Floating in the Dead Sea was a unique adventure. And then they experienced Jerusalem. This program weaves in and out of Israel and Palestinian territories exploring this region which is so fascinating historically, religiously and culturally.

MARSHALL PEAK AND PLANE CRASH SITE - [Hike]

Sat, Sep 23, 2017, 5:00 am, Rating: A+
Mike Fuller - 802-254-3314, farmallboy55@hotmail.com
- This is my fifth year leading this hike; it's really a fun day. It's 16 miles with the crash site and 14 with just Marshall. If it rains we'll just get the peak, so hope for a sunny day. The plane is intact to sit in for photos. We'll meet at Panera Queensbury at 5:00 or the Upper Works trailhead at 7:00.

ESSEX CHAIN LAKES - [Hike]

Sat, Sep 23, 2017, 9:00 am, Rating: B+
Rich Crammond - 518-584-2380
- Approximately a 10 mile round trip hike loop. Drive Goodnow Flow Road to Woody's Road, then bear left and drive across the one lane bridge over Goodnow River to the DEC sign, then a little farther to the parking area and meeting place. Look for my black Ford pickup. See you there, hiker buds.

Outings Detail

TUESDAY OUTING - PADDLE

Tue, Sep 26, 2017, time TBD, Rating: NR
Maureen Coutant - 518-745-7834, mojim@roadrunner.com
- Not sure where we'll be paddling this week. Usually we are on the water within an hour of Glens Falls. Check in by email or phone the weekend before.

HAMMOND AND MOOSE MTN. PONDS - [Hike]

Sat, Sep 30, 2017, 8:00 am, Rating: B
Bill Schwarz - 518-307-6091, bschwarz@nycap.rr.com
- Join us in North Hudson, near Northway Exit 29, for exploring Hammond Wild Forest. We'll visit Hammond Pond before doubling back, and then hiking into Moose Mtn. Pond. The trail has gentle grades, but we are doing about 8 miles. Bring lunch and a sense of adventure. Rain cancels.

LAKE GEORGE CANOE & CAMP - [Paddle/Camp]

Sat, Sep 30, 2017, 9:00 am, Rating: A
Jayne Boudier - 518-636-3352, jayneboudier@gmail.com
- After Labor Day, the lake quiets down, and we should be able to find a nice island site to camp. Probably close to Glen Island, to register without having to paddle too far. Launch will be from the end of Shelving Rock Road. Approximately 5 miles paddling.

MONDAY MONTHLY GEOCACHE

Mon, Oct 2, 2017, time TBD, Rating: NR
Sarah King - 518-798-0615, scubakings@roadrunner.com
Colead: Mo Coutant - 518-745-7834 or mojim@roadrunner.com
- During the school year, we go out every month for a walk or hike with the purpose of finding geocaches that have been hidden lately. You don't have to know anything about geocaching to come. It's just another excuse to get out in the woods. Call or email a few days before to find out the plan!

EXECUTIVE COMMITTEE MONTHLY MEETING

Wed, Oct 4, 2017, 7:00 pm, Rating: NR
John Caffry - chapterchair@adk-gfs.org
- Board meeting at Saratoga-Wesley Health Center, Civalier Conference Room.

NORTH RIVER MOUNTAIN - [Bushwhack]

Sat, Oct 7, 2017, 6:00 am, Rating: A+
Nick Ringelberg - 518-522-6863, nickringelberg@yahoo.com
Colead: Jayne Boudier
- Located in the newly acquired Boreas Ponds Wilderness Area, at 3860 feet, Morrissey lists it as #57 of the top 100 in the Adirondacks and he says it has one of the nicest and wildest views of the 100 highest! Previously only accessible over private land, we will approach via a 3 mile hike on the road to Boreas Ponds, followed by about 2.5 miles of old logging roads and then 2 miles of bushwhack. About 15 miles, 4 miles of it bushwhack; 2300 feet of elevation gain.

CRANE MOUNTAIN LOOP - [Hike]

Sat, Oct 7, 2017, 8:30 am, Rating: B
Reg Prouty - 518-747-9736, reginaldprouty@gmail.com
- This rocky peak provides some serious climbing in spots but is well worth it, especially in foliage season in the southeastern Adirondacks. Round trip distance is 7.4 miles and ascent is 1154 feet to the 3254 foot, wide summit. We will do a counterclockwise loop going up the ladder side first, dropping down to Crane Mountain Pond later, and returning by the old farmhouse trail. Allow a full day as we will relax and enjoy the summit during lunch. Pace will be moderate.

