



Chepontuc Footnotes

chepontuc — "Hard place to cross", Iroquois reference to Glens Falls

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

GLENS FALLS-SARATOGA CHAPTER
ADIRONDACK MOUNTAIN CLUB

Membership Barbecue

Moreau Lake State Park

Exit 17S of the Northway

(go through toll booth, down the hill, bear left, park in the second parking lot — shelter near the beach)

Saturday, June 9, 2007

10 a.m. to 4:30 p.m.

\$5/person • \$20/family maximum
(5 years and younger FREE)

Regretfully, no refunds can be given.

Registrations
must be received
by June !!

You are invited to join your fellow Glens Falls-Saratoga Chapter members at Moreau Lake State Park for a day of fun and relaxation. There will be opportunities to participate in easy and moderate level hikes. Bring your own canoe/kayak for a group-led paddle on the lake or Hudson River or simply come and enjoy the beach and maybe a pick-up game of volleyball. This is the perfect opportunity to bring a friend or relative and introduce them to the ADK and our Chapter.

More details and registration form, page 2.



Glens Falls-Saratoga Chapter ADK Membership Picnic

The Cost: \$5.00/person Maximum \$20.00/family for the picnic (5 yrs. and younger free)
Regretfully, no refunds can be given.

Reservations are required and must be received **NO LATER** than June 7, 2006.

***PLEASE NOTE:** A \$7.00/car parking fee will be collected by Moreau Lake State Park personnel upon entering the park — carpooling and early arrival is encouraged — once the daily parking quota has been reached, no further vehicles will be allowed to enter the park even if you have already made reservations for the picnic.

To enhance seating,
if you have lawn chairs,
please bring them!

Menu for the day:

Barbecue — hamburgers, hot dogs
Cold salads, Potato Chips, Dessert

Soda will be provided — if you desire other beverages,
you are invited to bring your own in non-glass containers

Tentative Schedule of Chapter-led Activities:

- 10:15 a.m. Around Mud Pond Nature Hike (approximately 1.5 hr. easy hike)
10:15 a.m. Moreau Lake Paddle
 (bring your own vessel — easy around the lake paddle)
12:00-1:00 p.m. Lunch
1:30 p.m. Ridge Overlook Hike (Moderate)
2:30 p.m. Hudson River Paddle
 (bring your own vessel) — easy/moderate flat water paddle

PLEASE TEAR OFF

RESERVATION FORM

GF-S Chapter Membership Picnic • Saturday, June 9, 2007 • Moreau Lake State Park • 10 a.m.-4:30 p.m.

Name: _____ Telephone Number: _____

Total Number Attending: _____ at \$5.00/person — \$20.00/family maximum (5 yrs. of age and younger free)
(SORRY NO REFUNDS CAN BE GIVEN FOR ANY REASON)

Make checks payable to: Glens Falls-Saratoga Chapter ADK
Return reservation form with payment to arrive no later than June 1, 2007, to:
Pat Desbiens, 16A Rovanten Park, Ballston Lake, NY 12019
For questions, please call: 518-899-9688 or e-mail: pdesbien@nycap.rr.com

Come join us for a hike

BY JIM SCHNEIDER

As I write this, the remaining large piles of snow are no match for the strong late March sunshine. The goldfinches at the feeder are turning from their drab winter plumage to their handsome and brilliant summer yellow with contrasting black wing bars ... getting brighter everyday along with the sunshine. We'll be getting out on the trails now and maybe catch one of those magical days in May when the sun is warm, the air is cool and the black flies have not yet become the winged vampires we know and love. So, get on out there.

How to join one of your chapter's hikes:

Look through your newsletter or www.adk-gfs.org and check out the hikes offered. Read the description of the hike noting its rating.

Find a hike that interests you. If you are new to hiking, you might

want to try a "C" hike, just to determine your comfort or ability level.

Call or e-mail the hike leader.

CHAPTER CHAIR Report

Haven't gone hiking with us yet? Our leaders would love to have you come along.

This is the hardest part! It takes a bit of courage to pick up the phone and call a total stranger and ask them if you can go hiking with them. Just so you know ... our hike leaders are here for you! They want you to hike with them ... really,

they do! That's why they do what they do. And our hike leaders are all really nice and friendly people. So, pick up the phone, call and let them help you get out on the trail.

When you talk to the hike leader, they will give you lots of information about the hike: where and when to meet, what to bring ... stuff like that.

So, give it try if you haven't hiked with your chapter. If you haven't been out in awhile ... now's a good time to get back into hiking.

See you out there. Enjoy the spring!

Chepontuc Footnotes

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Glens Falls-Saratoga Chapter
ADIRONDACK MOUNTAIN CLUB
P.O. Box 2314 Glens Falls, NY 12801 • www.adk-gfs.org

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Roger Fulton's Costa Rica

Roger Fulton is a guy who turned retirement into a full time job. Traveler, author, hike leader and birding tour organizer he is a man for all seasons. The summer season is spent in the Glens Falls area where he leads casual hikes and biking outings for novice hikers, seniors and those who just don't have time out from jobs and family to climb a High Peak. Last year he partnered with the Moreau Lake State Park naturalists to lead evening nature walks on a weekly basis. He specializes in evening walks to accommodate working families and those non-morning people among us. With his partner, Mike Carpenter, he has co-authored numerous

delightfully illustrated books detailing every possible way to have fun in the outdoors without motorized assistance. His books cover regional hiking, biking, wild-life viewing, canoeing and kayaking. You may remember that last year his partner, Mike, did a program for the Glens Falls-Saratoga Chapter on "Casual Hikes in the Glens Falls Area."

In winter Roger heads south to Florida and beyond to lead his hikes, canoe trips and guided birding tours. One of his favorite destinations is Costa Rica. Roger has been visiting Cost Rica for more than 10 years. He has explored the high cloud forests, the Caribbean and Pacific Coast, and watched the lava flows of Arenal Volcano. He has also mountain biked across the entire country and hurtled down by bike from a 10,000-foot mountain.

Join us at the Saratoga Springs Public Library Community Room at 7 p.m., Thursday, May 17, to hear about Roger's adventures in this marvelously diverse country and learn about his upcoming "casual hikes" for the spring and summer. This program is free and open to the public.

Program

'ROGER FULTON'S
COSTA RICA'

WHEN: 7:00 P.M.
MAY 17

WHAT: TALK WITH
ROGER FULTON

WHERE:
SARATOGA SPRINGS
PUBLIC LIBRARY

Conservation News

ADK and OSI Embark on Forest Preserve Project — The Adirondack Mountain Club and the Open Space Institute are working together to develop a comprehensive plan for state land ownership in the Adirondacks and Catskills, including land and easement acquisition, non-motorized recreation development and management initiatives. The Forest Preserve is managed by individual Unit Management Plans, but they don't suggest what lands should be added to the Forest Preserve or how resources might connect. The Forest Preserve Project will attempt to provide information and recommendations for larger scale planning. This project provides ADK with an opportunity to take a leadership role in planning for the future of both parks.

Earth Day Lobby Day — ADK plans to participate in the April 17th Earth Day by joining other environmental groups in lobbying the New York State Legislature on several important issues. The Bigger Better Bottle Bill would expand the existing bottle deposit law to include non-carbonated beverages such as bottled water, juice and sports drinks. Additionally, unclaimed deposits would be returned to the public in the form of funding for the Environmental Protection Fund. The Community Preservation Act would streamline a pro-

cess for towns to present referendums to their voters on land preservation. The Wetlands Protection Act would regulate smaller wetlands throughout New York State. ADK members will meet with their legislators to ask for support for these important environmental issues.

Battenkill River Clean-Up Sunday June 10 — In conjunction with National Rivers Clean-up Week, the Battenkill Conservancy is organizing a clean-up of the Battenkill River. Participants will be given the use of a canoe or kayak from Battenkill Valley Outdoors to use, so this would be a great way to try paddling the Battenkill! Beginning at 10 A.M., the event will run all day, and will include raffles. Contact Don Otey, at Battenkill Valley Outdoors (518) 677-3311.

Illegal ATV Use on Taconic Crest Trail — The Albany Chapter of ADK and the Taconic Hiking Club request that anyone encountering illegal ATV use on the Taconic Crest Hiking Trail report the encounters to DEC at 1-877-457-5680. Do not approach or otherwise engage the ATV drivers, but note time and location, and report the incident to DEC.

—Jacki Bave,
Conservation Chair

New members

GF-S CHAPTER

New members to the GF-S Chapter:

JANUARY

- M. Lettie Dickerson, Saratoga Springs
- Nicholas Dier, Glens Falls
- Lynne Florio, Gansevoort
- Thomas Gilbert, Queensbury
- Ed Hanlon, Saratoga Springs
- Eric Kimmelman, Amsterdam
- Jeffrey, Susan, Samuel and Benjamin Koppi,

Ballston Spa

- Kathleen Quattrocchi, Gansevoort
- Steven Schinwetter, Queensbury
- Duane, Alyssa & Michael Takahashi, Sunnyvale, California
- Laurence Zuckerman, Johnstown

FEBRUARY

- Eva Allegritti, Saratoga Springs
- Kristen Duesler, Gloversville
- Glory & John Gilbert, Stillwater
- Eliot Goodwin, Saratoga Springs
- Chris Lincoln & Tammara VanRyn, Greenwich
- Paula Lomasney, Saratoga Springs
- Brian Nichols, Queensbury
- Kathy Payne, West Hartford, Connecticut
- Christine Savidge, Greenwich
- Patricia Tatich & Judy Calogero, Glens Falls
- Jay Thomas, Ballston Spa



Board meeting highlights

Summary of ADK Board of Directors Meeting, Saturday, March 10, 2007

Presentation of 2006 Audited Financial Statements

The club ended the year with an increase of \$101,088 in net assets. This increase over 2005 was driven by the sale of the lot, payment of a line of credit and investment income performance.

