



Chepontuc Footnotes

chepontuc — "Hard place to cross", Iroquois reference to Glens Falls

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

Keep an eye on our adopted wilderness

For sometime now, our chapter (Glens Falls-Saratoga) has joined with the ADK and DEC in the "Adopt-a-Wildland" program. This is part of DEC's "Adopt-a-Natural Resource" stewardship or ANRSA with ADK. Our adopted area is the Pharaoh Lake Wilderness Area.

As adopters, we are concerned with observing and reporting to DEC such things as: faulty privies, messy lean-to areas, illegal trail use, trail conditions, blowdowns, damaged bridges, sightings of rare or endangered wildlife, problems with bears, trailhead parking problems, incorrect or missing signs, etc.

If you are hiking in the Pharaoh Lake region and notice any of these conditions, or something that causes you concern about the condition or usage of this area, please contact your wilderness chairperson. Please feel free to comment on positive aspects of your experience in this area as well.

Dan D'Angelico: (518) 747-0700 or ddroadwarrior@adelphia.net

I will forward feedback information to the DEC.

Thank you for helping us to participate in the "Adopt-a-Wildland" program

— Dan D'Angelico, Wilderness Chair

Mountain club adopts \$3.1 million budget

As the major action of its December 3 meeting, the Adirondack Mountain Club's Board of Directors adopted a \$3.1 million budget for 2006. The budget projects a \$15,000 surplus, if all revenues and expenditures go according to estimates. The budget will delay the filling of some currently vacant positions until later in the year in order to help keep expenses down.

Board members were reminded that ADK dues only cover about 22 percent of ADK's operating budget, and that fundraising has to be a year-round project to support the programs of the Club.

In other action, the Board reiterated its policy not to amend the State Land Master Plan relating to fire towers in Wilderness, Primitive, or Canoe Areas, and to oppose attempts by the State to reclassify such fire towers as Historic Areas.

The Board also received reports from staff and committee chairs. Highlights of these reports include:

- ADK President Tom Wheeler thanked the board for its support during his three years as president
- The Club held another successful fundraiser in November. The Harvest Moon Madness at Canfield Casino in Saratoga Springs raised about \$45,000, even though attendance was one-third less than last year. Last year's program raised \$46,000.
- ADK has been granted intervention status in Federal Court to participate in a lawsuit against the U.S. Environmental Protection Agency related to coal-burning plants not being in compliance with pollution controls.
- The Department of Environmental

Conservation (DEC) has released a unit management plan relating to the southern end of the Northville-Lake Placid Trail which would relocate the many miles of road walking currently required.

- ADK has received a donation of \$180,000 from the estate of the Slater Family.
- ADK is in discussion with a potential donor of a 20-acre parcel of land outside of Albany
- ADK is continuing its discussions with a potential buyer of one of its lots next to ADK Headquarters in Lake George.
- ADK has renewed its insurance coverage for next year at a savings of \$10,000.
- With an increase in membership over last year, the Club appears to have reversed its declining membership trends of the past few years.
- ADK enjoyed another successful year with its major national and international outings, and is planning on running 18 adventure trips next year.
- Another successful Summit Stewart Program provided full time coverage on Marcy and Algonquin and part time coverage on other High Peaks.
- The ADK Professional Trail Crew spent another successful season of working in the Catskills and the Adirondacks. The 16-member crew had 11 returnees from 2004.
- The Club has started building a Universal Access Trail with a hard gravel surface from the toll booth at Heart Lake to the shore of the Lake.

Chapter members on the Club Board of Directors: Maureen Coutant, Patti Schwankert, John Schneider

Get out and get involved!

BY JIM SCHNEIDER

The year ahead will present challenges and opportunities. I look forward to meeting them with assistance and support from our executive committee and our members. Being member-directed, this organization is unique in that individual members are able to (and encouraged to) make a direct contribution. Our challenges are centered on the strategic allocation of limited resources. Our opportunities are based in volunteerism. I believe that our opportunities far outweigh our challenges.

Have you ever considered spending a day doing trail work? Have you ever considered leading a hike? How about giving an hour or two out of your week once in a while to respond to potential members' web inquiries or manning a table at an event representing ADK? Try it just for a new experience; Meet new people. I enjoy the work so much that I have my own lean-to that I look after as well as my

own trail that I maintain. If you think you would like to get involved and are unsure, uncomfortable, or have questions; give me a call. My e-mail address and telephone number are

just to the right on this page.