TUESDAY PADDLE

Tue, Oct 10, 2017, 9:00 am, Rating: NR
Maureen Coutant - 518-745-7834, mojim@roadrunner.com

- In October, the evenings aren't really long enough for a paddle so I'll be doing the trips during the day and maybe exploring a little further from the Glens Falls area. Call or email the weekend before for details.

BOREAS MOUNTAIN BUSHWHACK - [Hike]

Sat, Oct 14, 2017, 8:00 am, Rating: A
Rich Crammond - 518-584-2380
Colead: Jayne Boudier - 518-232-9559
or jayneboudier@gmail.com
- We will meet at the pull off at Route 28N and Route 84, Blue Ridge Road, at 8:00 am, then drive to Gulf Brook Road. We will bushwhack from Gulf Brook Road to the summit of Boreas Mountain. Approximately 5 miles round trip with approximately 1,700 feet of elevation change. Dress for fall weather in the 'dacks and expect the unexpected along the hiking route. See you there, Hiker Buds.

FOLDED ROCK TRAIL, CAMBRIDGE - [Hike]

Sat, Oct 14, 2017, 8:00 am, Rating: B
Bill Schwarz - 518-307-6091, bschwarz@nycap.rr.com
- Sometimes called Peaked Rock Trail, this is a 5-mile round trip in Battenkill State Forest. It is a steep uphill (for much of the distance) to a fine overlook of the Battenkill Valley and Taconic Range, at 1600 feet. Bring lunch and plenty of water. Rain cancels.

MONTHLY FIRE TOWER CHALLENGE HIKE

Tue, Oct 17, 2017, 8:00 am, Rating: NR
Maureen Coutant - 518-745-7834, mojim@roadrunner.com
- We've done the Fire Towers close to Glens Falls, so we'll have to head further into the Adirondacks or down to the Catskills to get a new one! Call or email the weekend before to see which one we'll visit this month.

TUESDAY PADDLE

Tue, Oct 24, 2017, 9:00 am, Rating: NR
Maureen Coutant - 518-745-7834, mojim@roadrunner.com
- In October, the evenings aren't really long enough for a paddle so I'll be doing the trips during the day and maybe exploring a little further from the Glens Falls area. Call or email the weekend before for details.

ANNUAL DINNER - [Program]

Fri, Oct 27, 2017, 6:00 pm, Rating: NR
Anne Paolano - 518-798-3055, paolano@roadrunner.com
- Annual Dinner at Great Escape Lodge just off Exit 20 of Northway. Happy hour at 6, dinner at 7 with program to start shortly after. See article in newsletter or online for more info.

HOFFMAN MOUNTAIN - [Hike]

Sun, Oct 29, 2017, 6:00 am, Rating: A
Jayne Boudier - 518-636-3352, jayneboudier@gmail.com
- From Big Pond we'll head north up a hardwood ridge (with views east) toward Hoffman's thick, viewless summit. But, a few minutes farther on, is a peek through the trees at Elk Lake and the High Peaks. 11 miles (8 trail-less), 2,500 foot ascent, at a steady pace.

EXECUTIVE COMMITTEE MONTHLY MEETING

Wed, Nov 1, 2017, 7:00 pm, Rating: NR
John Caffry - chapterchair@adk-gfs.org
- Board meeting at Crandall Library in the Holden Room (2nd floor of the library).

Outings Detail

TUESDAY OUTING - [Walk]

Tue, Nov 7, 2017, 9:00 am, Rating: C

Maureen Coutant - 518-745-7834, mojim@roadrunner.com

- This is the first outing of the weekly Tuesday outings for the season (Nov- June). So, I thought we'd start with something easy and do a walk around Lake George. We haven't done that in a few years. We'll start at the parking lot for Ushers Park and walk along the southern shore. We'll check out the Charles Wood park and battlefield. Then head up along the western side to Shepards park and through the back streets to the start of the Prospect trail. Finally wind up at a coffee shop and then back to the cars. Just a little warm up and explore Lake George area outing. Call or email for more details the weekend before.

ADK HEADQUARTERS FALL WORKDAY - [Other]

Sat, Nov 11, 2017, 9:00 am, Rating: NR

Maureen Coutant - 518-745-7834, mojim@roadrunner.com

- Come join me to help get the ADK headquarters building set for the winter. Rake up leaves, take down the screens, cut back the plants, maybe do some staining if we have a nice day. There are also some indoor jobs and usually something for everyone including scones, cookies, pizza and other goodies! Stay an hour or until 2:00 when we normally wrap up! Many hands make light work! Thanks!

MONTHLY MONDAY GEOCACHE

Mon, Nov 13, 2017, time TBD, Rating: NR

Sarah King - 518-798-0615, scubakings@roadrunner.com

Colead: Mo Coutant - 518-745-7834 or mojim@roadrunner.com

- During the school year, we go out every month for a walk or hike with the purpose of finding geocaches that have been hidden lately. You don't have to know anything about geocaching to come. It's just another excuse to get out in the woods. Call or email a few days before to find out the plan!

