



chepontuc — "Hard place to cross", Iroquois reference to Glens Falls

Chepontuc Footnotes

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

GLENS FALLS-SARATOGA CHAPTER ADIRONDACK MOUNTAIN CLUB

Registrations
must be received by
Friday, October 13

Annual Dinner

Friday, October 20, 2006

Queensbury Hotel, Glens Falls, NY • Cash Bar 5:30 p.m. • Dinner 7:00 p.m.

“Wild Visions” (new digital debut)

Featuring Special Guest Carl Heilman



Join fellow ADKers for an evening to kick back and enjoy in the finest Adirondack tradition. We are honored to welcome our own Chapter member Carl Heilman with his newly updated classic, “Wild Visions” — an award winning multi-media presentation about our relationship with the wilderness and our spiritual connection with the Earth. “Wild Visions” will be making its digital debut which, Carl says, “will mean I can pan across images, zoom, so in some ways it will be a whole new show.”

Experience the mysteries of our beloved wilderness through the eyes and ears of Carl and musical friends Dan Berggren, Dan Duggan and Peggy Lynn. We’ll take a wilderness tour through some of the most special places in the Adirondack Park. Spectacular nature photography of

the Adirondack High Peaks, foothills, and waterways is all synchronized to poetic narrative and Adirondack folk music. “Wild Visions” is an astonishingly beautiful and moving show that is widely recognized as one of the finest of its kind.

Carl’s photographs have been published regionally and nationally in books, magazines, and calendars. He has had numerous photography exhibitions throughout the upstate New York region and has won awards both regionally and nationally for his calendar photography. Please visit www.carlheilman.com for more information.

The Queensbury Hotel offers fine food and hospitality and more seating for our growing membership. We welcome non-member guests of the Chapter and invite you to join ADK at the Dinner. Please reserve early to guarantee your place at the table!



Glens Falls-Saratoga Chapter ADK Annual Dinner 2006

Vegetable Crudite, International Cheese and Fruit
Baby Spinach and Mushroom Salad, Rolls and Butter

Entree: Choice of One

- Filet of Salmon with Champagne Butter Sauce (\$23)
- Roast Prime Rib of Beef au Jus (\$29)
- Chicken Breast with Roasted Shallots in Madeira Sauce (\$22)
- Penne Pasta w/Fresh Vegetables tossed w/Pesto Cream Sauce (\$22)

Oven Roasted Yukon Gold Potatoes
Vegetable Medley
New York Style Cheesecake, Coffee, Tea, Decaf

Reservations/Directions

1. All reservations must be PREPAID and RECEIVED BY **FRIDAY, OCTOBER 13**
2. Sorry, phone reservations cannot be accepted — use mail in form below.
3. Please make checks payable to: **GLENS FALLS-SARATOGA CHAPTER ADK**
4. Mail reservation form (below) and check to:
**JOHN SCHNEIDER, 6 NONCHALANT DR.,
SARATOGA SPRINGS, NY 12866**
5. Your meal ticket will be waiting for you at the dinner (we do not mail confirmations).
6. For more information contact **SUSAN HAMLIN (518) 587-5456**
e-mail: adkdinner@yahoo.com website: www.adk-gfs.org (pdf form online)
7. Please reserve early! Sorry, we cannot accommodate past the cutoff. Thank you for your participation in the ADK community. Directions to Queensbury Hotel: 792-1121; Online at www.Queensbury Hotel.com

RESERVATION FORM

For more information, contact Susan Hamlin at (518) 587-5456.

NAME (please print clearly for your name tag)

DINNER SELECTION (PLEASE CHECK ONE)

Chicken	Beef	Fish	Pasta
\$22	\$29	\$23	\$22

1. _____	_____	_____	_____
2. _____	_____	_____	_____
3. _____	_____	_____	_____

Please enclose payment and mail to:
JOHN SCHNEIDER, 6 Nonchalant Dr., Saratoga Springs NY 12866

The many splendors of fall

BY JIM SCHNEIDER

Hard to believe, but summer is already long-in-the-tooth. As of this writing, goldenrod is getting ready to bloom and the gentians can't be far behind. Summer has simply flown by once again.

Looking ahead to autumn, mark your calendars for some events you will not want to miss:

Fellow chapter member, Stu Mesinger, has a new book out that you must read ... it's hilarious. He went through the archives of lean-to registers and pulled out so many wonderful gems ... poems, narratives, rants, raves, drawings ...

and topically organized them. The book published by ADK is called "No Place I'd Rather Be." He will be discussing and signing his book at Saratoga Springs Public Library at 7:00 p.m., Tuesday, September 12.

Our regular September program at 7:00 p.m., Thursday, September 21, at Saratoga Springs Public Library will be the return of Beth Bidwell and "New York Raptors-Live." This exciting program features many of Beth's feathered friends ... come learn about hawks, owls, vultures ... and meet them up close and personal.

Friday, October 20, is our chapter's annual dinner. After years of sellout attendance, we are moving to the larger Queensbury Hotel. You will not want to miss the very special program we have planned for you. Carl Heilman will be presenting "Wild Visions" in a new digital format which he says enables him to pan across images, zoom; it will

be an exciting new show.

Saturday, November 4, brings the return of Harvest Moon Madness, ADK's annual auction gala benefiting our club's programs. This year's event

will be held at the beautiful Hall of Springs in Saratoga Spa State Park. I always pick up choice items in the auctions ... the food's great, the setting is unique ... plan on being there.

•••

We extend a big welcome to Bill Bechtel to our executive committee as he takes over the publicity duties for the chapter. Many of you know Bill and have hiked with him and now

we look forward to working with him in getting our chapter news out to the media. Jonathan Lane brings tremendous enthusiasm to his newly formed "young members group." Jonathan and company want to connect people in their 20s and 30s to share ADK opportunities, knowledge, and experiences. Look for those activities noted as "YMG" and spread the word.

•••

Be sure to look at our outings offerings this time around. Simply, impressive! It is perhaps the most diverse list of activities I have seen put together by our chapter. Thanks once again to Patti Schwankert for her hard work and to all the outings leaders. There are so many leaders ... 21 different people are leading this time around ... many paddle trips including paddle camping ... hiking and walks for everyone; backpacking and day hikes ... well done everyone!

CHAPTER CHAIR Report

Autumn brings many treats: the Annual Chapter Dinner, Harvest Moon Madness and many, many great outings!

Chepontuc Footnotes

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Glens Falls-Saratoga Chapter
ADIRONDACK MOUNTAIN CLUB
P.O. Box 2314 Glens Falls, NY 12801
www.adk-gfs.org

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3258 State Route 4, Hudson Falls, NY 12839
Phone: 747-0700 • E-mail: ddroadwarrior@adelphia.net

New York Raptors Live! with Beth Bidwell

This year our fall program schedule starts off with a bang. Beth Bidwell will bring her traveling bird menagerie to Saratoga Springs Public Library at 7 p.m., Thursday, September 21. This will be an opportunity to see live raptors up close and personal. Beth's selection of live birds includes owls, hawks and a very lovable turkey vulture. Seeing these creatures in the intimate setting of the Community Room at the library will be an unforgettable experience, especially for young children.

Beth is the founder, head and all-around manager of the Wildlife Institute of New

York. Licensed to care for injured and disabled animals of all kinds she has accumulated an outstanding collection of birds of prey who for various reasons cannot be returned to the wild. These creatures need plenty of loving care and depend on support from educational programs and demonstrations for their continued survival. Programs such as ours serve the dual purpose of educating and entertaining the public while giving these unique creatures a chance to earn their keep. Each bird is unveiled individually so that there are no squabbles and each is handled in a most

humane and gentle manner.

Beth is a true professional who brings humor to her very informative program while respecting the needs and sensibilities of the birds under her care. If you have always wanted to see a peregrine falcon up close but had to make do with video footage or a tiny speck high up in the clouds, this is your chance. Also that barred owl that kept you up all night at your last campsite can come out in the open and show his true feathers.

Don't forget to mark your calendar and be sure to pry the little ones away from the TV for a very special hour that will excite and inspire!

This program is free and open to the public. There are no reservations so seating will be on a first-come, first-served basis.

Program

'NEW YORK RAPTORS LIVE!'

WHEN: 7 P.M.
SEPTEMBER 21

WHAT: EDUCATIONAL
PROGRAM WITH BETH BIDWELL

WHERE:
SARATOGA SPRINGS
PUBLIC LIBRARY
COMMUNITY ROOM

Journey through Southern Africa

Come along on an outdoor journey through South Africa and Namibia. Explore areas of southern Africa as varied as Table Mountain in Cape Town, the Cape of Good Hope, the most southern tip of the African Continent (not the Cape of Good Hope), Tsitsikamma National Park, the African bush, the Drakenberg Mountains, three different wild game preserves, and the world's oldest desert. Come see animals in the wild that you see here only in zoos — zebra, giraffe, elephant, lion, rhino, buffalo, leopard, penguin, seal, gnu, impala, kudu, hippo, jackal, wart hog, bush pig, monkey, ostrich, toucan, marabou stork, and many others. View ant hills larger than humans, unusual plants and flowers, and more water-carved potholes in one place than you will want to see. Come experience some of the highest sand dunes in the world — in the rain! — and also see people surf on sand dunes. View San bushman art of paintings and engravings many thousands of years old. Come along on three different safaris — two by car and one on foot. Set foot on infamous Robben Island, within sight of Cape Town, where Nelson Mandela and others were imprisoned during apartheid. Join John Schneider as he and three women, touring three countries (they also visited Swaziland), not only experience the great outdoors but also visit with South Africans and Namibians in their homes and in their schools.

