



Chepontuc Footnotes

chepontuc — "Hard place to cross," Inqois reference to Glens Falls

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB



Join us this Presidents Day!
 The Banff Mountain Film Festival
 World Tour
 SUNY Adirondack
 Theater in the Humanities Bldg
Monday, February 19th at 7p.m.

For tickets (\$15 advance/\$20 door, if not sold out) and information go to:
www.adk-gfs.org or
www.facebook.com/ADKGFs or
Email: vicechair@adk-gfs.org

The ADK Glens Falls-Saratoga Chapter is so excited to be bringing these films to the Glens Falls/Queensbury area! Please stop by and thank our local sponsors: Fountain Square Outfitters, Rocksport, the law firm of Meyers & Fuller, SUNY Adirondack Adventure Sports Club, Cool Insuring, and Advantage Press for the tickets.

The Banff Mountain Film Festival screenings feature the world's best mountain sport, culture and environmental films, letting you experience the thrill and challenges of the mountain environments that inspire us all. The World Tour features an exhilarating and provocative collection of films that explore the mountain world, highlighting new landscapes and remote cultures, and exposes audiences to exciting adventures and adrenaline-packed sports.

For tour info: @BanffMtnFest Facebook: BanffMountainFilmFestival#banffworldtour

Join fellow ADKers when the Banff Mountain Film Festival World Tour brings the spirit of outdoor adventure to the Theater in the Humanities ing, SUNY Adirondack at 7 p.m. on Monday, February 19, 2018

We hope to sell out, so get your tickets today!

Chapter Chair Report ~ by Kathi Noble



For my first newsletter I would like to introduce myself and tell **you why I'm involved in the Adirondack Mountain Club. I live in Lake George with my husband, Tim. We moved here in 1986 and raised 2 children here who are now adults. I retired from teaching elementary special education in 2014 after 34 years. I am very fortunate to have spent all my summers, since I was 5 years old in Old Forge. I believe this is where I learned to love the outdoors and appreciate all it has to offer. I became involved with the club first as a member then as the Fire Tower Challenge (FTC) correspondent in 2011. Being the FTC correspondent has been very enjoyable and rewarding. I get to read hiking journals that tell of great adventures and I also get to send completers their hard earned patches. I want to continue to be involved in the club to help others learn to love and appreciate all the Adirondacks have to offer. It is important to me that people are educated on staying safe and on leaving no trace behind whether they are hiking, biking, walking, paddling, camping or whatever they might be doing. I hope to meet and see many of you out on the trails and lakes.**

The Chapter would like to thank all the members of the Executive Committee who served during 2017 for all their volunteer hours on behalf of the Glens Falls–Saratoga Chapter ADK. We are so lucky to have such talented and dedicated individuals involved in our organization. Additional thanks to all the trip leaders and other volunteers who make the Chapter so strong. Please contact us if you'd like to lend a hand.

CONTACT US www.adk-gfs.org

facebook.com/ADKGFS and Young Member Group: facebook.com/SaratogaYMG

Executive Committee Officers:

Chapter Chair Kathi Noble
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518-796-4053 vicechair@adk-gfs.org
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Non Voting Volunteers :

Annual Dinner Coordinator
Anne Paolano
518-798-3055 annualdinner@adk-gfs.org
Alternate Directors: Peter Benoit

Programs ~ by Sarah King

A Whirlwind tour of a few National Parks and landmarks

Presented by Maureen and Jim Coutant

Wednesday January 17th, 7 PM at Crandall Library in Glens Falls



Maureen and Jim Coutant took a vacation inspired by some of the National Park programs put on over the years by **John Schneider, Dan D'Angelico, or the Mackey's**. Join us to see the highlights of some impressive National Parks & Forests including Red Rocks, Death Valley, Sequoia, Yosemite, John Muir and more. Plus, other landmarks along the way.



See next page for information on the February Program

2016 marked the 50th anniversary of the National Historic Preservation Act. This program is a general introduction to understanding the importance of preserving our nation's built environment. Using illustrations from all over the eastern seaboard and from the Adirondack region, it explores the many reasons that individuals, businesses, non-profit organizations and governments are increasingly involved in promoting historic preservation, because preserving architecture adds beauty to our lives, connect us to our past, fosters community and national identity, contributes to community revitalization, helps to conserve energy, and is part of how we manage change and growth in an increasingly chaotic world. Irresistible, right?

The Irresistibility of Historic Preservation

Presented by Steven Engelhart

Wed March 14, 7 pm

Saratoga Public Library

Programs ~ by Sarah King

7,000 Miles to a Wilderness Ethic: A Transformation After One Year on the Pacific Crest Trail, Te Araroa, and the Appalachian Trail

Presented by Tyler Socash

Wednesday, Feb. 21, 2018 at 7 p.m. Saratoga Springs Public Library

Bob Marshall once wrote, "It's a great thing these days to leave civilization for a while and return to nature." A native Adirondacker and current Outdoor Skills Coordinator for the Adirondack Mountain Club, Tyler Socash, fully embodied Bob's sentiments.

After 28 years of outdoor recreation inside the Adirondack Park, Socash went beyond the Blue Line to complete a yearlong trek across the Pacific Crest Trail, New Zealand's Te Araroa, and the heralded Appalachian Trail. It's a lively tale, 7,000 miles in the making, of mountaintop euphoria, unexpected trail magic, encounters with long-distance legends, heartbreak and renewal. This grand adventure into the wilderness inspired Socash to help defend the wildest remaining places in New York's Forest Preserve, namely, the newly purchased Boreas Ponds Tract. If you've ever imagined completing a thru-hike someday, this is the presentation to attend! The intricacies of thru-hiking will be discussed, but be forewarned that the photographs and the entertaining retelling of the quest may spark your own wanderlust sooner than expected.

Tyler Socash grew up in Old Forge, NY. Annual family camping trips on Alger Island and numerous hikes up Bald Mountain helped him develop an everlasting connection with the Adirondack Park. After high school he completed both his bachelor's degree and master's degree at the University of Rochester. He currently resides in Keene, NY, returning to work in outdoor education with the Adirondack Mountain Club.



NY VOTING RESULTS ON PROPOSITIONS

Proposition 1 – Constitutional Convention - A big win for ADK and many other organizations. On November 7th, voters rejected the constitutional convention proposition. The ADK opposed the proposition stating it would weaken or detrimentally modify the “Forever Wild” protection under Article XIV of the NY Constitution. The next vote on the constitutional convention is due in 2037.

Proposition 3 – Forest Preserve Land Bank Amendment – Approved by voters and ADK, this proposition creates a forest preserve land bank of 250 acres for qualifying local projects in the Adirondack Park. Municipalities can use the land bank when there is no viable alternative to use forest preserve land for roads, wells, or other amenities. The proposal also allows bike paths, trails, and certain public utilities within the width of highways cutting across forest preserve.

PRIMITIVE TENT SITES IN ADIRONDACK PARK

The Adirondack Park Agency and New York State Department of Environmental Conservation are jointly seeking public comments for the proposed *Draft Best Management Practices for Design and Layout of Primitive Tent Sites in the Adirondack Forest Preserve*. The guidance pertains to primitive tent sites, defined as no more than three tents with a pit privy and fire ring, outside of NYSDEC campgrounds. The guidance would provide standards for constructing, operating, and maintaining primitive tent sites. The public comment period will end on January 22, 2018. Please contact ADK or visit their website (www.adk.org) for the club’s position on the proposed guidance. More information can be found on NYSDEC’s website <http://www.dec.ny.gov/lands/111867.html>

Education News ~ by Linda Ranado

Deadline for Summer campership applications for DEC's Camp Colby and Pack Forest and ADK's Teen Trails has been **extended to January 6th!**

We are looking for campers interested in:

The Lake Colby Environmental Education Camp, for youth aged 11 to 13, is located on the western shore of Lake Colby, just outside the Village of Saranac Lake.

Pack Forest, just north of Warrensburg, offers camp sessions for both teens 14 to 17 years old and youth in the 11 to 13 age range.