Revenues increased \$44,477 and expenses increased \$48,525 over 2005 resulting in a net decrease of \$4,078.

There was a stronger emphasis on internal control procedures in this year's audit due to changes in the auditing standards. The club has adequate internal controls procedures based on the size of the organization. Jim recommended the formation of an audit committee to keep a focus on internal control procedures.

Curt Miller discussed the formation of a series of working groups from the Executive Committee to make sure we are meeting the needs of our members going forward. He is concerned about the aggressiveness of the 2007 budget. He stressed the need to be technologically savvy and cognizant of the lifestyle of the next generation of members. The working groups will meet over the next few months and report out to the board members at the September meeting. The four working groups will look at the following topics:

- Focus on meeting the budget
- Analyze current board structure
- Analyze current facilities — appraise stock and value
- Analyze operations — how can we be more effective?

Neil Woodworth asked for input into

future stories and ideas to be included in *Adirondac*. The Forest Preserve project has begun. He asked the chapters to report back at the next board meeting on how they use chapter membership rosters. Concerns have been raised over how this information is used (ie; identity theft, selling names).

Trails and facilities are gearing up for the summer season. National Trails Day activities are being held at Heart Lake and augmented by a celebration of the 85th anniversary of the Northville-Lake Placid trail.

The January and February 2007 development budget is on target. A positive response has been seen to recent grant requests. Due to the success of the resort and B&B section of the online auction last fall a new auction has been created. The Cabin Fever online auction with lodging opportunities throughout the State is available from March 10, 2007-March 31, 2007. Publicity will include an e-mail notification to club members and targeted press releases.

A discount coupon is available to help use the current stock of membership brochures with the old rates. Postcards promoting the "No Place Like Home" publication and a drawing for a free stay in the State lean-to are also available. Lorraine DeSimone is establishing a chapter press bureau which will share news with members. She is working with chapter chairs, newsletter chairs and webmasters. This was an idea from the membership roundtables.

The "Refer a Friend" promotion will be starting and a targeted direct mail cam-

paign is scheduled for the end of March.

January financials were pretty much on target. There was an operating deficit of \$4,204 and a net surplus of \$14,231 due to strong investment return in January. Member notes due in June are fully funded. This provides the club with financial flexibility.

Judy Immesoete, Tom McGuire and Doug Chamberlain were nominated by Curt Miller for the nominating committee. They must provide a slate of officers for President, Vice President, three associate vice presidents, and three member-at-large directors. The slate of officers will be presented at the June board meeting.

The Greater Boston chapter was dissolved due to lack of leadership, interest and involvement of its members.

The board voted to support the conceptual document for the new Adirondack High Peaks Visitor Service Facility. The purpose, facility description, roles and responsibilities of the DEC and ADK and a timeline are contained in the conceptual document. ADK will be involved in the design of the building to make sure our needs and desires are met. The Adirondack Park Agency will be involved throughout the project. ADK will enter into a long-term lease (50 years) with the DEC with an option for renewal. This is the same concept as the Visitor Interpretive Centers at Paul Smiths and in Newcomb. According to the timeline proposed by the DEC construction will be in second quarter, 2009. The current High Peaks information center may be converted into an expanded campground support center.

Join the Club!

When you join the ADK, you can choose to "affiliate" with the Glens Falls-Saratoga Chapter. The Glens Falls-Saratoga Chapter has a membership of more than 2,800, mak-

ing it the second largest ADK chapter — and it's growing fast! Most members reside in either Saratoga, Warren or Washington Counties of New York State. As a chapter member, you will also receive the bi-monthly *Chepontuc Footnotes* newsletter.

The club offers something for everyone. Activities include hiking, canoeing, cross-

country skiing, social events, interesting programs, etc. You do not have to be an athlete or drive long distances to enjoy many of our outings. Hikes range from short, easy walks to more challenging climbs in the High Peaks. Many activities are local — not all require a long drive.

To join, go to www.adk-gfs.org.



Education Corner

The Education Committee is proud to announce the recipients of our chapter's summer 2007 sponsorships for participation in the youth programs at DEC's Camps Colby and Pack Forest and ADK's Teen Trails program.

Rachel Morris and **Jonathan Murray**, of Schenectady, will be participants in the many diverse environmental and group dynamic activities offered within the Camp Colby program in the Saranac Lake area. At Pack Forest, just above Warrensburgh, **Benjamin Uris** of Saratoga Springs will be focusing on a variety of environmental concerns as he participates in a number of outdoor workshops and backpacking experiences.

The Teen Trails program offered by ADK includes projects on Ampersand, Prospect and St. Regis Mountains, as well as in the Pigeon Lake Wilderness, and at Wanika Falls. Our selections for this program are **Jessy Holcomb** of Glens Falls, **Ralph Farrell** of South Glens Falls and **Sarah Larsen** of Clifton Park. Jessy and Ralph will be "earning their keep" as they get hands-on training in trail maintenance while participating, respectively, in the St. Regis and Lake George projects. Sarah will be participating in Prospect Mountain project. Congratulations to you all ... and thank you for your interest in learning about and working to help our environment.

We also hope to continue our Hike & Learn series come summer. Specific information will be in the next issue of *Chepontuc Footnotes*. Anyone interested in helping out and/or joining our committee may contact Linda Ranado at lrnado@hotmail.com or 696-7265. We could use your expertise!

Hikers alerted to muddy trail conditions

Hikers are advised to use extra caution this spring, as they set about the trails of the Adirondacks

New York State Department of Environmental Conservation (DEC) urges hikers of the Adirondack High Peaks to be cautious during trips into the area and to postpone hiking on trails above 3,000 feet until otherwise advised.

During warm and wet spring weather, many trails in higher and steeper portions of the Adirondacks can become hazardous to hikers. In the current muddy conditions, trails and the plants that surround them are also particularly sensitive to human disturbance. Anyone setting out to enjoy the trails of the Adirondacks this spring should use extra caution to protect themselves, the trails and our natural resources. This will help to avoid injury and eliminate the need to perform costly repairs to the trails this summer.

Trails to Avoid

To avoid damaging natural resources and promote safety, hikers are advised to use trails only at lower elevations during the spring mud season. Lower trails

Why not start the Fire Tower Challenge sponsored by your Glens Falls-Saratoga Chapter?

This is a perfect time to hike

some new trails and get a great view from on high!

Visit www.adk-gfs.org for

more information on the

Fire Tower Challenge.

usually are dry soon after snowmelt and are on less erosive soils than the higher peaks. DEC is asking hikers to avoid the following trails until muddy conditions have subsided:

High Peaks Wilderness Area — all trails above 3,000 feet— wet, muddy snow conditions prevail, specifically at: Algonquin; Colden; Feldspar; Gothics; Indian Pass; Lake Arnold Cross-Over; Marcy; Marcy Dam; Lake Colden; Phelps Trail above John Brook Lodge; Range Trail; Skylight; Wright, and all

"trail-less" peaks

Dix Mountain Wilderness Area — all trails above Elk Lake and Round Pond
Giant Mountain Wilderness Area — all trails above Giant's Washbowl,"the Cobbles," and Owls Head

Trails to Try

DEC suggests the following alternative trails for hiking, weather permitting:

Debar Mt. Wild Forest — Azure Mountain

Giant Mountain Wilderness — Giant's Washbowl and Roaring Brook Falls

High Peaks Wilderness — Ampersand Mountain; Cascade; Big Slide; Brothers, and Porter from Cascade; avoid all other approaches

Hurricane Primitive Area — The Crows and Hurricane Mt. from Route 9N
McKenzie Mt. Wilderness — Haystack Mountain and McKenzie Mountain

Pharaoh Lake Wilderness Area — Pharaoh Mountain

Saranac Lake Wild Forest — Baker Mountain, Panther Mountain and Scarface Mountain



ADK Glens Falls-Saratoga Chapter trail work scheduled for May 4-6

May 4-6 (Friday-Sunday)

We'll be back working on the Northville-Placid Trail again. Kelly Point on beautiful Long Lake will be our base camp. It's an easy 4 mile hike in or you can ride to camp on the boat. Some workers will be coming in Friday morning; others will arrive after work in the evening. Friday's work will be trail side cutting and clearing in the area. Saturday's work will be a specific project like bridging or trail hardening as well as a patrol up to Shattuck Clearing. Sunday will be more side cutting, clearing, patrols and finishing up Saturday's project. Awesome breakfast and dinner feasts will be provided.

ed. Call Tom Ellis for more information 638-6139.

National Trails Day and ADK 85th anniversary at Heart Lake

Saturday, June 2, 2007 • Adirondak Loj • Lake Placid, NY
Celebrate ADK's 85th anniversary at Heart Lake. Choose from 12 different trail work projects in the High Peaks Region on Saturday, June 2. Free camping at Heart Lake Campground for all participants both Friday and Saturday nights. Saturday night there will be a celebration party hosted by ADK with music, dinner, and beverages. To sign up or for more information call 518-523-3441 or visit ADK's website at www.adk.org.