Program

'THROUGH SOUTHERN AFRICA'

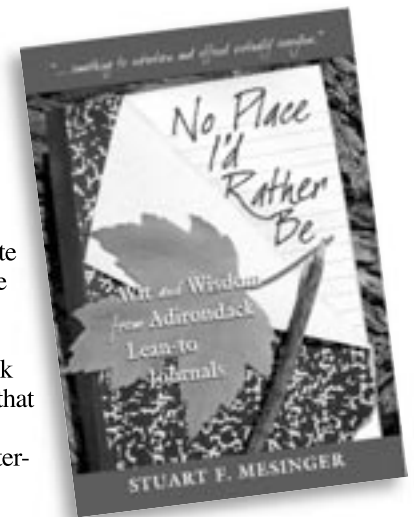
WHEN: 7 P.M.
NOVEMBER 16

WHAT: SLIDE PRESENTATION
WITH JOHN SCHNEIDER

WHERE:
SARATOGA SPRINGS
PUBLIC LIBRARY
COMMUNITY ROOM

Wisdom found in lean-to journal entries

ADK Glens Falls-Saratoga chapter member, Stu Mesinger has published a really funny and entertaining book. Come and hear Stu talk about his personal adventures and how he came to write this book. We're quite sure Stu will talk about the lean-to journal entries he included in his book, but we're also hoping he'll talk about some of the entries that he left out. Stu's program will undoubtedly be as entertaining as his book.



Program

'NO PLACE I'D RATHER BE'

WHEN: 7 P.M., SEPTEMBER 12

WHAT: TALK WITH STU MESINGER

WHERE: SARATOGA SPRINGS PUBLIC LIBRARY COMMUNITY ROOM





ADIRONDACK MOUNTAIN CLUB



10th Annual Silent & Live Auction Gala

To Benefit ADK's Programs in Conservation, Education & Recreation

HARVEST MOON MADNESS

November 4, 2006

5:30 pm - 9:30 pm

The Hall of Springs, Saratoga Springs, NY



Bid on: Outdoor Gear and Apparel, Artwork,
Jewelry, Chapter Baskets, and Weekend Getaways

Featuring Works Donated by ADK member Artists and Artisans

Cocktail Reception & Dinner

Wine Tasting by Brown-Forman Wine Company

Beer Tasting by Cooperstown Brewing Company

For more information: 518-668-4447 • Preview auction items at www.adk.org



EDUCATION CORNER

The Education Committee has had an eventful year. On July 15, we initiated our Hike & Learn Program. Unfortunately, but understandably, the 90-plus-degree forecast caused most to cancel out. However, young Samuel Jacobs celebrated his seventh birthday and Grandpa Al Fertel hiked up Hadley Mountain while learning about everyday items that can help in case of an emergency. On top they were greeted by the Hadley summer summit guide, Chris Murphy, who spoke to young Samuel about safety on the summit and on the tower. Sam was then treated to a tour of the ranger cabin. As of this writing, we have a group of six youngsters preparing to learn the basics of map and compass in the Pharaoh Wilderness area. Hopefully, there will be enough interest and volunteers to keep this program going.

Six students also enjoyed outdoor educational and recreational experiences as part of the DEC Camp Colby and Pack Forest programs and the ADK Teen Trails program.

Deanna Russell, who attended Pack Forest, had this to say: "I had so much fun and learned a lot about myself, the environment, and the other campers. I talked to several of the counselors about the colleges I'm interested in and the major I would like to go into and they gave me a lot of information and encouragement. I really liked everything about the camp though. I enjoyed the lessons on plants, animals, ecosystems, hiking up trails to observe wildlife ... This camp was such an amazing experience and I met some incredible people and I hope other people next year have as much fun as I did."

We will continue to sponsor youth for each of these programs. Details will appear in the next newsletter.

I will close as usual ... with an appeal for others to join Nancy and Bob Buckley and myself as members of the Education Committee. We are open to new ideas and are always seeking volunteers to lead activities to keep our youth educated and involved in the appreciation of their environment and all it has to offer. If interested, you may reach me at lrnado@hotmail.com or 696-7265.

— Linda Ranado
Education Chair

Younger Members Group

Due to popular demand, the Glens Falls-Saratoga Chapter has formed a new group geared for people in their 20s and 30s. The main goals for the YMG include: to increase participation by providing appealing activities, to grow membership in the Glens Falls-Saratoga Chapter, to share the knowledge on ADK opportunities, and to provide opportunities to meet like-minded people in the same age-range. Even though YMG outings and programs are designed with people in their 20s and 30s in mind, as with all Glens Falls-Saratoga "theme" activities, these are open to anyone interested! If you'd like to become active with the Younger Members Group, please contact Jonathan Lane at saratogahiker@infogorp.com or 693-1610.

Spa City CROPwalk

Join the Saratoga Springs CROP walk for a five-mile stroll through the city. The CROPwalk raises money for hunger relief projects around the world, with about a quarter of the funds going to local food pantries. You do not need to contribute or raise money to join us — just the presence of walkers helps promote this good cause. Meet in Congress Park at the statue of "Spirit of Life" at 1:00 p.m. on Sunday, October 15. For more information, contact one of the ADKers who are helping to organize this event: Fran Suarez (587-8612), Charlotte Smith (301-0819), or Bob Dake (584-1776).

Glens Falls/Saratoga Chapter picnic

The First Annual (yes, hopefully I can call it this) Glens Falls/Saratoga Chapter picnic was held on Saturday, June 17, at Moreau State Park. It was a small group that arrived — some people cancelled, I'm sure due to the less than stellar weather forecast. The rain did clear out before our event actually got under way and the day actually did improve as the hours passed. In the morning, part of the group joined Maureen Coutant for a short paddle around Moreau Lake while the others followed Barb Bave on a nature hike around Mud Pond. Everyone gathered back at our reserved tent site on the beach and next to the volleyball court for a delicious lunch of sandwiches, salads, and soda. After lunch, and with the sun now shining, some of those who felt the need to work off their lunch loaded their kayaks onto their cars and headed off to the Hudson River for a couple of hours of leisurely kayaking. Some others joined Bill Schwarz for a hike up to the ridge overlooking the park and the remainder of us chose to sit around the site and enjoy lively conversation and friendly company. Many thanks go to the Mackey's, Steve and Licia for supplying all the food for this picnic — it certainly is helpful to have someone with expertise in the catering business. Thanks also to James Dickson, a new member, for the delicious pie he contributed for dessert (not a morsel was left over); to Bill Schwarz, Mo Coutant and Barb Bave for volunteering to lead outings for the day and most especially a heartfelt thank you to the ladies who served on the Planning Committee with me for this event: Linda Ranado, Barb Bave, Mo Coutant and Jackie Bave — you all made my work much easier.

Hope to see many of you at a similar event next year — after all, you never know what new friendships you may make.

— Pat Desbiens, Picnic Chair



Outings News & New Outings Leaders

Some names on the schedule this month may look familiar as they've been around the Chapter for years. Bill Bechtel, highlighted below, is one of those folks. As life demands can dictate our free/fun time, we are most grateful for the dedication of all our leaders ... the new, the returning and those with unbroken/continued service ... Thanks.

Our new 'Younger Member' recruits are really filling in the blanks with some mid-range outings to not-so-far-away places. Remember that all theme outings are designed to attract sub-groups with shared qualities or interests, but are not exclusive. Just call the leader if you're not in the "YMGI" but are interested in a trip!

Hoping to assist ADK/HQ in enhancing the appeal of Harvest Moon Madness (Nov. 4), we're teeing up a couple outings with HMM travelers in mind. A special invitation has also been extended

to the North Jersey Chapter to join us during their Lake George/Chapter Fall Outing (Oct. 7-8). As usual, Chapter trips are open to ALL ADK members and the public as well.

We always welcome eager leaders with fresh ideas, enthusiasm, and earnest commitment to ADK's mission. Come join them and fellow members! It will enrich your experiences on the water, on/off the trails and in life!

— *Patti Schwankert,*
GFS Outings Chair
518-371-5510 pjschwank@aol.com

BILL BECHTEL

I have always been a hiker. As a youth I hiked the "Blue" and "South" Mountains in Pennsylvania. Those are local names for the mountains bordering the north and south sides of Lebanon Valley. The Appalachian trail runs along

the "Blue" mountain ridge. I have hiked some of this trail and after hiking the Adirondacks I can tell you it is pretty boring. I grew up in Lebanon, Penn., attended Penn State University for much too short a time, and have been working for General Electric in Schenectady since 1970. When I went on my GE interview I had no clue where Schenectady was. However, now after hiking, skiing, snowshoeing, canoeing and sailing in the Adirondacks and Catskills I would never return to Pennsylvania or move farther South as so many of our friends are doing. My wife Karen and I have been living in Glenville since 1972. During that time we raised three sons and now in addition we have three daughters-in-law and five wonderful grandchildren with another on the way. I am sure that some or all of them will become my hiking buddies, as I grow older.

New members

GF-S CHAPTER

May

- Paul Abess, Queensbury
- Anita Abrams-Elford & John Elford, North River
- Joseph & Gail Bouck, Latham
- Tim & Diane Boyle, Malta
- Richard Bubbico, Norwalk, Ct.
- Gregory, Heather & Reagan Comora, Gansevoort
- Patience Dougherty, Troy
- Barbara Drake, Bolton Landing
- Christine Ferris-Hubbard, John Hubbard, Jeremy & Tom Ferris, Salem
- Frances Filshie, Schroon Lake
- Eric & Patty Fitzgerald, Hudson Falls
- Ed & Margaret Gerling, Ballston Lake
- A.J. Glaude, Rexford
- Suzanne, Jeff, Richard & Tyler Goldberg, Queensbury
- Christopher Green, Glens Falls
- Susan Hender, Northville

- John Hinchliffe, Fort Edward
- Adam & Caera Horwitz, Brookline, Massachusetts
- Denis Huden, Queensbury
- Sarah Iacobacci, Ballston Lake
- Theodore, Beth & Courtney Karis, Ballston Spa
- Michael Knights, Glens Falls
- Dan Machell, Glens Falls
- Joan Marcher, Putnam Station, New York
- Judith & Javier Martialay, Sea Cliff, NY
- Sydney McLean, Fort Edward
- Christine Meins, Lake George
- John & Sheila Michaels, Queensbury
- David Mongillo, Saratoga Springs
- William Morehouse, Broadalbin
- Eric Ostrander, Queensbury
- Dennis & Jeanne Picano, Queensbury
- Ermina Pincombe, Northville
- David Pincombe, Northville
- Jon Prasek, Middle Grove
- Jawahir Reifenheiser, Argyle
- Justus Ritchie, Lake Luzerne
- Sheila Ryan, Glens Falls
- Karl & Anne Smoczynski, Queensbury
- Vincent Sporrer, Gansevoort
- Melvin Stacy, Sarah & Jake Mellin, Glens Falls
- Jon & Luann Toussaint, Delmar

- George & Jean Weed, Galway

June

- Thomas, Linda, Andrea & Jeremy Apple, Warrensburg
- Jeffrey Apple, Warrensburg
- Jim, Annmarie, Emily, Ben & Lauren Carberry, Queensbury
- Kim Ciraulo, Niskayuna
- Charlie & Linda Czech, Hadley
- Thomas & Jean Donnelly, Glens Falls
- Susan Grady, Lake George
- Robin Holevinski, Lake Luzerne
- Don & Jane Hughes, Saratoga Springs
- Ken Karges, Saratoga Springs
- Lisa Martinez, Stillwater
- Deborah Mason, Gansevoort
- Maura McNamara, Saratoga Springs
- Isabelle Monroe & James VanDerome, Dansville, NY
- Kathy Povey, Hadley
- Lisa Rosenfeld, Queensbury
- John Ryan, Glens Falls
- George & Irene Sammons, Queensbury
- David Smith, Queensbury
- Jackie Thorne, Saratoga Springs
- Christine Young, Clifton Park



ADK Board meeting highlights

Board of Directors (BOD) meetings are open to all members. The remaining 2006 meetings will be at Adirondack Mountain Club Headquarters in Lake George on September 16 and December 2 at 10:00 a.m.