ADK’s Teen Trail five day projects are geared towards high school students 14 to 17.

Application forms for all of these sponsorships may be downloaded from

<http://adk-gfs.org/education.php>

When completed, send to: Linda Ranado: 18 Pine Ridge Road, Hadley, NY 12835

Phone: 518-696-7265 Email: education@adk-gfs.org

Membership Update

~by Pat Desbiens

NEW MEMBERS - SEPTEMBER 2017

Anne Marie Aubin, Ballston Spa
Tom Barkhuff, Clifton Park
Joe & Patricia Biondo, Albany
Douglas Conlan, Clifton Park
Brian Correll, Saratoga Springs
Kelly & Dana Davis, Farmington, New York
Michael Dinneen, Ballston Spa
Bernard Fabry, Saratoga Springs
Susan Gallo, Saratoga Springs
Jon Hoek, Saratoga Springs
Jeff Kahabka & Mary Beth D'aloia-Kahabka, Mechanicville
Anne Kaye, Saratoga Springs
Beth, Glen & Fritz Knecht, Cambridge
Paul Mende, Warrensburg
Flint Moger, Queensbury
Mike Moreland, Lebanon, New Jersey
Ethan Robertson, Altamont
Dan Rutledge, Saratoga Springs
Joshua Ryan, Glens Falls
Eric, Ethan, Evan & Elliot Sabatella, Saratoga Springs
Katharine Shiffert, Saratoga Springs
Joan Shults, Linden, North Carolina
Patrick Smotzer, Brooklyn, New York
Bob, Emily, Alison & Heather Stern, Ballston Spa
Lee Whitcher, Rexford

REJOINED MEMBERS - SEPTEMBER 2017

Barbara, Douglas, William, Cheyenne, Justin & Tawnya Arnold, Corinth
Jill & Tom Cunningham, Ticonderoga
Melissa, Calea, Neala Flanagan, Saratoga Springs
John, Jeanette, Sean & Chris Grasing, Mechanicville
Will Groff, Ballston Spa
Robert Ireton, Queensbury
Deborah Karl, Adirondack
Anna, Ben, Ava & Evan Knapp, Saratoga Springs
David Morton, Burnt Hills
Ted Peltier, Ballston Lake
Keith Powell, Corinth
Donna & Kurt Ruppel, Argyle

NEW MEMBERS - OCTOBER 2017

Carl Avent, Queensbury
John Beisler, Saratoga Springs
Suzanne Benedetti, Hudson Falls
Bobby Flike, Stillwater
Francine Fredette, Glenmont
Sheldon Ganz, Great Neck, New York
Robert Johnson, Ballston Spa
Kim Kealy, Gansevoort
Ruth Laskin, Tim and Zeb Johnson, Hampton
Mark & Trace McGrath, Erin & Emmitt Connolly, Warrensburg
Paul McPhillips, Lake George
Stephanie, Sam & Lucy Mencimer & Erik Wemple, Washington, D.C.
Suzanne & Rebecca Nealon, Glens Falls
Tim Northrup, Glens Falls
David, Judy & Max Pawlick, Gansevoort
Jessica Ryle & Andrew Petrie, Glens Falls
Meganne, John, Ryan & Jillian Skerchak, Nazareth, Pennsylvania
Richard Starace & Kathryn Henry-Starace, Greenfield Center
Michael Woodhouse & Holly Young, Westport, Massachusetts

REJOINED MEMBERS - OCTOBER 2017

John, Mary & Brandon Batch, Selkirk
Raymond Boucher, Glens Falls
Paul & Laura Chisari, Queensbury
Mark Dailey, Saratoga Springs
Terry Decorah, Gansevoort
Dana Devenpeck, Ballston Lake
Brian, Dawn, Alexander & Natalie Howk, Gansevoort
Peter & Peg Jasinski, Queensbury
JP Martin, Amsterdam
David Munyan, Saratoga Springs
Scott, Kim & Carl Sopczyk, Glens Falls

Thank you for joining or renewing! Don't forget to check out our website at www.adk-gfs.org for up to date outings and events, membership information, Fire Tower information, program details, photo gallery from trips, and links to other outdoor information.

Fire Tower Challenge ~by Kathi Noble

The winter hiking season is upon us!

Don't forget that a winter rocker can be earned by hiking the tower trails from December 21st to March 21st.

Remember to be prepared for winter conditions and be safe!

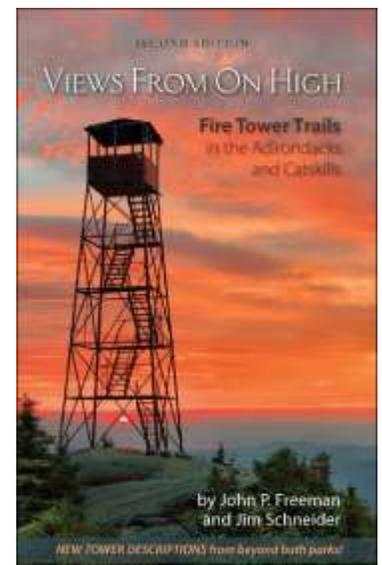


Congratulations for completing the Adirondack Mountain Club Fire Tower Challenge:

Richard E. Cronk, Jr.	Montgomery, NY	Andrew Puckey	Whitesboro, NY
Jeffery A. Levitt	Albany, NY	Kristine Puckey	Whitesboro, NY
Matthew T. Armstrong	Plattsburgh, NY	Jay Whitbourne	Rochester, NY
Kevin B. Hube	Voorheesville, NY	Heidi Roland	Lake Placid, NY
Lee Lamparski	Lake Placid, NY	John Devine	Hudson Falls, NY
Arthur W. Parmer III	Utica, NY	Donald P. Pagani	Putnam Valley, NY
Catherine Loomis	Utica, NY	Eric Marguerite	Franklin, MA
Matthew Aldi	Broadalbin, NY	Gary Earl	Weedsport, NY
John D. Nye	Patterson, NY	Theresa Earl	Weedsport, NY
Jennefer Ledore	Plattsburgh, NY	Cheryl A. Blask	Herkimer, NY
Jeffery E. Oliveri	Binghamton, NY	Christiane Mulvihill	Troy, NY
Luanne Vallese	Binghamton, NY	Brandi Paige	Massena, NY
Devin Cool	Frankfort, NY	Janet Bliss	Lake Placid, NY
Thomas F. Mercadante	Latham, NY	Amy Hait	Guilderland, NY
Denise A. Koskey	Schenectady, NY	Lauren Stemetzki	Guilderland, NY
Kevin Webb	Schoharie, NY	Jeff Quell	Rensselaer, NY
Beth Webb	Schoharie, NY	Alissa VanZutphen	Delmar, NY
Kyle L. Rivett	Troy, NY		

Did you know the long anticipated revised *Views from on High* is available? Get it now and plan how you're going to complete our Chapter sponsored Adirondack Mtn Club Fire Tower Challenge!

It is available in softcover for \$14.95 (\$11.96 members) at book and outdoor supply stores, at ADK stores in Lake George and Lake Placid, through mail order by calling (800) 395-8080, and online at ADK.org.