TUESDAY OUTING - [Hike]

Tue, Nov 14, 2017, time TBD, Rating: B

Maureen Coutant - 518-745-7834, mojim@roadrunner.com

- This week we'll hike up Prospect Mtn...not the gazebo trail, but the unmarked trail from the Buck Mountain trailhead on the Lake. It's a bit longer and harder to follow, but it's always fun to explore new areas. Call or email the weekend before for more details.

AN ADIRONDACK PORTFOLIO. 1902-1935: THE HIKING STORIES AND PHOTOGRAPHS OF FRANCIS BAYLE PRESENTED BY BOB BAYLE - [Program]

Thu, Nov 16, 2017, 7:00 pm, Rating: NR

Sarah King - 518-798-0615, scubakings@roadrunner.com

- Meet author Bob Bayle for a book signing and conversation about his book, *An Adirondack Portfolio, 1902-1935: The Hiking Stories and Photographs of Francis Bayle*. The book features the stories and photographs of his father, Francis Bayle, who took hundreds of photographs of the Adirondacks throughout his life, providing a unique representation of what the area looked like in the early 20th century.

CHENEY COBBLE - [Bushwhack]

Sat, Nov 18, 2017, 6:00 am, Rating: A+

Nick Ringelberg - 518-522-6863, nickringelberg@yahoo.com

Colead: Jaye Boudier

- Located in the newly acquired Boreas Ponds Wilderness Area, at 3683 feet, Morrissey lists it as #74 of the top 100 in the Adirondacks and he says it has "really unique and awe inspiring views"! Previously only accessible over private land, we will approach via a 3 mile hike on the road to Boreas Ponds, followed by about 2.5 miles of old logging roads and then 2 miles of bushwhack. About 15 miles, 4 miles of it bushwhack; 2200 feet elevation gain.

TUESDAY OUTING - FTC - [Hike]

Tue, Nov 21, 2017, 8:00 am, Rating: NR

Maureen Coutant - 518-745-7834, mojim@roadrunner.com

- This will be a Fire Tower Challenge hike either in the Adirondacks or Catskills. Call or email the weekend before for details.

TURKEY TROT #19 SARATOGA BATTLEFIELD - [Hike]

Thu, Nov 23, 2017, 8:00 am, Rating: C+

Rich Crammond - 518-584-2380

- Once again, let's work up that old Holiday Hunger with approximately 4 to 5 miles of hiking in the Battlefield Park. Meet at the visitor's parking lot off Route 32, Stillwater. Dress for rain or snow. Happy Thanksgiving to all.

TUESDAY OUTING - [Walk]

Tue, Nov 28, 2017, 9:00 am, Rating: C

Maureen Coutant - 518-745-7834, mojim@roadrunner.com

- This week we'll head down to Saratoga and walk along the Bog Meadow trail along Route 29 heading out to Saratoga. This is a nice walk along an old railroad track that was converted to a trail. Call or email a couple days ahead for more details.

Bearproof Container Rental



Have everything packed and ready before you leave home!

• 8.8" dia. X 12" long, weight 2.7 lbs. Designed to slip into your backpack.

These bear-proof canisters are required in the Eastern High Peaks Zone and are important to use on any backcountry overnight adventure to any backpacking or canoe camping destination.

Rental Rates:

1-3 days \$5.00

4-7 days \$10.00

Call Jim Schneider 518-581-9367 to reserve your canister rental.

Rentals are available exclusively to ADK Glens Falls-Saratoga Chapter members.

Mount Marcy Madness (The JP & Joe show) Sat, Jun 3, 2017, JP Martin and Joe Babcock

- Cancelled as per DEC requests to keep off the trails 2500' and higher. Any interests in hiking Marcy can be redirected to the Grey, Skylight up and over the backside of Marcy hike we are offering on July 1st. Thanks. As an alternative, three of us set out on Little Crow, Big Crow and Nun-da-ga-o Ridge, also know as the Soda Range. The hike includes hiking up from Hurricane Road via the Red trail until the Blue trail to Little Crow splits off. Incredible views can be had along the way to Little Crow, where the three of us helped to re-build the fallen summit cairn. We continued to the col between Little Crow and Big Crow, performing trail maintenance along the way. Big Crow offered great views towards the Lower Range, Whiteface, Cascade, Porter and Pitchoff Mountains. We traveled down the front of Big Crow to the exit for Nun-da-ga-o Ridge. The ridge is a series of up and down hiking with many openings in the trees for the sights and buffets of cool wind. Eventually the traverse reaches Weston Mountain before sloping down the ridge of the mountain to Lost Pond and the two nicely renovated lean-tos. By and by, the team of 3 had cut and removed 14 trees during the course of our traverse - some as large as 15 inches across. A very nice day in the woods. Participants: Joe Babcock, Erica Halbrook, JP Martin.

