



chepontuc — "Hard place to cross", Iroquois reference to Glens Falls

Chepontuc Footnotes

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

Winter in the Adirondack Mountains

This photograph was taken atop Pitchoff Mountain looking west with views of Colden, Avalanche, Wright and Algonquin.
Photo by Jack Whitney.



Adirondack Waters: Spirit of the Mountains

Highlight February 21 on your calendar right now! We are very proud to have Mark Bowie presenting his fabulous program "Adirondack Waters: Spirit of the Mountains" at the First Presbyterian Church in Glens Falls. Mark is a third generation Adirondack photographer and Glens Falls native who is presenting this program as a complement to his new coffee table book of the same name. This digital multimedia presentation is a visual and sensory spectacle, featuring the myriad waters found in the Adirondack Park — its beautiful lakes and ponds,

Program

'ADIRONDACK WATERS: SPIRIT OF THE MOUNTAINS'
WHEN: 7:30 P.M.
FEBRUARY 21, 2008
WHAT: TALK, MULTIMEDIA PRESENTATION WITH MARK BOWIE
WHERE: FIRST PRESBYTERIAN CHURCH, GLENS FALLS

rivers and streams, brooks and creeks, wetlands and waterfalls. The images are showcased with Mark's own writings and quotes from North Country literature, and set to music.
 Besides photography, Mark is an avid paddler, and lifelong camper. He's a frequent contributor to *Adirondack Life* and *Adirondack Explorer* magazines. His work has been published nationally in *Natural History* and by the Sierra Club, Conde Nast Publications, Portal Publications, and Tehabi Books. He is

currently at work on two new books: "In Stoddard's Footsteps," for which he has photographed the landscape at the exact locations the pioneer photographer did more than 100 years ago, and "The Adirondacks: In Celebration of the Seasons," both scheduled for release in 2008. Mark leads digital and landscape photography workshops, has produced several multiformat shows on the mountains and has been featured on the public television programs *Adirondack Outdoors* and *Insight*. Mark currently resides with his wife, Rushelle, in Pittsfield, Massachusetts.
 Remember Feb 21, 7:30 at the First Presbyterian Church of Glens Falls. Don't miss this one! Open to the public free of charge.

Greetings from new Chapter Chair

BY JEAN HOLCOMB

As I write this we are in the closing month of 2007. In January I begin my term as Chapter Chair and I couldn't be more pleased and proud to take the helm of this outstanding organization. Before I introduce my ideas and plans for the future there is someone who needs to be recognized in a BIG WAY.

Jim Schneider, our current Chapter Chair, is stepping down after a two-year stint in which the club has seen steady growth, a knock-em-dead web site (absolutely the best in the club), the introduction of the chapter spring picnic and the establishment of the Young Members Committee. As if that isn't enough, Jim did all this while continuing to edit *Chepontuc Footnotes*, something he has been doing so long that all I know is that his tenure stretches back to the last century. While engaging in this double duty, Jim was also making a career change of major proportion. Transitioning from the sedate roll of store manager, Jim has entered the hurly burly of the public school system, with all the educational requirements, expense, and just plain hard work that that has entailed. At one time last year he was working three library jobs at once. He has now settled into the roll of librarian at Schenectady Public High School. My sincere congratulations for so quickly achieving this goal, Jim!

Jim is, to put it mildly, a very busy man in a stressful profession. As a

result he has, with great regret, had to resign his position as editor of *Chepontuc Footnotes*. Our new editor is Jessica Gottung. My best wishes to Jessica in her new position and I

hope she finds this job as rewarding and engaging as Jim did for all the many years he served as editor.

Fortunately for us, Jim is continuing to

assist the club as chair of the Adopted Wilderness Committee. His wealth of experience with the club will make him a valued member of the executive board in whatever roll he chooses.

As for me, I'm just going to paddle the kayak for a while and try to keep us all moving down the river. My particular focus is to strengthen and diversify our outings programs. If I may hark back to Jim's own January 2007 report, the only way to keep the club strong and vital is to have good member participation. As a chapter we don't really care too much about your money, what we want is for you to become hikers, backpackers, canoeists and kayakers. The only way to appreciate the treasure of the Adirondack Park is to be in it. Whether walking on a flat trail or summiting a mountain being in this untamed wilderness is a transforming experience. Once we've got you on the trail we know you will be hooked for life. So wax up those cross country skis, sharpen your crampons, adjust those snowshoe straps and come spend your winter weekends with us!

CHAPTER CHAIR Report

Chepontuc Footnotes

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Glens Falls-Saratoga Chapter
ADIRONDACK MOUNTAIN CLUB
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Education Corner

As of this writing, December is upon us and I am still waiting to hear from youths interested in being sponsored to attend a week at DEC Camp Colby (ages 12-14) or Pack Forest (ages 12-14 or 15-17) or to partake in ADK's Teen Trail program (ages 14-17) on a three- to four-day trail maintenance project. Remember we pay ... you play! ... and learn in the process. While participation in these programs isn't until the summer of 2008, sponsorships need to be submitted by early February (especially with DEC) before further openings are put out to the public. Thus, the January 7 deadline, which allows our committee selection and processing time.

This is a wonderful opportunity to meet other youths from throughout the state and to share in diverse activities ranging from field studies to group dynamics to recreational outings. Please go to the Education page on our website where you can find links to each of these opportunities for further information.

Application forms for all these sponsorships may be downloaded from our website (<http://www.adk-gfs.org/education.html>) and, when completed, sent to :

Linda Ranado
18 Pine Ridge Road
Hadley, New York 12835

If you have any questions, you may call me at 696-7265 or e-mail me at lrnado@hotmail.com.

Stay tuned for Spring news of our upcoming Hike and Learn series.
— Linda Ranado, Education Chair

March program details to come

Chapter member, Stu Mesinger will be presenting a program on Adirondack Mountain Club's involvement and latest developments with New York State's Forest Preserve Project. Details of Stu's program will be in the next issue of *Cheptontuc Footnotes*.

The program will be presented at 7:30 p.m., Thursday, March 20 at the First Presbyterian Church of Glens Falls.

Rafting the Grand Canyon

Come view one of the world's most exciting adventure trips — rafting the Grand Canyon of the Colorado River. Dan D'Angelico took a nine-day trip in 2005 and John Schneider took a 15-day trip in 2006. John's trip started at the last road access area before the Canyon, at historic Lee's Ferry, and ended at the next road access area, 225 river miles downstream. Dan's rafting trip started after hiking more than five miles down to Phantom Ranch at the bottom of the Canyon.

Dan and John will relate their adventures as their trips take you deeper and deeper into the Canyon and consequently, farther and farther back in geological time. The rocks at the rim are about 270 million years old, and the rocks at the bottom of the Canyon are more than 2,000 million

years old. You will view what it is like to raft through some of the grandest river rapids in the United States. You will also enjoy the quiet float times as the scenery unfolds before you at every bend of the river. You will see signs of human habitation, from native settlements and granaries to more recent remainders of human activities in the Canyon.

Come explore many side canyons with their streams, waterfalls and spring wildflowers. You will see waterfalls spew forth from solid rock cliffs and animals in their environment. All of this is surrounded by the grandeur of the multi-colored walls of the Grand Canyon of the Colorado River.

This is a program you will not want to miss.

Program

'RAFTING THE GRAND CANYON'
WHEN: 7 P.M.
JANUARY 17, 2008
WHAT: TALK, SLIDE SHOW WITH DAN D'ANGELICO AND JOHN SCHNEIDER
WHERE: SARATOGA SPRINGS PUBLIC LIBRARY COMMUNITY ROOM

CLARIFICATION

I heard from at least two ADK members (and hunters) regarding the hunting season safety notice published in the November-January issue (No. 0706) of this newsletter.

Both respondents have taken out of context the safety message imparted to our members by suggesting that hikers are more of a danger to themselves than hunters are to hikers. It was also stated that since hikers have all year to hike and hunters have about two months to hunt, hikers should stay out of the woods during hunting season.