Outings Detail

Date	Day	Type	Destination	Leader(s)	Rating
January 2018					
1	Mon	Hike/Snowshoe	Annual New Years Day Hike	Reg Prouty, Bob Aspholm	B
2	Tue	Walk/Ski/Snowshoe	Tuesday Outing	Maureen Coutant	NR
3	Wed	Meeting	Executive Committee Meeting	John Caffrey	NR
6	Sat	Hike/Snowshoe	Cliff and Redfield	Wayne Richter, Mike Fuller	A+
8	Mon	Geocache	Monthly Monday Geocache	Sarah King, Mo Countant	NR
9	Tue	Walk/Hike/Ski	Tuesday Outing	Maureen Coutant	NR
13	Sat	Bushwack	TR Mountain	Nick Ringelberg, Jayne Boudier	A+
13	Sat	Ski	Ski Pack Forest	Bill Schwarz	B
16	Tue	Hike/Snowshoe	Tuesday Outing - FTC	Maureen Coutant	NR
17	Wed	Program	A whirlwind tour of a few Ntl Parks and landmarks	Sarah King	NR
20	Sat	Walk/Ski/Snowshoe	Pryamid & Gothics	Steve Mackey	A+
23	Tue	Walk/Ski/Snowshoe	Tuesday Outing	Maureen Coutant	NR
27	Sat	Hike/Snowshoe	Hudson Crossing / New Year Outing	Rich Crammond	C
30	Tue	Walk/Ski/Snowshoe	Tuesday Outing	Maureen Coutant	NR
February 2018					
3	Sat	Ski	Ski Wilton Preserve--NOT the Scout Camp	Bill Schwarz	B
4	Sun	Ski	Pine Pond Trail	Steve Mackey	A-
5	Mon	Geocache	Monthly Monday Geocache	Sarah King, Mo Countant	NR
6	Tue	Walk	Tuesday Outing	Maureen Coutant	C
10	Sat	Bushwack	Hoffman Mountain	Jayne Boudier	A
10	Sat	Hike/Snowshoe	Colden in the Cold	Joe Babcock, Akane Suzuki	A
10	Sat	Hike/Snowshoe	Mount Jo and Heart Lake Valentine Hike	Reg Prouty	C
11	Sun	Ski	Ski Siamese Ponds Road	Bill Schwarz	B+
13	Tue	Hike/Snowshoe	Tuesday Outing	Maureen Coutant	B+
17	Sat	Bushwack	Niagra Mtn.	Jayne Boudier	A
19	Mon	Program	Banff Mountain Film Festival	Maureen Coutant	NR
21	Wed	Program	7,000 Miles to a Wilderness Ethic: A Transformation After One Year on the Pacific Crest Trail, Te Araroa, and the Appalachian Trail Presented by Tyler Socash	Sarah King	NR
24	Sat	Hike/Snowshoe	Trailless Dixes	Wayne Richter, Mike Fuller	A+
27	Tue	Other	Tuesday Outing	Maureen Coutant	NR
March 2018					
3	Sat	Bushwack	Lost Pond Peak	Jayne Boudier	A
4	Sun	Ski	Boreas Ponds	Steve Mackey	A+
5	Mon	Geocache	Monday Monthly Geocache	Sarah King, Mo Countant	NR
6	Tue	Walk/Ski/Snowshoe	Tuesday Outing	Maureen Coutant	NR
7	Wed	Meeting	Executive Committee Meeting	John Caffry	NR
10	Sat	Bushwack	Cheney Cobble	Nick Ringelberg, Jayne Boudier	A+
10	Sat	Hike/Snowshoe	Blue Mountain Fire Tower	Amanda Gomez	B
13	Tue	Hike	Tuesday Outing	Maureen Coutant	B
14	Wed	Program	"The Irresistibility of Historic Preservation", presented by Steven Engelhart.	Sarah King	NR
17	Sat	Ski	Bog Hollow Ski	Reg Prouty	C
18	Sun	Bushwack	3410ft	Jayne Boudier	A
20	Tue	Walk/Hike	Tuesday Outing	Maureen Coutant	NR
27	Tue	Hike	Tuesday Outing	Maureen Coutant	NR

ANNUAL NEW YEARS DAY HIKE

Mon, Jan 1, 2018, 9:00 am, Rating: B
 Reg Prouty - 518-747-9736, reginaldprouty@gmail.com
 Colead: Bob Aspholm - 518-683-4970 or pine4422@yahoo.com
 - Destination and exact description will be announced later but will probably be somewhere in the Lake George area. So call Reg or Bob in December and help us ring in the new year the healthy way with good mountain club friends. Bob and I have decided we will do Hadley Mountain for New Year 2018, a B hike about 4 miles round trip with 1526 feet of elevation change to the 2675 foot summit.

TUESDAY OUTING - [Walk/Ski/Snowshoe]

Tue, Jan 2, 2018, time TBD, Rating: NR
 Maureen Coutant - 518-745-7834, mojom@roadrunner.com
 - This outing will all depend on the conditions. We'll ski, snowshoe, or walk in the Wilton Wildlife Preserve depending on how much snow we have.

EXECUTIVE COMMITTEE MEETING

Wed, Jan 3, 2018, 7:00 pm, Rating: NR
 John Caffrey - chapterchair@adk-gfs.org
 - Location - Crandall Library

CLIFF AND REDFIELD - [Hike/Snowshoe]

Sat, Jan 6, 2018, 5:00 am, Rating: A+
 Wayne Richter - 518-893-7895, wrichter@nycap.rr.com
 Colead: Mike Fuller - 802-254-3314
 or farmallboy55@hotmail.com
 - Our primary goal will be Cliff, with Redfield added if time and conditions allow. If Flowed Lands is frozen, we'll go in from Upper Works and make the spectacular crossing over the ice. If not, we'll go from Adirondack Loj via Lake Arnold. We'll determine the route shortly before the hike, depending on conditions. All contacts and sign ups to Wayne.

MONTHLY MONDAY GEOCACHE

Mon, Jan 8, 2018, time TBD, Rating: NR
 Sarah King - 518-798-0615, scubakings@roadrunner.com
 Colead: Mo Coutant - 518-745-7834 or mojom@roadrunner.com
 - During the school year, we go out every month for a walk or hike with the purpose of finding geocaches that have been hidden lately. You don't have to know anything about geocaching to come. It's just another excuse to get out in the woods. Call or email a few days before to find out the plan!

TUESDAY OUTING - [Walk/Hike/Ski]

Tue, Jan 9, 2018, time TBD, Rating: NR
 Maureen Coutant - 518-745-7834, mojom@roadrunner.com
 - See Tuesday Jan 30th

TR MOUNTAIN - [Bushwhack]

Sat, Jan 13, 2018, 6:00 am, Rating: A+
 Nick Ringelberg - 518-522-6863, nickringelberg@yahoo.com
 Colead: Jayne Boudier
 - Named for Teddy Roosevelt, this is a short winter hike to a #61 of the Adirondack 100 Highest. Morrissey suggests climbing it in the winter to get a better view, so that's what we will do! 4 miles and 1600 feet of elevation gain on the trail towards Marcy, then take a right and bushwhack 1/4 mile with another 400 feet of gain. Views of Colden. About 6 hours and we will be out in the daylight!

SKI PACK FOREST

Sat, Jan 13, 2018, 8:00 am, Rating: B
 Bill Schwarz - 518-307-6091, bschwarz@nycap.rr.com
 - Let's hope for some early-season snowfall, or we'll be hiking - it's happened before. These are not groomed trails - we may be the

ones breaking trail - so no beginners! We'll ski 6 or so miles, maybe going around the lake. Bring lunch and water. This a a SUNY demonstration forest just north of Warrensburg with some climbs and descents on the routes.

TUESDAY OUTING - FTC - [Hike/Snowshoe]

Tue, Jan 16, 2018, time TBD, Rating: NR
 Maureen Coutant - 518-745-7834, mojom@roadrunner.com
 - This will be a Fire Tower Challenge hike either in the Adirondacks or Catskills. Call or email the weekend before for details.

A WHIRLWIND TOUR OF A FEW NTL PARKS AND LANDMARKS - [Program]

Wed, Jan 17, 2018, 7:00 pm, Rating: NR
 Sarah King - 518-798-0615, scubakings@roadrunner.com
 - This program will be at Crandall Library in Glens Falls. Come join us on a whirlwind tour of a few National Parks including Red Rocks, Sequoia, and Yosemite as well a few smaller parks and other landmarks we could fit in during 2 weeks.