ADK Club committees are open to ALL members. Your participation is welcome and encouraged. Contact HQ (668-4447) for information on meetings or contact Maureen Coutant or John Schneider

Highlights of 6/24/06 BOD meeting:

Bob Wilcox, Harvest Moon Madness Chair, made a presentation on ADK's fall fundraiser and encouraged everyone to attend and to be as generous as possible. If you have any ideas for Corporate Sponsors please contact lorraine@adk.org.

Fall Outing will be Sept 29-Oct. 1 in the Star Lake-Cranberry Lake area. There are all kinds of trips planned and opportunities to stay at cottages on the lakes. See www.adktravel.org/fallouting.htm for info.

OFFICERS' REPORTS:

President's Report: Curt Miller

Thanked all the volunteers who took part in the Spring workdays/weekends at ADK properties to get ready for another busy year. Also reported concerns about finances in light of membership losses and reduced revenues in some areas. Staff has adjusted expenses to contain losses. An effort will be made to improve communications, specifically *Adirondac* and the website.

Executive Director: Neil Woodworth

NYS legislature approved \$225 million Environmental Protection Fund

ADK and NYS are continuing discussions of a new visitor's center replacement parking lot at Heart Lake. Current thinking is to

long-term lease rather than sell anything to NYS.

ADK received a grant for a forest preserve project to map out use of Adirondack and Catskill forest preserves.

A \$5,000 grant was received to update and improve *Adirondac* and internet content.

Operations: John Million

Summer staff has been hired and trained.

Education's school outreach programs have wrapped up and education program at Heart Lake are starting up: lecture series, host programs, demos, etc.

Our ADK Education director and an assistant have been invited to Siberia for an expense-paid trip to teach Leave No Trace courses and other skills to a group that has been visiting the U.S. over the past few years.

Trails volunteer program has been very successful with approximately 90 volunteers at Inlet for National Trails Day.

Publications: No Place I'd Rather Be by ADK Glens Falls-Saratoga Chapter member Stuart Mesinger is now available. This book was written based upon lean-to journal entries and is great. Stuart did a reading for the BOD and signed books during a break. Publications sales were up for May and ADK hopes this trend continues.

ADK facilities had an impressive amount of volunteer work done in the spring. Wind damage at the campground was cleaned up, a new roof put on a cabin, ADK Loj's floors were refinished and new front door installed. JBL fly-in this spring was 56 helicopter flights carrying 42,000 pounds of material, 12,000 pounds of rock and soil to fix the leach field. The roofing project at JBL was also completed. At Headquarters,

the pressure washing/staining continues.

ADK lodges occupancy rates are doing very well. The 1993 Heart Lake Master Plan has been revisited to assess progress and plan for the future.

Membership and Development: Joe Silberlicht

The number of members from a year ago is up but down from March, indicating the Spring Appeal did not go well. Other approaches other than direct mail appeals are being explored.

The Membership Director also requested help from anyone interested.

Treasurer: Tom Wheeler

The May financial statements were presented which were generally positive. North Country Operations had a strong May and strong reservations for the summer. Trails have better funding this year and publications are near budget for May. Membership acquisitions are still problematic and strong revenues need to come in from Development. So, support ADK at the fundraiser and with year-end giving!

RESOLUTIONS — The following were discussed:

- An updated Conservation Committee Charter was adopted which updated language.
- A resolution to establish parameters of the trails construction and maintenance projects conducted by ADK.
- A resolution to increase membership dues for the first time since 2002 was approved. The dues increase resolution and notification of the change to be published in *Adirondac* prior to being implemented.

Slate of officers

The 2006 Nominating Committee of the Adirondack Mountain Club Glens Falls-Saratoga Chapter presents the following slate of officers to be voted on at the Annual Dinner October 20, 2006:

Chair: Jim Schneider

Treasurer: John Schneider

Vice chairs: Maureen Coutant
Jean Holcomb
Heidi teReile

Directors: John Schneider
(term continuing)
Laura Fiske

Secretary: John Caffry



Conservation News

Environmental Protection Fund Approved

— The Governor and the legislature approved a \$225 million EPF in late June. ADK's Neil Woodworth and Marisa Tedisco, as well as several other environmental groups, successfully lobbied to have this important fund approved before the legislative session came to an end. The EPF dedicates \$50 million for land acquisition of priority open space projects, \$15 million for state land stewardship to support unit management planning, Summit Stewards, and trail work, and \$23 million for farmland protection. Thanks to all of you who followed up on the Action Alert on our chapter's website and wrote to your legislators.

Competitive Events in Wilderness Areas of the Adirondack Park — The debate over the appropriateness of competitive events in wilderness areas of the Adirondack Park continues. The Mountaineer's Great Adirondack Trail Run, the 90-mile Adirondack Canoe Classic, the Hoffman Notch Wilderness Snoeshoe Race, the Wakely Ultra Trail Run and the Black Fly Mountain Bike Race are all held in the Adirondack Park. Some of these races are held in areas of the park designated as wilderness. Supporters of such events claim they are a legitimate way to enjoy wilderness.

Opponents say that competitive races don't belong in wilderness areas, and that they disrupt the enjoyment of these areas by those seeking the solitude and serenity of "forever wild". The Adirondack Park Agency took up the issue at its July meeting, where Supervisor of Regional Planning, Rick Weber, stated that competitive events do not fit staff view as to what is appropriate in a wilderness setting. New York State's Department of Environmental Conservation and the Forest Preserve Advisory Committee will develop written guidelines for such events, and the Adirondack Park Agency will again consider these issues after these guidelines have been written.

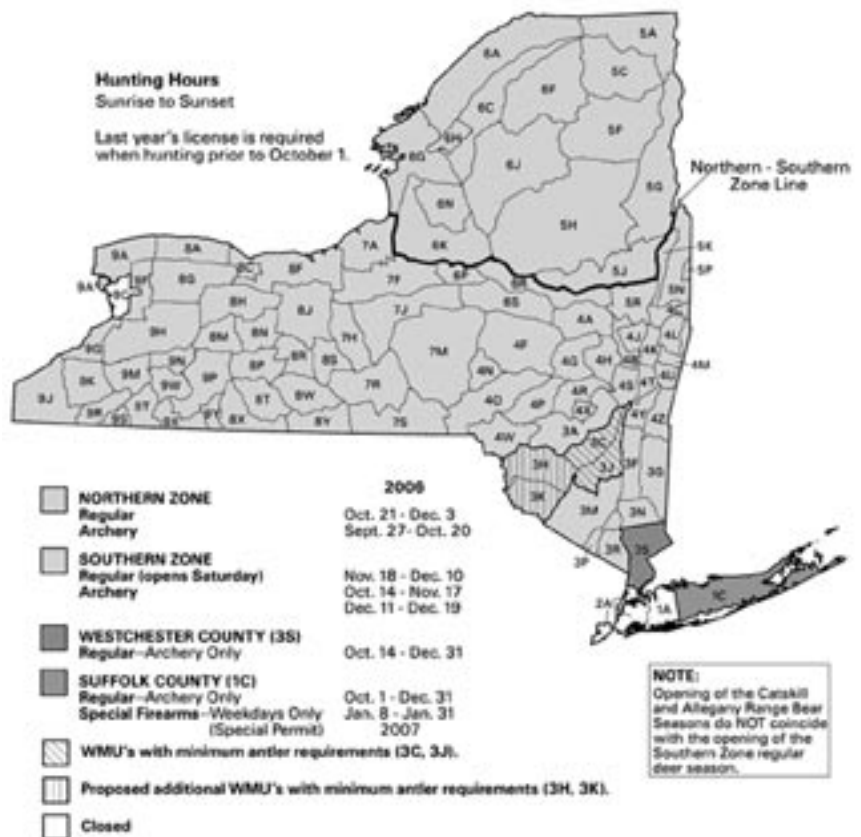
Industrial Wind Power in the Adirondack Park — Another issue causing debate is that of the appropriateness of wind power in the Adirondack Park. This issue has been discussed in editorials, symposiums and informational meetings ever since the Barton Group proposed to build 280-foot wind towers on Pete Gay Mountain in Johnsbury. Supporters maintain that wind energy is an important energy source alternative to fossil fuels, and will help to reduce global climate change. Opponents object to the towers because of their impact on the wilderness landscape and the relatively small amount of energy that will be produced. The Residents' Committee to Protect the Adirondacks presented a detailed report about the debate over wind power in the Adirondack Park in their June 2006 Park Report, which is available on their website (www.rcpa.org).

— Jacki Bave, Conservation Chair

Deer Hunting Season

(Please be aware that there are other open hunting seasons in the fall. Be informed and be safe.