So far this hunting season there have been numerous hunting accidents in the northeast. Most recently, on November 23 in Vermont, a hunter was shot and killed by his companions (<http://www.burlingtonfreepress.com/apps/pbcs.dll/article?AID=/20071124/NEWS01/711240302/1009/NEWS05>). Also in the news this week it was reported that convicted felons can

legally obtain hunting licenses in New York (<http://wnyt.com/article/stories/S271217.shtml?cat=300>). No, the woods are not filled with gun-toting felons or trigger-happy gunmen in pursuit of anything that moves. Nonetheless, there are objective dangers to both hunters and hikers. It is foolish to think otherwise.

Be informed of the dangers in the woods during all hunting seasons. Take the necessary precautions, such as wearing orange (dogs as well) or stay home. The choice is yours. We share the woods with our fellow outdoor enthusiasts, guns notwithstanding, many of whom are members of the Adirondack Mountain Club. We respect the right to hunt and to hike. It is hoped that this conversation makes both hunters and hikers more aware of the need for safety and accident prevention.

— Jim Schneider



Bear-proof canisters available for rent

8.8" dia. X 12" long, weight 2.7 lbs.
Designed to slip into camper's backpack;
holds approximately 6 person-days of food.

These bear-proof canisters are now required in the Eastern High Peaks Zone. Additionally, they are always important to use on any backcountry overnight adventure to any backpacking or canoe camping destination. No more bear bag follies. They're also pine marten-proof!

Rental Rates:

1-3 days \$5.00

4-7 days \$10.00

Please call Jim Schneider, 581-9367 to reserve your rental canister or for more information. Rentals are available exclusively to ADK Glens Falls-Saratoga Chapter members.

Chapter rents snowshoes

Snowshoes are at ADK Member Services in Lake George. Call 668-4447 for reservations and hours.

Chapter Members:

Iversons: \$7.00 per weekend;
\$5.00 per weekday

Sherpas: \$15.00 per weekend;
\$10.00 per weekday

Non-Members:

Iversons: \$10.00 per weekend;
\$7.00 per weekday

Sherpas: \$20.00 per weekend;
\$12.00 per weekday

Schaefer Trail under construction

The Schaefer Trail up Gore Mountain is closed until further notice while new ski trails on Burnt Ridge are under construction.

New members

GF-S CHAPTER

The Glens Falls/Saratoga Chapter welcomes the following new members:

SEPTEMBER

- Jeanne, Sean and Eran Abernathy, Haganan
- Bradley Birge, Saratoga Springs
- Janet, James and Louis Bracco, Schenectady
- William, Gail and Samuel Caron, Queensbury
- Tim and Kate Casey, Greenfield Center
- Robert and Sharon Charbonneau, Queensbury
- Joel Clugstone, Queensbury
- John Comas, Corinth
- Barbara and Stephen Conboy, Saratoga Springs
- Donald Crocker, Granville
- Sean, Lucy, Annie, Molly and Ryan Crotty, Saratoga Springs
- Matt Davis, Wilton
- Laura Donaldson, Olmstedville
- Sandra Eulian and Jennie Desterick, Ticonderoga
- Susan and Bruce Gardner, Latham
- Ken Gnade, Queensbury
- Lucy Gottung, Clifton Park
- Sheila, David and Justin Gould, Fort Ann
- Cliff Gridley, Burnt Hills
- Tammy Higgins, Ballston Spa
- Kurt Higgins, Saratoga Springs
- Kate and Tom Hocker, Troy
- Scot Jacoby, Poughkeepsie
- Richard Johnson, Porter Corners
- Kevin and Peggy Kellet, Gansevoort
- Anna and Ben Knapp, Saratoga Springs
- Benjamin Knuth, Saratoga Springs
- Marlene Kyea, Queensbury
- James Legnante, Ballston Spa
- Tracey, Edward and Kale Lenz, Gansevoort
- Richard Longo, Greenfield Center
- Justin Luyk, Queensbury
- Martha, Jason, Colin MacGregor, Saratoga Springs
- Joseph and Phyllis Mantori, Mahopac, New York
- John Marcantonio, Glens Falls
- Steven, Lisa, Elizabeth and Stephanie Morgan, Ballston Spa
- George Morris, Westport, Connecticut
- Jim Murphy, Glens Falls
- Douglas and Yvonne Nixon, Chestertown
- Patricia, Josh, Rose and Joshua Nixon, Saratoga Springs
- Joe Noonan, Queensbury
- Joan Park, Argyle
- Michael Pecora, Porter Corners
- Cheryl, Michael, Vincent and Issac Prime, Ballston Spa
- Donald Raymond, Saratoga Springs
- Robert Rodriguez, Staten Island
- Lauren, Scott and Kenneth Rose, Saratoga Springs

- Patricia Ruppel, Valley Falls, New York
- Rachel Sloan and Donna Gagnon, Queensbury
- Jim, Margie, Alyssa, Megan and Tyler Swett, Malta
- Alan Tobey, Saratoga Springs
- Nicole and Brett VanZandt, Greenwich
- Aimee Viens, Clifton Park
- Edward Vonseggerin, Corinth
- John Whitney, Scotia
- Steve Woodard, Glens Falls
- Mary, Jake and Boden Worstell, Staten Island

OCTOBER

- Rob, Alexis, Christopher and Tess Alexandes, Mineloa, New York
- Rob Archambault, Glens Falls
- Stacey Bagnoli, Ballston Lake
- B Cardiano, Gansevoort
- Ray and Sandra Clauser, Wilton
- Johanna and Ken Dolecki, Oakland, New Jersey
- Colleen Doyle and Eric Potter, North Creek
- Linda, Michael, Cameron and Mikayla Duffy, Lake George
- Judy Evans-Mills, Queensbury
- Ronald, Laurie, Ronald and Anne Heacock, Lake George
- Stephen and Jonathan Hiter, Glens Falls
- Britta Hogue, Clifton Park
- Nancy and Paul Howcroft, Adams, Massachusetts
- Brian, Dawn, Natalie and Alexander Howk, Gansevoort
- Edward and Kathleen Rybicki, Saratoga Springs
- Matt Kruczlnicki, Queensbury
- Bill, Tori, Andrew, Connor and Tyler Losey, Wilton
- Margie, David and Anna Mansfield, Diamond Point
- Sharon McCormick, Saratoga Springs
- Rebecca Mead, Granville
- Alan, Justyna, Nicole, Brian and Dennis Mooney, Ballston Spa
- Jerry Niles, Gansevoort
- Bev Palazini, Galway
- Bob and Mary Beth Picard, Wevertown
- Arun Pillai, Glens Falls
- Tamara and Robert Pringle, Chagrin Falls, OH
- Eric, Mari and Jessika Robinson, Malta
- Cheryl and Lawrence Silverman, Ballston Lake
- Gus and Paula Slade, Saratoga Springs
- Alan, Monique, Jessica and William Sofen, Suffern
- Colin Sullivan, Queensbury
- Richard Valenti, Queensbury
- Robert Voudry and Cathy Guile, Queensbury
- Venus Webb, Queensbury



Outings and programs schedule

DIRECTIONS FOR OUTINGS, PROGRAMS and MEETINGS are on inside rear cover. OUTINGS DETAILS and CONTACT INFORMATION: Check the "Outings" section. UPDATES on the WEB: www.adk-gfs.org. **Programs** held at 7 p.m. on a THURSDAY of each month (except July and August) and alternate between Glens Falls Presbyterian Church and Saratoga Library. **Executive Committee Meetings** held at 7 p.m., on the first WEDNESDAY of the month (except July and August) and alternate between Glens Falls National Bank Community Room and Saratoga-Wesley Health. **Outings Committee Meetings** held the 3rd/4th WEDNESDAY, alternating months at 7:00 p.m. and alternate between Glens Falls National Bank Community Room and Saratoga (Starbucks or Wesley Health) *YMG = Younger Members Group. *OMG = Older members Group.