Events not to be missed in the next three months are three great programs:

Ron Lester climbing high in China, 7 p.m., January 12, Saratoga Springs Public Library.

"Casual Hiking: Short Hikes and Interesting Walks around the Lake

George Area," by Michael Carpenter, 7:30 p.m., February 16, First Presbyterian Church, Glens Falls.

Hiking in the Swiss Alps & the ADK Adventure Travel by ADK's executive director, Neil Woodworth, 7 p.m., March 16, Saratoga Springs Public Library.

Bring a friend, meet old friends, and make new friends. I hope to see many of you at the programs and outside playing and enjoying winter.

CHAPTER CHAIR Report

Adirondack Mountain Club offers many opportunities to get involved.

SNOWSHOE RENTAL

Snowshoes are at ADK Member Services in Lake George.
Call 668-4447 for reservations and hours.

Chapter Members:

Iversons: \$7.00 per weekend
\$5.00 per weekday
Sherpas: \$15.00 per weekend
\$10.00 per weekday

Non-Members:

Iversons: \$10.00 per weekend
\$7.00 per weekday
Sherpas: \$20.00 per weekend
\$12.00 per weekday

Chepontuc Footnotes

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Glens Falls-Saratoga Chapter
ADIRONDACK MOUNTAIN CLUB
P.O. Box 2314 Glens Falls, NY 12801
www.adk-gfs.org

EXECUTIVE COMMITTEE

Officers:

Chair *Jim Schneider*

30 Elizabeth Lane, Saratoga Springs, NY 12866
Phone: 581-9367 • E-mail: jschneider@nycap.rr.com

First Vice Chair *Lisa Bowley*

Phone: NA • E-mail: lbowley@eudoramail.com

Second Vice Chair *Patrick McCullough*

13 Triphammer Road, Queensbury, NY 12804
Phone: 798-3186 • E-mail: pmccul@adelphia.net

Third Vice Chair *Heidi teReile*

25 Black Point Road, Ticonderoga, NY 12883
Phone: NA

Secretary *Anne Paolano*

11 Brookshire Trace, Queensbury, NY 12804
Phone: 798-3055 • E-mail: paolano@adelphia.net

Treasurer *John Schneider*

6 Nonchalant Dr., Saratoga Springs, NY 12866
Phone: 584-8527 • E-mail: jschnei7@nycap.rr.com

Directors

Maureen Coutant

22 Pinion Pine Lane., Queensbury, NY 12804
Phone: 745-7834 • E-mail: mojim@adelphia.net

John Schneider

See Treasurer contact information above

Past Chapter Chair *Barbara Bave*

77 East High St., Ballston Spa, NY 12020
Phone: 885-3604 • E-mail: Myersbspa@aol.com

Committee Chairs:

Annual Dinner *Susan Hamlin*

44 Wright Street, Saratoga Springs, NY 12866
Phone: 587-5456 • E-mail: songs@nycap.rr.com

Conservation *Jacki Bave*

14 Round Table Rd., Saratoga Springs, NY 12866
Phone: 587-3754 • E-mail: jackibave@verizon.net

Education *Linda Ranado*

18 Pine Ridge Road, Hadley, NY 12835
E-mail: lranado@hotmail.com

Hospitality *Gretchen Steen*

2217 County Route 46, Fort Edward, NY 12828
Phone: 638-6139 • E-mail: hola@direcway.com

Membership *Pat Desbiens*

16A Rovanten Park, Ballston Lake, NY 12019
Phone: 899-9688 • E-mail: pdesbien@nycap.rr.com

Newsletter/Editor *Jim Schneider*

30 Elizabeth Lane, Saratoga Springs, NY 12866
Phone: 581-9367 • E-mail: jschneider@nycap.rr.com

Outings *Patti Schwankert*

2A Woodcliff Dr., Clifton Park, NY 12065
Phone: 371-5510 • E-mail: pjschwank@aol.com