Spring Bird Hike & Climb - Pack Forest, Warrensburg Sat, Jun 3, 2017, Rich Speidel

- It was sunny when we started in the parking area, which gave us good lighting to see a bluebird. The weather soon turned mostly cloudy, and a gusty northwest wind persisted throughout the day. The strong wind limited the bird activity, and made it more difficult to hear and see them. A variety of songbirds were heard nearby or up in the trees, but most stayed just out of sight. However, we had some partial views and enjoyed a clear vista from the overlook on Ben Wood Mountain. A big snapping turtle on a stump in Pack Forest Lake capped our day-long field trip, with 33 species of birds heard or seen. 7 participants: Jim Brown, Keri Coco, Heidi Kaufmann, Licia Mackey, Lori McCarron, Linda White, Rich Speidel.

Monday Monthly Geocache Wed, Jun 7, 2017, Sarah King and Mo Coutant

- We had a perfect day to walk the trails at Peebles Island. There were 9 geocaches to be found and we found them all, although one was particularly difficult. It involved a fake rock, but Steve spotted it. We were treated to several wildlife sightings, several deer, two eagles and a nest located on Goat Island across from Peebles, a blue heron, and lots of dogs walking their owners. The weather was perfect with a slight breeze. The trail was wet in a few spots but easy walking for the majority of it. We had homemade treats from both Licia AND Dorean. Thanks guys. We made a quick stop at Knickerbacker Park in Lansingburgh to look for 3 more caches. One was near a monument to the Troy Haymakers, a cool memorial to baseball history in Troy. Another great outing with some of my favorite caching partners. Participants: Sarah King, Mo Coutant, Licia Mackey, Dorean Page, Diane Demetriou, Steve Gray.

Tuesday Outing - Paddle Thu, Jun 8, 2017, Maureen Coutant

- This week we paddled out to Speaker Heck Island to check out the eagles nest and see if anyone was home. Unfortunately, we didn't see any eagles. But the water was calm and it was a beautiful day, so the eagles would really just have been icing on a very nice cake. Afterward, we returned to Eric's house and ate lunch overlooking the lake. Thanks as always to Eric for the use of his home and beach! Participants: Mo Coutant, Paul Dieter-

shagen, Mark Janey, Heidi Kaufmann, Eric Krantz, Licia Mackey, Andrew & Anne Paolano, Lynne Silverberg.

Mt. Adams Fire Tower Sat, Jun 10, 2017, Rich Crammond

- This was just a great day to be on an Adirondack trail. Low bugs, many wild flowers, and good hiking weather. The views from the tower cab of the high peaks were outstanding, also. Thanks to my hiking buds Jayne and Margarita for being on this outing. A few less bugs, but it still didn't get no better. Participants: Jayne Boudier, Margarita Mayo, Rich Crammond.

Tuesday Outing - FTC Wed, Jun 14, 2017, Maureen Coutant

- We hiked up Vanderwhacker Mountain this month as our Fire Tower Challenge hike. I couldn't remember if I'd done it or not, but once I was there I realized I wouldn't have forgotten that excellent view of the high peaks. The drive in along the dirt road wasn't too bad, but a few spots would be difficult with low clearance. The hike was pretty easy for the first half and then gets steeper once you get to the fire tower observers cabin. But it wasn't too steep or too long. The black flies also weren't too bad, but they did keep us from hanging around on top for too long. Great day out! Participants: Cindy Bishop, Mo Coutant, Sue Howard, Mike Marsh, Jim Zwynenberg.

Annual Swards Black Fly Blood Drive Sat, Jun 17, 2017, Wayne Richter and Mike Fuller

- It was a fine June day for the Swards and, after something of a slow start, the black flies did not disappoint. We headed up the Calkins Brook herd path, stopped to enjoy the views at Donaldson, and headed over to Emmons. For a change, we could eat lunch there without too much "company" from the black flies. We returned along the ridge, then dropped way down before making the ascent to Seward. As always the rock "staircase" on the way up, with its views to the north and east, was a highlight of the day. We spent some time on the lookout just before the summit, reached the top, and headed back to Calkins Brook. As we started down from the ridge, a bunch of white specks flew over to us. It was another generation of black fly elders. We heard them say. "Our grandparents told us about you when we were just larvae, but we thought it was only a myth. Thank you for helping to feed the next generation." And, of course, we'll be back. Participants: Joe Babcock, Jackie Bogardus, Mike Fuller, Anne Mania, JP Martin, Wayne Richter, Erin Roberts, Jim Zwynenberg.