January		Outing Type	Destination	Leader/Contact	
1	TUES	Hike	** NEW YEARS DAY ** — Buck Mountain from Pilot Knob	Aspholm/Prouty	B+
2	WED	Walk or Hike	Wednesday Morning Outing — Saratoga Battlefield — Wilkinson Trail	Coutant	C/D
2	WED	Meeting	Executive Committee Meeting	Holcomb	—
5	SAT	Hike	Algonquin, Iroquois and Wright	McCullough	A
5	SAT	Snowshoe	Saratoga Battlefield	Holcomb	C
6	SUN	XC Ski	Leader's Choice XC Ski	Schwarz	B
6	SUN	Hike	West Hale Bushwhack	Bouder	A
9	WED	Walk or Hike	Wednesday Morning Outing — Coles Woods, Glens Falls	Coutant	C/D
11	FRI	XC Ski	Crandall Park	Coutant	B
12	SAT	Hike	Tongue Mountain Loop	Andrews	A
13	SUN	Hike	Haystack and Basin	McLean	A
13	SUN	Hike	Cat Mountain	Whitney	B
16	WED	Walk or Hike	Wednesday Morning Outing — Moreau State Park — Mud Pond Loop	Coutant	C/D
17	THU	PROGRAM	Dan D'Angelico and John Schneider RAFTING THE GRAND CANYON		
18-21	TH-MON		Chapter WINTER Weekend	Schneider, John	—
19	SAT	Hike	"Winter High Peak" — Skylight and Grey	Carpenter	A
19	SAT	Hike	*Fire Tower* — Blue Mountain	Lane	B
20	SUN	Hike	Owl Head Lookout	Gottung	B-
23	WED	Walk or Hike	Wednesday Morning Outing — Queensbury XC trail	Coutant	C/D
23	WED	Meeting	Outings Leaders Meeting	Whitney	—
26	SAT	XC Ski	Family Dinner and Evening XC Ski/Sled	Coutant	C/B-
26	SAT	Hike	Stillwater Locks	Crammond	C
26	SAT	Hike	Giant and Rocky Peak Ridge	McCullough	A
27	SUN	XC Ski	Avalanche Pass	Mackey	B
27	SUN	Hike	Crane Mountain	Whitney	B
30	WED	Walk or Ski	Wednesday Morning Outing — East Side of Lake George	Coutant	C/D
February					
1	FRI	XC Ski	Crandall Park	Coutant	B
2	SAT	Hike	Murphy Lake from Pumpkin Hollow Road	Gottung	B-
2	SAT	Hike	Pharaoh Lake Ski	Schneider, Jim	B?
3	SUN	Hike	*Fire Tower* — Black Mountain	Whitney	B
3	SUN	XC Ski	Prospect Mountain — XC Ski	McCullough	B
6	WED	Meeting	Executive Committee Meeting	Holcomb	—
6	WED	Walk or Ski	Wednesday Morning Outing — Feeder Canal	Coutant	C/D
9	SAT	Hike	*Fire Tower* — Hadley Mountain	Lane	B
9	SAT	Hike	Algonquin, Wright and Iroquois	Lester	A
10	SUN	Snowshoe	Moreau State Park — Snowshoe	Schwarz	B
10	SUN	XC Ski	Marcy XC Ski	McCullough	A
13	WED	Walk or Ski	Wednesday Morning Outing — Pack Forest, Warrensburg	Coutant	C/D
16	WED	Hike	Moose Mountain Bushwack	Bouder	A
16	SAT	XC Ski	Santanoni Preserve XC Ski	Bouchard	B
17	SUN	Hike	Rooster Comb Mountain	Whitney	B
20	WED	Walk or Ski	Wednesday Morning Outing — Coles Woods, Glens Falls	Coutant	C/D
23	SAT	XC Ski	Blue Mountain — Lake Durant	Bouchard	A-
24	SUN	Snowshoe	Rock Pond and Heart Pond	Prouty/Aspholm	B
27	WED	Walk or Ski	Wednesday Morning Outing — Leader's Choice	Coutant	C/D
March					
1	SAT	Hike	*Firetower* — Spruce Mountain	Gottung	B-
2	SUN	Hike	Cascade	Whitney	B
5	WED	Meeting	Executive Committee Meeting	Holcomb	—
5	WED	Walk or Ski	Wednesday Morning Outing — Queensbury XC trail	Coutant	C/D
7	FRI	XC Ski	Crandall Park	Coutant	B
8	SAT	Hike	Blueberry and Porter Ridge	Bouder	A
8	SAT-SUN	Overnight	Winter Camping — No Experience Necessary!	Lester	B
9	SUN	Snowshoe	Avalanche Pass	Aspholm	A-
12	WED	Walk or Ski	Wednesday Morning Outing — Moreau State Park	Coutant	C/D
15	SAT	Hike	* Fire Tower* — Owls Head Mountain	Lane	B
16	SUN	Snowshoe	Haystack Mountain	Mackey	A+
19	WED	Walk or Ski	Wednesday Morning Outing — Coles Woods, Glens Falls	Coutant	C/D
22	SAT	Hike	Five Mile Mountain	Gottung	B
23	SUN	Hike	Hornet Notch Adventure Bushwack		
26	WED	Meeting	Outings Leaders Meeting	Whitney	—
26	WED	Walk or Ski	Wednesday Morning Outing — Lake George Rec Trails	Coutant	C/D
29	SAT	Hike	Peaked Mountain (near Thirteenth lake)	VanDorsten	B
30	SUN	Hike	Porter/Cascade	McCullough	A



Outings

PLEASE NOTE: Designated hikes (family, new member, etc.) are geared for a special purpose, but are not exclusive. If you would like to attend any outing, please call the trip leader. Also, please be sure to refer to the outing instructions at the back of the newsletter to be prepared for the outing.

ONGOING

WEDNESDAY MORNING OUTINGS

Wednesdays Jan. 2 to March 26

Time: 9ish - ?

Rating: D to B depending on trip

Maureen 745-7834 or mojom@adelphia.net

Join me for brisk, short walks/hikes/or skis in and around Warren and Saratoga counties. Most of the trips will be finished by 11:30 a.m. The trips outside the Glens Falls area will go into the early afternoon. Call or e-mail for meeting times, length of trip and what to bring.

Tentative Schedule (subject to change):

Jan 2 Saratoga Battlefield Wilkinson Trail;

Jan 9 Coles Woods GF;

Jan 16 Moreau State Park;

Jan 23 Qsby XC trails;

Jan 30 East side of Lake George

Feb 6 Feeder Canal;

Feb 13 Pack Forest;

Feb 20 Coles Woods;

Feb 27 Leaders Choice;

March 5 Qsby XC;

March 12 Moreau State Park;

March 19 Coles Woods;

March 26 Lake George Rec Trails

NEW YEAR'S DAY HIKE — BUCK MOUNTAIN FROM PILOT KNOB

Tuesday, January 1

Times: 8:00 a.m.

Rating: B+

Bob Aspholm 798-8599 or Reg Prouty 747-9736

Let's start the New Year off right with a traditional hike or snowshoe up popular Buck Mountain. Ascent is 2,000 feet and round trip is 6.6 miles. Pace will be relaxed. Views are even better this time of year due to bare deciduous trees.

WEDNESDAY MORNING OUTING — SARATOGA BATTLEFIELD WILKINSON TRAIL

Wednesday, January 2

Time: 9-?

Rating: C/D

Maureen 745-7834 or mojom@adelphia.net

See beginning of "Outings" section.

ALGONQUIN, IROQUOIS, AND WRIGHT

Saturday, January 5

Time: 6:00 a.m.

Rating: A+

Pat McCullough 798-3186 or pmccul@gmail.com

The trail starts at Heart Lake and is about 12 miles round trip. I am planning on doing all three mountains with Wright being the last peak on the way back down. Views can be outstanding so hope for a sunny day.

SARATOGA BATTLEFIELD SNOWSHOE

Saturday, January 5

Time: 9:30 a.m.

Rating: C+

Jean Holcomb 583-0658, jchhiker@verizon.net

Assuming there is snow, this will be a snowshoe hike on the Wilkinson Trail at Saratoga Battlefield in Stillwater. The pace will be mellow and I may bring my binoculars to look for winter birds as we progress along. There are some rolling hills so you must be in good health to do this hike. I intend to be out about four hours so bring some food and water and dress for winter conditions. Approximately 6 miles. Due to potential snow plow restrictions at the Exit 14 park and ride we will meet instead at the visitor center parking lot at the battlefield itself.

LEADER'S CHOICE XC SKI

Sunday, January 6

Time: 9:00 a.m.

Rating: B

Bill Schwarz 793-2781 or bschwarz@nycap.rr.com

Let's head somewhere between Lake George and Saratoga for a snowy adventure. The areas will likely be ungroomed, so bring your backcountry skis and gaiters! We may be breaking trail. You should be a novice skier, at least, with some off-groomed-trails experience. Possibilities include the Lake George bike path, Glens Falls Feeder Canal, Wilton Preserve, or Saratoga National Park. We'll ski three to four hours. Leader would bring everyone to a ski touring center only if there's no local snow cover.