Program *Jean Holcomb*

30 Schuyler Dr., Saratoga Springs, NY 12866
Phone: 583-0658 • E-mail: jchhiker@localnet.com

Publicity *John Caffry*

25 Wing St., Glens Falls, NY 12801
Phone: 798-0624 • E-mail: jcaffry@caffrylawoffice.com

Trails *Tom Ellis*

2217 County Route 46, Fort Edward, NY 12828
Phone: 638-6139 • E-mail: hola@direcway.com

Web site *Eric Freeman*

7 Fairmount Drive, Gansevoort, NY 12831
Phone: 581-9279 • E-mail: adkexp@yahoo.com

Wilderness *Dan D'Angelico*

3258 State Route 4, Hudson Falls, NY 12839
Phone: 747-0700 • E-mail: ddroadwarrior@adelphia.net

EDUCATION CORNER

The Education Committee comprised of myself, Nancy and Bob Buckley and Lisa Spilde, is excited about its new "Hike and Learn" series it is in the process of developing and hopes that you will be too. Workshops for this Spring/Fall season will entail four sessions.

The nine-to-thirteen age group will be offered two sessions: "Gizmos and Gadgets," followed by "Survivor: Adirondacks." Fourteen- to seventeen-year-olds will also have the opportunity to participate in "Gadgets and Gizmos" and "Survivor: Adirondacks." These sessions will involve hands-on activities in safety and survival skills at age-appropriate levels. At the most basic level, will be lessons on what to pack and when and how to use certain items deemed necessary for safe hiking. More advanced

activities will focus on learning map and compass and other navigating and communication skills (ie-walkie-talkies, GPS). The venue for each session will be our great Adirondacks trails such as Sleeping Beauty, Hadley, and others yet to be determined.

Parents will be asked to come along, and, while hiking separately with their own group leader, will discuss what their children are learning.

Watch for specifics in an upcoming newsletter. In the meantime ... Anyone wishing to join the committee and help out with the planning and/or to volunteer as an instructor/group leader may call me, Linda Ranado, at 696-7265 or e-mail me at lrnado@hotmail.com.

Come join us at our next meeting at 6 p.m., Friday, January 6. We'll be meeting at my house in The Town of Day (ten minutes outside of Luzerne). Call or e-mail me for directions.

— Linda Ranado, Education Chair

New members

GF-S CHAPTER

New members to the GF-S Chapter:
September

- Priscilla Dean, Gansevoort
- Ann Fantauzzi, Middle Grove
- Howard Dewey, Corinth
- David Feltz, Schroon Lake
- Rose Dibona, Montclair, NJ
- April Ferrange, Saratoga Springs
- Judy and Travis Gordon, Ormond Beach, Florida
- Amy Fires, Green Island
- Natalia, James and Ryan Hogan, Saratoga Springs
- Jim Flanagan, Gansevoort
- Jeffrey Jacobs, Queensbury
- David Fowler, Saratoga Springs
- Dan, Charlene, Emily and Elizabeth Kane, Queensbury
- Thomas Fox, Ballston Spa
- Christopher Koenig, Saratoga Springs
- Michele Gehres, Clifton Park
- Melanie Lafond, Saratoga Springs
- Bart and Colleen Germond, Broadalbin
- Stephen, Patrice, John and Meghan McAuliffe, Madison, NJ
- Scott Goodspeed, Saratoga Springs
- Kirby and Mark Grabowski, New York
- Clinton and Katherine McCarthy, Lake George
- George Gramlich and Yvonne Phillips, Fort Ann
- Lindsay Melanson, Queensbury

- Andra, Larry, Ashlee and Adam Gray, Lake George
- Tom Mendl, Saratoga Springs
- Sue Greth, Salem
- Nancy Palmer, Ballston Lake
- Mike Hatfield, Clifton Park
- Marilyn Reed, Queensbury
- Mark Havis, Niskayuna
- Barbara Smith, Lake George
- D. Healy, Hudson Falls
- George Stuart, Queensbury
- Dean and Christina Holbrook, Scarsdale
- Alicia Thorne, Warrensburg
- Linda, Adam and Sam Holcomb, Clifton Park
- Wendy Watson and Amylee Tanner, Clifton Park
- Joshua Kaur, Saratoga Springs
- Bibi Wein, New York
- Deborah Kelleher, Schuylerville
- Lisa White, Glens Falls
- Emil Klymkow, Broadalbin
- Terri Korb, Stillwater