Crehore Garnet Mine and OK Slip Falls Sat, Jun 17, 2017, Nick Ringelberg

- 5 of us explored the old Crehore Mine, the only underground garnet mine in the Adirondacks. Then we got our feet wet slogging up the 90 foot tunnel that was used for hauling garnet ore in mining carts to the refinery, now only a foundation to show its location. The full carts, partially covered with rubble, are still there at the end of the tunnel, almost 100 years after the mine was closed. From there we bushwhacked the back route to the OK Slip Falls, which was running at full volume due to the large amounts of rain recently. Scott Anderson, Jim Appleyard, Cathy Bunk, Jayne Boudier, and Nick Ringelberg.

Tuesday Outing - Paddle Tue, Jun 20, 2017, Maureen Coutant

- We revisited the Hudson, Battenkill, and Fish Creek for Mo's kayak outing. We were happy Ernie, Susan, and Trishia joined us ol' enthusiasts. As no attendant was manning the lock, we launched directly on the Hudson, from Hudson Crossing Park. We were whisked to the mouth of the Battenkill by a hefty current due to our recent rains. Fighting our way up the Battenkill

Trip Reviews

was a challenge, but worth the fun of playing in the eddys and rapids. Joy and Mark chatted about the upper Battenkill sections we should explore. We're all in. Steve flushed out a few Mergansers but the resident Eagle was a no-show. We had an easy float back to the Hudson, around the island and up Fish Creek. Ernie spotted a turtle sunning on a log. Great Blue Herons were busy fishing. Wow, was the falls roaring. Joy got a little wet playing below it. Returning to and heading up the Hudson past our launch, we skirted the east shore of Hudson Crossing Park. Upon our return, some lingered to enjoy a picnic supper at the park. Participants: Susan Nowik, Ernie Paquin, Tricia Lockwood, Joy Munro, Steve and Licia Mackey (thanks to Licia and Steve for filling in for Mo!).

Highway to the Sky - Wolf Jaws via Bennies Brook Slide Sat, Jun 24, 2017, Wayne Richter and Akane Suzuki

- We had a glorious day for a fun trip up the slide. Following a delay that worked out well because it allowed the rain to end and the slide to dry, we had an enjoyable walk up the road from Keane Valley, the Garden lot having filled before our arrival. Although we had hoped to cross Johns Brook and take the Southside Trail to the slide, heavy rain in the preceding days ruled that possibility out without even trying. Instead, we took the safe route over the suspension bridge near the interior outpost and got a view of the roaring stream from above. By the time we reached the Bennies Brook slide, the sun was out and we had enough dry rock for a safe passage up the slide. Where it was wet, the rock tended to be slick, so we took it slowly and carefully. This was no problem because the views got better and better as we got higher, encouraging us to stop, linger and look around. We also saw some interesting plunges and pools as the water made its way down the slide. We had lunch near the top of the slide, took the short herd path to the W. A. White Trail, and soon found ourselves on top of Lower Wolf Jaw. It was then down to the Notch and up to Upper Wolf Jaw. After some quality time on the summit, we descended back to the Notch and returned by the trail that runs along Wolfjaw Brook. We had no shortage of mud for the day! Thanks to Akane for co-leading. Participants: Joe Babcock, Jayne Boudier, Morgan Hanaway, Wayne Richter, Erin Roberts, Mark Seymour, Akane Suzuki, Dave White.

Chestertown Challenge Pick Two Sat, Jun 24, 2017, Reg Prouty

- We picked three of the Chesterton Challenge hikes instead of two. We did Kipp first, which has the best views of Loon Lake. We followed with Stewart, which is short but has good views of part of Loon Lake, then the Caroline Fish Trails, which come out in the Dynamite Hill Ski Center on the south end. All these trails are well maintained and well marked so are easy to follow. A good day was had by all 8 participants and a few stayed longer to do some geo-caching. Reg Prouty, Nathan June, Nao Nozawa, Steve and Licia Mackey, Gerri Sherry, and Wayne and Sharon Atwell.

Santanoni, Couch, and Panther Sat, Jul 8, 2017, Mike Fuller

- With rain in the forecast, I had a few cancel, but the only rain that showed up was at the parking lot and at Couch. We did a reverse from last year, because of last year's flash flood that turned the ankle deep crossing to a waist deep, and did Santanoni first. Even with muddy conditions and limited views, all the hikers we met were still smiling. We did finally see the sun at Panther where we did our muddy boot shot at the benchmark. The sun stayed with us on our way back. Congrats to Ann and Tony on adding these three peaks to their 46 quest. Participants: Ann 'Poncho Girl' Mania, Jim Zwynenburg, Dave White,

Mark Seymour, Tony Musgrave, Mike Fuller.