WEST HAIL BUSHWHACK

Sunday, January 6

Time: 6:00 a.m.

Rating: A+

Jayne Boudier 793-3770

Hail is the biggest, baddest mountain in Hammond Pond Wild Forest. Some of its six bumps were burned several years ago; hopefully West Hail was not. 9 miles (5 trail-less), 1,600 ft. ascent, and great views at a moderate pace. North Hudson.

WEDNESDAY MORNING OUTING — COLES WOODS

Wednesday, January 9

Time: 9-?

Rating: C/D

Maureen 745-7834 or mojom@adelphia.net

See beginning of "Outings" section.



CRANDALL PARK EVENING XC SKI

Friday, January 11

Time: 6:00 p.m.

Rating: B

Maureen Coutant 745-7834 or mojim@adelphia.net

We'll be skiing through Crandall Park — as long as we have enough snow for the lights to be on! We'll meet behind Inside Edge on Glen Street near the trail entrance and ski for about an hour or so. Afterward, we'll try to find somewhere for a bite to eat or some hot coffee or cocoa to warm up. Call for more info.

TONGUE MOUNTAIN LOOP

Saturday, January 12

Time: 6:00 a.m.

Rating: A

Neal Andrews 899-5500 or wantlocks@aol.com

We will start at Clay Meadow and go first to the chapter lean-to on Fifth Peak. We will then work our way toward the point of the tongue enjoying the views with the leaves off the trees and the rattlesnakes safely hibernating. At the decided time, by the group, we will bushwhack down the right shoulder of the ridge to the trail that runs back to the cars along Northwest Bay. Bring a camera and appropriate footwear for the conditions.

HAYSTACK AND BASIN

Sunday, January 13

Time: 6:00 a.m. at the Garden trailhead

Rating: A+

Mike McLean mpmclean@twcny.rr.com or (315) 262-2564

We will leave from the Garden trailhead at 6:00 a.m. to give us ample time to tackle both peaks. Conditions will determine our route; bushwhack up Chicken Coop Brook to get Basin the easy way may be a direct ascent, or we may stick to the trail and do Haystack first. Snowshoes and full crampons required. This will be a long and rewarding day.

CAT MOUNTAIN

Sunday, January 13

Time: 8:30 a.m.

Rating: B

Jack Whitney 793-9210 or jack1758@adelphia.net

We will snowshoe (if there is snow) this mountain starting from Edgcomb Pond. Round trip distance is about 5 miles. If the weather cooperates, there are great views of Lake George.

WEDNESDAY MORNING OUTING — MOREAU STATE PARK

Wednesday, January 16

Time: 9-?

Rating: C/D

Maureen 745-7834 or mojim@adelphia.net

See beginning of "Outings" section.

SKYLIGHT AND GRAY

Saturday, January 19

Time: 5:00 a.m.

Rating: A+

Bill Carpenter 793-5506 pcarp@verizon.net

Jack Whitney 793-9210 jack1758@adelphia.net

This will be a long day. From Adirondack Loj to Marcy Dam and up to Lake Arnold, on to the Feldspar Trail to Lake Tear of the Clouds. From there it's on to Skylight, 0.5 miles from the junction then back down and on to our final peak of the day, Gray. Approximately 17-18 miles total.

YMG — *FIRETOWER CHALLENGE* — BLUE MOUNTAIN

Saturday, January 19

Time: 7:30 a.m. @ Panera Bread (Exit 19)

Rating: B

Jonathan Lane 744-4594 or saratogahiker@infogorp.com

This hike is geared toward hikers in their 20s and 30s, but is open to anyone who is young at heart. This mountain is one of the most popular Adirondack peaks and is supposed to be an excellent snowshoe climb, so let's give it a go! Round trip distance is about 4.0 miles with 1,550' elevation change. Let's hope for enough snow to use our snowshoes! Rain will cancel.

YMG — OWL HEAD LOOKOUT

Sunday, January 20

Time: 8:00 am

Rating: B-

Jessica Gottung 725-3859 by 8 p.m. Friday

This moderate snowshoe (let's hope for snow!) will be rewarded with 360-degree views at the summit. We will take in views of Giant, Rocky Peak, Lake Champlain, Whiteface and the Greenies of Vermont. Approximately 5.5 miles round trip and 1,100 feet of elevation gain.

WEDNESDAY MORNING OUTING — QUEENSBURY XC SKI TRAILS

Wednesday, January 23

Time: 9-?

Rating: C/D

Maureen 745-7834 or mojim@adelphia.net

See beginning of "Outings" section.

FAMILY DINNER AND EVENING XC SKI/SLED

Saturday, January 26

Time: 4:00 p.m.

Rating: Fun (ski part: B or C)

Maureen Coutant 745-7834 or mojim@adelphia.net

Anyone could do at least part of this trip! Meet us at Panera in Queensbury for a light dinner or snack and hot beverage before heading over to Crandall Park and Coles Woods for skiing or sledding. I hope to get our 5 year old out on the trails for a little while, but she'll probably wind up at the sledding hill. My husband or I will continue skiing with whoever wants to for about an hour. Come ski under the lights for free!



STILLWATER LOCKS AREA, ROUTE 67

Saturday, January 26

Time: 9:00 a.m., meet at small parking area between Stillwater ridges

Route 67; call leader for details

Rating: C

Rich Crammond 584-2380

This small hike or snowshoe will take us along the Hudson and Hoosick Rivers. A good place to see bald eagles for sure! Around a mile at a slow pace so we can glass the area better for winter birds. Bring along your snowshoes. PLEASE NOTE: This is NOT a dog hike.

GIANT AND ROCKY PEAK RIDGE

Saturday, January 26

Time: 6:00 a.m.

Rating: A+

Pat McCullough 798-3186 or pmccul@gmail.com

We will start from Chapel Pond and finish there after doing the nine miles to both peaks. There is not a lot of time for warm-up as the trail starts up almost immediately after leaving the road. If we have a clear day, the views are great.

AVALANCHE PASS

Sunday, January 27

Time: 8:30 a.m.

Rating: B+

Steve and Licia Mackey 793-6484 or smackey@localnet.com

At our annual trip last year we had a low turnout because the snow locally was pretty sparse, but the snow up there was actually decent and the skiing was very good. The total round trip distance is about 10 miles. The guide book says, "The ski through Avalanche Pass and across the lakes is a classic tour and available to any strong intermediate skier." There is one major climb up to the pass and obviously a pretty fast decent on the way back out. We will leave from South Meadows and if the weather is good, we should have a great day.

CRANE MOUNTAIN

Sunday, January 27

Time: 8:00 a.m.

Rating: B

Jack Whitney 793-9210 or jack1758@adelphia.net

This is an intermediate snowshoe hike with some of the greatest views in the Southern Adirondacks. We will do a loop which includes Crane Mountain Pond. Round trip distance around 6 miles with 1,154 ft. of elevation gain. Summit elevation is 3,254 ft.

WEDNESDAY MORNING OUTING — EAST SIDE OF LAKE GEORGE

Wednesday, January 30

Time: 9-?

Rating: C/D

Maureen 745-7834 or mojim@adelphia.net

See beginning of "Outings" section.

CRANDALL PARK EVENING XC SKI

Friday, February 1

Time: 6:00 p.m.

Rating: B

Maureen Coutant 745-7834 or mojim@adelphia.net

We'll be skiing through Crandall Park — as long as we have enough snow for the lights to be on! We'll meet behind Inside Edge on Glen Street near the trail entrance and ski for about an hour or so. Afterward, we'll try to find somewhere for a bite to eat or some hot coffee or cocoa to warm up. Call for more info.

***YMG* — MURPHY LAKE FROM PUMPKIN HOLLOW ROAD**

Saturday, February 2

Time: 9:00 a.m. (Burger King in Gloversville)

Rating: B-

Jessica Gottung 725-3859

We will follow the old stagecoach road just over 3 miles to this little beauty of a lake. If the ice is set we will trek to the lean-to along the southeast shore and enjoy our lunches; leader will provide the hot chocolate. Estimate about 6.5 miles round trip with minimal elevation (except one short, steep area). Be advised leader will bring her dog.