October

- Margaret Litwin, Scotia
- Michael and Kimberly Albanese, Gloversville
- Alexander Majkowski, Naugatuck, CT
- Barbara Anderson, Indian Lake
- Harold Mapes, Queensbury
- Jay and Kelly Baldwin, Dover, DE
- Chuck, Onnalea, Michela Martin & Louise MacCormack,
- Chuck, Onnalea, Michela Martin and Louise MacCormack, Saratoga Springs
- Susan Belden, Saratoga Springs
- Michael, Marcy, William and Charles Bellows, Ballston Spa
- David & Ginettie Maslanka, Bolton Landing
- Jane Mastracchio, Adirondack
- Theresa Bezold, Saratoga Springs
- Jill Mattice, Burnt Hills
- Frank Brady, Saratoga Springs
- Janet McCauley, Queensbury

- James & Aileen Campbell, Clifton Park
- Frank Neceise, Ballston Lake
- James, Kindra and Karli Chamberlain, Gansevoort
- Lawrence, Beth Sabo, Maxwell and Daniel Novik, Saratoga Springs
- Richard Chiasson, Queensbury
- Lillian & Clifford Costa, Wappingers Falls
- Timothy, Patti, Ali and Chris Pehl, Saratoga Springs
- Martin, Ruth, Chris, Roger, Amanda and Erik Davis, Cambridge
- Ethan and Sarah Plank, Greenfield Center
- Linda & Lee Pollock, Queensbury
- John, Kim, Nicholas & Jacqueline Deleso, Garden City, NY
- Phillip Ratzer, Saratoga Springs
- Nathaniel, Regina, Caroline & Matthew Reals, Saratoga Springs
- John Depaolo, Clifton Park
- Robert, Maureen, Oliver, Sarah & Dylan Diaz, Forest Hills, NY
- Laura & Jeremy Rosenthal, Clifton Park
- Bonita Sacchi, Mechanicville
- Edward Dotter, Fort Ann
- Mary Jo Salomon, Jake & Robert LoCicero, Ballston Spa
- Daniel & Harriet Way, Glens Falls
- Sterling Salter, East Arlington, Vermont
- Jan & Thomas Wolski, Cambridge
- Eric Sicard, Porter Corners
- Cathy, Mark and Alexander Wright, Queensbury
- Patricia and Roy Speckhard, Clifton Park
- Julie, Anthony, Alexander & Emelina Spinelli, Saratoga Springs
- Hania Stawowi, Loudonville
- Denton & Teresa Taylor, Brooklyn
- Ed Tessitore, Clifton Park
- Martin Tierney and Lynn Teras, Saratoga Springs
- Michael Triller, Clifton Park
- Stephen VonSchenk, Clifton Park



Join Ron Lester as he revisits China

Once again our peripatetic truck driving, A-hike-leading guy, Ron Lester has sought adventure at a new budget mountain destination. This time he chose China, land of the Great Wall, the world's most ancient civilization, and many mountains no one has ever heard of.

Somewhere far, far away from just about anywhere, on the boarder of Tajikistan along the Kara Kam highway there is a mountain called Mustag Ata. Although this is not a steep mountain, it is very, very high. It is higher than any mountain in the Western Hemisphere. It is the third highest mountain in China outside of Tibet and the 35th highest in the world. Mustag Ata stands at 24,757 feet

Program

'CLIMBING HIGH WITH
RON LESTER'

WHEN: 7 P.M., JANUARY 12

WHAT: SLIDE SHOW WITH
RON LESTER

WHERE:
SARATOGA SPRINGS
PUBLIC LIBRARY

and is unique in that it is the highest mountain anywhere which can be ascended all the way to the top by skis. Ron took his trusty snow shoes but admits that skis are the better option.

Ron joined seven other hikers in a trek sponsored by a group called "Summit Climb." This outfit keeps costs low by using a minimum of support personnel. The climbers were accompanied by only one guide and three sherpas. There was a cooking crew at the base camp (14,700 feet) but beyond that point everyone cooked for himself and carried his own personal gear. Forty pounds on your back may not sound too bad in the Adirondacks but when you

are over 15,000 feet and the air is thin it can seem like a ton. The other pitfall of high altitude climbing is the cold. It is impossible to move quickly in high altitude and hence impossible to keep warm. Ron came home with all fingers and toes but the last few days of the climb were very unpleasant. Nonetheless, he was able to reach the top and even get his picture taken (which turned out to include everything but his face.)