Outings and programs schedule

DIRECTIONS FOR OUTINGS, PROGRAMS & MEETINGS are on inside rear cover. OUTINGS DETAILS & CONTACT INFORMATION are found in the "Outings" section. Changes or additions made after publication can be seen on our web page: www.adk-gfs.org

Programs held at 7 p.m., on a THURSDAY of each month (except July and August) and alternate between the Glens Falls Presbyterian Church and the Saratoga Library. Future Programs: May 17

Executive Committee Meetings held at 7 p.m., on the first WEDNESDAY of the month (except July and August) and alternate between Glens Falls Nat'l Bank Community Room and Saratoga-Wesley. Future Meetings: May 2, June 4

Outings Committee Meetings held the 3rd/4th WEDNESDAY, alternating months at 7:00 p.m. and alternate between Glens Falls Nat'l Bank Community Room and Saratoga Starbucks (Broadway). Future Meetings: May 23, July 25, September 26, November 28

**YMG = Younger Members Group.

**OMG = Older members Group.

May	Day	Outing Type	Destination	Leader/Contact	Rating
1	TUE	Walk	Nordic Walking — Crandall Park	Rodd/Coutant	C
1	TUE	Canoe/Kayak	Evening Paddle — Warren/Saratoga Counties	Coutant	C/D
2	WED	Walk	Glens Falls Area Wednesday Morning Walk	Coutant	C/D
2	WED	MEETING	Executive Committee Meeting — GLENS FALLS Bank	Schneider	
3	THURS	Hike	Lye Brook Wilderness (Vt.)	Shevy	B
4	FRI	Hike	Pilot Knob Lookout — Rated "E" for Everyone!	Coutant	E
4-6	FRI-SUN	Trailwork	Chapter Trailwork — Long Lake-Northville Lake Placid	Ellis	
5	SAT	Walk	Spring Bird Walk — Peebles Island State Park	Speidel	C
6	SUN	Hike	Second Pond	Whitney	B-
6	SUN	Canoe/Kayak	Schroon River	Thorn/Bouder	A-
6	SUN	Bike	North Hudson/Newcomb — Bike Ride	Mackey	A
8	TUE	Walk	Nordic Walking — Crandall Park	Rodd/Coutant	C
9	WED	Walk	Glens Falls Area Wednesday Morning Walk	Coutant	C/D
10	THURS	Kids Trip	** Kids Trip** — Glen Lake Kids Paddle	Mackey/Coutant	C
12	SAT	Hike	Moose and Shaw Ponds, Newcomb	Crammond	B+
12	SAT	Walk	Spring Bird Walk — Wilton Wildlife Preserve and Park	Speidel	C
13	SUN	Hike	*OMG* — Jay Range	Whitney	B+
15	TUE	Walk	Nordic Walking — Crandall Park	Rodd/Coutant	C
15	TUE	Canoe/Kayak	Evening Paddle — Warren/Saratoga Counties	Coutant	C/D
16	WED	Walk	Glens Falls Area Wednesday Morning Walk	Coutant	C/D
16	WED	Hike	Treadway	Shevy	B
17	THU	PROGRAM	Roger Fulton's Costa Rica — Saratoga Library	Holcomb	
19	SAT	Walk	Spring Bird Walk — Pack Forest, Warrensburg	Speidel	C
19	SAT	Hike	*Fire Tower* — Overlook Mountain	Lester	B
19	SAT	Hike	*YMG* Waterfalls Hike	Lane	B+
20	SUN	Canoe/Kayak	Henderson Lake Paddle	Bouder	B
22	TUE	Walk	Nordic Walking — Crandall Park	Rodd/Coutant	C
23	WED	Walk	Glens Falls Area Wednesday Morning Walk	Coutant	C/D
23	WED	MEETING	Outings Leaders Meeting — GLENS FALLS Bank	Schwankert	
27	SUN	Hike	Macomb, South Dix, East Dix and Hough	Whitney	A
27	SUN	Canoe/Kayak/Hike	St. Regis Mountain Canoe/Kayak and Climb	McLean	B-
29	TUE	Walk	Nordic Walking — Crandall Park	Rodd/Coutant	C
29	TUE	Canoe/Kayak	Evening Paddle — Warren/Saratoga Counties	Coutant	C/D
30	WED	Walk	Glens Falls Area Wednesday Morning Walk	Coutant	C/D
31	THU	Bike	Mountain Bike — Moreau State Park	Mackey	B

Continued on next page



Canoe/Kayak Rating System:

Rating	Miles	Portages	Water Class
A*	12+	Long (1/2 mile+)	II+;Whitewater
B	6-12	Short	I-Moving
C	Under 6	None	Flat

* Paddling trips that include Camping Overnight are also rated "A"

Note: Due to the variability of the interaction of water, wind, and weather; local conditions may change a trip's rating the day of an outing or even during the outing itself. As on all outings, leader's discretion applies.

Have you
checked out
our Web site lately?

If you haven't been to see us on the Web lately,
you're missing out.

www.adk-gfs.org

Outings and programs schedule

June					
2 & 3	SAT-SUN	Canoe/Camp	Lake George — Canoe Camp	Bouder	A
2	SAT	Hike	Full Moon Hike Saratoga Battlefield	Genett	C
3	SUN	Hike	Mackenzie and Moose	Desbiens	A
5	TUE	Walk	Nordic Walking — Crandall Park	Rodd/Coutant	C
6	WED	Walk	Glens Falls Area Wednesday Morning Walk	Coutant	C/D
6	WED	Hike	Chimney Mountain	Shevy	B
9	SAT	Gathering	Chapter BBQ — Moreau State Park	Desbiens	
9	SAT	Hike	Willard Mountain and Battenkill Gorge	Crammond	C
10	SUN	Hike	Mount Marshall	Whitney	A+
12	TUE	Walk	Nordic Walking — Crandall Park	Rodd/Coutant	C
12	TUE	Canoe/Kayak	Evening Paddle — Warren/Saratoga Counties	Coutant	C/D
13	WED	Walk	Glens Falls Area Wednesday Morning Walk	Coutant	C/D
16	SAT	Hike	*YMG* *Firetower Challenge* Lyon Mountain	Lane	B+
16-17	SAT-SUN	Hike	Seven Peaks and Seven Passes Marathon	Andrews	A+++
16-17	SAT-SUN	Canoe/Camp	Lake George — Canoe Camping	Bouder	A
16	SAT	Hike	Whiteface and Esther	Lester	A
19	TUE	Walk	Nordic Walking — Crandall Park	Rodd/Coutant	C
20	WED	Walk	Glens Falls Area Wednesday Morning Walk	Coutant	C/D
20	WED	Hike	Hoffman Notch	Shevy	B
23	SAT	Canoe/Kayak	Hudson River	Bouchard	A
24	SUN	Hike	Mount Colden	Whitney	A
26	TUE	Walk	Nordic Walking — Crandall Park	Rodd/Coutant	C
26	TUE	Canoe/Kayak	Evening Paddle — Warren/Saratoga Counties	Coutant	C/D
27	WED	Walk	Glens Falls Area Wednesday Morning Walk	Coutant	C/D
30	SAT	Hike	Sewards	Weed	A
July					
1	SUN	Hike	Thomas Mountain	Whitney	C+
7 & 8	SAT-SUN	Canoe/Camp	Osgood Pond — Canoe Camp	Bouder	A
8	SUN	Hike	Wallface	Andrews	A+
10	TUE	Canoe/Kayak	Evening Paddle — Warren/Saratoga Counties	Coutant	C/D
14	SAT	Hike	Santanonis	Whitney	A
15	SUN	Hike	Four Unknown Peaks	Andrews	A
21	SAT	Paddle/Hike-Slide	Whiteface Paddle/Hike/Slide Climb	McLean	A
21	SAT	Hike	Botheration Pond, Elizabeth Point	Crammond	B
21	SAT	Hike	East Dix and South Dix	Weed	A
21 & 22	SAT-SUN	Canoe Camping	Saranac Lakes Canoe and Camp	Bouder	A
22	SUN	Hike	TBD	Aspholm	B
24	TUE	Canoe/Kayak	Evening Paddle — Warren/Saratoga Counties	Coutant	C/D
25	WED	Meeting	Outings Leaders Meeting — SARATOGA Starbucks	Schwankert	—
28	SAT	Hike	Full Moon Hike Saratoga Battlefield	Genett	C
29	SUN	Hike	Seymour	McCullough	A



PLEASE NOTE: Designated hikes (family, new member, etc.) are geared for a special purpose, but are not exclusive. If you would like to attend any outing, please call the trip leader. Also, please be sure to refer to the outing instructions at the back of the newsletter to be prepared for the outing.

CRANDALL PARK — TUESDAY MORNING NORDIC WALKING!

Tuesday, May 1
 Time: 9:00 a.m., Crandall Park Parking Area on Fire Road
 Rating: C
 Gary Rodd 792-4937, sandgrodd@webtv.net
 Please join me for a new way of enjoying the pleasure of regular walking! Nordic walking gives you an all-over body workout and burns at least 30% more calories than regular walking. Group interest and fitness determines length and speed of activity. 2 1/2-mile loop at a brisk pace.

WARREN/SARATOGA COUNTY PADDLES

Tuesday evenings, May 1
 Time: TBD ~ 4:00 p.m.
 Rating: Easy
 Maureen 745-7834 or mojim@adelphia.net
 I have a Precision "Swiftly" kayak — slow and stable and that's the clue to the type of trip I'll be doing. We'll be meandering on some flat water somewhere near Exit 19 of the Northway. Call or e-mail a couple of days prior to get more info. Group size limited to 8, so call in advance if interested.

GLENS FALLS AREA WEDNESDAY MORNING WALK

Wednesday, May 2
 Time: 9ish-11ish
 Rating: C or D (short distances but fairly quick pace)
 Maureen 745-7834 or mojim@adelphia.net
 Join me for a brisk short walk through Glens Falls area parks and other areas while my daughter is at preschool. Crandall and Hovey parks, the bike trail, feeder canal, Hudson Point ... Call a few days ahead for the area we will be exploring and the meeting place and time.

LYE BROOK WILDERNESS

Thursday, May 3
 Time: 9:00 a.m., call leader for meeting location
 Rating: B-
 Sheri Shevy 854-9167
 There have been requests for midweek hikes, so this will be the first in my series. This is a lovely hike of approximately 5 miles round trip to a beautiful waterfall. The trail follows an old railroad bed along Lye Brook to the height of land and then slopes gently to the waterfall. The trailhead is just outside Manchester, Vermont, so call for a meeting place.