PRYAMID & GOTHICS - [Walk/Ski/Snowshoe]

Sat, Jan 20, 2018, 6:30 am, Rating: A+
 Steve Mackey - 518-793-6484, smackey33@verizon.net
 - I've led this several of the past few winters. It is my favorite winter hike. We will ski down the Ausable Road and then switch to snowshoes for the climb. The ski in is gently uphill, so the real fun is on the way out. The upper part of Pyramid is very steep. It is not scary, but it is hard. Last year we used those little plastic sleds on the steep descent, and had a wild ride. The winter views from both Pyramid and Gothics are spectacular. Every year I get a few people that want to go, and they don't ski. You are welcome to come; we will wait for you on the way out.

TUESDAY OUTING - [Walk/Ski/Snowshoe]

Tue, Jan 23, 2018, time TBD, Rating: NR
 Maureen Coutant - 518-745-7834, mojom@roadrunner.com
 - If the conditions allow, we'll cross country ski along the Ausable Club Road or into Camp Santanoni. Call or email for info as it gets closer.

HUDSON CROSSING / NEW YEAR OUTING - [Hike/Snowshoe]

Sat, Jan 27, 2018, 9:00 am, Rating: C
 Rich Crammond - 518-584-2380
 - Just a nice little outing by the Hudson River. Around two miles of hiking or snowshoeing up to Eagle Point and back to the Schuylerville Lock 5 area. Bring your field glasses and warm clothes. If there's eagles in the area, old Eagle Eye Rich will spot them! Meeting place: Hudson Crossing parking lot (Lock 5), Schuylerville.

TUESDAY OUTING - [Walk/Ski/Snowshoe]

Tue, Jan 30, 2018, time TBD, Rating: NR
 Maureen Coutant - 518-745-7834, mojom@roadrunner.com
 - This outing will depend on the conditions. We'll ski, snowshoe, or walk within an hour of Glens Falls depending on how much snow we have.

SKI WILTON PRESERVE--NOT THE SCOUT CAMP

Sat, Feb 3, 2018, 8:00 am, Rating: B
 Bill Schwarz - 518-307-6091, bschwarz@nycap.rr.com
 - Wilton Preserve consists of 4 properties, and we'll visit two others besides the best-known scout camp area. Fox Tract and the Edie Road trails are excellent for ungroomed skiing--but that means no beginners! We'll ski about 4 hours, so bring water and snacks. Lack of snow may cancel, or make this a hike (it's happened before).

PINE POND TRAIL - [Ski]

Sun, Feb 4, 2018, 7:00 am, Rating: A-
 Steve Mackey - 518-793-6484, smackey33@verizon.net
 - I was thinking of leading something different, so I got out some Adirondack Explorers to see what sounded interesting. In the Nov/Dec 2015 issue they wrote about "The old road to Oseetah." It is a little south of Lake Placid and Saranac Lake. It involves spotting a car, but it looks like it wouldn't involve too much extra driving. The trail is around 9 miles and fairly gentle. The article said, "This can be a reasonable outing even for a novice skier in good shape. The terrain is mellow, and most people will find the downhill fun rather than scary. As a bonus, there is much more downhill than uphill." So far, every winter I have planned this, when the day rolls around the conditions are not conducive. If we have bad skiing this year, we will snowshoe Scarface instead.

MONTHLY MONDAY GEOCACHE

Mon, Feb 5, 2018, time TBD, Rating: NR
 Sarah King - 518-798-0615, scubakings@roadrunner.com
 Colead: Mo Coutant - 518-745-7834 or Mojim@roadrunner.com
 - During the school year, we go out every month for a walk or hike with the purpose of finding geocaches that have been hidden lately. You don't have to know anything about geocaching to come. It's just another excuse to get out in the woods. Call or email a few days before to find out the plan!

TUESDAY OUTING - [Walk]

Tue, Feb 6, 2018, time TBD, Rating: C
 Maureen Coutant - 518-745-7834, mojim@roadrunner.com
 - This will be a short and easy trip since there is a geocache trip on Monday that I hope to go on. Depending on the conditions, we'll walk or snowshoe something without too much elevation.

HOFFMAN MOUNTAIN - [Bushwhack]

Sat, Feb 10, 2018, 6:00 am, Rating: A
 Jayne Boudier - 518-636-3352, jayneboudier@gmail.com
 - From Big Pond we'll head north up a hardwood ridge (with views east) toward Hoffman's thick, viewless summit. But, a few minutes farther on is a peek through the trees at Elk Lake and the High Peaks. 11 miles (8 trail-less), 2,500 foot ascent, at a steady pace.

COLDEN IN THE COLD - [Hike/Snowshoe]

Sat, Feb 10, 2018, 5:00 am, Rating: A
 Joe Babcock - 518-791-9395, jababcock19@gmail.com
 Colead: Akane Suzuki - 518-999-9999 or akaneadk@gmail.com
 - We will meet at Panera at 5 am and head up to the HPIC parking area to start this hike. I always enjoy hiking this mountain and it is a nice winter climb. Come prepared for the weather and I look forward to a great day in the park.

MOUNT JO AND HEART LAKE VALENTINE HIKE

Sat, Feb 10, 2018, 9:00 am, Rating: C
 Reg Prouty - 518-747-9736, reginaldprouty@gmail.com
 - This little mountain overlooking Heart Lake is only 2.3 miles round trip and 700 feet of elevation gain. It has very good views of many of the high peaks.

SKI SIAMESE PONDS ROAD

Sun, Feb 11, 2018, 8:00 am, Rating: B+
 Bill Schwarz - 518-307-6091, bschwarz@nycap.rr.com
 - Since the Bothenation Loop lost its bridge, that trail is problematic--so we'll ski the Old Farm road as far as we like, and maybe check out some of the side trails too. We may be breaking trail--this is ungroomed--so no beginners! Bring water and lunch. Distance: 6 to 8 relatively flat miles with some water crossings. Poor snow conditions may mean going to nearby Garnet Hill ski center,

which charges a fee.

TUESDAY OUTING - [Hike/Snowshoe]

Tue, Feb 13, 2018, time TBD, Rating: B+
 Maureen Coutant - 518-745-7834, mojim@roadrunner.com
 - This week we'll try to do a Fire Tower Challenge hike (snowshoe). We will probably go down to the Catskills since Kathi needs some of those to finish off her winter FTC! So unless the driving is bad, that's the plan. Call or email as it gets closer to find out which Fire Tower we'll be visiting.

NIAGRA MTN. - [Bushwhack]

Sat, Feb 17, 2018, 7:00 am, Rating: A
 Jayne Boudier - 518-636-3352, jayneboudier@gmail.com
 - This one lives in North Hudson, and has views of Hoffman, Sunrise, Macomb, and nearby Camel's Hump. Approximately 7 miles (including 3 1/2 miles of bushwhacking) and 2100 feet ascent, at a moderate pace. From Walker Brook.

BANFF MOUNTAIN FILM FESTIVAL - [Program]

Mon, Feb 19, 2018, 7:00 pm, Rating: NR
 Maureen Coutant - 745-7834, mojim@roadrunner.com
 - The Glens Falls Chapter of ADK with the SUNY Adirondack Outings Club is hosting The Banff Mountain Film Festival at SUNY Adirondack on Presidents Day. If you haven't been...you don't know what you're missing! If you have been in the past, you've probably already gotten your ticket. See ad in newsletter and get your ticket today or it might be sold out! Please stop in and thank our local sponsors mentioned in the ad!

For ticket information:

or visit adk-gfs.org



"7,000 MILES TO A WILDERNESS ETHIC: A TRANSFORMATION AFTER ONE YEAR ON THE PACIFIC CREST TRAIL, TE ARAROA, AND THE APPALACHIAN TRAIL" PRESENTED BY TYLER SOCASH - [Program]

Wed, Feb 21, 2018, 7:00 pm, Rating: NR
 Sarah King - 518-798-0615, scubakings@roadrunner.com
 - Program to be held at Saratoga Springs Public Library. After 28 years of outdoor recreation inside the Adirondack Park, Socash went beyond the Blue Line to complete a yearlong trek across the Pacific Crest Trail, New Zealand's Te Araroa, and the heralded Appalachian Trail. It's a lively tale, 7,000 miles in the making, of mountaintop euphoria, unexpected trail magic, encounters with long-distance legends, heartbreak and renewal. This grand adventure into the wilderness inspired Socash to help defend the wildest remaining places in New York's Forest Preserve, namely, the newly purchased Boreas Ponds Tract. If you've ever imagined completing a thru-hike someday, this is the presentation to attend! The intricacies of thru-hiking will be discussed, but be forewarned that the photographs and the entertaining retelling of the quest may spark your own wanderlust sooner than expected...