For more information:
www.dec.state.ny.us)



Source: <http://www.dec.state.ny.us/website/dfwmr/wildlife/guide/regdeer.html> (retrieved August 4, 2006)



Outings and programs schedule

DIRECTIONS FOR OUTINGS, PROGRAMS & MEETINGS are on inside rear cover. OUTINGS DETAILS & CONTACT INFORMATION are found in the "Outings" section. Changes or additions made after publication can be seen on our web page: www.adk-gfs.org

Programs held at 7 p.m., on a THURSDAY of each month (except July and August) and alternate between the Glens Falls Presbyterian Church and the Saratoga Library. Future Programs: September 12-SS, November 16-SS

Executive Committee Meetings held at 7 p.m., on the first WEDNESDAY of the month (except July and August) and alternate between Glens Falls National Bank Community Room and Saratoga-Wesley Future Meetings; September 6-GF, October 4-SS, November 1-GF, December 6-??

Outings Committee Meetings held the 3rd/4th WEDNESDAY, alternating months at 7:00 p.m. and alternate between Glens Falls National Bank Community Room and Saratoga Starbucks (Broadway). Future Meetings: September 27, November 30

YMG — Younger Members Group.

September		Outing Type	Destination	Leader/Contact	Rating
2	SAT	Hike	*YMG* — *Firetower Challenge* — Azure and St. Regis	Lane	B+
3	SUN	Paddle/Climb	St. Regis Mountain Canoe/Kayak and Climb	McLean	B-
5	TUES	Paddle	Warren/Saratoga County Paddles	Coutant	C
6	WED	Meeting	Executive Committee Meeting Location: Glens Falls	Schneider	—
9-10	SAT-SUN	Paddle	Bog River Flow Canoe & Camp	Tabor	A
9	SAT	Hike	*YMG* — Big Slide/Yard	Lane	A
10	SUN	Hike	Haystack	Whitney	A+
12	TUE	Program	"No Place I'd Rather Be," Stu Mesinger, Saratoga Library	Holcomb	—
13	WED	Walk	Morning Walks — Glens Falls Area	Coutant	D or C
16	SAT	Hike	*Full Mooner Hike* — Saratoga Battlefield	Genett	C
16	SAT	Hike	Round Mountain	Shevy	B
17	SUN	Hike	East Dix Slide (Grace Peak) to Macomb Slide	Bechtel/Schneider	A
17	SUN	Hike	Tabletop	Desbiens	B+
19	TUES	Paddle	Warren/Saratoga County Paddles	Coutant	C
20	WED	Walk	Morning Walks — Glens Falls Area	Coutant	D or C
21	THURS	Program	New York Raptors — LIVE!	Bidwell	—
23-25	SAT-MON	Camp	Duck Hole to Wanika Falls Camping	Bouder/Taber	A
23	SAT	Hike	Moreau Lake	Schwarz	B+
23	SAT	Hike	The Swards	Lester	A+
24	SUN	Hike	*YMG* — *Firetower Challenge* — Balsam Lake & Red Hill – Catskills	Lane	B+
24	SUN	Hike	Thomas & Cat Mountains — Lake George	Whitney	B
27	WED	Walk	Morning Walks — Glens Falls Area	Coutant	D or C
27	WED	Meeting	Outings Leaders Meeting — Location: TBD	Schwankert	—
30	SAT	Hike	Jay Range	Bave, J.	B+
30	SAT	Hike	*YMG* — Good Luck Cliffs	Gottung	C+
30	SAT	Hike	*YMG* — *Firetower Challenge — Tremper & Overlook — Catskills	Lane	A
October					
1	SUN	Hike	Pitchoff	Whitney	B
3	TUES	Paddle	Warren/Saratoga County Paddles	Coutant	C
4	WED	Walk	Morning Walks — Glens Falls Area	Coutant	D or C
4	WED	Meeting	Executive Committee Meeting, Saratoga Springs	Schneider	—
7	SAT	Hike	Full Mooner Hike — Saratoga Battlefield	Genett	C
7	SAT	Hike	Cheney Pond and Lester Flow	Crammond	C+
7	SAT	Hike	Mt. Greylock — Massachusetts	Lester	B
7	SAT	Hike	Tongue Mountain Range	Mogelever/Gottung	A
8	SUN	Hike	Hoffman Mountain Bushwhack	Bouder	A
8	SUN	Hike	Gothics and Armstrong	Whitney	A+
11	WED	Walk	Morning Walks — Glens Falls Area	Coutant	D or C
14	SAT	Hike	*YMG* — *Fire Tower* — Kane Mountain and Stewart & Indian Lakes	Gottung	B-
14	SAT	Hike	Sawteeth	Holcomb	A
15	SUN	Hike	Cat Mountain — Lake George	Shevy	B
17	TUES	Paddle	Warren/Saratoga County Paddles	Coutant	C
18	WED	Walk	Morning Walks — Glens Falls Area	Coutant	D or C
20	FRI	Walk	Hudson Pointe Nature Preserve	Coutant	Everyone
20	FRI	Annual Dinner	Annual Dinner-Queensbury Hotel	Hamiin	—
21	SAT	Hike	Sleeping Beauty	Whitney	C
22	SUN	Hike	Santanoni from Bradley Pond Trail Head	McLean	A
22	SUN	Hike	West Hale Bushwhack (Hammond Pond area)	Bouder	A
25	WED	Walk	Morning Walks — Glens Falls Area	Coutant	D or C
28	SAT	Hike	Peaked Rock	Tabor	B+
28	SAT	Hike	Dix Mountain	Holcomb	A
29	SUN	Hike	Snow Mountain — Keene Valley	Shevy	B
November					
1	WED	Meeting	Executive Committee Meeting, Glens Falls	Schneider	—
4	SAT	Hike	*YMG* — Tenant Creek (Hope) Falls	Gottung	C
4	SAT	Hike	Tongue Mountain — 5 th Peak Lean To — Harvest Moon Madness	Desbiens	B
5	SUN	Hike	Saratoga Battlefield — Harvest Moon Madness	Schwankert	C+
11	SAT	Hike	Woods Hollow Nature Preserve	Suarez/Dake	C
16	THU	Program	"Through Southern Africa", John Schneider, Saratoga Library	Holcomb	—
23	THU	Hike	Saratoga Battlefield — Turkey Trot #8	Crammond	C+
30	WED	Meeting	Outings Leaders Meeting Location: TBD	Schwankert	—



Outings

PLEASE NOTE: *Designated hikes (family, new member, etc.) are geared for a special purpose, but are not exclusive. If you would like to attend any outing, please call the trip leader. Also, please be sure to refer to the outing instructions at the back of the newsletter to be prepared for the outing.*

***YMG* — *FIRE TOWER CHALLENGE* — AZURE AND ST. REGIS**

Saturday, September 2

Time: 7:00 a.m.

Rating: B+

Jonathan Lane 693-1610 or saratoghiker@infogorp.com

This hike is geared toward hikers in their 20s and 30s, but is open to anyone. Azure is a short hike at only 2.0 miles round trip. This will be a nice warm-up for St. Regis, which is 6.8 miles round-trip and has 1,266 ft of elevation. Both of these peaks have Fire Towers!

ST. REGIS MOUNTAIN CANOE/KAYAK AND CLIMB

Sunday, September 3

Time: 8:30 a.m. at Paul Smiths College Boat Launch

Rating: B-

Mike McLean 315-262-2564 or mpmclean@twcny.rr.com

We will launch our canoes/kayaks 8:30ish and paddle across Lower St. Regis, Spitfire and Upper St. Regis, admiring the scenery and impressive camps and ditch our canoes on State Land in a bay called Spring Cove. From there, a well-defined path intersects the hiking trail to the summit near the former cabin site. St. Regis Mountain has incredible views. A few miles of paddling and a few miles of hiking.

WARREN/SARATOGA COUNTY PADDLES

Date: Tuesday evening September 5

Time: TBD

Rating: Easy

Maureen 745-7834 or mojim@adelphia.net

I have a Precision swift kayak — slow and stable and that's the clue to the type of trip I'll be doing. We'll be meandering on some flat water somewhere near Exit 19 of the Northway. Call or e-mail a couple days prior to get more info. Group size limited to 8, so call in advance if interested.

BOG RIVER FLOW CANOE AND CAMP

Saturday-Sunday, September 9-10

Time: 8:00 a.m.

Rating: A

Don Taber 686-3105

We will launch at Lows Lower Dam and camp on Hitchins Pond. Saturday afternoon we will do a short, steep hike to an outlook with great views of the area. Sunday will start with a short carry around Lows Upper Dam and on to explore the Bog River Flow. Round trip distance is about 13 miles. Call leader for more information.

***YMG* — *HIGH PEAK* — BIG SLIDE**

Saturday, September 9

Time: 7:30 a.m.

Rating: A

Jonathan Lane 693-1610 or saratoghiker@infogorp.com

This hike is geared toward hikers in their 20s and 30s, but is open to anyone who wants to tackle this High Peak. We will ascend via the Brothers and descend by way of the Slide Mountain Brook Trail and Phelps Trail. Elevation change of 2,800 ft. Round trip distance is about 9.5 miles.

HAYSTACK

Sunday, September 10

Time: 5:30 a.m.

Rating: A+

Jack Whitney 793-9210 jack1758@adelphia.net

Maybe the fall foliage will be starting. Hike along with us and see one of the finest views from the summit of the third highest peak in NY. We will start from the Garden trail head in Keene. Round trip distance around 18 miles.

GLENS FALLS AREA WEDNESDAY MORNING WALKS

Wednesday, September 13

Time: 9ish-11ish

Rating: D or C (Short distances but fairly quick pace)

Maureen 745-7834 or mojim@adelphia.net

Join me for a brisk short walk through Glens Falls area parks and other areas while my daughter is at preschool. Crandall and Hovey Parks, the bike trail, feeder canal, Hudson Point ... Call a few days ahead for the area we will be exploring and the meeting place and time.

***FULL MOONER HIKE* — SARATOGA BATTLEFIELD**

Saturday, September 16

Rating: C

Time: TBD, Northway (87), Exit 9 Park & Ride in Clifton Park or Battlefield Visitor Center

Aileen Genett 482-9101 solice212@yahoo.com; Please call by 9 p.m., Friday, September 15, or e-mail for meet time.