PILOT KNOB LOOKOUT

Friday, May 4
 Time: 10:00 a.m.
 Rating: E — for everyone — kids, families, singles, grandparents, whatever.
 Maureen 745-7834 or mojim@adelphia.net
 We'll meet at Bruegger's Bagels and then go up to Lake George for an easy hike up to the gazebo on Pilot Knob. My 4 year old and I plan to hike up for lunch in the gazebo. After that, we'll probably stop at a nearby park. Call to sign up and for more details!

TRAIL WORK NORTHVILLE-PLACID TRAIL

Friday-Sunday, May 4-6
 Time: 9:30 a.m., Long Lake boat launch
 Rating: B
 Tom Ellis 638-6139
 We are going one week earlier this year to avoid Mothers' Day weekend and hopefully have more people show up for a fun weekend and some good work. We will meet at the Long Lake boat launch at 9:30 a.m., Friday, May 4. We can arrange a boat ride on Friday night if need be. We will camp at Kelly's Point and work from there. Call leader for more details.

SPRING BIRD WALK PEBBLES ISLAND STATE PARK

Saturday, May 5
 Time: 8:00 a.m., Waterford Harbor Visitor Center
 Rating: C
 Rich Speidel 623-2587
 Pebbles Island offers 138 acres of fields, woods and solitude amid urban surroundings. Its location at the confluence of the Mohawk and Hudson Rivers provides habitat for a variety of birds. We will walk across the Mohawk on a historic railroad bridge, and then circle the island at a leisurely pace. Along with a host of active songbirds, waterfowl are often seen from the cliffs, and a bald eagle or osprey is possible. Please bring binoculars, insect repellent, good walking shoes and patience. We will record the bird species identified. Rain date is Sunday, May 6.

SECOND POND

Sunday, May 6
 Time: 8:00 a.m.
 Rating: B-
 Jack Whitney 793-9210 jack1758@adelphia.net
 In the shadow of Gore Mountain, northeast of Sodom just past Windover Lake. A narrow trail winds its way through open woods along the shoulder of Height of Land Mountain. It leads to a small pond where wild flowers line its shore. An island and hills in the distance adds to one of the most mystical areas in the Adirondacks ... That is what Spud Perkins told me and he hasn't been wrong yet! Round trip distance is about 5.4 miles.



UPPER SCHROON RIVER CANOE

Sunday, May 6
Time: 8:00 a.m.
Rating: A

Don Thorne 798-0102
Jayne Boudier 793-3770

We'll put in at Schroon Falls, and take out at the Schroon Lake village public dock. Eight scenic miles, with a few easy riffles, great views of Hoffman Mountain, a mile of windblown lake, and no hurry.

NORTH HUDSON-NEWCOMB — BIKE RIDE

Sunday, May 6
Time: 7:00 a.m.
Rating: A

Steve Mackey 793-6484 or smackey@localnet.com

I did this ride with my daughter several years ago and we really enjoyed it (except for the rain and the flat tire). It is around fifty miles which sounds like a lot, but I don't remember it being that hard. There was a lot of uphill on the Newcomb leg. The enjoyable factors are: the road has almost no traffic and there are great views and a truly wilderness feeling. I hope to have lunch somewhere in Newcomb, but I remember the last time that we ate at a bar because there weren't many other choices. I'm flexible that we can turn back early, if the group decides to. Don't let the mileage scare you, my daughter was around 11 or 12 when we last did this. We will go at a reasonable speed, though we obviously aren't walking any hills.

CRANDALL PARK — TUESDAY MORNING NORDIC WALKING!

Tuesday, May 8
Time: 9:00 a.m., Crandall Park Parking Area on Fire Road
Rating: C

Gary Rodd 792-4937, sandgrodd@webtv.net

Please join me for a new way of enjoying the pleasure of regular walking! Nordic walking gives you an all-over body workout and burns at least 30% more calories than regular walking. Group interest and fitness determines length and speed of activity. 2 1/2-mile loop at a brisk pace.

GLENS FALLS AREA WEDNESDAY MORNING WALK

Wednesday, May 9
Time: 9ish-11ish
Rating: C or D (short distances but fairly quick pace)

Maureen 745-7834 or mojim@adelphia.net

Join me for a brisk short walk through Glens Falls area parks and other areas while my daughter is at preschool. Crandall and Hovey parks, the bike trail, feeder canal, Hudson Point ... Call a few days ahead for the area we will be exploring and the meeting place and time.

GLENS LAKE KIDS' PADDLE

Thursday May 10
Time: 1 p.m.
Rating: C

Maureen Coutant and Licia Mackey

Join us for a paddle and explore of Glen Lake. We'll be sticking close to shore to look for wildlife, play acorn fetch, water polo, I Spy ... Call or e-mail for more details 745-7834 or mojim@adelphia.net.

MOOSE AND SHAW PONDS, NEWCOMB

Saturday, May 12
Time: 8:00 a.m., Santanoni Preserve
Rating: B+

Rich Crammond 583-2380

We will meet at the parking lot to the right just beyond the gatehouse at the start of the camp Santanoni trail off Route 28N, Newcomb. It's 0.3 miles from Route 28N to the parking lot across a one-lane bridge. This will be an all-day hike at approximately 13.5 miles round trip. A few hundred feet of elevation change. Moderate pace.

SPRING BIRD WALK WILTON WILDLIFE PRESERVE AND PARK

Saturday, May 12
Time: 8:00 a.m., Camp Saratoga, Scout Road
Rating: C

Rich Speidel 623-2587

May is the best month to hear and see migratory songbirds in our area. Field and forest come alive with a rich variety of songs, and some species dazzle with tropical colors. This will be a leisurely walk along the trails and varied habitats of Camp Saratoga. Depending on bird activity, we hope to do more "stop-look-listen" and less walking. Please bring binoculars, insect repellent, sharp eyes, ears and patience. We will keep track of the bird species identified. Rain date is Sunday, May 13.

OMG — JAY RANGE

Sunday, May 13
Time: 7:30 a.m.
Rating: B+

Jack Whitney 793-9210, jack1758@adelphia.net

One of the greatest ridge walks in the Adirondacks. Enjoy the 360-degree views from the King's chair. Some wildflowers should be in bloom. Round trip distance around 7 miles.

CRANDALL PARK — TUESDAY MORNING NORDIC WALKING!

Tuesday, May 15
Time: 9:00 a.m., Crandall Park Parking Area on Fire Road
Rating: C

Gary Rodd 792-4937, sandgrodd@webtv.net

Please join me for a new way of enjoying the pleasure of regular walking! Nordic walking gives you an all-over body workout and burns at least 30% more calories than regular walking. Group interest and fitness determines length and speed of activity. 2 1/2-mile loop at a brisk pace.



WARREN/SARATOGA COUNTY PADDLES

Tuesday evening, May 15

Time: TBD ~ 4:00 p.m.

Rating: Easy

Maureen 745-7834 or mojom@adelphia.net

I have a Precision "Swiftly" kayak — slow and stable and that's the clue to the type of trip I'll be doing. We'll be meandering on some flat water somewhere near Exit 19 of the Northway. Call or e-mail a couple of days prior to get more information. Group size limited to 8, so call in advance if interested.

GLENS FALLS AREA WEDNESDAY MORNING WALK

Wednesday, May 16

Time: 9ish-11ish

Rating: C or D (short distances but fairly quick pace)

Maureen 745-7834 or mojom@adelphia.net

Join me for a brisk, short walk through Glens Falls area parks and other areas while my daughter is at preschool. Crandall and Hovey parks, the bike trail, feeder canal, Hudson Point ... Call a few days ahead for the area we will be exploring and the meeting place and time.

TREADWAY

Wednesday, May 16

Time: 9:00 a.m.

Rating: B

Sheri Shevy 854-9167

This is an interesting mountain in the Pharaoh Lake Wilderness area. The trail is 2.1 miles long, leading to a horseshoe-shaped summit with large open areas of quartz. At the top are good views of Pharaoh Mountain and surrounding mountains. There is 900 feet of ascent and the mountain has an elevation of 2,240 feet.

SPRING BIRD WALK — PACK FOREST, WARRENSBURG

Saturday, May 19

Time: 8:00 a.m., Pack Forest (3/4 mile north of Routes 9 and 28)

Rating: C

Rich Speidel 623-2587

This will be a leisurely walk through the woods and along the waters of Pack Forest. There will be plenty of stops to observe the migratory and native birds crossing our path. We will visit the towering "Grandmother Tree", a 175-foot tall white pine some 315 years old. Please bring binoculars, insect repellent, keen hearing, eyesight and patience. We hope to exceed the 34 bird species identified last year. Rain date is Sunday, May 20.

FIRE TOWER — OVERLOOK MOUNTAIN-CATSKILLS

Saturday, May 19

Time: 8:00 a.m. Northway Exit 11 Park and Ride

Rating: B

Ron Lester 899-4187, muleskinner46er@hotmail.com

A 1-hour, 20-minute drive to the trailhead, that sits above the village of Woodstock. An easy hike up the old carriage road of 2 miles, where we'll stop and check out the ruins of an old hotel (bring a roof if you plan on renting a room). Another half mile to the fire tower, which has expansive views of the Hudson Valley, Ashokan Reservoir, and the greater Catskills. Good views even without climbing the tower, and a picnic table to boot! Afterward, we can stop and wander around the "tourist trap" village of Woodstock for an hour or two. Five miles roundtrip, 1,400' of ascent, leisurely pace. Northway Exit 11, go 1/2-mile west to the Park and Ride on the left.

YMG — WATERFALLS HIKE

Saturday, May 19

Time: 6:30 a.m.