TRAILLESS DIXES - [Hike/Snowshoe]

Sat, Feb 24, 2018, 5:00 am, Rating: A+
 Wayne Richter - 518-893-7895, wrichter@nycap.rr.com
 Colead: Mike Fuller - 802-254-331 or farmallboy55@hotmail.com
 - We'll begin with the two mile walk in from the winter parking lot. Our likely ascent will be by the Macomb slide to the summit. Our

next peak will be South Dix. From there, it will be out to Grace and back. Hough is only a possibility, as it will depend on conditions, timing and how the group feels. All contacts and sign ups to Wayne.

TUESDAY OUTING - [Other]

Tue, Feb 27, 2018, time TBD, Rating: NR
 Maureen Coutant - 518-745-7834, mojim@roadrunner.com
 - So this week I thought I'd do something different and schedule an ice skating outing. Hopefully, there will be an outdoor rink available then. If not, we can head to the free Open Skate at the Glens Falls Rec Center behind the Y. Afterwards, we'll find a spot to have a warm beverage!

LOST POND PEAK - [Bushwack]

Sat, Mar 3, 2018, 6:00 am, Rating: A
 Jayne Boudier - 518-636-3352, jayneboudier@gmail.com
 - From Scott Clearing Lean-to, Indian Pass. 10 miles, 1700 feet ascent.

BOREAS PONDS - [Ski]

Sun, Mar 4, 2018, 7:00 am, Rating: A+
 Steve Mackey - 518-793-6484, smackey33@verizon.net
 - I planned this trip last winter, and the conditions weren't good so I canceled. We will try it again and keep our fingers crossed. If the conditions aren't good for skiing I might try to bike in, with my fat bike. The road in is fairly gentle. It does have some hills, but they shouldn't be difficult. I'm not sure how far they will plow, so this is either a 6-7 mile round trip, or a 12-13 mile round trip. If the inner parking area is open, we might need four wheel or all wheel drive vehicles to get there safely. We also might have to break trail, but I'm guessing this will be a popular destination, and it will already be broken. We should be able to ski around the lakes a bit, if the ice is safe, so that will be a nice bonus. The views of the Great Range from the ponds are outstanding.

MONDAY MONTHLY GEOCACHE

Mon, Mar 5, 2018, time TBD, Rating: NR
 Sarah King - 518-798-0615, scubakings@roadrunner.com
 Colead: Mo Coutant - 518-745-7834 or mojim@roadrunner.com
 - During the school year, we go out every month for a walk or hike with the purpose of finding geocaches that have been hidden lately. You don't have to know anything about geocaching to come. It's just another excuse to get out in the woods. Call or email a few days before to find out the plan!

TUESDAY OUTING - [Walk/Ski/Snowshoe]

Tue, Mar 6, 2018, time TBD, Rating: NR
 Maureen Coutant - 518-745-7834, mojim@roadrunner.com
 - This week we'll try to hike one of the mountains surrounding Lake George with microspikes? snowshoes? or just boots? You never know what we'll need this time of year! Call or email as it gets closer.

EXECUTIVE COMMITTEE MEETING

Wed, Mar 7, 2018, 7:00 pm, Rating: NR
 John Caffry - 999-9999, chapterchair@adk-gfs.org
 - Location - Crandall Library

CHENEY COBBLE - [Bushwack]

Sat, Mar 10, 2018, 5:00 am, Rating: A+
 Nick Ringelberg - 518-522-6863, nickringelberg@yahoo.com
 Colead: Jayne Boudier
 - Located in the newly acquired Boreas Ponds Wilderness Area, at 3683 feet Morrissey lists it as #74 of the top 100 in the Adirondacks and he says it has "really unique and awe inspiring views!" Previously only accessible over private land, we will approach

from Tahawus about 4 miles on the Allen Trail, then about 2 miles on logging roads in the newly purchased state land, then about a 1.5 mile bushwhack. About 15 miles, 3 miles of it bushwhack; 2200 feet elevation gain.

BLUE MOUNTAIN FIRE TOWER - [Hike/Snowshoe]

Sat, Mar 10, 2018, time TBD, Rating: B
 Amanda Gomez - 518-526-8932, hurricanes706@yahoo.com
 - As apart of the Fire Tower Challenge, Blue Mountain fire tower is a 4.0 mile round trip that is an excellent snowshoe climb with great views of multiple lakes including Raquette Lake and a part of Long Lake. A few of the High Peaks are also visible to the northeast. Bring warm clothing as the summit may be windy and wear appropriate winter clothing. (Please bring micro spikes as well.) We are sure to be treated to some fabulous views! So breath deep that fresh mountain air! Carpooling encouraged.

TUESDAY OUTING - [Hike]

Tue, Mar 13, 2018, time TBD, Rating: B
 Maureen Coutant - 518-745-7834, mojim@roadrunner.com
 - This week we'll try to do another Fire Tower Challenge hike in the Catskills for anyone working on the winter challenge. Still another week or so left to have them count as winter! Call or email for more details as it gets closer.

"THE IRRESISTIBILITY OF HISTORIC PRESERVATION", PRESENTED BY STEVEN ENGELHART. - [Program]

Wed, Mar 14, 2018, 7:00 pm, Rating: NR
 Sarah King - 518-798-0615, scubakings@roadrunner.com
 - 2016 marked the 50th anniversary of the National Historic Preservation Act. This program is a general introduction to understanding the importance of preserving our nation's built environment. Using illustrations from all over the eastern seaboard and from the Adirondack region, it explores the many reasons that individuals, businesses, non-profit organizations and governments are increasingly involved in promoting historic preservation, because preserving architecture adds beauty to our lives, connect us to our past, fosters community and national identity, contributes to community revitalization, helps to conserve energy, and is part of how we manage change and growth in an increasingly chaotic world. Irresistible, right?

BOG HOLLOW SKI

Sat, Mar 17, 2018, 9:30 am, Rating: C
 Reg Prouty - 518-747-9736, reginaldprouty@gmail.com
 - This old railroad bed would make a nice easy 4 mile round trip cross-country ski just east of Saratoga Springs on Route 29. So wear some green and join us for some level skiing.

3410FT - [Bushwack]

Sun, Mar 18, 2018, 7:00 am, Rating: A
 Jayne Boudier - 518-636-3352, jayneboudier@gmail.com
 - 3410 lives about a mile southeast of Macomb Mountain and has great views! Approximately 9 miles (including 3 miles of bushwacking) and 3300 feet ascent. From WMB, North Hudson.

TUESDAY OUTING - [Walk/Hike]

Tue, Mar 20, 2018, time TBD, Rating: NR
 Maureen Coutant - 518-745-7834, mojim@roadrunner.com
 - This is the bad weather day if last week's FTC hike didn't happen. But if it did, then we'll be doing a walk somewhere in the Glens Falls or Saratoga area. Call or email the weekend before for info.

TUESDAY OUTING - [Hike]

Tue, Mar 27, 2018, time TBD, Rating: NR
 Maureen Coutant - 518-745-7834, mojom@roadrunner.com
 - This week we'll be doing a hike at Moreau

Monday Monthly Geocache Mon, Oct 2, 2017, Sarah King and Mo Coutant

- We had a beautiful day for what I term our "Planes, Trains and Automobiles" geocaching tour. Although our main goal was to hit Belfry Mountain and Crown Point State Park to find the geocaches there, geocaching brings you to unique and interesting spots you might not otherwise visit. Among our stops this day was a local air field used by local flying clubs (planes), a 1946 caboose (trains), a local cemetery where we saw Johnny Podres's gravestone, the famous Champ Sightings sign in Port Henry, Foot's Diner, also in Port Henry (not for eating but to find the cache outside), "Mineville", the site of a mining operation by the Witherbee-Sherman Co., and of course the great history and scenic beauty of Crown Point. We also had fun identifying fossils at one cache sign and giant puff balls at another. We lunched at the picnic tables, used the bathrooms and generally had a great time finding 16 caches as we toured the area. Participants: Sarah King, Mo Coutant, Licia Mackey, Todd Earl, Dorean Page.