This is a joint-chapter, monthly event and a rare opportunity to enjoy this National Park during the off-hours. Come one, come all to the full moon walk through the Saratoga Battlefield. We'll walk 4 miles along the Tour road to the Nielsen Farmhouse. Dress appropriately in layers, walking shoes, gloves, layers, bug dope and flashlight, etc. Rain cancels. Dessert/drink afterward. Permit fee of \$1.00 pp.

ROUND MOUNTAIN

Saturday, September 16

Time: TBA

Rating: B

Sheri Shevy 854-9167

Round Mountain is rarely listed as a chapter hike, however I enjoy this mountain as it has beautiful views of the cliffs and slides on Giant. I'd like to make a loop starting at the Noonmark trail and descending by way of the old Dix trail. Round trip from the Ausable Club road is 4.6 miles with an elevation gain of 1,820 feet.



EAST DIX SLIDE (GRACE PEAK) TO MACOMB SLIDE

Sunday, September 17

Time: 6:00 a.m.

Rating: A

Bill Bechtel 399-1206

Jim Schneider 581-9367

Start of hike is along the Boquet River at the stone bridge on Route 73, but you have to remind the leaders to spot cars at the Elk Lake trailhead on our way north. The route follows the herdpath along the various branches of the Bouquet River until we reach the base of the East Dix (Grace Peak) slide. Upon climbing the slide, summiting East Dix (Grace Peak), South Dix (Carson Peak), and Macomb we will descend the Macomb slide and hike out on the Dix Mountain trail to the Elk Lake trailhead (spotted cars awaiting). Should be comfortable with climbing and descending very steep slope. Dry conditions must exist for safe slide climbing; otherwise trip will be canceled. Distance: approximately 12 miles with plenty of vertical.

TABLETOP MOUNTAIN

Sunday, September 17

Time: 6:30 a.m.

Rating: A

Pat Desbiens 899-9688 or pdesbien@nycap.rr.com

From HPIC we will take the Van Hoesenberg Trail and just short of Indian Falls start up the unmaintained trail about 0.7 mile to the summit of Tabletop. On the return we can take a side trip up to see beautiful Indian Falls and then decide whether we are going to retrace our route back to HPIC or take the crossover trail from Indian Falls to the Lake Arnold Trail, then back to Marcy Dam and HPIC. Round trip distance depends on our route but probably between 10–13 miles. Please contact the leader no later than 6 p.m. on 9/15 to sign up.

WARREN/SARATOGA COUNTY PADDLES

Tuesday, September 19

Time: TBD

Rating: Easy

Maureen 745-7834 or mojim@adelphia.net

I have a Precision swift kayak — slow and stable and that's the clue to the type of trip I'll be doing. We'll be meandering on some flat water somewhere near Exit 19 of the Northway. Call or e-mail a couple of days prior to get more info. Group size limited to 8, so call in advance if interested.

GLENS FALLS AREA WEDNESDAY MORNING WALKS

Wednesday, September 20

Time: 9ish–11ish

Rating: D or C (Short distances but fairly quick pace)

Maureen 745-7834 or mojim@adelphia.net

Join me for a brisk short walk through Glens Falls area parks and other areas while my daughter is at Preschool. Crandall and Hovey Parks, the bike trail, feeder canal, Hudson Point ... Call a few days ahead for the area we will be exploring and the meeting place and time.

DUCK HOLE TO WANIKA FALLS CAMPING

Saturday–Monday, September 23-25

Time: 6:00 a.m.

Rating: A

Jayne Boudier 793-3770

Don Tabor 686-3105

We'll set up camp at Duck Hole on Saturday, day trip 12 miles to Wanika Falls and back on Sunday, and pack out on Monday. 25 miles, with some ascent, and an interesting trail to Duck Hole from Upper Works — from there to Wanika Falls is a mystery to me.

MORE OF MOREAU

Saturday, September 23

Time: 8 a.m.

Rating: B+

Bill Schwarz 793-2781 or bschwarz@nycap.rr.com.

We'll traverse both ridges of the new western section of Moreau Lake State Park, with great overlooks of the lake, as well as the Hudson River near Spier Falls Dam. We may get to the southernmost section of the park to view remote Lake Ann. This could be an all-day hike of ten miles with numerous elevation changes, so be prepared! Rain will cancel.

THE SEWARDS

Saturday, September 23

Time: 4:30 a.m. at Brueggers or 6:30 a.m. at the trailhead

Ron Lester 899-4187

Seward, Donaldson and Emmons. 18 miles of muck, misery and mayhem. The best reason to do these mountains is because ... they are on the list. We'll climb up Caulkins Brook and loop out via Ward Brook. A long day but somehow we ALWAYS manage to have fun!

***YMG* — *FIRE TOWER CHALLENGE* — BALSAM LAKE AND RED HILL**

Sunday, September 24

Time: 6:00 a.m.

Rating: B+

Jonathan Lane 693-1610 or saratogahiker@infogorp.com

This hike is geared toward hikers in their 20s and 30s, but is open to anyone interested in hiking in the Catskills. Red Hill is a short, easy hike at 2.8 miles round trip. This will be a nice warm-up for Balsam Lake, which will be about 4.4 or 6.0 miles round-trip, depending on which route we choose after hiking Red Hill. Both of these peaks have Fire Towers! We will meet at the Malta Mall off Exit 11 at the Trustco Bank end.

THOMAS AND CAT MOUNTAINS

Sunday, September 24

Time : 9:00 a.m.

Rating : B

Jack Whitney 793-9210 or jack1758@adelphia.net

We will hike up Thomas Mountain and then hike the newly cut trail across the ridge to Cat Mountain. I have been across it and it is still a very primitive and rustic trail with great views of Lake George. Bring your camera for some good fall foliage shots with Lake George in the background. Total distance is probably about 7 miles round trip.



Outings

GLENS FALLS AREA WEDNESDAY MORNING WALKS

Wednesday, September 27

Time: 9ish–11ish

Rating: D or C (Short distances but fairly quick pace)

Maureen 745-7834 or mojom@adelphia.net

Join me for a brisk short walk through Glens Falls area parks and other areas while my daughter is at Preschool. Crandall and Hovey Parks, the bike trail, feeder canal, Hudson Point ... Call a few days ahead for the area we will be exploring and the meeting place and time.

JAY MOUNTAINS

Saturday, September 30

Time: 7:30 a.m.

Rating: B+

Jacki Bave 587-3754

This is one of my favorite fall hikes. The foliage colors are incredible from the summits of the Jay Range, and the mostly open ridge offers excellent views of the surrounding mountains. Although the route to the Jays is not officially marked, there is a well-established herd path. The highest summit is 3,740 feet, and the total distance is about 6.5 miles round trip. Elevation gain is about 2,200 feet. Please bring lunch and plenty of water.

“YMG” — GOOD LUCK CLIFFS

Saturday, September 30

Time: 8:00 a.m., Burger King on Route 30A, Gloversville
(call leader for directions)

Rating: C+

Jessica Gottung 725-3859 or jgottung@frontiernet.net

This hike is geared for those in their 20s and 30s, but all are welcome. The hike is about 5 miles and 600 feet ascent, with most of that climb being in the last .5 miles. We will hike in from Route 10 along a well-used and mostly flat snowmobile trail until we veer off and head up to the summit. You can check out a cave, some interesting boulders, and might catch a rock climber at work. Views from the summit include the foothills of the Adirondacks as they blend into the Mohawk Valley. This hike is located within the Wilcox Lake Wild Forest for those seeking the Wilderness Quest.

YMG — *FIRE TOWER CHALLENGE* — TREMPER & OVERLOOK

Saturday, September 30

Time: 6:00 a.m.

Rating: A

Jonathan Lane 693-1610 or saratogahiker@infogorp.com

This hike is geared toward hikers in their 20s and 30s, but is open to anyone who wants to hike a couple Catskill peaks. We'll begin with Mount Tremper via the Phoenicia Trail, which is a moderate 6.2 miles round trip along an old jeep road. Perhaps we'll even see a rattlesnake on this mountain. We'll then head to Overlook, which is a moderate hike along a gravel road, never very steep, at 5.0 miles round trip. Both of these peaks have Fire Towers! We will meet at the Malta Mall off Exit 11 at the Trustco Bank end.

PITCHOFF

Sunday, October 1

Time: 7:00 a.m.

Rating: B

Jack Whitney 793-9210 or jack1758@adelphia.net

We will spot cars hike near the Cascade Mountain trailhead and start hiking from the eastern trailhead. Exceptional views are to be had as we hike along the ridge. Join us for a nice fall hike. Roundtrip distance about 5.5 miles

WARREN/SARATOGA COUNTY PADDLES

Date: Tuesday evening October 3

Time: TBD

Rating: Easy

Maureen 745-7834 or mojom@adelphia.net

I have a Precision swift kayak — slow and stable and that's the clue to the type of trip I'll be doing. We'll be meandering on some flat water somewhere near Exit 19 of the Northway. Call or e-mail a couple of days prior to get more info. Group size limited to 8, so call in advance if interested.

GLENS FALLS AREA WEDNESDAY MORNING WALKS

Wednesday, October 4

Time: 9ish–11ish

Rating: D or C (Short distances but fairly quick pace)

Maureen 745-7834 or mojom@adelphia.net

Join me for a brisk short walk through Glens Falls area parks and other areas while my daughter is at Preschool. Crandall and Hovey Parks, the bike trail, feeder canal, Hudson Point ... Call a few days ahead for the area we will be exploring and the meeting place and time.

FULL MOONER HIKE — SARATOGA BATTLEFIELD

Saturday, October 7

Time: TBD, Northway (I-87), Exit 9 Park & Ride in Clifton Park or Battlefield Visitor Center

Rating: C

Aileen Genett 482-9101 or solice212@yahoo.com

Please call by 9:00 p.m., Friday, October 6, or e-mail for meet time.

This is a joint chapter, monthly event and a rare opportunity to enjoy this National Park during the off-hours. Come one, come all to the full moon walk through the Saratoga Battlefield. We'll walk 4-8 miles along the Tour road to the Nielsen Farmhouse. Dress appropriately in layers, walking shoes, gloves, layers, bug dope and flashlight, etc. Rain cancels. Dessert/drink afterward. Permit fee of \$1.00 pp.