Rating: B+

Jonathan Lane 744-4594, saratoghiker@infogorp.com

This hike is geared toward hikers in their 20s and 30s, but is open to anyone interested in waterfalls. We will visit at least half a dozen falls, including beautiful Beaver Meadow Falls and Rainbow Falls. This hike will also take us up to Indian Head and Fish Hawk Cliffs. If you haven't been there before, you're in for a treat! Expect to hike about 10-12 miles, but without too much elevation. Rain will cancel.

HENDERSON LAKE CANOE

Sunday, May 20

Time: 7:00 a.m.

Rating: B

Bob Aspholm 798-8599 or pine4422@yahoo.com

Jayne Bouder 793-3770

Henderson Lake, near Upper Works, is newly open to the public. We'll spend a leisurely day exploring and enjoying its shores and mountain views. This trip is dedicated to our late friend and fellow canoeist Forrest Farley, who missed out on this one.

CRANDALL PARK — TUESDAY MORNING NORDIC WALKING!

Tuesday, May 22

Time: 9:00 a.m., Crandall Park Parking Area on Fire Road

Rating: C

Gary Rodd 792-4937, sandgrodd@webtv.net

Please join me for a new way of enjoying the pleasure of regular walking! Nordic walking gives you an all-over body workout and burns at least 30% more calories than regular walking. Group interest and fitness determines length and speed of activity. 2 1/2-mile loop at a brisk pace.



GLENS FALLS AREA WEDNESDAY MORNING WALK

Wednesday, May 23

Time: 9ish-11ish

Rating: C or D (short distances but fairly quick pace)

Maureen 745-7834 or mojom@adelphia.net

Join me for a brisk, short walk through Glens Falls area parks and other areas while my daughter is at preschool. Crandall and Hovey parks, the bike trail, feeder canal, Hudson Point ... Call a few days ahead for the area we will be exploring and the meeting place and time.

MACOMB, SOUTH DIX, EAST DIX AND HOUGH

Sunday, May 27

Time: 6:00 a.m.

Rating: A+

Jack Whitney 793-9210, jack1758@adelphia.net

A day in the Dix Range. What more could one ask for?! Hike from the new trail up the Macomb slide and journey along the herd paths in this range. We will go down the newly recut Lillian Brook trail. Bring along a persevering spirit!

ST. REGIS MOUNTAIN CANOE/KAYAK AND CLIMB

Sunday, May 27

Time: 8:30 a.m. at Paul Smiths College Boat Launch

Rating: B-

Mike McLean (315) 262-2564, mpmclean@twcny.rr.com

We will launch our canoes/kayaks at 8:30-ish and paddle across Lower St. Regis, Spitfire and Upper St. Regis, admiring the scenery and impressive camps and ditch our canoes on state land in a bay called Spring Cove. From there, a well-defined path intersects the hiking trail to the summit near the former cabin site. St. Regis Mountain has incredible views. A few miles of paddling and a few miles of hiking.

CRANDALL PARK — TUESDAY MORNING NORDIC WALKING!

Tuesday, May 29

Time: 9:00 a.m., Crandall Park Parking Area on Fire Road

Rating: C

Gary Rodd 792-4937, sandgrodd@webtv.net

Please join me for a new way of enjoying the pleasure of regular walking! Nordic walking gives you an all-over body workout and burns at least 30% more calories than regular walking. Group interest and fitness determines length and speed of activity. 2 1/2-mile loop at a brisk pace.

WARREN/SARATOGA COUNTY PADDLES

Tuesday evening, May 29

Time: TBD ~ 4:00 p.m.

Rating: Easy

Maureen 745-7834 or mojom@adelphia.net

I have a Precision "Swiftly" kayak — slow and stable and that's the clue to the type of trip I'll be doing. We'll be meandering on some flat water somewhere near Exit 19 of the Northway. Call or e-mail a couple of days prior to get more information. Group size limited to 8, so call in advance if interested.

GLENS FALLS AREA WEDNESDAY MORNING WALK

Wednesday, May 30

Time: 9ish-11ish

Rating: C or D (short distances but fairly quick pace)

Maureen 745-7834 or mojom@adelphia.net

Join me for a brisk, short walk through Glens Falls area parks and other areas while my daughter is at preschool. Crandall and Hovey parks, the bike trail, feeder canal, Hudson Point ... Call a few days ahead for the area we will be exploring and the meeting place and time.

MOREAU STATE PARK — MOUNTAIN BIKING

Thursday evening, May 31

Time: 5:30 p.m.

Rating: B

Steve Mackey 793-6484 or smackey@localnet.com

I've mountain biked a little in the park and I know there are some good trails, but at the moment I don't know exactly where I will be going. I hope to scout it out beforehand (maybe with Donnie Dayoff). We will ride for a couple of hours and if there is interest, have dinner afterward. You want to be of intermediate ability because we will be on some narrow singletrack. The last time I did this, I saw a few deer and that was mid afternoon, so hopefully we will see some interesting wildlife. Expect reasonable pace, but not a lot of walking and pushing.

LAKE GEORGE CANOE — 24-HOUR CAMPING TRIP

Saturday-Sunday, June, 2-3

Time: 3:00 p.m.

Rating: B+

Jayne Boudier 793-3770

This is the best time of year to beat the rush for nice island sites in the narrows. And the late meeting time gives most of Saturday to catch up on odd jobs. Kayaks are recommended. Put in from Shelving Rock Road (1/4-mile carry) or Huletts Landing (parking fee), most sites can be reached within a few miles. Call leader for details, or with suggestions.

FULL MOONER HIKE — SARATOGA BATTLEFIELD

Saturday, June 2

Time: Call leader for details

Rating: C

Aileen Genett 482-9101, solice212@yahoo.com

This is a multigroup outing, monthly event and a rare opportunity to enjoy this National Park during the off-hours. Come one, come all to the full moon walk through Saratoga Battlefield. We'll walk 4 miles along Tour Road to the Nielsen Farmhouse. Dress appropriately in layers, walking shoes, gloves, layers, bug dope and flashlight, etc. Please call Aileen Genett at 482-9101 or e-mail solice212@yahoo.com for details no later than 9:00 p.m., Friday June 1.



MACKENZIE AND MOOSE

Sunday, June 3

Time: 6:30 a.m.

Rating: A

Pat Desbiens 899-9688, pdesbien@nycap.rr.com

These are two mountains in the Lake Placid area that are just less than 4,000 ft. and have 360-degree views from ledges. We will start at Whiteface Landing in Lake Placid and do a loop trip returning by the Twin Brooks Trail. Round trip distance is about 10 miles with about 3,000 ft. elevation gain. Pace will be slow to moderate.

CRANDALL PARK — TUESDAY MORNING NORDIC WALKING!

Tuesday, June 5

Time: 9:00 a.m., Crandall Park Parking Area on Fire Road

Rating: C

Gary Rodd 792-4937, sandgrodd@webtv.net

Please join me for a new way of enjoying the pleasure of regular walking! Nordic walking gives you an all-over body workout and burns at least 30% more calories than regular walking. Group interest and fitness determines length and speed of activity. 2 1/2-mile loop at a brisk pace.

GLENS FALLS AREA WEDNESDAY MORNING WALK

Wednesday, June 6

Time: 9ish-11ish

Rating: C or D (short distances but fairly quick pace)

Maureen 745-7834, mojim@adelphia.net

Join me for a brisk, short walk through Glens Falls area parks and other areas while my daughter is at preschool. Crandall and Hovey Parks, the bike trail, Feeder Canal, Hudson Point ... Call a few days ahead for the area we will be exploring and the meeting place and time.

CHIMNEY MOUNTAIN

Wednesday, June 6

Time: 9:00 a.m.

Rating: B

Sheri Shevy 854-9167

As the name suggests, this is a hike to a summit with a variety of rock formations, including that of a chimney. We can also look for openings to caves along the route. The trail is only 1 mile long, but has a few short, steep sections. This trip has an ascent of 760 feet and the mountain has an elevation of 2,500 feet.

WILLARD MOUNTAIN AND BATTENKILL GORGE

Saturday, June 9

Time: 9:30 a.m., Canal House Visitor Parking Lot, off Route 29, Schuylerville

Rating: C

Rich Crammond 584-2380

Part 1: Willard Mountain Ski area loop hike about 1.5 miles with some fairly steep grades (great views on a clear day!)
Part 2: Battenkill Gorge, about 1 mile hike to the falls and back.
Easy Pace.

MOUNT MARSHALL

Sunday, June 10

Time: 6:00 a.m.

Rating: A+

Jack Whitney 793-9210, jack1758@adelphia.net

This area is rich in historic lore! We will start from a ghost town in Tahawus also called the Upper Works. Nearby are the abandoned mining operations. Join us on this hike and find out why it is called the Calamity Brook Trail. Journey up to Flowed Lands and enjoy the views. We will hike up the Herbert Brook herd path to Marshall. Round trip distance is about 14 to 15 miles.

CRANDALL PARK — TUESDAY MORNING NORDIC WALKING!

Tuesday, June 12

Time: 9:00 a.m., Crandall Park Parking Area on Fire Road

Rating: C

Gary Rodd 792-4937, sandgrodd@webtv.net

Please join me for a new way of enjoying the pleasure of regular walking! Nordic walking gives you an all-over body workout and burns at least 30% more calories than regular walking. Group interest and fitness determines length and speed of activity. 2 1/2-mile loop at a brisk pace.

WARREN/SARATOGA COUNTY PADDLES

Tuesday evenings, June 12

Time: TBD ~ 4:00 p.m.