PHARAOH LAKE SKI

Saturday, February 2

Time: 7:00 am

Rating: A-

Jim Schneider 581-9367

This ski trip will use the West Mill Brook entrance off Beaver Pond Road. We'll ski to Pharaoh Lake and explore all the frozen bays and coves. If snow conditions do not cooperate with our need to ski, no problem. We'll just strap on the snowshoes and climb Pharaoh Mountain. Distance: 7.2 miles round trip to the lake and you can be sure that we will be putting in some strong miles on the lake itself. Minimal elevation change, but there are some little hills on the route to make things a little interesting.

WINTER *FIRE TOWER* — BLACK MOUNTAIN

Sunday, February 3

Time: 7:30 a.m.

Rating: B

Jack Whitney 793-9210 jack1758@adelphia.net

A good beginner snowshoe. We will do a loop trip, stopping at a great lookout for the views then down to Black Mountain and Lapland Ponds. Round trip distance is around 7 miles. Black Mountain is the highest mountain in the Lake George area and we will be hiking it from the East side. Contact the leader for needed equipment/clothing details. Rental snowshoes are available.



PROSPECT MOUNTAIN CROSS COUNTRY SKI

Sunday, February 3

Time: 8:30 a.m.

Rating: B

Pat McCullough 798-3186 or pmccul@gmail.com

We will use the toll road to ski to the top of the mountain. It is a very gradual climb and we will cater to new ski climbers. If you have never done much or any climbing on your skis, you might want to give this trip a try. Views from the top are worth the effort. About 12 miles round trip with about 2,000 feet of elevation.

WEDNESDAY MORNING OUTING — FEEDER CANAL

Wednesday, February 6

Time: 9-?

Rating: C/D

Maureen 745-7834 or mojim@adelphia.net

See beginning of "Outings" section.

YMG — *FIRE TOWER CHALLENGE* — HADLEY MOUNTAIN

Saturday, February 9

Time: 8:00 a.m.

Rating: B

Jonathan Lane 744-4594 or saratogahiker@infogorp.com

This hike is geared toward hikers in their 20s and 30s, but is open to anyone who is young at heart. This peak offers some spectacular views and makes for a great snowshoe hike. Round trip distance is about 3.6 miles with 1,525' elevation change. Rain will cancel.

ALGONGUIN/WRIGHT/IROQUOIS

Saturday, February 9

Time: 5:30 a.m.

Rating: A

Ron Lester 899-4187 or muleskiner46er@hotmail.com

11 miles/4,500' of climbing. Lots of wind exposure on this trip, so bring goggles and full face protection, along with your snowshoes and crampons. GREAT views and fun buttslides.

SNOWSHOE MOREAU

Sunday, February 10

Time: 8 a.m.

Rating: B

Bill Schwarz 793-2781 or bschwarz@nycap.rr.com

Maybe the third time will be the charm — for two years I've listed this and had no snow! We had some nice hikes, though. This time we'll traverse some of the western ridge trails and try to reach the Spier Falls Dam overlook. Trip length will be five or six miles, and trip size is limited. Trails are not flat, but pace will be relaxed to moderate.

MARCY CROSS COUNTRY SKI

Sunday, February 10

Time: 6:00 a.m.

Rating: A

Pat McCullough 798-3186 or pmccul@gmail.com

We will start at South Meadows, ski to Marcy Dam, and then start uphill to the base of Marcy. When we get above treeline, I plan to dump the skis and finish the last half mile or so on boot or crampons depending on the conditions. About 15 miles round trip but half of that should be free on the way back down with about 3,000 feet of vertical.

WEDNESDAY MORNING OUTING — PACK FOREST

Wednesday, February 13

Time: 9-?

Rating: C/D

Maureen 745-7834 or mojim@adelphia.net

See beginning of "Outings" section.

MOOSE MOUNTAIN BUSHWACK

Saturday, February 16

Time: 6:00 a.m.

Rating: A

Jayne Boudier 793-3770

Adirondac Explorer says this has views of the High Peaks — our adventure may be to find them. Approximately 13 miles, 1,700 feet of ascent, at a moderate pace. From Moose Mountain Pond in Hammond Pond Wild Forest, North Hudson.

SANTANONI GREAT CAMP SKI TRIP

Saturday, February 16

Time: 7:30 a.m.

Rating: B

Ray Bouchard 893-7314 or rayboo_66@earthlink.net

With any luck Newcomb will have enough to make the trip worthwhile. If my forecast is wrong then we'll either hike into the Great Camp or I'll relocate the trip to an area that has some snow. The B rating is because the total distance is 10 miles but the pace will be moderate and we'll be skiing on a wide old carriage road with elevation changes of only a few hundred feet. You'll love it. The area has its own microclimate which means it's usually colder and snowier than Glens Falls so prepare accordingly.

ROOSTER COMB MOUNTAIN

Sunday, February 17

Time: 6:30 a.m.

Rating: B

Jack Whitney 793-9210 or jack1758@adelphia.net

Starting with breakfast at the Noonmark Diner, we will have a great winter snowshoe with fabulous views! A round trip distance about six miles with 1,750 feet of elevation gain from Route 73.



WEDNESDAY MORNING OUTING — COLES WOODS

Wednesday, February 20

Time: 9-?

Rating: C/D

Maureen 745-7834 or mojom@adelphia.net

See beginning of "Outings" section.

BLUE MOUNTAIN TO LAKE DURANT SKI TRIP

Saturday, February 23

Time: 7:30 a.m.

Rating: A-

Ray Bouchard 893-7314 or rayboo_66@earthlink.net

This classic Adirondack ski trip is approximately 8 miles long with a descent of about 400 feet, most of which occurs during the 1 mile descent from the parking lot at the Blue Mountain trailhead (Route 30) down to the Northville-Placid Trail. The initial mile is a reasonably steep, windy, narrow hiking trail with occasional surprises like trees in unexpected places. Intermediate skiing level is recommended, hence the A- rating, but an adventuresome novice who's up for the challenge, could navigate the first mile by walking parts of it and doing butt drops when required. The remaining 7 miles on the N-P Trail consist of gentle ups and downs. There's a lean-to at each end of Tirrell Pond so we'll probably stop at one of them for lunch before we ski out to the car we spotted at Lake Durant on Route 28.

HEART, BEAR AND ROCK POND LOOP — PHARAOH LAKE WILDERNESS AREA SNOWSHOE

Sunday, February 24

Time: 8:00 a.m., Kingsbury Hannaford Parking Lot, Route 4 and Burgoyne Ave.

Rating: B-

Bob Aspholm 798-8599 or Reg Prouty 747-9736

This is an easy- to moderate-level snowshoe to three little ponds near Putnam Pond on the Ticonderoga side of the Pharaoh Lake Wilderness area. The shape of Heart Pond is like a perfect valentine heart. Pace will be relaxed and we will make a counterclockwise loop visiting the old blast furnace at Rock pond on return. We may stop at the Hot Biscuit for dinner afterward. Round trip is about 5 miles.

WEDNESDAY MORNING OUTING — LEADER'S CHOICE

Wednesday, February 27

Time: 9-?

Rating: C/D

Maureen 745-7834 or mojom@adelphia.net

See beginning of "Outings" section.

FIRETOWER CHALLENGE — SPRUCE MOUNTAIN

Saturday, March 1

Time: 9:00 a.m. (meeting place TBD)

Rating: B-

Jessica Gottung 725-3859

This is a short, not too steep climb to one of the firetowers. This tower is in need of repair and not recommended for climbing. Get a nice workout in the morning and be home with plenty of time to enjoy the afternoon! Leader may bring her dog.

INTRO TO THE WINTER HIGH PEAKS — CASCADE

Sunday, March 2

Time: 7:30 am

Rating: B

Jack Whitney 793-9210 or jack1758@adelphia.net

For anyone wanting to hike a High Peak in the winter, this is one of the easiest to ascend with relatively short mileage. Roundtrip distance is about 5 miles with an elevation gain of 1,940 feet. 360-degree views are to be had from the summit (weather cooperating).

WEDNESDAY MORNING OUTING — QUEENSBURY XC SKI TRAIL

Wednesday, March 5

Time: 9-?

Rating: C/D

Maureen 745-7834 or mojom@adelphia.net

See beginning of "Outings" section.