CHENEY POND AND LESTER FLOW

Saturday, October 7

Time: 8:30 a.m., Rich's camp, Ridge Road, Minerva

Rating: C+

Rich Crammond 584-2380

Trailhead access is from the Blue Ridge Road, Newcomb area. Looks like a nice fall time hike in the Adirondacks. Round trip distance is 5.2 miles with little elevation gain. Wear Red or Orange for safe hiking.



GREYLOCK MOUNTAIN

Saturday, October 7

Time: 7:30, Exit 11 Park & Ride

Ron Lester 899-4187

Massachusetts's highest peak has a war memorial tower with great views on top. Bascom lodge (with food) is also up there. Expect about 7 miles and 2,300' of climbing through peak fall foliage. The 1 1/2-hour ride is also quite scenic. We'll begin from the beautiful trailhead on Hopper Road. Exit 11 Park & Ride is 1/2 miles west of the Northway

TONGUE MOUNTAIN RANGE HIKE

Saturday, October 7

Time: 8 a.m.

Rating: A

Jonathan Mogelever 793-5293 or Jessica Gottung 725-3859

This is a classic loop offering many beautiful views of Lake George and the mountains to the east. It is a 13-mile hike from the trailhead at Clay Meadow to Fifth Peak, down the ridge to Montcalm Point, and back along Northwest Bay. The initial ascent to the ridge is approximately 1,200'. Meet at the Roaring Brook Resort in Lake George (two miles south on 9N from Northway exit 21). Please call to confirm and get directions.

HOFFMAN MOUNTAIN BUSHWACK

Sunday, October 8

Time: 5:00 a.m.

Rating: A

Jayne Boudier 793-3770

From Big Pond, we'll start north up a nice (mostly) hardwood ridge (with views east!) toward Hoffman's thick, spruce, viewless summit. But 5 minutes north of there is a neat view of Elk Lake and the Peaks, only partially obscured by sticky spruce. Total of 11 miles (8 trailless), and 2,400 ft. ascent. This is the pointy peak NW of Schroon Lake

GOTHICS AND ARMSTRONG

Sunday, October 8

Time: 6:00 a.m.

Rating: A+

Lorraine MacKenzie 656-3645 or LorraineM@safaritelecom.com

Jack Whitney 793-9210 or jack1758@adelphia.net

This is a classic Adirondack hike with views of slides and views that will last a lifetime. We will hike from Lower Ausable Lake over Pyramid to the summit of Gothics for some spectacular fall color views. From Gothics we will continue on to Armstrong, then back-track to the Beaver Meadow Falls trail back to the Lake Road. Total distance about 14 miles.

GLENS FALLS AREA WEDNESDAY MORNING WALKS

Wednesday, October 11

Time: 9ish-11ish

Rating: D or C (Short distances but fairly quick pace)

Maureen 745-7834 or mojim@adelphia.net

Join me for a brisk short walk through Glens Falls area parks and other areas while my daughter is at preschool. Crandall and Hovey Parks, the bike trail, feeder canal, Hudson Point ... Call a few days ahead for the area we will be exploring and the meeting place and time.

"YMG" — *FIRETOWER* — KANE MOUNTAIN, STEWART AND INDIAN LAKES

Saturday, October 14

Time: 8:00 a.m., Burger King on Route 30A, Gloversville (call leader for directions)

Rating: B-

Jessica Gottung 725-3859 or jgottung@frontiernet.net

This hike is geared for those in their 20s and 30s, but all are welcome. We will begin with a nice hike over rolling terrain to Stewart and Indian Lakes. We will break briefly on the shore of Indian Lake, then head back toward Kane Mountain. On this summit we will take in the tower, observer's cabin and beautiful views. About 7 miles round trip. Another fire tower down! This hike is in the Shaker Mountain Wild Forest for those seeking the Wilderness Quest. Please be advised trip leader will be bringing along a friendly canine companion.

SAWTEETH

Saturday, October 14

Time: 6:30 a.m.

Rating: A

Jean Holcomb 583-0658

We will do the loop going up the scenic trail. About 3,000 feet elevation gain and 13 miles, half on the Ausable Club road. This was a fantastic hike last year. The scenic trail is stunning in fall. Just hope for a beautiful day. We will leave from Brugger's. Depending on weather it will be a hike or snowshoe, definitely bring crampons and head lamps. Bad weather cancels. E-mail jchhiker@localnet.com

CAT MOUNTAIN

Sunday, October 15

Rating: B

Time: TBA

Sheri Shevy 854-9167

This area is newly acquired by the Lake George Land Conservancy and must be seen to be appreciated. The trail up Cat Mountain first follows a logging road and then goes past wetlands and beaver ponds. There is a 270-degree view of the lake from the top that is breathtaking. Round trip is 6.5 miles.

WARREN/SARATOGA COUNTY PADDLES

Date: Tuesday evening October 17

Time: TBD

Rating: Easy

Maureen 745-7834 or mojim@adelphia.net

I have a Precision swifty kayak — slow and stable and that's the clue to the type of trip I'll be doing. We'll be meandering on some flat water somewhere near Exit 19 of the Northway. Call or e-mail a couple of days prior to get more info. Group size limited to 8, so call in advance if interested.



GLENS FALLS AREA WEDNESDAY MORNING WALKS

Wednesday, October 18

Time: 9ish-11ish

Rating: D or C (Short distances but fairly quick pace)

Maureen 745-7834 or mojom@adelphia.net

Join me for a brisk short walk through Glens Falls area parks and other areas while my daughter is at preschool. Crandall and Hovey Parks, the bike trail, feeder canal, Hudson Point ... Call a few days ahead for the area we will be exploring and the meeting place and time.

HUDSON POINTE NATURE PRESERVE

Date: Friday, October 20

Time: 10:00 am

Rating: E — for everyone — kids, families, singles, grandparents, whatever

Maureen 745-7834 or mojom@adelphia.net

We'll meet at Brueggar's Bagels and then go over to Hudson Pointe Nature Preserve for a short walk along the Hudson. The loop is 1.75 miles with varied terrain if the beaver activity will let us do the entire loop! My almost 4-year-old and I plan to walk down to the river for a picnic lunch and throwing rocks in the water. Call to sign up and for more details!

SLEEPING BEAUTY

Saturday, October 21

Time: 12:15 p.m.

Rating: C

Jack Whitney 793-9210 or jack1758@adelphia.net

This short hike has some of the best views of Lake George. Take the afternoon off and enjoy the fall colors. Round trip distance is about 5 miles.

SANTANONI FROM BRADLEY POND TRAIL HEAD

Sunday, October 22

Time: 8:00 a.m., Bradley Pond Trail Head

Rating: A

Mike McLean 315-262-2564 mpmclean@twcny.rr.com

Our main objective will be Santanoni Peak, but time and conditions may let us hike Panther and possible Coucy if the group is willing. Expect some thick going and a long but fun day.

WEST HAIL BUSHWACK

Sunday, October 22

Time: 6:00 a.m.

Rating: A

Jayne Boudier 793-3770

Hail is the biggest, baddest mountain in Hammond Pond Wild Forest. Some of its six bumps were burned several years ago — hopefully West Hail was not. Nine miles (5 trailless), 1,600 ft. ascent, and great views — at a moderate pace. North Hudson.

GLENS FALLS AREA WEDNESDAY MORNING WALKS

Wednesday, October 25

Time: 9ish-11ish

Rating: D or C (Short distances but fairly quick pace)

Maureen 745-7834 or mojom@adelphia.net

Join me for a brisk short walk through Glens Falls area parks and other areas while my daughter is at preschool. Crandall and Hovey Parks, the bike trail, feeder canal, Hudson Point ... Call a few days ahead for the area we will be exploring and the meeting place and time.

PEAKED ROCK, CAMBRIDGE, NY

Saturday October 28

Time: 9:00 a.m.

Rating: B+

Don Taber 686-3105

Join me to hike a trail that the ADK Glens Falls-Saratoga Chapter helped construct. Round trip distance is approximately 5.2 miles with 1,100 feet elevation change. We will meet at the Cambridge Central School. Call for details.

DIX MOUNTAIN

Saturday, October 28

Time: 6:00 a.m.

Rating: A

Jean Holcomb 583-0658

Will just do the basic route to Dix via Rte 73. This is a little over 13 miles round trip with a big sustained climb after a nice walk in the woods. The ascent is 3,200 feet. This is a great mountain with super views. If by some miracle everything goes perfectly and quickly we might go over the top and do Hough (nasty bushwack, with at least 600 ft. more elevation). Meet at Brugger's. E-mail jchhiker@localnet.com

SNOW MOUNTAIN

Sunday, October 29

Time: TBA

Rating: B

Sheri Shevy 854-9167

Not to be confused with Snowy Mountain, this hike will begin off Route 73 just south of Keene Valley. We will follow the Deer Brook Trail, passing a beautiful waterfall (once pictured in an ADK calendar), and a flume. Plenty of brook crossings at the bottom followed by a nice walk in the woods and good views at the top. Round trip is only 4.3 miles.

"YMG" TENANT CREEK (HOPE) FALLS

Saturday, November 4

Time: 8:00 a.m., Burger King on Route 30A, Gloversville
(call leader for directions)

Rating: C

Jessica Gottung 725-3859 or jgottung@frontiernet.net

This hike is geared for those in their 20s and 30s, but all are welcome. Enjoy a beautiful hike over rolling terrain that parallels the Tenant Creek. Along the way we will visit 3 waterfalls. Our pace will be moderate between stops. Round trip distance about 4.5 miles. This hike is located within the Wilcox Lake Wild Forest for those seeking the Wilderness Quest. Please be advised trip leader will be bringing along a friendly canine companion.



TONGUE MOUNTAIN TO FIFTH PEAK LEAN-TO

Saturday, November 4

Time: 9:00 a.m.