Hanging Spear Falls Sat, Jul 8, 2017, Nick Ringelberg

- Thunderstorm and torrential rain warnings coupled with high water and the high water bridge out on Calamity Brook forced a change to the Allen Mountain trail to the Flowed Lands. Only three die hard souls tramped up the muddy trail through the rain to view a nicely flowing Hanging Spear Falls. Three-fourths of the way there, Steve became distracted with trail maintenance, so he dropped back to work on trail improvement (desperately needed water bars!). Participants: Jayne Boudier, Steve Mackey, Nick Ringelberg.

Tuesday Outing - Paddle Tue, Jul 11, 2017, Maureen Coutant

- This week we paddled into the very beginning of Northwest Bay on Lake George. Just after entering the main bay, we headed to shore and found the trail that takes you out to Montcalm Point. We only walked for a little while, but it was nice to stretch our legs and backs! Then we headed back and ate lunch and cooled off in the lake. The water felt great. On the way into the bay we saw a loon in the channel and on the way out we saw one on a nest which we decided was one of the highlights of the trip. We finished the day with a trip to the Stewarts in Bolton to work on our "Ice Cream Challenge" - trying all the seasonal flavors after an ADK outing. Participants: Mo Coutant, Mark Janey, Sarah King, Mary Knutson, Licia Mackey, Anne Paolano, Eilene & John Schneider.

Lake Bonita and Lake Ann Loop-Moreau Lake State Park Sat, Jul 15, 2017, Reg Prouty

- Trip was not an official hike due to lack of participants.

Rainbow Lake Sat, Jul 15, 2017, Jayne Boudier

- Sun dissipated early morning overcast, and our favorite camp spot was open. We bantered lively around the camp fire a good bit of the time. Late Saturday night 2 participants qualified for my GOOF list. This was Mary Boucher's first canoe/camp trip. Sunday was beautiful. We stopped at Loon Lake, the Six Nations Indian Museum, and Donnelly's ice cream on the way back. Great time! Participants: Ray & Mary Boucher, Chrysi & Stacy, Jayne Boudier.

Tuesday Outing - FTC Tue, Jul 18, 2017, Maureen Coutant

- We've done all the Fire Towers close to home, so we now have to travel a bit to get some new ones! We saved these (Stillwater & Bald) to do now so we could wind up at Kathi's camp on Fourth Lake afterwards and cool off. Stillwater Fire Tower is on a dirt road after coming out of Eagle Bay...the first part is paved. They were actually working on the road making it wider, but it was in good shape and didn't slow us down like I was expecting. The hike was very easy and short. It's a tall tower with a great view and stickers for those who get there. Very friendly. Then we were off to Bald Mountain. This trail is also pretty short and very accessible...so that equals packed with people. All kinds...of preparedness for hiking! I saw one person in slip-on sandals and understood why there are almost weekly DEC incident reports about helping people with lower leg injuries on this mountain. It does have some tricky spots to navigate in sandals. The view was very nice and Kathi was able to identify all the lakes for us. Then we followed our GPSs to a geocache that brought us to the balancing rock near the summit. After the hikes, those of us who didn't have to get home for other activities headed over to Kathi's camp and relaxed on the dock and cooled off in the lake. What a great day out! Participants: Sue Atwell, Mo Coutant, Sarah King, Licia Mackey, Kathi Noble, John, Steve and Dee.

Shelving Rock Loop hike & Log Bay swim Sun, Jul 23, 2017, Jayne Boudier

- We had a great day! Participants: Jayne Boudier, Ray Boucher, and Rich Myette.

Tuesday Outing - Paddle Tue, Jul 25, 2017, Maureen Coutant

- This week we paddled along the Spier Falls section of the Hudson River. It was a perfect night with the temps cooling off to the low 70s, water like glass, and enough clouds to keep the sun out of our eyes. We were treated to a fish jumping out of the water as we were gathering around after launching our boats. It was so close I think I might have screamed since it startled me! Later a beaver slapped his tail and dove under, but some of us saw him again later. We were lucky to have Laurie Williams along since she is always full of info about the area. She pointed out the tupelo trees, the spot where one of the bays connects back to the river, where to look out for rocks, and many other points of interest. I was also thrilled to have Charlotte on the trip while she is visiting the area after moving away a couple of years ago! Great to catch up and remember prior adventures! Participants: Mo Coutant, Julie Leonelli, Cory Rinella, Charlotte Smith, and Laurie Williams.