CRANDALL PARK EVENING XC SKI

Friday, March 7

Time: 6:00 p.m.

Rating: B

Maureen Coutant 745-7834 or mojom@adelphia.net

We'll be skiing through Crandall Park — as long as we have enough snow for the lights to be on! We'll meet behind Inside Edge on Glen Street near the trail entrance and ski for about an hour or so. Afterward, we'll try to find somewhere for a bite to eat or some hot coffee or cocoa to warm up. Call for more info.

BLUEBERRY AND PORTER RIDGE

Saturday, March 8

Time: 6:30 a.m.

Rating: A

Jayne Boudier 793-3770

This is the longest, most interesting way to do Porter. Eight miles, 3,300 feet of ascent, moderate pace.

WINTER CAMPING — NO EXPERIENCE NECESSARY

Saturday, March 8

Time: 3:00 p.m.

Rating: B

Ron Lester 899-4187 or muleskinner46er@hotmail.com

We will camp atop Stewart's Ledge, a 20-minute hike from the Buck Mountain trailhead. It has an awesome view of Lake George. I have tent space for 5 people and a couple of extra stoves and sleeping bags, for the newbies lacking gear. Just bring your enthusiasm, warm parka and sense of humor.

AVALANCHE PASS SNOWSHOE

Sunday, March 9

Time: 6:30 a.m.

Rating: A-

Bob Aspholm 798-8599 or pine4422@yahoo.com

Again the winter classic; about 10 miles round trip and about 1,000' of climbing. Bring regular winter gear, snowshoes, some hot food or drink, and plenty of willpower



WEDNESDAY MORNING OUTING — MOREAU STATE PARK

Wednesday, March 12

Time: 9-?

Rating: C/D

Maureen 745-7834 or mojom@adelphia.net

See beginning of "Outings" section.

YMG — *FIRETOWER CHALLENGE* — OWLS HEAD MOUNTAIN

Saturday, March 15

Time: 7:00 a.m.

Rating: B

Jonathan Lane 744-4594 or saratoghiker@infogorp.com

This hike is geared toward hikers in their 20s and 30s, but is open to anyone who is young at heart. This is an isolated peak that offers a panoramic view of the surrounding area. Round trip distance is about 6.2 miles with 1,150' elevation change. Rain will cancel.

HAYSTACK

Sunday March 16

Time 6:00 a.m.

Rating A+

Steve Mackey 793-6484 or smackey@localnet.com

The plan is to ski from South Meadows until the bridge that crosses Phelps Brook on the Van Hoesenberg Trail (just beyond the Phelps turnoff). However, if there are some snowshoers that don't want to ski, they could leave from the LOJ and meet us at Marcy Dam (at least three people). From the bridge we will all snowshoe and continue toward Marcy. Just before the Range Trail, I hope to bushwhack a short distance and cut the corner and save some wasted elevation gain. I'll bring a rope if I need to, for the climb down Little Haystack. Expect full winter conditions, need crampons, snowshoes, and maybe skis. Around 18 miles round trip.

WEDNESDAY MORNING OUTING — COLES WOODS

Wednesday, March 19

Time: 9-?

Rating: C/D

Maureen 745-7834 or mojom@adelphia.net

See beginning of "Outings" section.

YMG — FIVE MILE MOUNTAIN

Saturday, March 22

Time: 8:30 a.m.

Rating: B

Jessica Gottung 725-3859

We will hike or snowshoe from Clay Meadow trailhead to this summit. A couple of steep spots along the way but we will take an easy pace. Leader may bring her dog.

HORNET NOTCH ADVENTURE BUSHWACK

Sunday, March 23

Time: 6:30 a.m.

Rating: A

Jayne Boudier

We'll start at the Hoffman Notch Blue Ridge trailhead. This hike can possibly be done as a loop, and we may climb Hornet Cobbles. Eight miles, 1,300 feet of ascent; moderate pace; difficulty — I don't know.

WEDNESDAY MORNING OUTING — LAKE GEORGE RECREATION TRAILS

Wednesday, March 26

Time: 9-?

Rating: C/D

Maureen 745-7834 or mojom@adelphia.net

See beginning of "Outings" section.

PEAKED MOUNTAIN

Saturday March 29

Time: TBD

Rating: B

Neal Van Dorsten or Nealvan@aol.com

This is a really pretty and diverse hike, first traversing a path along Thirteenth Lake, then following a cascading stream past several swampy fields to a pond, then a short hike to the top of Peaked Mountain. It is really a rather beautiful hike and offers great views as well as a lot of different terrain. This is roughly 6 miles round trip, with no real climbing, until the last half mile to the top of the mountain. Leader may bring dog.

PORTER AND CASCADE

Sunday, March 30

Time: 7:00 a.m.

Rating: A

Pat McCullough 798-3186 or pmccul@gmail.com

I am officially ordering a beautiful day with lots of sunshine for this hike. Anyone is welcome, but I am really leading this hike for rookies or newcomers to the world of winter hiking in the High Peaks. If you would like to try a peak in winter conditions but have been unsure of yourself, this is the trip for you. See why many of us would rather hike during the winter than at any other time of the year. Less than 9 miles and about 2,200 feet of vertical.

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Wyman Mountain, September 30, Jayne Boudier and Jean Holcomb, 4 participants

- Wyman is a great trailless mountain in the Dix Wilderness east of South Dix. Although this is not usually a particularly long hike, and we got a good start by being able to drive under the Northway and ford the river in my Toyota, Jayne still managed to make it as lengthy and difficult as possible by leading us up hill and down dale in search of an “enchanted gorge” which we were too tired to finally track down. Then it was up the far side working our way around numerous cliffs, which were thankfully scouted by Rich, so that we didn’t end up in a place from which we couldn’t retreat. The final summit dash was exhausting but worth it, as we emerged on the sunny peak with beautiful views of the Dix range to the west and the Green Mountains of Vermont to the East. We went down through the rocky draw on the near side of the mountain which is the standard approach but also a trail with issues, including a lot of loose rock and many huge boulders to clamber over. A tough hike but also a great one which left us all longing for another Boudier Bushwalk! Participants: Jayne Boudier, Jean Holcomb, Rich Myette, Elizabeth Craven.

Wednesday Morning Walk, Hudson Point, October 3, Maureen Coutant, 7 participants

- Due to the dry summer and early fall, we were able to cross the normally muddy area of the Hudson Point trail along the Hudson river. We got to the bridge and thought the river looked lower than normal ... dam work? Or just a dry fall? Participants: Maureen Coutant, Margaret Curtis, Albina Ientile, Licia Mackey, Bob Powell, Gary and Shar Rodd.

Whortleberry, Big Bad Luck and Ross Pond, October 6, Rich Crammond, 4 participants

- This was by far one of the best fall hikes to three, great ponds in the Adirondacks. Nice fall leaf color. A snowshoe hare hopping up the trail almost ran Bill Glendening over. It didn’t rain until the outing was over and boy did it come down. Thanks to the three friends for sharing this day in the Great Adirondack Mountains. Participants: Bill Glendening, Charlotte Smith, Jean Holcomb, Rich Crammond.

Dix Mountain, October 7, Bill Carpenter, Jack Whitney 6 participants

- Starting from Route 73 we hiked into Round Pond with scenic white birch and red maple trees lining the pond. Hiking up to the slide we took a break, taking in some fabulous views and then going up the trail to the right of the slide. Before we knew it, we were on the summit with 360-degree views. Participants: Garret Bishop, Wes Bishop, Bill Carpenter, Charlie Czech, John Whitney, Jack Whitney.

Tuesday Evening Paddle, Hudson River, October 9, Maureen Coutant, 7 participants

- This group would not be stopped! A short rainstorm at the meeting time subsided and the group decided to head out. The sky was a bit less threatening and we decided to be optimistic. We paddled the section from the Northway east to the dam where the feeder canal starts. We saw the booms from the old logging days and many logs sticking up in the low water. Luckily, it was a warm evening since we got soaked in a steady rain on our way back. Participants: Nancy Bakemeier, Maureen Coutant, Licia and Steve Mackey, Joy Muller-McCoola, George Sammons, Alison Saville.