North River Mountain Sat, Oct 7, 2017, Nick Ringelberg and Jayne Boudier

- Bikes saved us 6 miles of walking - to the "No Bicycles" sign, and back. Fall foliage brightened the overcast - the trek up muddy logging roads, brooks, and past ancient trees was beautiful! The 6/10 mile from COL was thick! Blowdown taller than us, new growth growing through it, a desolate area that looked like it had been bombed... Kept going. Climbed into a down cloud and out the other side. The summit was there - abrupt, tiny, and steep - and we are very happy to be here! Even got a few pictures. Wacked down an easier way, walked woods, crossed brooks, followed old roads, and got to the bikes at dusk. Not everyone gets to visit North River Mountain! Great Group! Great Day! Participants: Jayne Boudier, Joe Babcock, John Hallock, Tim Huneck, Liz Rovers, and Nick Ringelberg.

Crane Mountain Loop Sat, Oct 7, 2017, Reg Prouty

- The hike up the mountain was enjoyable, as was the descent to the pond. The descent out from the pond to return was more steep and slippery, so we had to be very careful. I think this is one that might have better rated as a B+ due to the steep second half of the loop. It might actually be easier on snowshoes. A good day was had by the 10 hikers, though. Reg Prouty, Justina Danison, Joanne Walczak, Ann Bentzen, Wendy Hayner, Laura Fiske, James Jordan, Julie Pratt, and Mary Jordan.

Tuesday paddle Tue, Oct 10, 2017, Maureen Coutant

- This week we paddled a section of the Schroon River just above the dam before the river empties into the Hudson and up to the rapids in Warrensburg. It's a pretty section of the river with a few backwaters to explore. An eagle flew over just after we got in our boats, which was a nice start to the trip. Anne grabbed the wrong paddle and wound up with two "male" sides, so she used 1/2 her kayak paddle like she was in a canoe. We all took turns doing this and it turned out not to be too bad. Afterwards we headed to the fish hatchery along the Hudson for lunch and checked out the variety of fish getting ready to be stocked next spring. Participants: Annemarie Carberry, Mo Coutant, James Jordan, Mary Knutson, Joy Muller-McCoola, Rich Myette, Anne Paolano.

Boreas Mountain Bushwhack Sat, Oct 14, 2017, Rich Crammond and Jayne Boudier

- What more could us ADKers ask for! No rain, no bugs, no views from the summit, and a tough bushwhack in some spots. Maybe a little more level ground. Highlights of this outing were: Dan in the front of the group, leading all of the time. (The leaders got bushwhacked!) Thanks again Dan. Also seeing a shed moose antler along the route was neat stuff for sure. Thanks to all for sharing this outing in the 'Dacks. Participants: Dan NicPonski, Patrick Reilly, Rich Elton, Jayne Boudier, Rich Crammond.

Folded Rock Trail, Cambridge Sat, Oct 14, 2017, Bill Schwarz

- This is a surprising 800-foot climb in 2.6 miles to a view over the Battenkill valley northeast of Cambridge. Seven climbers made it to the overlook in good time, including several who were testing their uphill stamina. Small stones (scree) made for an interesting descent, but everyone completed the tour. Cathy remembered that she worked on the trail ten years ago! Participants: Cathy Fleming, Carolyn Jaskot, Lucy Manning, Gerri Sherry, Mary Ward, Tim Ward, Bill Schwarz.

Monthly Fire Tower Challenge hike Tue, Oct 17, 2017, Maureen Coutant

- This month we took a long drive up to the Tupper Lake area to do a short hike up Mt. Arab for my monthly Fire Tower Challenge hike. The colors weren't as brilliant as prior years in October, but it was still a beautiful drive. This hike is just over 2 miles round trip and less than 1000 feet of elevation gain, so it's an easy hike. The cabin on top was closed up but you could tell the Friends group has done a wonderful job maintaining it and the tower. There's a triad challenge up there to hike 2 other mountains and get a patch, but we couldn't take the time to add those into our day. So, maybe we'll be back another time to finish up that challenge! Participants: Mo Coutant, Leo Demers, Sarah King, Mary Knutson, Barb Tomko.

Indian Pass Summit Rock & Scramble Sat, Oct 21, 2017, Jayne Boudier

- Hadn't been here in a while, and forgotten how knock down beautiful it is. From Summit Rock, Wallface took up the whole view, with rock climbers shouting back and forth for entertainment. We stayed there for 1 1/2 hours. Great day, great group! Participants: Jayne Boudier, Donna Jeffrey, Eric Sabatella, Klaus Sommerlatte.

MONDAY Paddle Mon, Oct 23, 2017, Maureen Coutant

- We squeezed in one last trip on Lake George before the rain moved in the next day. The wind had already moved in a little bit which stirred up some waves, but not big enough to come into the boats. It did cause us to adjust our route, though. We headed up to Green Harbor before turning around and paddling into the wind. This gave us a good workout as we paddled down and around Elizabeth Island and then it was an easy trip back riding the waves. Afterwards, we had lunch on Eric's deck overlooking the lake! Great way to end the paddling season. Thanks Eric and everyone who joined me on a trip this summer. Participants: Mo Coutant, Carmelita DeCicco, Paul Dietershagen, Shelly Ingram, Mark Janey, Eric Krantz, Joy Muller-McCoola, Anne Paolano, Laurie Williams.

Trip Reviews

Shelving Rock Mountain and Falls Loop Sat, Oct 28, 2017, Reg Prouty

- It was a beautiful fall day for our Shelving Rock Mountain ascent. We enjoyed the excellent views from the mountain and then headed down the road for the visit to Shelving Rock Falls for lunch and pictures. We completed the south to north loop, coming out just north of our parking spot. 10 hikers: Reg Prouty, Karen Darfler, Laura Fiske, Wayne Atwell, Sharon Atwell, Linda Davern, Christina Bombard, Ted Lerd, Jim Brown, and Nathan June.



Hoffman Mountain Sun, Oct 29, 2017, Jayne Boudier - rain cancelled

Tuesday Outing Tue, Nov 7, 2017, Maureen Coutant

- We started out with an easy 4 mile walk around Lake George for our first Tuesday outing of the season. I usually avoid the village in the summer, so it was a great time to go explore. We shared our group knowledge of the area and I think everyone learned something. We started at Ushers Park on the east side of the lake just north of \$1M beach, which was a new spot for some. Then we saw the new layout at Million \$ beach and continued along the walkway on the south end of the beach. Along there, I pointed out the remains of the Ticonderoga, which is now the fireworks barge. The Ti was the largest boat on the Lake before the Lac du Saint Sacrement replaced it. Then we got to the new canoe sculpture (covered for winter) and a rock with a commemorative plaque to honor Gwenne's mom for being the first person to swim the length of the lake. We also stopped at the "echo spot" and the beginning of the Prospect trail/walkway over the Northway, and walked along the new parks near the Charles Woods festival space. We saw some historical buildings along the way and wound up at Caffe Vero for drinks and food. Great first outing! Hope you can join us for one this winter! Participants: Rich Bennett, Jim Brown, Nancy Burke, Mo Coutant, Dee Demetriou, John Devine, Steve Gray, Mary Knutson, Eric Krantz, Lee & Mary Loose, Wayne MacFarlan, Licia Mackey, Gwenne Rippon, Bill Schwarz.