If your aspirations are high but your funds are low come join us January 12th at Saratoga Library at 7 p.m. and learn how you, too, can climb big mountains without maxing out the credit card or risking your life. Along with a low oxygen tour of Mustag Ata, Ron will show you around the ancient city of Kafghar and lead you up and over the Great Wall. Should be a blast!

Conservation News

Moreau State Park Draft Master Plan Issued — With the acquisition of over 3,000 additional acres in 1998, Moreau State Park tripled in size. At that time, New York State Office of Parks, Recreation and Historic Preservation began the master planning process for managing the park and updating existing facilities. The Draft Master Plan has now been issued. It includes proposals for resource protection and for recreational use, including improved Hudson River access, additional cabin and camping areas, rehabilitation of existing camping facilities and redesign of the entrance area. The plan provides for winter use, hiking, biking and interpretive trails. It recommends designating portions of the park as Park Preservation Area, NYS Natural Heritage Area and a NYS Bird Conservation Area. Four different management areas have been identified: Hudson River corridor, Warren County area, Palmertown Mountains and the Moreau Lake recreation area. Each area will be developed according to its particular character, use and resource consideration. Send written comments to Warren Holliday, Regional Director, Saratoga-Capital District State Park Region, Administration Building, Saratoga Spa State Park, 19 Roosevelt Drive, Saratoga Springs, NY 12866 (Warren.Holliday@oprhp.state.ny.us). Co

pies of the plan are available for review at the Crandall Public Library, the Corinth Free Library and the Saratoga Springs Public Library.

2005 Draft New York State Open Space

Conservation Plan Released — The Club has issued an Action Alert on the draft plan, which identifies priority open space projects throughout the state. Voice your support for protecting Whitney Park (36,000 acres), Follensby Park (14,600 acres) and Catskill Park parcels including Overlook Mountain Wild Forest, Balsalm, Graham and Doubletop Mountains. Strong support of the Draft Plan will ensure that New York continues to protect important tracts of land from development. The Action Alert has been posted on the chapter website, with contact information. Written comments will be accepted until January 18, 2006.

Saratoga County Green Infrastructure Plan —

Thanks to the efforts of Saratoga PLAN, the Saratoga County Board of Supervisors has initiated a countywide open space plan that will ensure protection of open space for farmland, recreational trails, water access and significant natural areas. The public was invited to participate in a series of meetings to establish priorities. The plan is expected to be released in spring of 2006.

— *Jacki Bave, Conservation Chair*



Come discover casual, short hikes in region

Michael Carpenter is a resident of Queensbury, New York. He moved to this area a few years ago to accept the position of Associate Professor of Criminal Justice at Adirondack Community College. A lover of the outdoors, Mike quickly set out to explore the surrounding area accompanied by his wife and faithful dog. During the course of their perambulations they would often meet people who said: "I'd like to get out and do a short hike or walk but don't know where to go." In answer to this perceived need, a writer was born. Mike has subsequently co-authored eleven trail guides in the past three years. These books are targeted at people who are casual outdoor people. They focus on short hikes, or short bike rides, or easy walks to enjoy wildlife viewing, or easy flat water canoeing.

Mike's program is designed to be a beginners' guide to hiking and will focus on the basics. He will also explore some of the wonderful natural resources in our

community that a casual hiker can visit while getting some healthy exercise on the side. The audience is encouraged to participate in the discussion by sharing some of their hiking/walking adventures with the group. Mike will then provide a slide show of some interesting local hikes to conclude the program.

Program

'CASUAL HIKING: SHORT HIKES AND INTERESTING WALKS AROUND THE LAKE GEORGE AREA'

WHEN: 7:30 P.M., FEB. 16

WHAT: TALK, SLIDE SHOW WITH MICHAEL CARPENTER

WHERE: FIRST PRESBYTERIAN CHURCH, GLENS FALLS

Even hikers who like to bag Peaks can find themselves with a day that is too hot or too short for the big climb. Then there are some who just want to go out for an hour and look at flowers and birds. Mike Carpenter has the inside scoop for all our short trip needs in two of his locally focused books

"25 Short Hikes and Interesting Walks in the Lake George NY Region" and "25 Short Hikes and Interesting Walks in the Saratoga Springs NY Region." Copies of these books will be available for perusal at our program which is at 7:30 p.m., February 16, at the First Presbyterian Church in Glens Falls. The program is free and open to the public.