Wednesday Morning Walk, Chestertown area, October 10, Maureen Coutant, 6 participants

- This was a scouting hike. We explored some trails near the Friends Lake XC ski trails in the Chestertown area. We walked into a small lake and around most of it, then wound up on a ski trail for a little while before heading back. It was a nice, easy walk through the woods followed by lunch in a hiker’s camp that wasn’t closed up for the season. Participants: Sandy Bishop, Maureen Coutant, Margaret Curtis, Licia Mackey, Bob Powell, George Sammons.

Hoffman Mountain, October 14, Jayne Boudier, 4 participants

- We had an intensely beautiful, partly sunny, partly snowy day. An early start found us starting up the ridge from Big Pond at dawn, and the rising sunlit foliage framed our first views, of many, east. Bill named local points of interest until we ascended into the softwoods and a snowsquall that left us and the mountain dusted, and later, dripping. After a while of sticky pines, we found the top and nearby view of Elk Lake. Great day! Great group! Thank you, Ken, for taking the lead. Participants: Jayne Boudier, Elisabeth Craven, Ken Ryba, Bill Tribou.

Wednesday Morning Walk, Crandall Park Trails, October 17, Licia Mackey for Maureen Coutant, 4 participants

- We walked the outer loop for a 5k, then wove back and forth across Half Way Brook between Parkview and Bustards Hill for some climbing. The Birch Hill trail was blocked by major blow down. National Grid had done extensive clearing along the power lines. A pine near them had snapped off at 30 feet. There were snitches of fall color in the bittersweet draped over the trail, the maple leaves dancing in the brook and bunches of bright crabapples weighing down its branches. An enjoyable morn for some fresh air and exercise. Participants: Bill Swartz, Irene and George Sammons, Licia Mackey.



Pharaoh Mountain, October 21, Jack Whitney, 19 participants

- Thanks to Bill and Rich for the use of their heavy duty trucks in transporting the group across the pond enroute to the trailhead. Blue skies and remaining fall color added to the enjoyment of the day. Congratulations to all for making the summit. Great things can be accomplished when a group works together. Participants: Ray Clauser, Kendra Pratt, Mickey Onofrietto, Linda Higgins, Madelein Shapineo, Barry Soicher, Ann Hunt, Bill Schwarz, Margie Litwin, Ray Boucher, Sterling Salter, Melissa Ross, Kristen Ross, Bill Carpenter, Pat Desbiens, Kathy Quoi, Sandy Yellen, Rich Vinciguera, Jack Whitney.

Tuesday-Thursday Evening Paddle, Hudson River, October 25, Maureen Coutant, 6 participants

- With almost certain rain scheduled for Tuesday, this trip was rescheduled for Thursday evening and we were glad it was. It rained all day and evening on Tuesday and was beautiful on Thursday. The colors were a bit past peak, but still wonderful. Participants: Maureen Coutant, Licia Mackey, Gary McCoola, Joy Muller-McCoola, Richard Myette, Bill Thomas.

Niagra and Nippletop Mountains, October 28, Jayne Boudier and Bob Aspholm

- Beautiful day! High water. Lots of hunters, but no shots. Our guiding brook sneaked away, but we got the ridge right and were rewarded with a great view of the land bridge and Camels Hump. Everyone was impressed by Niagra's wide open view and fierce wind. We hung around for quite a while, then headed toward Nippletop, looking up (500 ft.) wishfully before veering back toward Walker Brook to make our crossing before dark. Excellent day! Great group! Participants: Bob Aspholm, Jayne Boudier, Elisabeth Craven, Bruce Cushing, Rich Vinciguerra.

Thomas Cole and Black Dome, Catskills, October 28, Bill Bechtel and Pat Desbiens, 7 participants

- After hiking this trail once again, I still think it is one of the best Catskill hikes. It was a wonderful day to be out in the woods with sunshine most of the time, cool temperatures and great conversation. Three of us charged ahead of the main group to ascend Black Head farther down the range. In the meantime, the others proceeded to Black Dome for a leisurely lunch on a huge rock overlooking Hunter Mountain to the south and the other mountains on the "Devil's path." Looking closely, one could see the fire tower on Hunter. The Black Head group caught up to the main group on the return leg just past Thomas Cole. Fun was had by all. Participants: Bill Bechtel, Pat Desbiens, Dan Pekrol, Pat Yellon, Linda Ranado, Marge Litwin, Gary Barnard.

Wednesday Morning Walk, Cat and Thomas Mountains, October 31, Licia Mackey for Maureen Coutant, 5 participants

- During our Wednesday walk conversations, Cat and Thomas was suggested as a destination. Hmmm, none of us had been there recently, thus it was a "scouting outing." Neil and Edna Van Dorsten greeted us at the trailhead, with personal information on the preferred route. On this beautiful fall day, with promise of stunning views, in the company of enjoyable folk, why would we want to make ourselves miserable on the blue trail? George kept us apprised of our elevation gain, mileage, hiking vs. resting time on his G.P.S. Neil led us down the orange road, up Cat's yellow trail, to an awesome panorama from Tongue down to Buck around to Crane and Gore. Our view of the lake extended from the Narrows to Diamond Island. We enjoyed a leisurely lunch, soaked up the sun and scenes, then headed down. Edna and Neil departed for Edgecomb Pond as we retraced our tracks toward Thomas. A twenty-minute hike brought us to the little cabin on top. We took a brief rest, checked out the amenities and view, then scampered down and home to greet our trick-or-treaters. About 8.5 miles, hiking them this way, but what a pleasure. Thanks, Neil. Participants: Edna and Neil Van Dorsten, Bob Powell, George Sammons, Licia Mackey.

MacNaughton Mountain, November 4, Jayne Boudier and Jean Holcomb, 5 participants

- Our select group of "fit and determined" hikers was able to conquer this 47th High Peak with a minimum of trouble. Since Jayne and I had climbed it the month before we had a good notion of where a flagged trail picked up at the mouth of the brook so that the steepest part of the climb was relatively straightforward. That is not to say that a good quarter-mile on the herd path along the brook below this point is not a nasty mess of blow down with trees piled on top of one another so that this relatively flat section is both dangerous and difficult. Since our group was strong, experienced bushwhackers we got through with only a few scrapes and scratches. We met two other men on top of the mountain and, although they seemed normal enough, I think they were actually wilderness undercover agents, because when we returned from the summit the flag was missing from the turn off onto the flagged trail. This ended up causing quite a bit of confusion and delay for the return trip. Our final challenge of the day was rock hopping the Henderson Lake brook (where the bridge is down) in the dark. Fortunately for us it was a pretty dry summer. Another challenging-but-great-hike thanks to Tom, Peter and Liz who were ever helpful, cheerful and determined! Participants: Jayne Boudier, Jean Holcomb, Elizabeth Craven, Peter Abreu, Tom Foltz.

Wednesday Morning Walk, Coles Woods, November 6, Maureen Coutant, 10 participants

- It had been awhile since we'd been to Coles Woods and it was great to get back to woods in the city. We did a loop along the old XC trail and some of us continued and meandered on some other trails for awhile. Participants: Cindy Bishop, Maureen Coutant, Linda Higgins, Stephen Hiter, Albina Ientile, Licia Mackey, Bob Powell, Gary Rodd, Bill Schwarz, R Valenti.



Trip reviews

Street and Nye, November 10, Jonathan Lane, 3 participants

- What a nice day for a hike! We were quite surprised to find a few inches of SNOW on the trail, but we had a great time. Unfortunately, some of the rocks in the river were a bit too icy for rock-hopping, so a couple of us ended up wading barefoot across the river — what troopers! Overall a wonderful day with some beautiful views. Participants: Jonathan Lane, Colleen McNutt, Molly Noonan.

Avalanche Mountain, November 11, Bill Carpenter and Jack Whitney 10 participants

- We encountered a little ice on our way out to Marcy Dam and then about 4-6 inches of snow up to Avalanche Camp. We didn't need snowshoes but had to work to keep dry from the snow falling off the trees. From Avalanche lean-to we took a bearing West toward the summit. All was going well until we encountered a ledge with diminishing daylight — so we decided to wait another day to summit and turned around to head home. Participants: Peter Abreu, Steve Turon, Ray Boucher, Tom Fults, Jayne Boudier, Ray Bouchard, Bob Aspholm, Phil Alonzo, Bill Carpenter, Jack Whitney.