Wright, Algonquin and Iroquois Sat, Jul 29, 2017, Wayne Richter and Brian Coville

- This was - without exaggeration - one of the finest days I've experienced in the Adirondacks. Even the colors, from the different greens of the trees to the alpine grasses and sedges rippling in the breezes, seemed particularly vibrant. Whether this was because all the rain has made the vegetation lush, the air was unusually clear for summer, or we were just so enthralled by the day is hard to say, but it was undeniable. A few days of, what for this summer has been anomalously rain-free weather, even gave us gratifyingly little mud on the trails. Our first peak of the day was Wright, where we met and chatted with old (and for some of us, new) friends, summit stewards Alison Lauren and Jon Lauren. The next stop was Algonquin where we had lunch and steward Troy showed us some interesting plants. Iroquois completed the trio, and we even had some summit time with just the six of us. We went back over Algonquin, not lingering too long this time because the day was advancing. We returned before dark, even with many enjoyable hours on the summits. Thanks to Brian for co-leading. Participants: Brian Coville, Colleen Downing, Nicole Durocher Beaulne, Scot Jacoby, Helen Hokula, Emily Litwin, Wayne Richter.

Severance Hill (Neal Andrews Memorial Hike) Sat, Jul 29, 2017, Rich Crammond

- This was a fine day for this outing. Nice weather, great views, Indian pipes, hiking with son Rich, and other good company while remembering Neal on his birthday along the way. A great July day in the 'dacks, with low bugs, except for a few deer flies (eeks). I guess the Off worked good! Thanks to all my hiking buds for sharing this day in the mountains. Participants: Julie Pratt, Peter Bishop, Jeff Levitt, Richard Elvis Crammond, Rich Crammond.



Education update

As our summer ends, so do the varied experiences enjoyed by those we sponsored for the DEC and ADK camperships. That means we will soon be looking for more applications for the 2018 summer programs at Pack Forest, Camp Colby and on the selected trails of ADK stewardship. Applications can be downloaded from the Education link on our webpage. It's never too early to apply as all applications must be in by year's end! Look forward to hearing from you!



Sign Up

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to call may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! **PLEASE** be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others' plans. **Trips WILL BE CANCELLED if minimums are not met**, thereby affecting all parties. For safety, the MINI MUM number for Outings is: 3 people, including the leader (4 in winter). Panera Bread is the meeting spot unless otherwise noted in the trip description. Be there and ready to depart at the posted time (directions below).

Meeting Place Information - Panera Bread

Northway Plaza, 820 Route 9, Queensbury, NY 761-6957/3
 -From **NORTHWAY (I-87)** Take Exit 19 and go east on **AVIATION / QUAKER Road**. Follow 0.5 miles to **ROUTE 9/GLEN STREET**. Turn North (LEFT) onto **ROUTE 9**, then right at the light into the **NORTHWAY PLAZA**. Then take a left at the four-way stop, and park in front of Panera Bread.

Travel Information/Car Pools

We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it's helpful to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

Participation Guidelines

Leaders are responsible to evaluate interested parties' fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions. *Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. **For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip.**

Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (and recently and are in good shape as necessary for that outing.)** *An ADK Liability Waiver must be provided by the Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors. *No Pets allowed on outings except where designated in the description.

Dogs

Participants in Chapter outings will be allowed to bring their dogs on outings in the following circumstances: (1) the outing has been designated by the outing leader as a "dog outing" and which has been publicized as such; or (2) the outing leader may bring his/her dog, that has not been designated as a "dog outing," if the notice of the outing discloses that the leader will be doing so. All dogs on Chapter outings will be kept on a leash at all times.

Hiking Needs/Preparation/Equipment

Bring trail food and plenty of water on ALL hikes! *Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. — please do not wear 100% cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don't trust the forecast or the sky based on the start of the day. Be prepared!

Ratings

Rating	Effort Level	Elevation Gain (feet)	Miles	Time (hours)
A+	Very Strenuous	4,000+	10+	10+
A	Strenuous	3,000+	8-12	8-10
B+	Moderately Strenuous	2,000+	5-10	6-8
B	Moderate	1,000+	5-8	5-6
C+	Fairly Easy	1,000+	5-8	4-6
C	Easy	Under 1,000	Under 5	Under 5

*Descriptions are only typical and can vary.

Special Winter Needs

In addition to the preparation/equipment mentioned above, winter requires some EXTRA planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants can expect to bring Snow Shoes and Crampons. Bring lots of Water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with Emergency Clothing. Bring an extra wool/polypro hat, mittens and socks. Vented Shell pants, jackets and mittens are commonly used with warm layers beneath.