Rating: B

Contact Pat Desbiens 518-899-9688 or pdesbien@nycap.rr.com

This is about a 5-mile round trip up to Fifth Peak Lean-to on Tongue Mountain. There are good views of Lake George to the East and to the South and West. This hike entails about 1,200 ft. of elevation gain. The pace will be slow to moderate with time for stops to appreciate the area. We should be back to the trailhead in plenty of time to prepare for Harvest Moon Madness in the evening. Please call or e-mail the leader for meeting instructions and further details no later than 6:00 p.m. on 11/3/06.

SARATOGA BATTLEFIELD/STILLWATER, NY — WILKINSON TRAIL

Sunday, November 5

Time: 9:00 a.m.

Rating: C — Mostly Flat, Less than 5 miles

Patti Schwankert 518-371-5510

Welcome ADK Harvest Moon Madness folks! For out-of-towners, checking out the local history may be a nice way to stretch your legs before the trip home. Site of the first significant American military victory during the Revolution, the Battles of Saratoga rank among the fifteen most decisive battles in world history. In 1777, American forces met, defeated and forced a major British army to surrender, an event which led France to recognize the independence of the United States and enter the war as a decisive military ally of the struggling Americans. The trail system features the Wilkinson National Historic Trail. The approximate 4.5-mile route winds through open fields and woods passing "interpretive stations" which provide information about the battle. Cannons, monuments and other historic items are also included along the way. At a casual pace it should take about 2 hours. Please call leader for meeting instructions no later than 6:00 p.m. on Saturday, 11/4/06. Additional info: www.planning.nps.gov/document/Saratoga_GMP_Part2.pdf

WOODS HOLLOW NATURE PRESERVE

Saturday, November 11

Time: 11:00 a.m.

Rating: C

Fran Suarez: 587-8612 and Bob Dake: 584-1776

Join us for a hike through a beautiful pine forest. This area was the Ballston Spa waterworks. Now it is a refuge for the Karner Blue butterfly. In November it's a nice local place to take a hike. There's some up and down, a pretty pond, and descriptions along the way. Good for families and those who want to get out on the later side. Pace will be easy, with a distance of 3-5 miles. Call for more information and meeting location.

SARATOGA BATTLEFIELD TURKEY TROT #8

Thursday, November 23

Time: 8:00 a.m., Visitors Parking Lot off Route 32N

Rating: C+

Rich Crammond 584-2380

Let's work up that holiday hunger again this year. Wildlife viewing along the way. Distance is around 5 miles. Happy Thanksgiving!

Annual Chapter Winter Weekend at Heart Lake

The Chapter's 2007 Winter Weekend at the Wiezel Trails Cabin at Heart Lake will be held during the Martin Luther King Weekend from Friday, January 12 to Monday, January 15, 2007.

From the Cabin we will be able to cross-country ski and snowshoe into many areas of the High Peaks. This is a good opportunity to for those of you who may be working toward your Winter 46. Algonquin, Iroquois, Wright, Phelps, Tabletop, Marcy and many more High Peaks await the snowshoe. A ski or snowshoe trip into Avalanche Lake and Lake Colden could also beckon. Indian Pass would be a nice trip. Perhaps sunrise or sunset from Mount Jo might be all you want to do. The Loj property also has excellent ski trails. We never rule out possible shopping in Lake Placid. Breakfast and dinners are included in the price. The Wiezel Trails cabin, with electricity, a kitchen, and showers, sleeps 16 persons in four four-person bunk rooms.

Chapter Vice Chair Heidi teRiele is scheduling her last Winter 46th High Peak on Tabletop for that weekend. Thus, all spots should fill up fast. Send your check in early.

The rate for the weekend should be no more than \$90 per person, if all 16 spaces are filled.

If we do not get an appropriate number of attendees, we will need to cancel our reservation at least 60 days (October 16) before our arrival date.

To reserve your spot, send your deposit of \$90 per person as soon as possible to John Schneider, 6 Nonchalant Drive, Saratoga Springs, NY 12866. Call 518-584-8527 for more details. Reservations are on a first come- first serve basis. If we fill all 16 spots, we will maintain a short waiting list.

Canoe/Kayak Rating System:

Rating	Miles	Portages	Water Class
A*	12+	Long (1/2 mile+)	II+; Whitewater
B	6-12	Short	I-Moving
C	Under 6	None	Flat

* Paddling trips that include Camping Overnight are also rated "A"

Note: Due to the variability of the interaction of water, wind, and weather; local conditions may change a trip's rating the day of an outing or even during the outing itself. As on all outings, leader's discretion applies.



Hoffman Notch, April 8, Jayne Boudier, Rich Crammond, 11 participants

- Worries about rain, high water, snow, and/or ice were unfounded — we had a gorgeous early spring day in the Notch! And got to see the seasonal snow-melt waterfall over the Washburn Ridgecliffs! Great group, great time — front and back. Participants: Bijan Ahmadi, Jayne Boudier, Barbara B., Bob and Nancy Buckley, Ray Boucher, Rich Crammond, Jenifer Jones, David Owen, Linda Ranado, Sterling Salter.

Chubb River, April 30, Jayne Boudier, 7 participants

- We had a short carry, saw ospreys, then a long carry — and several beaver dam carries — and had a beautiful day while we were at it! Then the same thing going back! Thanks to a willing and very helpful group. Participants: Barbara Bolton, Ray Bouchard, Ray Boucher, Jayne Boudier, Carolyn Cyr, Judy Halstead, Jack Whitney.

Spring Bird Walk — Wilton Wildlife Preserve and Park, May 14, Rich Speidel, 9 participants

- Rain was forecast for both weekend days, with a lesser chance on the Sunday rain date. So we chose the rain date, and it rained. The wet conditions put a considerable damper on bird activity. However, we managed to identify 20 species — not bad for a rainy day. A highlight was a brief view of the brilliant scarlet tanager. My thanks to a fine group who kept an upbeat spirit despite the weather. Participants: Fran Balch, Patricia Brennan, Sarah Clarkin, Cathy Hall, Keith Hall, Peg McCarty, Jack Reber, Rick Weber, Rich Speidel.

Spring Bird Walk — Pack Forest (Warrensburg), May 20, Rich Speidel, 9 participants

- The weather was cloudy and breezy, but fortunately it did not rain. At Pack Forest Lake, we were treated to a loon sighting and a pair of great blue herons flying over the far shore. In the woods, we were blessed with good views of magnolia and blackburnian warblers, two brightly-colored migratory species that breed in our region. With the help of a friendly and patient group, we identified 34 species — a good number of feathered friends for an overcast day. Participants: Fran Balch, Dick Bartlett, Bruce Goodale, Jeff Lynch, Jack Reber, Nancy Rozelle, Kate Van Buren, Bob Van Buren, Rich Speidel.

Hurricane Mountain, June 11, Alex Lombard and Jack Whitney, 15 participants

- It was a great day to be hiking up one of the best fire tower mountains in the Adirondacks. We started from the Big Crow/Hurricane trailhead, hiked up to the lean-to, took a quick break and then we had to scout around a bit to find a safe crossing of the brook. Everyone made it safely across and it was on to the summit. It was a hazy day without views but a good time was had by all, most particularly by Harold and Roger at lunchtime. Participants: Ray Boucher, Eberhard Burkowski, Bill Carpenter, Kim Ciraulo, David Gante, Laurie Hughes, Alex Lombard, Mark Janey, Terry Peek, Sterling Salter, Sandy Yellen, Christine Young, Harold and Roger (the dogs), Jack Whitney.

Chapter Picnic Hudson River paddle, June 17, Maureen Coutant, 8 participants

- After the lunch at the Chapter Picnic at Moreau State Park, we loaded up our cars and drove over to the Spier Falls boat launch area for a leisurely trip. We chatted and explored the little bays and enjoyed the warmer afternoon temperatures. Participants: Maureen Coutant, Charlie and Linda Czech, Jennifer Doubleday, Lisa English, Sally Gordon, George Sammons, Jim.

Putnam Pond and Treadway Mountain, June 25, Jack Whitney, 9 participants

- We were off to a really great start. Paddling about one mile south we located the trailhead to Treadway Mountain. After docking our canoes and kayaks, we made it to another trail junction just in time to dig out the bug spray. After spraying ourselves we continued along the rolling terrain to the summit where we enjoyed the great views. Then it was back to the water where we paddled around the shoreline before returning to our takeout point. Participants: Ray Bouchard, Bill Carpenter, Patricia Carpenter, Pat Desbiens, Carolyn Goldjuch, Joann Lilly, Eileen Vandenburg, Christine Young, Jack Whitney.

Osgood Pond, July 8-9, Jayne Boudier, 6 participants

- We not only got a site at Jones Pond late on Saturday — we got a great one! Had a campfire, heard noisy frogs and crows, navigated a little culvert, and a bald eagle posed for us at Osgood Pond. Saw pitcher plants, took a very woody break, and grassy swim below the dam on the Osgood River. Ray took a dip at the Great Camp White Pine teahouse as well. We were charmed by the channels, found pink orchids and tiny carnivorous sundews, and swam at Church Pond takeout. Hot, sunny day — great group! Participants: Ray Boucher, Jayne Boudier, Cathy Corrigan, Maureen Jones, Cindy Oas-Kirk, Don Tabor.

Blake and Colvin Mountains, July 9, Lorraine MacKenzie/Jack Whitney, 15 participants

- Fifteen hikers set out on a 14-mile trek prepared for a hot, muggy day with a chance of thunderstorms. To our delight, the weatherman was wrong — believe it? Although it was warm, the breeze was there when you needed it. There were outstanding views at the top of both peaks — much better than the gray mist we were anticipating. Our group was comprised of fantastic individuals who were informative, helpful and just plain fun to be with. We did encounter a lot of up and when we thought it was over, there was more. Fortunately, Justus had an altimeter and let us know when we needed to go down. Phil ran up ahead to clear the trail and was rewarded with naptime waiting for us to catch up. Sally, Kate and I pirouetted on the descent while Bob V and Jim judged our efforts. Bob B had a water filter and refilled our empty bottles. Barbara and Nancy decided Colvin Peak was too beautiful to leave. Ann and Sandy fearlessly conquered another 2 High Paks and Jean, Bill and Jack manned the sweep. It was a good day. Participants: Justus Ritchie, Phil Alonzo, Bob Van Buren, Kate Van Buren, Sally Ross, Jim Dixon, Bob Buckley, Nancy Buckley, Barbara Billins, Ann Mundy, Sandy Yellen, Bill Carpenter, Jean Holcomb, Jack Whitney, Lorraine MacKenzie.