Lower Wolf Jaw via Bennies Brook Slide, November 12, Veterans' Day, Mike McLean, 5 participants

- We ditched a car at the Rooster Comb trailhead and headed in from the Garden via the South Side Trail. One participant found out how cold John's Brook can be in November, but was able to continue with dry socks and a positive attitude. Down the South Side Trail to Bennies Brook we followed the illegally cut ski trail that leads to the base of the slide. The slide was covered with lots of ice, so on with the crampons and let the fun begin. The ice gives way to more and more snow as we get higher. The views get better with elevation. We climbed to the top of the slide and connected with the Range Trail. One more steep climb to the top of Lower Wolf Jaw, where 6" of snow covered the area. We headed out via Hedgehog, and Rooster Comb, watching the snow disappear with the decreasing elevation. Views from Rooster Comb were spectacular this day. An excellent trip! Participants: Kevin Cox, George Baranauskas, Denise Mongillo, Dick Daniels, Alex Lombard.

Wednesday Morning Walk, Feeder Canal, Glens Falls, November 14, Maureen Coutant, 7 participants

- We returned to the beginning of the Feeder Canal but this time when we hit the SGF bridge we headed north into Glens Falls. We admired the renovation of many buildings, stopped for a coffee (to go) and cookie at Rock Hill Bakehouse, and then headed back along the trail. Participants: Maureen Coutant, Margaret Curtis, Licia Mackey, Bob Powell, Gary Rodd, George Sammons, Bill Schwarz.

McKenzie and Moose, November 18, Jayne Boudier, 4 participants

- An early start, beautiful day, and a willing, appreciative group made this trip an absolute pleasure. We took turns trail finding through the soft, eight inches of snow on the ground and branches, enjoyed all the overlooks, took lots of pictures, and bushwacked an easy last mile. Whiteface became a pink beacon in the fading light. Great group, Great day! Participants: Bruce Allard, Jayne Boudier, Tom Foltz, Josiah Vincek.

Holmes and Little Holmes Lakes, November 18, Jessica Gottung, 3 participants

- I love the path less taken! This seldom-used trail starts out on an old road which eventually turns into a trail. Minimal elevation offers an easy walk for all. In addition to the lakes, some interesting stops included the crumbling foundation pillars of an old paint mine and a brand new lean to. Our trip to Little Holmes was an adventure as I had not been there and the path was not well identified. Crisp temperatures kept us moving on this interesting trek. Participants: Christy and David O'Callaghan-Leue, Jessica Gottung.

Saratoga Battlefield Turkey Trot #9, November 22, Rich Crammond, 10 participants

- This was by far one of the greatest outings we've ever had in the park. We saw bucks and does, red tails and crows, and streams that flowed. It was cool but everyone stayed warm and really seemed to enjoy being out on this fall day. Always like to think of all the history that goes with the Battlefield also. Thanks to everyone for a nice time. Participants: Kim Ciraulo, Phil Ciraulo, Joe Spain, Mark Janey, Molly B. Noonan, Steve Bederian, Bill Schwarz, Kim Wood, Bill Woodard, Rich Crammond.

Deer Leap, November 24, Jessica Gottung, 4 participants

- A new destination for us all, Deer Leap proved to be a great little hike with fair views of northern Lake George. Just under 2.5 miles round trip, we started out in the cold, encountered some ice and a little snow, but warmed up with hot chocolate and beautiful sunshine at the summit. Participants: Bruce Cushing, Mark Janey, Stephen Hiter, Jessica Gottung and Daisy.

Invite your friends to join

ADK



Outing instructions

For more detailed information on Chapter Outings, see the "Glens Falls-Saratoga Chapter Handbook."

SIGN UP

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to call may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! **PLEASE** be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others' plans. **Trips WILL BE CANCELLED if minimums are not met**, thereby affecting all parties. For safety, the MINIMUM number for Outings is: 3 people, including the leader (4 in winter) Panera Bread unless otherwise noted in the trip description. Be there and ready to depart at the posted time (directions below).

MEETING PLACE INFORMATION

PANERA BREAD

Northway Plaza, 820 Route 9, Queensbury, NY 761-6957/3

• From NORTHWAY (I-87)

Take Exit 19 and go east on AVIATION/QUAKER Road. Follow .5 mile to ROUTE 9/GLEN STREET. Turn North (LEFT) onto ROUTE 9, then right at the light into the NORTHWAY PLAZA. Then take a left at the four-way stop, and park in front of Panera Bread.

TRAVEL INFORMATION/CAR POOLS

We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it's helpful to the 'regulars' to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

PARTICIPATION GUIDELINES

Leaders are responsible to evaluate interested parties' fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions.

*Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip. Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (AND RECENTLY) AND ARE IN GOOD SHAPE AS NECESSARY FOR THAT OUTING.**

*ADK Liability Waiver must be provided by Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors.

*No Pets allowed on outings except where designated in the description.

RATINGS

Hike Rating	Effort Level	Elevation Gain (feet)	Miles	Time (hours)
A+	Very Strenuous	4,000+	10+	10+
A	Strenuous	3,000+	5-10	8-10
B+	Moderately Strenuous	2,000+	5-10	6-8
B	Moderate	1,000+	Up to 5	5-6
C	Easy	Under 1,000	Under 5	Under 5

*Descriptions are only typical and can vary.

HIKING NEEDS/PREPARATION/EQUIPMENT

Bring Trail Food and plenty of Water on ALL hikes! *Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. — NOT 100% Cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don't trust the forecast or the sky based on the start of the day. Be prepared!

SPECIAL WINTER NEEDS

In addition to the preparation/equipment mentioned above, winter requires some EXTRA planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants will expect to bring Snow Shoes and Crampons. Bring lots of Water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with Emergency Clothing. Bring an extra wool/polypro hat, mittens and socks. Vented "Shell" pants, jackets and mittens are commonly used with warm layers beneath.

BECOME AN OUTINGS LEADER

Ask any Chapter Leader for details. Offer to CO-lead to get the 'experience!' We're always looking for new leaders to help share the fun while "filling in the calendar." New faces offer more varied outings while sharing their personal favorite destinations. Contact Outings Chair for more information. (Contact info: Pg. 3 of newsletter)

Program and meeting directions

Chapter Programs and Meetings are held monthly, alternating facilities between Glens Falls and Saratoga Springs. Brief directions are below.

More detailed information and maps can be found under "Programs" on the Chapter Web page: www.adk-gfs.org

SARATOGA SPRINGS PUBLIC LIBRARY

Henry St., Saratoga Springs, NY 12866, 584-7860

• From NORTHWAY (I-87)

Take Exit 14 onto Route 9P north (UNION AVE). Proceed 1.5 miles, past three traffic lights to a T-junction. RIGHT onto CIRCULAR ST. to the first traffic light. LEFT onto SPRING ST. for two blocks. RIGHT onto Putnam Street for 1.5 blocks. (There is public parking here also!) The library parking lot is on the right. There is a two-hour parking limit.

• From ROUTE 9 and ROUTE 50

Route 9 and route 50 converge to become the main street, Broadway, in downtown Saratoga Springs. Follow into downtown, up to the main street (BROADWAY). Turn onto SPRING ST. (right from South/left from North) at the corner of Congress Park. LEFT on the first street onto Putnam. (Parking as described above)

FIRST PRESBYTERIAN CHURCH OF GLENS FALLS

400 Glen St., Glens Falls, NY 12801, 793-2521

• From NORTHWAY (I-87)

Take Exit 18 and go east on CORINTH RD., MAIN ST., BROAD ST. (Name changes in town) Follow 2.7 miles through town, passing 5-6 lights, CVS, Stewarts on RIGHT... Road turns to SOUTH ST. You come to a "T" and a LIGHT at the monument and library ahead. Make a LEFT on GLEN ST. Pass light (at Stewarts) and make next LEFT onto NOTRE DAME (church is on corner) Park in rear.



Are you moving?

If you are moving, please forward your change of address, including new phone number, to Adirondack Mountain Club, 814 Goggins Road, Lake George, New York 12845.

You may call Headquarters at 668-4447. The Chapter receives all its mailing labels and membership lists from the Club. Therefore, any change of address need NOT be sent to the Chapter — one form or one call to the Club is all you need.



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Chepontuc Footnotes

Glens Falls-Saratoga Chapter Adirondack Mountain Club
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