Rating: Easy

Maureen 745-7834, mojim@adelphia.net

I have a Precision "Swiftly" kayak — slow and stable and that's the clue to the type of trip I'll be doing. We'll be meandering on some flat water somewhere near Exit 19 of the Northway. Call or e-mail a couple of days prior to get more info. Group size limited to 8, so call in advance if interested.

GLENS FALLS AREA WEDNESDAY MORNING WALK

Wednesday, June 13

Time: 9ish-11ish

Rating: C or D (short distances but fairly quick pace)

Maureen 745-7834, mojim@adelphia.net

Join me for a brisk short walk through Glens Falls area parks and other areas while my daughter is at preschool. Crandall and Hovey Parks, the bike trail, Feeder Canal, Hudson Point ... Call a few days ahead for the area we will be exploring and the meeting place and time.

***YMG* — *FIRE TOWER CHALLENGE* — LYON MOUNTAIN**

Saturday, June 16

Time: 6:00 a.m.

Rating: B+

Jonathan Lane 744-4594, saratoghiker@infogorp.com

This hike is geared toward hikers in their 20s and 30s, but is open to anyone looking for a truly international view. The trail up Lyon is a rigorous High Peak-style trail and is steep for much of the climb. Distance is about 5 miles with an elevation gain of 1,790 ft.



SEVEN PEAKS AND SEVEN PASSES MARATHON

Saturday-Sunday, June 16-17

Time: 1:00 a.m.

Rating: A+++ (or harder)

Neal Andrews 899-5500, Wantlocks@aol.com

This being the longest weekend (daylight hours, that is ... the days are still 24 hours long) of the year we will try to climb Marshall, Colden, Marcy, Haystack, Colvin, Nippletop and Dix. We will visit the following passes: Indian, Colden, Lake Arnold, Indian Falls, Johns Brook, Elk and Hunter, hence this name. As I recall this is 34 miles and A LOT of climbing. Pack EXTREMELY light for a fast pace. The goal is to hike as far as possible the first day hoping to complete most of the trip in one day! Plan on a bivouac somewhere.

LAKE GEORGE CANOE — 24-HOUR CAMPING TRIP

Saturday-Sunday, June 16-17

Time: 3:00 p.m.

Rating: B+

Jayne Boudier 793-3770

This is the best time of year to beat the rush for nice island sites in the narrows. And the late meeting time gives most of Saturday to catch up on odd jobs. Kayaks are recommended. Put in from Shelving Rock Road (1/4-mile carry) or Huletts Landing (parking fee), most sites can be reached within a few miles. Call leader for details, or with suggestions.

WHITEFACE AND ESTHER

Saturday, June 16

Time: 6:30 a.m.

Rating: A

Ron Lester 899-4187, muleskinner46er@hotmail.com

Come join us for some peaks I haven't visited for a long time. Don't forget your (our) snacks! Eleven miles, 3,000' of elevation gain.

CRANDALL PARK — TUESDAY MORNING NORDIC WALKING!

Tuesday, June 19

Time: 9:00 a.m., Crandall Park Parking Area on Fire Road

Rating: C

Gary Rodd 792-4937, sandgrodd@webtv.net

Please join me for a new way of enjoying the pleasure of regular walking! Nordic walking gives you an all-over body workout and burns at least 30% more calories than regular walking. Group interest and fitness determines length and speed of activity. 2 1/2-mile loop at a brisk pace.

GLENS FALLS AREA WEDNESDAY MORNING WALK

Wednesday, June 20

Time: 9ish-11ish

Rating: C or D (short distances but fairly quick pace)

Maureen 745-7834, mojim@adelphia.net

Join me for a brisk short walk through Glens Falls area parks and other areas while my daughter is at preschool. Crandall and Hovey Parks, the bike trail, Feeder Canal, Hudson Point ... Call a few days ahead for the area we will be exploring and the meeting place and time.

HOFFMAN NOTCH

Wednesday, June 20

Time: 9:00 a.m.

Rating: B

Sheri Shevy 854-9167

What a better way to spend a hot June day than hiking a cool mountain pass. We will hike 3.6 miles to Big Marsh and then retrace our route. There will be 500 feet of ascent and descent.

HUDSON RIVER PADDLE

Saturday, June 23

Time: 8:00 a.m.

Rating: A

Ray Bouchard 893-7314, rayboo_66@earthlink.net

This will be a full day's paddle down the Hudson starting at Thurman Station on Route 418 near Warrensburg and ending at the Warren County canoe access site, 3/4 mile north of the village of Lake Luzerne. You don't want to miss the take out or you might end up going over a very nasty falls. The flow could vary from placid to fast depending on recent rains as well as snow melt. The water temperature is likely to be on the cold side so I would advise that everyone pack a spare set of clothes in a waterproof bag just in case.

MOUNT COLDEN

Sunday, June 24

Time: 6:00 a.m.

Rating: A+

Jack Whitney 793-9210, jack1758@adelphia.net

Starting from the High Peaks Information Center at Heart Lake, we will hike out to Marcy Dam and up the hill to Lake Arnold. Turn right and just a few bumps up to the summit of Colden. Spectacular views from the summit!

CRANDALL PARK — TUESDAY MORNING NORDIC WALKING!

Tuesday, June 26

Time: 9:00 a.m., Crandall Park Parking Area on Fire Road

Rating: C

Gary Rodd 792-4937, sandgrodd@webtv.net

Please join me for a new way of enjoying the pleasure of regular walking! Nordic walking gives you an all-over body workout and burns at least 30% more calories than regular walking. Group interest and fitness determines length and speed of activity. 2 1/2-mile loop at a brisk pace.



WARREN/SARATOGA COUNTY PADDLES

Tuesday evenings, June 26

Time: TBD ~ 4:00 p.m.

Rating: Easy

Maureen 745-7834, mojom@adelphia.net

I have a Precision "Swiftly" kayak — slow and stable and that's the clue to the type of trip I'll be doing. We'll be meandering on some flat water somewhere near Exit 19 of the Northway. Call or e-mail a couple of days prior to get more info. Group size limited to 8, so call in advance if interested.

GLENS FALLS AREA WEDNESDAY MORNING WALK

Wednesday, June 27

Time: 9ish-11ish

Rating: C or D (short distances but fairly quick pace)

Maureen 745-7834, mojom@adelphia.net

Join me for a brisk, short walk through Glens Falls area parks and other areas while my daughter is at preschool. Crandall and Hovey Parks, the bike trail, Feeder Canal, Hudson Point ... Call a few days ahead for the area we will be exploring and the meeting place and time.

SEWARDS

Saturday, June 30

Time: 5:30 a.m.

Rating: A

Jim Weed 584-9970

The majority will rule as for the destination on this trip. The choices are Donaldson, Emmons, and maybe Seward via Calkins Brook, or Seward and Seymour from the Ward Brook truck trail. Leader breaks any ties! This will be a long day with high mileage. Call leader for additional details.

THOMAS MOUNTAIN

Sunday, July 1

Time: 1:00 p.m.

Rating: C+

Jack Whitney 793-9210 jack1758@adelphia.net

Reg Prouty 747-9736

Mow your lawn in the morning and hike this mountain in the afternoon. We will hike the new trail to Thomas. Great views of Lake George from this summit! Round trip distance is about four to five miles.

OSGOOD POND CANOE AND CAMP

Saturday, July 7-8

Time: 2:00 p.m.

Rating: A

Jayne Boudier 793-3770

Two little ponds with two narrow channels, two outstanding examples of natural communities, two outlets (Osgood AND Jones Ponds), two great camps (or maybe just one, if it rains Saturday night ...), and an early start could make this an awesome trip! About 12 miles, at a moderate to leisurely pace, with time to stop. It's near Paul Smiths. Anyone not wanting to camp may join us early on Sunday. Call leader for directions.

WALLFACE

Sunday, July 8

Time: 6:00 a.m.

Rating: A+

Neal Andrews 899-5500, Wantlocks@aol.com

The route up this mountain is described in the February 1985 *Adirondac*. Will involve bushwhacking around the side of the cliffs to the top. Fourteen miles from Adk Loj with bushwhacking and boulder hopping. Excellent views of Algonquin, etc.

WARREN/SARATOGA COUNTY PADDLES

Tuesday evenings, July 10

Time: TBD ~ 4:00 p.m.

Rating: Easy

Maureen 745-7834, mojom@adelphia.net

I have a Precision "Swiftly" kayak — slow and stable and that's the clue to the type of trip I'll be doing. We'll be meandering on some flat water somewhere near Exit 19 of the Northway. Call or e-mail a couple of days prior to get more info. Group size limited to 8, so call in advance if interested.

SANTANONI RANGE

Saturday, July 14

Time: 4:45 a.m.

Rating: A +

Jack Whitney 793-9210, jack1758@adelphia.net

If you are working on your 46 or if you just want to spend the day in this classic mountain range... Join us for some of the best views in the Adirondacks! We will try to hike all three mountains in this range. Starting with Couchsachraga and on to Santanoni and, if time permits, hopefully we will end the day on Panther.

FOUR UNKNOWN PEAKS

Sunday, July 15

Time: 6:30 a.m.

Rating: A

Neal Andrews 899-5500, Wantlocks@aol.com

This route was described in the July 1983 *Adirondac*. Will be old tote road and bushwhacking with ridge walks ... Excellent views from all the peaks. Open forests for the most part. Peaks are north and south of Walker Brook at Exit 29 of the Northway.

WHITEFACE PADDLE HIKE SLIDE CLIMB

Saturday, July 21

Time: 7:00 a.m., Lake Placid Boat Launch

Rating: A

Mike McLean 315-262-2564, mpmclean@twcny.rr.com

A four-mile paddle and seven-mile hike. We'll leave the Lake Placid Boat Launch around 7:00 a.m. and paddle over to Whiteface Landing (canoe/kayak). From there we'll head up the trail to the lean-to. If conditions are dry, we'll scoot over to a stream just above the lean-to and climb the slide that leads us almost to the summit. Bring money for snacks and cold drinks. Return down the trail, across the lake, and then into a nice Lake Placid restaurant to end the trip.