Become an Outings Leader

Ask any Chapter Leader for details. Offer to Co-lead to get the experience! We're always looking for new leaders to help share the fun while filling in the calendar. New faces offer more varied outings while sharing personal favorite destinations. Contact the Outings Chair on page 2 for more information.

Programs and Meeting Directions

Chapter Programs and Meetings are held monthly, alternating facilities between Glens Falls and Saratoga Springs. Brief directions are below. More detailed information and maps can be found on the Chapter Web page: www.adk-gfs.org

Wesley Health Care Center

131 Lawrence Street, Saratoga Springs, NY 12866, 587-3600.

From the South: Route 9 North.

LEFT onto CHURCH STREET. RIGHT onto LAWRENCE. • *From the North:* EXIT 15 off of the Northway. RIGHT onto ROUTE 50 South. Continue onto VAN DAM STREET, RIGHT onto LAWRENCE STREET.

Glens Falls Crandall Library Corner of Glen and South Streets Holden Room (2nd floor of library).

From Exit 18, Broad into South to Glen Street.

Lake George ADK Headquarters:

EXIT 21 of the Northway. Turn WEST onto ROUTE 9N South. ADK is on the LEFT.

Saratoga Springs Public Library:

Henry Street., Saratoga Springs, NY 12866, 584-7860.

From Northway (I-87), Take Exit 14 onto Route 9P North (Union Avenue). Proceed 1.5 miles, past three traffic lights to T-junction, RIGHT onto CIRCULAR STREET to the first, traffic light. LEFT onto SPRING STREET for

two blocks., RIGHT onto Putnam Street for 1.5 blocks. (There is public parking here also!) The library parking lot is on the right. There is a two-hour parking limit.

• From Route 9 and Route 50

Route 9 and Route 50 converge to become the main street (Broadway) in downtown Saratoga Springs. Follow in to downtown, up to the main street. Turn onto SPRING STREET (right from South/left from North) at the corner of Congress Park. LEFT on the first street onto Putnam. Parking as described above.



Chepontuc Footnotes
 Glens Falls - Saratoga Chapter
 Adirondack Mountain Club
 P.O. Box 2314 Glens Falls, New York 12801

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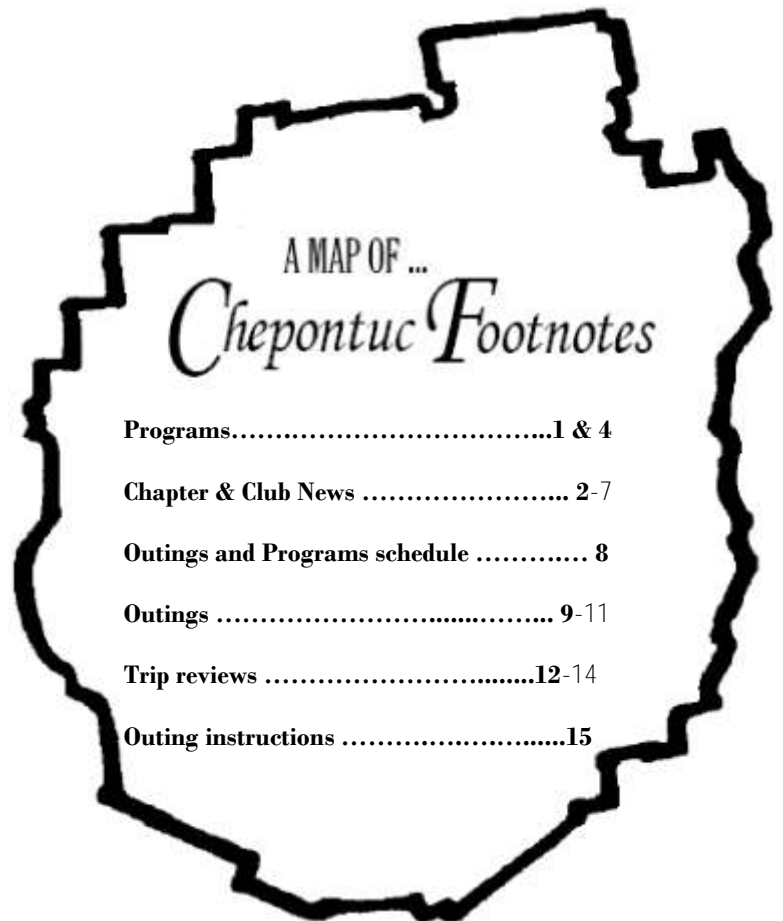
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Are you moving?

If you are moving you may call Headquarters at 668-4447. The Chapter receives all its mailing labels and membership lists from the Club.

Therefore, any change of address need NOT be sent to the Chapter - one call to the Club is all you need!



Reminder: Please include your e-mail address when renewing membership!