Trip reviews

Street and Nye, July 16, Pat McCullough, 12 participants

- The weather forecast was for severely hot weather. I guess it was like that in the flatlands, but it was decent in the mountains. We kept a leisurely pace, took a number of breaks, drank a lot of liquids, and thoroughly enjoyed the day. There was a gentle breeze and views were tremendous from the top of Street. There was a minimal amount of haze because the humidity was low. A quick dip in Heart Lake at the end of the trip finished the day nicely. Participants: Bob Sellar, Bob VanBuren, Jim Dickson, Kathy Quoi, John Susho, Janice Miller, Zach Miller, Nancy Buckley, Bob Buckley, Barbara Bilins, Linda Ranado, Pat McCullough.

Saratoga Battlefield Summer Hike, July 16, Janet Twardzik, 4 participants

- The sky was a beautiful blue color but it was unbelievably hot in the Battlefield that morning. The temperature had to be 90 degrees or more. With a few delays at the start, just the four of us ended up in the park. All in all, it turned out to be a very interesting hike. What a great group! Thank you all for coming. Karen Duffy, Dawn Gallagher, Mark Pellerin, Janet Twardzik.

Goodnow Mountain (New Member/Fire Tower Hike), July 16, Pat Desbiens, 18 participants

- We all finally made it to the Goodnow trailhead after the drivers in the group took two different routes but then it was a leisurely walk to the tower on the summit. The day was perfect weather-wise which afforded us all with great views from the top of the tower. A number of people on the hike are working on the Fire Tower Challenge — so it was high fives to all of them. Our youngest participant was 18-month-old Brooke Taber who walked part of the way and then made all of us envious when she was able to catch a ride on her Dad's back for the steep parts! Great day with great company. Participants: Jonathan Lane, Terry Peek, Kristine Karig, Kim Ciraulo, Gavin Seabury, Bill Carpenter, Jack Whitney, George Sammons, Irene Sammons, Anne Franzese, Brooke Taber, Brenda Taber, Don Taber, Teresa Gomez, Sue Kenyon, Lisa Casey, Steve David, Pat Desbiens.

Pilot Knob Lookout, July 19, Maureen Coutant, 6 participants

- Our small group had a leisurely pace as we checked out the Indian Pipes and huge, flat mushrooms that we named "Pancake Mushrooms." We also saw a toad and many wildflowers on this short hike up to a wonderful lookout of Lake George. An afternoon of swimming in the lake followed the hike. Ahhhh, a perfect day. Pictures on our website. Participants: Tony Belle, Gen and Maureen Coutant, Kyra and Renee Lombard, Mickey Onofrietto.

Belfry and Poke-O-Moonshine, July 22, Jonathan Lane, 8 participants

- Belfry was a super short hike with lots of bugs, but there was a nice view from the tower. Then it was off to Poke-O-Moonshine, which proved to be an excellent, informative hike with an amazing group of people. Near the top we were fortunate enough to experience a view from a lookout, but the clouds descended

by the time we reached the peak, giving us an incredible view of ... nothing. We climbed to the tower's sheltered cab to get out of the rain and kept the fire tower guide company for a short while before heading back down. Participants: Bill Carpenter, Kim Ciraulo, Jessica Gottung, Julie Hanson, Jonathan Lane, Terry Peek, Caroline Ross, Sally Ross, Kim Zimbal.

Saranac Lakes Paddle, July 22, Jacki Bave and Dan D'Angelico, 8 participants

- In three canoes and three kayaks, eight of us set off on Middle Saranac Lake for a summer paddle. Knowing that attitude can overcome any adversity, we swam, walked beaches and picnicked on rocky overlooks through rain, heavy rain and more rain. Passing party boats marveled at our fortitude. The upper lock tender moved us through the Saranac with awe and respect. We laughed at water temperatures warmer than air temperatures and an erroneous afternoon weather forecast. And later, toasting our trip over dinner, we gave thanks that we hadn't spent the day in front of the TV or at a shopping mall. Participants: Barb Bave, Jacki Bave, Barb Bolton, Ray Bouchard, Ray Boucher, Dan D'Angelico, Dan Dolan, Pete Velastro.

ADK Winter Mountaineering School



Are you a three-season hiker who's tired of watching your gear gather dust for five months out of the year? The Winter Mountaineering School may be just what you're looking for. We have been helping hikers enjoy the mountains in winter for over 50 snow and ice filled years, and our dedicated, all-volunteer group of instructors makes the Winter Mountaineering School one of the best values around. This year's program will be based out of the ADK Loj. Check out our website for program details, gear lists, photos, and more. Come join the fun!

Weekend Day Hiking Section: January 5-8, Cost: \$295.00
Weekend Backpacking Section: January 5-8, Cost: \$250.00
Combo Section (Day Hikes & 3-night Backpack): January 5-11, Cost: \$350.00

www.winterschool.org
or call 518-523-3441

Adirondack
ADK
Mountain Club



Outing instructions

For more detailed information on Chapter Outings, see the "Glens Falls-Saratoga Chapter Handbook."

SIGN UP INFORMATION

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to call may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! **PLEASE** be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others' plans. **Trips WILL BE CANCELLED if minimums are not met**, thereby affecting all parties. For safety, the MINIMUM number for Outings is: 3 people, including the leader (4 in winter) Bruegger's unless otherwise noted in the trip description. Be there and ready to depart at the posted time.

MEETING PLACE INFORMATION

BRUEGGER'S BAGEL BAKERY

Queensbury Plaza, 711 Upper Glen Street, Glens Falls, NY 743-0097

• From NORTHWAY (I-87)

Take Exit 19 and go east on AVIATION/QUAKER Rd. Follow .5 miles to RTE. 9/GLEN ST. Turn South (RIGHT) onto RTE.9, then left at the light into the QUEENSBURY PLAZA. Park on the Rte.9 side of the parking lot near BRUEGGER'S

TRAVEL INFORMATION/CAR POOLS

We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it's helpful to the 'regulars' to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

PARTICIPATION GUIDELINES

Leaders are responsible to evaluate interested parties' fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions.

*Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip. Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (AND RECENTLY) AND ARE IN GOOD SHAPE AS NECESSARY FOR THAT OUTING.**

*ADK Liability Waiver must be provided by Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors.

*No Pets allowed on outings except where designated in the description.

RATINGS

Hike Rating	Effort Level	Elevation Gain (feet)	Miles	Time (hours)
A+	Very Strenuous	4,000+	10+	10+
A	Strenuous	3,000+	5-10	8-10
B+	Moderately Strenuous	2,000+	5-10	6-8
B	Moderate	1,000+	Up to 5	5-6
C	Easy	Under 1,000	Under 5	Under 5

*Descriptions are only typical and can vary.

HIKING NEEDS/PREPARATION/EQUIPMENT

Bring Trail Food and plenty of Water on ALL hikes! *Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. — NOT 100% Cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don't trust the forecast or the sky based on the start of the day. Be prepared!

SPECIAL WINTER NEEDS

In addition to the preparation/equipment mentioned above, winter requires some EXTRA planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants will can expect to bring Snow Shoes and Crampons. Bring lots of Water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with Emergency Clothing. Bring an extra wool/polypro hat, mittens and socks. Vented "Shell" pants, jackets and mittens are commonly used with warm layers beneath.

BECOME AN OUTINGS LEADER

Ask any Chapter Leader for details. Offer to CO-lead to get the 'experience'! We're always looking for new leaders to help share the fun while "filling in the calendar." New faces offer more varied outings while sharing their personal favorite destinations. Contact Outings Chair for more information. (Contact info: Pg. 3 of newsletter)

Program and meeting directions

Chapter Programs and Meetings are held monthly, alternating facilities between Glens Falls and Saratoga Springs. Brief directions are below.

More detailed information and maps can be found under "Programs" on the Chapter Web page: www.adk-gfs.org

SARATOGA SPRINGS PUBLIC LIBRARY

Henry St., Saratoga Springs, NY 12866, 584-7860

• From NORTHWAY (I-87)

Take Exit 14 onto Route 9P north (UNION AVE). Proceed 1.5 miles, past three traffic lights to a T-junction. RIGHT onto CIRCULAR ST. to the first traffic light. LEFT onto SPRING ST. for two blocks. RIGHT onto Putnam Street for 1.5 blocks. (There is public parking here also!) The library parking lot is on the right. There is a two-hour parking limit.

• From ROUTE 9 and ROUTE 50

Route 9 and route 50 converge to become the main street, Broadway, in downtown Saratoga Springs. Follow into downtown, up to the main street (BROADWAY). Turn onto SPRING ST. (right from South/left from North) at the corner of Congress Park. LEFT on the first street onto Putnam. (Parking as described above)

FIRST PRESBYTERIAN CHURCH OF GLENS FALLS

400 Glen St., Glens Falls, NY 12801, 793-2521

• From NORTHWAY (I-87)

Take Exit 18 and go east on CORINTH RD., MAIN ST., BROAD ST. (Name changes in town) Follow 2.7 miles through town, passing 5-6 lights, CVS, Stewarts on RIGHT... Road turns to SOUTH ST. You come to a "T" and a LIGHT at the monument and library ahead. Make a LEFT on GLEN ST. Pass light (at Stewarts) and make next LEFT onto NOTRE DAME (church is on corner) Park in rear.



Are you moving?

If you are moving, please forward your change of address, including new phone number, to Adirondack Mountain Club, 814 Goggins Road, Lake George, New York 12845. You may call Headquarters at 668-4447. The Chapter receives all its mailing labels and membership lists from the Club. Therefore, any change of address need NOT be sent to the Chapter — one form or one call to the Club is all you need.



A MAP OF ...
Chepontuc Footnotes

Chapter Chair Report	3
Outings and Programs schedule	10
Outings	11-16
Trip reviews	17-18
Outing instructions	19



Chepontuc Footnotes

Glens Falls-Saratoga Chapter Adirondack Mountain Club
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