On Chapter membership ...

I hope everyone had a very happy and healthy holiday season. I continue to enjoy meeting many of you at our monthly programs, on outings and at the various special events where our Chapter has a presence. As I write this article (it's November), I've had to pull my winter hiking gear out of the closet and put extra items in my pack in preparation for a few early winter-condition hikes. I'm quite certain that I will be meeting many of our chapter members on the trail this winter season. A few days ago, I was on the Internet and had the occasion to visit a website, www.hikeSafe.com and found the following Hiker Responsibility Code. I think it is worth sharing:

Hiker Responsibility Code

You are responsible for yourself, so be prepared:

With knowledge and gear.

To leave your plans.

To stay together.

To turn back.

For emergencies.

To share the hiker code with others.

We appreciate and cherish our entire membership — have a safe and enjoyable winter season!

— Pat Desbiens, Membership Chair

Take a scenic trip through the Swiss Alps

The Glens Falls-Saratoga Chapter will host a presentation by ADK Executive Director, Neil Woodworth. Neil will present a slide program of an ADK Adventure Travel trip to the Valais region of the Swiss Alps, with Inn to Inn hiking to the high divide between Switzerland and Italy. The photographic essay will also showcase hiking in the high country above Zermatt in the shadow of Matterhorn. The program will be held at 7 p.m., Thursday, March 16, at Saratoga Springs Public Library.

Neil, ADK Executive Director and counsel has sixteen years of experience working with ADK to protect wilderness in New York State and to promote the club's programs in education, conservation, and responsible recreation. He has represented

ADK in a variety of legal cases involving wilderness protection of the Adirondack and Catskill Forest Preserve, public navigation rights on rivers and acid rain regulation.

Prior to his service with ADK, Neil is a graduate of Hobart College and Albany Law School, and was an attorney working with Seymour Fox., P.C. He has received appointments to the Congressional Northern Forest Land Council, the Governor's Task Force on the Adirondack Park Agency, the Governor's Task Force on Military Overflights, the Empire State

Program

'HIKING IN THE SWISS ALPS'

WHEN: 7 P.M., MARCH 16

WHAT: TALK, SLIDE SHOW WITH NEIL WOODWORTH

WHERE: SARATOGA SPRINGS PUBLIC LIBRARY

Task Force for Land and Water Conservation Funding, and the New York State Forest Preserve Advisory Committee.

Within ADK, Neil has served in many volunteer positions including: second vice committee chairman, and member of the Albany Chapter Outings Committee. Neil is active in many outdoor pursuits,

including hiking, canoeing, backpacking, backcountry skiing, and bird watching. As an Adirondack Forty-sixer (No. 2036), he has climbed all of the highest mountains in New York State.



Outings and programs schedule

DIRECTIONS FOR OUTINGS, PROGRAMS & MEETINGS — Check the inside rear cover. OUTINGS DETAILS & CONTACT INFORMATION — Check the “Outings” section. UPDATES on the WEB — www.adk-gfs.org

Programs held at 7 p.m., on a THURSDAY of each month (except July and August) and alternate between the Glens Falls Presbyterian Church and the Saratoga Library. Future Programs: January 12-SS, February 16-GF, March 16-SS, April 20-GF, May 18-SS

Executive Committee Meetings held at 7 pm. on the first WEDNESDAY of the month (except July and August) and alternate between Glens Falls National Bank Community Room and Saratoga Library — Wellsley. Future Meetings: November 2-GF, December 7-TBD, January 4

Outings Committee Meetings held the 3rd/4th WEDNESDAY, alternating months at 7 p.m. and alternate between Glens Falls National Bank Community Room and Saratoga Starbucks (Broadway). Future Meetings: January 25-Virtual, March 29-SS, May 24-V, July 26-SS, September 27-V