BOTHERATION POND, ELIZABETH POINT

Saturday, July 21

Time: 8:30 a.m.

Meeting Place: Grand Union, North Creek Village

Rating: B

Rich Crammond 584-2380

This hike will be an approximate 7.6-mile round trip. About 200' elevation change with some bushwhacking and a stream crossing. We'll have a little compass and map reading too!

EAST DIX AND SOUTH DIX

Saturday, July 21

Time: 6:00 a.m.

Rating: A

Jim Weed 584-9970

The route for this trip is yet to be determined. With enough interest, we could head out from Elk Lake, up and over Macomb, and return to Elk Lake. Another option is to follow the South Fork of the Bouquet River. Call leader for additional details.

SARANAC LAKES CANOE AND CAMP

Saturday-Sunday, July 21-22

Time: 1:00 p.m.

Rating: A

Jayne Boudier 793-3770

We'll set up camp at Weller Pond, maybe with a little time to spare on Saturday. Then we've got all day Sunday! Put in on Middle Saranac Lake; take out at First Pond Campground Headquarters. This trip includes a small hand-operated lock, an excellent lunch spot, and lots of islands to explore. Thirteen miles, moderate to leisurely pace, and lots of stops. Anyone not wanting to camp may join us (early) on Sunday. Call for details.

HIKE (TBA)

Sunday, July 22

Time: TBD

Rating: B

Bob Aspholm 798-8599, pine4422@yahoo.com

We'll be going somewhere, that's for sure. Call for details.

WARREN/SARATOGA COUNTY PADDLES

Tuesday evenings, July 24

Time: TBD ~ 4:00 p.m.

Rating: Easy

Maureen 745-7834, mojim@adelphia.net

I have a Precision "Swiftly" kayak — slow and stable and that's the clue to the type of trip I'll be doing. We'll be meandering on some flat water somewhere near Exit 19 of the Northway. Call or e-mail a couple of days prior to get more info. Group size limited to 8, so call in advance if interested.

***FULL MOONER HIKE* — SARATOGA BATTLEFIELD**

Saturday, July 28

Time: Contact leader for details

Rating: C

Aileen Genett: 482-9101, solice212@yahoo.com (no later than 9:00 p.m., Friday, July 27)

This is a multigroup outing, monthly event and a rare opportunity to enjoy this National Park during the off-hours. Come one, come all to the full moon walk through Saratoga Battlefield. We'll walk 4-6 miles along Tour Road to the Nielsen Farmhouse + some trails. Dress appropriately in layers, walking shoes, gloves, layers, bug dope and flashlight, etc.

SEYMOUR

Sunday, July 29

Time: 6:00 a.m.

Rating: A

Pat McCullough 798-3186, pmccul@gmail.com

As trail-less peaks go, I feel that Seymour is fairly easy. It is about fourteen miles total. The first 5 1/2 miles are gentle ups and downs that gets you to the base of the mountain. Then it is a mile and a half up to the summit with about 2,000 feet of vertical. Reverse the walk and you are back to the parking lot off Coreys Road.

Have you checked out
our Web site lately?

If you haven't been to see us on the Web lately,
you're missing out.

www.adk-gfs.org



Five Mile Mountain, December 17, Jack Whitney, 10 participants

- Starting from the trailhead we were so busy talking and setting our GPS's, ten of us missed the trail junction and we soon reached a dead end. Retracing our steps we were soon on the right trail. Up and along this ridge with some great views of Lake George. A very nice day in the woods. Participants: Peter Abbeu, Peter Bishop, Ray Bouchard, Bill Carpenter, Pat Desbiens, Alex Lombard, Jim O'Connell, Michele Sellington, Neil VanDorsten, Jack Whitney.

Wright Peak, February 4, Pat McCullough, 4 participants

- I billed this as a rookie hike and I got just what I asked for. However, my hikers were good for any game or condition. Conditions were cold — in the single digits all day — at the HPIC and wind conditions on the rocks of Wright were severe. We all had a chance to use our snowshoes and crampons and learn a few things about winter hiking. Participants: Pat McCullough, Bill Morse, Jerry Perregaux, Rachel Silverstein.

Cascade Mountain, February 11, Jack Whitney, 11 participants

- Eleven of us met at Bruegger's for a great winter's day in the Adirondacks. The trail was broken by previous snowshoers making for a very easy snowshoe to the summit. A slight wind (about 30 miles per hour) at the top. Shielded behind some rocks we had a quick bite to eat. Took a few pictures and headed back down from the summit. Participants: Ray Boucher, Jane Boudier, Tim Bush, Laura Fiske, Jean Holcomb, Eric Kimmerman, Veron Palmer, Ranay Peck, John Susko, John Wimmer, Jack Whitney.

Ski Trip: ADK Loj to Upper Works, February 11, Pat McCullough and Dan D'Angelico, 8 participants

- Dan and I have talked about doing this trip for several years and after skiing it, the trip was well worth the exertion. Dan and the rabbits left from the Upper Works, while Pat and the tortoisies left from South Meadow. We met at a lean-to at Lake Colden. Even though they were not as fast, Pat's group made out a little bit better as the weather cleared and gave us blue skies, great views and little wind while we were skiing across the lakes. Participants: Ray Bouchard, Dan D'Angelico, Mike King, Dan Ladd, Maureen Laskey, Tim Laskey, Steve Mackey, Pat McCullough.

Wednesday Morning Ski — Queensbury XC Trails, February 21, Maureen Coutant, 4 participants

- We finally had snow to ski! This was the first time we'd skied on the trails although we'd walked them in the fall. It was great to get out and we introduced Roseanne to XC skiing and she did great. Participants: Maureen Coutant, Ely Fuller, Roseanne Lentile, Licia Mackey.

Crandall Park XC Ski, February 22, Steve and Licia Mackey (for Maureen Coutant), 4 participants

- Crandall Park After Dark was enchanting with 4" of fresh snow and a sprinkle still falling. Every sprig and pine bow was frosted with thick, damp fluff. Hum, likewise so were our skis. These were perfect conditions to challenge one's patience with a 3" platform of snow, icing under foot. Cindy's control was heroic. After scraping and a hard waxing, Helena saved the night with her liquid wax. Steve with Heather's skate skis had no problem. He zipped ahead and back like a puppy to check our progress, doing twice the mileage. The trail was lit along the Long Diagonal up and down the Hard Way. We went up and down Birch Hill then out to the water towers. The lights on the Snake Trail were damaged by the ice storm, so we had a dim glide to Camel's Hump. We crossed Half Way Brook, skirted Fire Road to Four Corners, then looped into the Bustard Hill Ridge Trials. Delightful evening; what a joy to share the treasures in our backyard. Participants: Cindi Jones, Helena Decaprio, Steve and Licia Mackey.

Snow Mountain, February 24, Sheri Shevy, 4 participants

- The trip started off with a little anxiety when the trip leader realized she left her boots home. Thanks to a loan of boots from one of our hikers, we continued on. The next obstacle was finding a place to park the car. We continued on. We started out on a trail crossing Bear Brook and after trying to cross the snow-covered brook, we decided it would be safer to bushwhack up to the high water trail. We continued on. Since the trail was broken, we proceeded easily to the turn off to our summit, first stopping at the frozen waterfall. Thanks to Mark, Alan and Eric for working hard to break trail to the top, where we enjoyed a calm, sunny spot with great views. The snowshoe out, following our tracks back to the car, was most enjoyable. Participants: Sheri Shevy, Mark Janey, Alan Cheribin and Eric Kinnelman.

Skiing Wilton Preserve, February 25, Bill Schwarz, 2 participants

- Four people indicated they would join in this "leader's choice" ski tour and only one stalwart showed up! The former Boy Scout Camp Saratoga has a mix of groomed and ungroomed trails only two miles from Exit 16 of the Northway, so the rest of you missed out! And this was a week after the biggest local snowfall in six years. We visited the Opdahl farm on Ballard Road, and then set tracks in the ungroomed trails south of Scout Road. Weather was cool but conducive to good skiing. Participants: Elizabeth Fuller, Bill Schwarz.



Esther Mountain, February 25, Jack Whitney, 5 participants

- With sunny blue skies and temperatures in the 30s, we started the steep climb to Marble Mountain. Taking a break at the top we were soon on our way. In several hours we were at the trail junction to Esther. There was snow on the low over-hanging branches of the trees. Our hoods went up so we would stay dry and not be dumped on by the snow! Nice views of the area from the lookout just below the summit. Congratulations to all on another winter High Peak. Participants: Peter Abrew, Ray Boucher, Pat Desbiens, Stuart Kurtz, Jack Whitney.

Tuesday Morning Nordic Ski, February 27, Maureen Coutant (for Rodd), 3 participants

- With Gary laid up after a ski accident, I filled in and we actually got to ski in Crandall. For the first time we didn't look funny having ski poles since on this trip we also had skis! We had a great time and got to explore a few seldom-skied trails also. Participants: Maureen Coutant, Licia and Steve Mackey.

Gothics and Armstrong Via Beaver Meadow Falls, March 3, Mike McLean, 9 participants

- Iffy weather and a storm Friday caused a few folks to cancel, but nine of us left the Ausable Club parking area around 7:20 a.m. and up the Lake Road we went with lots of new powder. Two students from SUNY Potsdam were in front of us, but Rich went ahead of the main group and the three of them broke the trail to just before the junction in the col. We regrouped and decide to tackle Armstrong first; taking turns trying to find the trail or signs of a trail marker above the snow depths, falling into spruce traps, and breaking trail through very deep snow. We went back down to the col for some food to refuel before the work of breaking trail to Gothics. The ridge leading to the summit of Gothics was spectacular, with strong winds that kept us hunkered and on our toes as we worked our way over the incredible snow cornices to arrive at the top. Views were incredible as the clouds seemed to have parted for our viewing pleasure. Participants: Geoffrey Day, Margaret MacKellar, Cindy McLean, Jeff Kiggins, Jonathon Bagel, Rich Vinciguerra, Jim Clarke, William Morrow.