Goodnow The Great! Sat, Nov 11, 2017, Joe Babcock

- We started out around 10 degrees, the coldest start for this season. The cold temps were a good thing, as we found out when we came to a part of the lower trail to Goodnow that would have been muddy if it had not been frozen. Most of us were warming up nicely by the time we were half way up to the sum-

mit. The views were great along the trail and from the fire tower. We enjoyed pointing out the high peaks. We quickly snapped pictures since the breeze was cold up in the tower. Had a nice hike back to the parking lot and headed to the Interpretive Center for a break. We were lucky to catch a group heading out from the center when we arrived. I was not aware that the center is closed for November and December. We then headed out to Great Camp Santanoni. It had warmed up to the teens, and with the sun shining most of the time, it was a good day to be out in the park. The walk into the Camp was easy and everyone enjoyed exploring the farm that is 1 mile in. From there we made our way down the road, enjoying the wooded landscape, with bridges and streams. As we approached the camp we could make out what turned out to be Santanoni Peak off to our left. When we arrived to the views of Newcomb Lake, I knew we would be at the Great Camp soon. Everyone enjoyed exploring the camp, both the buildings and the lake shore. The ice was just starting to build up along the shore of the lake and made for some great photo ops. We had lunch on the porch, and then explored the boat house before we made our way back to the parking lot. We spent time checking out the Gate Lodge and then headed home. Great Day out with six hikers: Sharon Charbonneau, Wayne Richter, Mark Seymour, David White, Jim Zwynenberg and Joe Babcock.

ADK Headquarters Fall workday Sat, Nov 11, 2017, Maureen Coutant

- Thank you, thank you, thank you! We got a ton done quickly due to everyone showing up on this chilly Saturday! Can't thank you enough! Participants: Peter Benoit, Jayne Boudier, Jim & Mo Coutant, Brian Coville, Paul Gregg, Mark Janey & Shelly, Bruce Katz, Mary Knutson, Lee Loose, Licia & Steve Mackey, Stan Stoklosa, Barb Tomko & Bill Wasilowski, plus Sarah at ADK for taking care of us!

Vanderwacker Sun, Nov 12, 2017, Steve Mackey

- I went to quite a bit of trouble to get our pickup truck from work, so we would be able to drive in on the rough road. Unfortunately, when Sunday morning rolled around, the truck didn't want to start (it started right up when I got home). Luckily Neal brought his pickup, and was able to drive all of us in. He graciously volunteered to sit in the back and had a wild ride trying to hold on to the bouncing truck and bouncing dog. There was ice in the trail as we got up high and we all put on microspikes. The sun came out as we got near the top and we had wonderful warm sunshine and beautiful clear views. Since Vanderwacker has a fire tower and you can get above the trees, the view is excellent in every direction. On the way down Colleen caught her microspikes in the mud a couple of times and did some acrobatics. Participants: Laura Fiske, Colleen Downing, Joanne Walczak, Kara Sullivan, Neal Van Dorsten, Karen Burka, Steve Mackey.

Monthly Monday Geocache Mon, Nov 13, 2017, Sarah King and Mo Coutant

- Our destination today was Overlook Mountain, a 4.8 mile round trip up a steep gravel road to a fire tower. In addition, there is the Karma Triyana Dharmachakra Tibetan Buddhist Monastery across from the parking lot, 7 geocaches on the way up, and a cool old abandoned hotel about a half a mile from the summit. We left Queensbury about 8:30 am and made the 2 hour drive south to Overlook. It was an overcast day with temps in the mid 40s. There were patches of ice on the trail but nothing requiring grippers. The first 5 caches were fairly easy finds. Number 6 was located at the old Overlook Mountain Hotel. This

is the 3rd group of buildings on this site on Overlook Mountain. The first 2 caught fire, so this one was built of concrete. The structures were never finished and the project was abandoned in 1928. Portions of the resort were still "under construction" in 1939 and the property was eventually sold to New York State in 1940. This cache was a very challenging hide. We even had Todd climbing trees to get a better look into the many crevices around the building. We spent a lot of time looking for the elusive cache, which was "9 feet up in the NE corner." We never did locate it but had a great time looking around the buildings. We lunched at a picnic table near the fire tower and then climbed it to see the view, which we all agreed wasn't as good as the one from the scenic overlook nearby. The 7th cache we skipped as it involved a very steep descent from the top. We all decided that November was the perfect time for this outing as the rattlesnakes were asleep and the snow had not yet arrived. The road up to the mountain was very steep and probably wouldn't be fun covered in ice. Another great outing and fire tower crossed off our list! Participants: Sarah King, Mo Coutant, Todd Earl, Laurie Williams.



Tuesday Outing Tue, Nov 14, 2017, Maureen Coutant
 - This week we took the unmarked trail up Pilot Knob Mtn and at times lost the trail and bushwhacked around for a while. The trail is a bit hard to follow in the best of conditions. But with the leaves down, a dusting of snow in places, and the barricade of sticks removed that should have blocked the wrong routes, we spent a bit of time using our navigating skills! "Are we still on the trail?" was a frequent thought even after we found the trail again after wondering around for awhile. Luckily, we were an adventurous group and we all enjoyed the amazing views from the clearing and a bit higher at the false summit. It's really one of the best views of the lake. Participants: Jayne Boudier, Mo Coutant, Carolyn Curren, Leo Demers, Barbara Drake, Pamela Fetcho, Bob Glandon, Ralph Keating, Margie Litwin, Rich Myette, Joy Munro, Reg Prouty.

Cheney Cobble Sat, Nov 18, 2017, Nick Ringelberg and Jayne Boudier
 - Threatening rainy, icy conditions forced us to reschedule to March 10, 2018.

Tuesday Outing - FTC Tue, Nov 21, 2017, Maureen Coutant
 - This week we did a walk along the Rush Pond trail in Queensbury since I was too swamped with Thanksgiving Day preparations to get away for a Fire Tower Hike! It seemed as if it was just the ticket for lots of folks since we had 18 people on the walk. Great to get a little exercise and fresh air before getting back to cleaning and cooking! Nice to see everyone. Participants: Jim & Mo Coutant, John Devine, Barbara Drake, Bob Glandon, Sarah King, Eric Krantz, Leland & Mary Loose, Licia Mackey, Wayne McFarran, Joy Muller-McCoola, Joy & Mark Munro, Bill Schwarz, Joanne Szot, Barb Tomko, Bill Wasilauski.

Turkey Trot #19 Saratoga Battlefield Thu, Nov 23, 2017, Rich Crammond
 - Such a nice outing this was. We saw lots of deer and a black squirrel. You can't beat that! Hiking with our own chapter outings man Wayne Richter, one great guy! Thanks for sharing this great day in the park also. It just didn't get no better. Participants: Kim Wood, Bill Schwarz, Kim Kealy, Wayne Richter, Sheri Shevy, James Brown, Molly Bederian, Steve Bederian, Kathy Horn, L. Whalen, Chrissy Bombard, Rich Crammond.

Barton High Cliffs Sun, Nov 26, 2017, Jayne Boudier
 - On a partly sunny/very windy day - we did the loop! Got views from the cliff tops, and got to look up at them from below. Great day! Great group! Participants: Jayne Boudier, Kim Brown, Carolyn Jasket, Jeff Levit, and Tim & Mary Ward.

Tuesday Outing Tue, Nov 28, 2017, Maureen Coutant
 - Although it was a chilly day in the upper 20s or low 30s, that didn't stop many people who apparently wanted to work off the Thanksgiving overeating! We had one of the biggest crowds for any of my trips! Good thing it was on the Bog Meadow Trail in Saratoga that can handle the parade of participants. The group spread out and we all saw each other when the front group reached the end after 2 miles and passed the others as they headed back. We stopped along the bridges to enjoy the views, but not for too long as the breeze made it feel even chillier. Good to see so many out enjoying the fresh air! Participants: Doug Auer, Jim Brown, Nancy Burke, Mo Coutant, Brian Crouth, Leo Demers, John Devine, Paul Gregg, Diane Hurtt, Charles & Sandra Iden, Sarah King, Mary Knutson, Eric Krantz, Lee & Mary Loose, Licia & Steve Mackey, Liz Mulshine, Joy & Mark Munro, Reg Prouty, Kathleen & Kip Rivers, Joanne Szot, Laurie Williams

See the Chapter photo gallery for trip photos
www.adk-gfs.org
 Trip leaders and participants: Remember to send in your photos to webmaster@adk-gfs.org for the gallery. (This is where the newsletter editor finds most of the pictures to include in this publication) Thank You!

Chapter snowshoe rentals

Snowshoes are at ADK Member Services in Lake George. Call 668-4447 for reservations and hours. We have 2 prs of men's MSR Denali snowshoes, 2 prs of women's Tubbs' snowshoes, & 2 prs of Children's Tubbs' snowshoes.

Chapter Members:	\$10/weekday \$15/weekend
Non-Members:	\$13/weekday \$18/weekend

Sign Up

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to call may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! **PLEASE** be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others' plans. **Trips WILL BE CANCELLED if minimums are not met**, thereby affecting all parties. For safety, the MINI MUM number for Outings is: 3 people, including the leader (4 in winter). Panera Bread is the meeting spot unless otherwise noted in the trip description. Be there and ready to depart at the posted time (directions below).

Meeting Place Information - Panera Bread

Northway Plaza, 820 Route 9, Queensbury, NY 761-6957/3
 • From NORTHWAY (I-87) Take Exit 19 and go east on AVIATION / QUAKER Road. Follow 0.5 miles to ROUTE 9/GLEN STREET. Turn North (LEFT) onto ROUTE 9, then right at the light into the NORTHWAY PLAZA. Then take a left at the four-way stop, and park in front of Panera Bread.

Travel Information/Car Pools

We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it's helpful to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

Participation Guidelines

Leaders are responsible to evaluate interested parties' fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions. *Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. **For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip.** Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (and recently and are in good shape as necessary for that outing.)** *An ADK Liability Waiver must be provided by the Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors. *No Pets allowed on outings except where designated in the description.

Dogs

Participants in Chapter outings will be allowed to bring their dogs on

outings in the following circumstances: (1) the outing has been designated by the outing leader as a "dog outing" and which has been publicized as such; or (2) the outing leader may bring his/her dog, that has not been designated as a "dog outing," if the notice of the outing discloses that the leader will be doing so. All dogs on Chapter outings will be kept on a leash at all times.

Hiking Needs/Preparation/Equipment

Bring trail food and plenty of water on ALL hikes! *Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. — please do not wear 100% cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don't trust the forecast or the sky based on the start of the day. Be prepared!

Ratings

Special Winter Needs

In addition to the preparation/equipment mentioned above, winter requires some EXTRA planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants can expect to bring Snow Shoes and Crampons. Bring lots of Water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with Emergency Clothing. Bring an extra wool/polypro hat, mittens and socks. Vented Shell pants, jackets and mittens are commonly used with warm layers beneath.

Rating	Effort Level	Elevation Gain (feet)	Miles	Time (hours)
A+	Very Strenuous	4,000+	10+	10+
A	Strenuous	3,000+	8-12	8-10
B+	Moderately Strenuous	2,000+	5-10	6-8
B	Moderate	1,000+	5-8	5-6
C+	Fairly Easy	1,000+	5-8	4-6
C	Easy	Under 1,000	Under 5	Under 5

*Descriptions are only typical and can vary.

Become an Outings Leader

Ask any Chapter Leader for details. Offer to Co-lead to get the experience! We're always looking for new leaders to help share the fun while filling in the calendar. New faces offer more varied outings while sharing personal favorite destinations. Contact the Outings Chairs on page 2 for more information.

Programs and Meeting Directions

Chapter Programs and Meetings are held monthly, alternating facilities between Glens Falls and Saratoga Springs. Brief directions are below. More detailed information and maps can be found on the Chapter Web page: www.adk-gfs.org

Wesley Health Care Center

131 Lawrence Street, Saratoga Springs, NY 12866, 587-3600.

From the South: Route 9 North.

LEFT onto CHURCH STREET. RIGHT onto LAWRENCE. • From the North: EXIT 15 off of the Northway. RIGHT onto ROUTE 50 South. Continue onto VAN DAM STREET, RIGHT onto LAWRENCE STREET.

Glens Falls Crandall Library Corner of Glen and South Streets

Holden Room (2nd floor of library).

From Exit 18, Broad into South to Glen Street.

Lake George ADK Headquarters:

EXIT 21 of the Northway. Turn WEST onto ROUTE 9N South. ADK is on the LEFT.

Saratoga Springs Public Library:

Henry Street., Saratoga Springs, NY 12866, 584-7860.

From Northway (I-87), Take Exit 14 onto Route 9P North (Union Avenue). Proceed 1.5

miles, past three traffic lights to T-junction, RIGHT onto CIRCULAR STREET to the first, traffic light. LEFT onto SPRING STREET for two blocks., RIGHT onto Putnam Street for 1.5 blocks. (There is public parking here also!) The library parking lot is on the right. There is a two-hour parking limit.

• From Route 9 and Route 50

Route 9 and Route 50 converge to become the main street (Broadway) in downtown Saratoga Springs. Follow in to downtown, up to the main street. Turn onto SPRING STREET (right from South/left from North) at the corner of Congress Park. LEFT on the first street onto Putnam. Parking as described above.



Chepontuc Footnotes

Glens Falls - Saratoga Chapter Adirondack Mountain Club
P.O. Box 2314
Glens Falls, New York 12801

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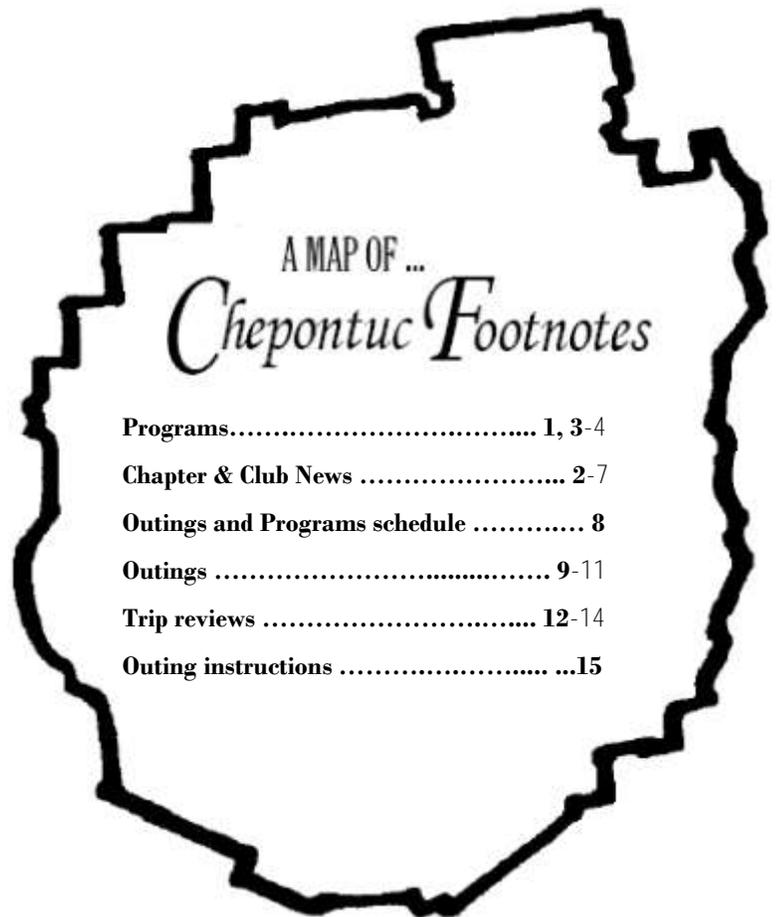


Are you moving?

*If you are moving, You may call
Headquarters at 518-668-4447.*

*The Chapter receives all its mailing
labels and membership lists from the
Club.*

*Therefore, any change of address
need NOT be sent to the Chapter .
One call to the Club is all you need!*



**Reminder: Please include your e-mail
address when renewing membership!**