Tuesday Morning Visit/Walk March 13, Maureen Coutant (for Rodd), 5 participants

- This was a social/walk. We started out with a brief visit to Gary to check on his recovery and spirits ... both fine. He's hobbling around but looking forward to leading trips soon. Then we walked through some Glens Falls neighborhoods while Gretchen and Steve talked high altitude climbing! Participants: Maureen Coutant, Albina Lentile, Licia and Steve Mackey, Gretchen Stark.



A view from Armstrong.

Wednesday Morning Walks, March 14 and 21, Maureen Coutant, 3 participants

- With melting snow in the woods, we got our workout in by walking up the road to Butler Pond in Queensbury (not past the gate to the actual reservoir). It's a short trip but it was good to get out even on the rather chilling first day of spring! Participants: Maureen Coutant, Margaret Curtis, Albina Lentile

Erebus, March 11, Jayne Boudier, 4 participants

- On a day after rain, we had dark clouds give way to late afternoon sunshine, and a busy snowmobile trail (and odd hiker) gave way to unbroken snow, old markers, and moose rubbings. We made the summit and had our good view of Lake George islands — Erebus must have been delighted with a group so happy to be there. Participants: Ray Bouchard, Jayne Boudier, Alan Cherubin, Eric Kimmelman.

Nundagao Ridge, March 25, Jayne Boudier, 8 participants

- A warm day with slow-rising ground fog, a few feet of old good snow, and pine boughs dripping with new snow — hiding the narrow unmarked trail — was our fate. Our focus was on occasional post-holes set by a lone snowshoer, who knew the way better than we did. The mist eventually lifted to show us Jay Range, the Hurricane fire tower, the lower ski slopes of Whiteface, and most of everything else below 3,000 ft. Thanks — to a soggy but unflinchingly cheerful group who got it done! And to the one who made the tracks. Participants: Jayne Boudier, Dave Bunn, Bill Carpenter, Chris Cadle, Bart Carrig, Gail Gaskin, Bill Leitch, Kathy Miles.

Wednesday Morning Walk, March 28, Maureen Coutant, 3 participants

- We scouted out the condition of the trails for an upcoming hike. The snow/ice/mud pretty much kept us to the roads around the lake. We enjoyed the early spring weather and the quiet surroundings. Participants: Maureen Coutant, Margaret Curtis, Albina Lentile.

Outing instructions

For more detailed information on Chapter Outings, see the "Glens Falls-Saratoga Chapter Handbook."

SIGN UP INFORMATION

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to call may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! **PLEASE** be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others' plans. **Trips WILL BE CANCELLED if minimums are not met**, thereby affecting all parties. For safety, the MINIMUM number for Outings is: 3 people, including the leader (4 in winter) Bruegger's unless otherwise noted in the trip description. Be there and ready to depart at the posted time.

MEETING PLACE INFORMATION

BRUEGGER'S BAGEL BAKERY

Queensbury Plaza, 711 Upper Glen Street, Glens Falls, NY 743-0097

• From NORTHWAY (I-87)

Take Exit 19 and go east on AVIATION/QUAKER Rd. Follow .5 miles to RTE. 9/GLEN ST. Turn South (RIGHT) onto RTE.9, then left at the light into the QUEENSBURY PLAZA. Park on the Rte.9 side of the parking lot near BRUEGGER'S

TRAVEL INFORMATION/CAR POOLS

We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it's helpful to the 'regulars' to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

PARTICIPATION GUIDELINES

Leaders are responsible to evaluate interested parties' fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions.

*Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip. Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (AND RECENTLY) AND ARE IN GOOD SHAPE AS NECESSARY FOR THAT OUTING.**

*ADK Liability Waiver must be provided by Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors.

*No Pets allowed on outings except where designated in the description.

RATINGS

Hike Rating	Effort Level	Elevation Gain (feet)	Miles	Time (hours)
A+	Very Strenuous	4,000+	10+	10+
A	Strenuous	3,000+	5-10	8-10
B+	Moderately Strenuous	2,000+	5-10	6-8
B	Moderate	1,000+	Up to 5	5-6
C	Easy	Under 1,000	Under 5	Under 5

*Descriptions are only typical and can vary.

HIKING NEEDS/PREPARATION/EQUIPMENT

Bring Trail Food and plenty of Water on ALL hikes! *Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. — NOT 100% Cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don't trust the forecast or the sky based on the start of the day. Be prepared!

SPECIAL WINTER NEEDS

In addition to the preparation/equipment mentioned above, winter requires some EXTRA planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants will can expect to bring Snow Shoes and Crampons. Bring lots of Water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with Emergency Clothing. Bring an extra wool/polypro hat, mittens and socks. Vented "Shell" pants, jackets and mittens are commonly used with warm layers beneath.

BECOME AN OUTINGS LEADER

Ask any Chapter Leader for details. Offer to CO-lead to get the 'experience'! We're always looking for new leaders to help share the fun while "filling in the calendar." New faces offer more varied outings while sharing their personal favorite destinations. Contact Outings Chair for more information. (Contact info: Pg. 3 of newsletter)

Program and meeting directions

Chapter Programs and Meetings are held monthly, alternating facilities between Glens Falls and Saratoga Springs. Brief directions are below.

More detailed information and maps can be found under "Programs" on the Chapter Web page: www.adk-gfs.org

SARATOGA SPRINGS PUBLIC LIBRARY

Henry St., Saratoga Springs, NY 12866, 584-7860

• From NORTHWAY (I-87)

Take Exit 14 onto Route 9P north (UNION AVE). Proceed 1.5 miles, past three traffic lights to a T-junction. RIGHT onto CIRCULAR ST. to the first traffic light. LEFT onto SPRING ST. for two blocks. RIGHT onto Putnam Street for 1.5 blocks. (There is public parking here also!) The library parking lot is on the right. There is a two-hour parking limit.

• From ROUTE 9 and ROUTE 50

Route 9 and route 50 converge to become the main street, Broadway, in downtown Saratoga Springs. Follow into downtown, up to the main street (BROADWAY). Turn onto SPRING ST. (right from South/left from North) at the corner of Congress Park. LEFT on the first street onto Putnam. (Parking as described above)

FIRST PRESBYTERIAN CHURCH OF GLENS FALLS

400 Glen St., Glens Falls, NY 12801, 793-2521

• From NORTHWAY (I-87)

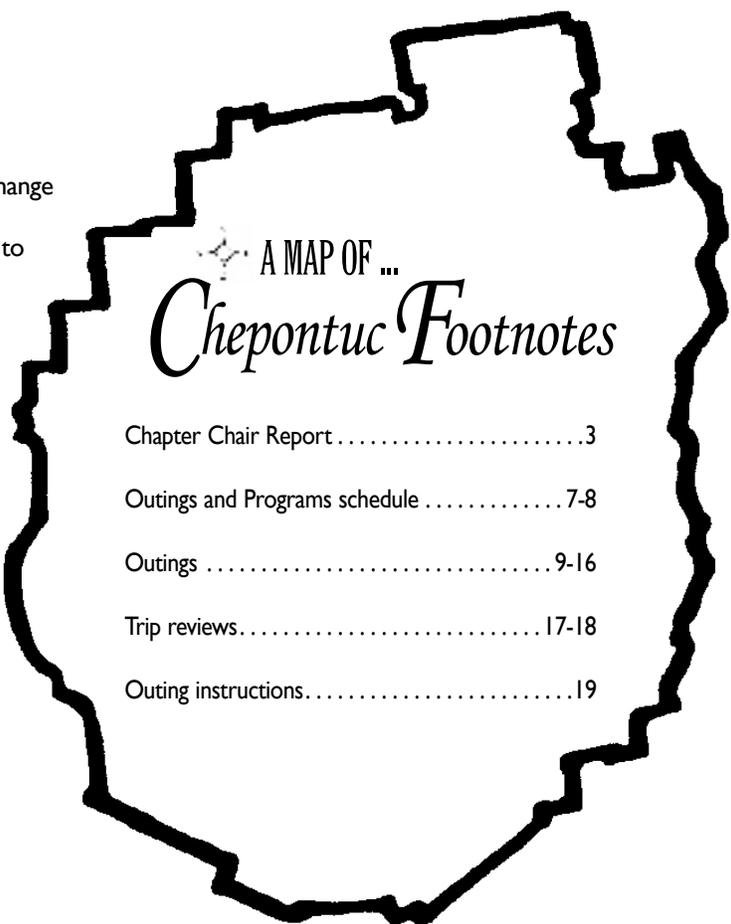
Take Exit 18 and go east on CORINTH RD., MAIN ST., BROAD ST. (Name changes in town) Follow 2.7 miles through town, passing 5-6 lights, CVS, Stewarts on RIGHT... Road turns to SOUTH ST. You come to a "T" and a LIGHT at the monument and library ahead. Make a LEFT on GLEN ST. Pass light (at Stewarts) and make next LEFT onto NOTRE DAME (church is on corner) Park in rear.



Are you moving?

If you are moving, please forward your change of address, including new phone number, to Adirondack Mountain Club, 814 Goggins Road, Lake George, New York 12845.

You may call Headquarters at 668-4447. The Chapter receives all its mailing labels and membership lists from the Club. Therefore, any change of address need NOT be sent to the Chapter — one form or one call to the Club is all you need.



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Chepontuc Footnotes

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