January		Outing Type	Destination	Leader/Contact	Rating
1	SUN	Hike	Adirondack High Peak — TBD	Whitney	A
1	SUN	Hike	*Fire tower* — Snowy Mountain	Lester	A
1	SUN	Hike	Pilot Knob, Lake George	Aspholm	B
1	SUN	Paddle	New Year's Day Pirate Lake George Paddle	Martin	A+
4	WED	Meeting	Executive Committee Meeting — 7 p.m., Glens Falls	Chapter Chair	—
4	WED	Hike	Lake George Recreation Area	Martin	B
7 or 8	SAT or SUN	Kayak	Weekly Paddles	Martin	A+
7	SAT	Hike	*Family Hike* — Puffer Pond	Jones	C+
7	SAT	Hike	Tabletop	Weed	A
8	SUN	Hike	Adirondack High Peak — TBD	Whitney	A
11	WED	Hike	Lake George Rec Area	Martin	B
12	THURS	Program	Ron Goes to China — 7 p.m., Saratoga Library	Holcomb	—
13	FRI night	XC Ski	Crandall Park	Coutant	B
13	FRI-SUN	Overnight	Chapter Winter Camp — Weitzel Cabin	Schneider	—
14	SAT	Hike	Haystack Mountain	Lester	A
14	SAT	Hike	*Full Moon* — Hike/Snowshoe	Genett	C
14 or 15	SAT or SUN	Kayak	Weekly Paddle	Martin	A+
15	SUN	Hike	Erebus Mountain	Bouder	B
15	SUN	Hike	Adirondack High Peak — TBD	Whitney	A
18	WED	Hike	Lake George Rec Area	Martin	B
21	SAT	Hike Ski Sled	Whiteface Mountain Ski/Snowshoe/Sledging	Schneider	B
21	SAT	Hike	Moreau Snowshoe — Western Loop	Schwarz	B
21	SAT	Hike	Big Slide — Loop from the Garden	McLean	A
21	SAT	XC Ski	Tirrell Pond	Carlson/Johnson	B-
21 or 22	SAT or SUN	Kayak	Weekly Paddle	Martin	A+
22	SUN	Hike	Adirondack High Peak — TBD	Whitney	A
22	SUN	Hike	Buck Mountain	McCullough	A
25	WED	Meeting	VIRTUAL Outings Leaders Meeting — Location: Home!	Schwankert	—
25	WED	Hike	Lake George Recreation Area	Martin	B
27	FRI night	XC Ski	Crandall Park	Coutant	B
28	SAT	XC Ski	Skiing at Heart Lake	Mogelever	B
28 or 29	SAT or SUN	Kayak	Weekly Paddle	Martin	A+
29	SUN	Hike	Adirondack High Peak — TBD	Whitney	A
February					
1	WED	Hike	Lake George Recreation Area	Martin	B
4	SAT	Hike	Whiteface, Esther, Jungle Cobble	Lester	A
4 or 5	SAT or SUN	Kayak	Weekly Paddle	Martin	A+
5	SUN	XC Ski	Garnet Hill — XC Ski	Twardzik	B
5	SUN	Hike	Winter High Peak	Whitney	A
5	SUN	Hike	Bloody Mountain Bushwhack	Bouder	B+
8	WED	Hike	Lake George Recreation Area	Martin	B
11	SAT	Hike	*Full Moon* — Hike/Snowshoe	Genett	C
11 or 12	SAT or SUN	Kayak	Weekly Kayak	Martin	A+
12	SUN	Snowshoe	Avalanche Pass Snowshoe	Aspholm	A-
12	SUN	Hike	Winter High Peak	Whitney	A
15	WED	Hike	Lake George Recreation Area	Martin	B
16	THURS	Program	Casual Hiking in Lake George Area — 7:30 p.m., Glens Falls	Holcomb	—
18	SAT	Hike	Street & Nye	Weed	A



Outings and programs schedule

18 or 19	SAT or SUN	Kayak	Weekly Paddle	Martin	A+
19	SUN	Hike	Winter High Peak	Whitney	A
19	SUN	Hike	Elizabethtown #4 ushwhack	Bouder	A-
22	WED	Hike	Lake George Recreation Area	Martin	B
25	SAT	Hike	Mount Marcy	Schneider	A+
25	SAT	Ski / Hike	Mount Colden	Mackey	A+
25 or 26	SAT or SUN	Kayak	Weekly Paddle	Martin	A+
26	SUN	Hike	Winter High Peak	Whitney	A
March					
1	WED	Hike	Lake George Recreation Area	Martin	B
4 or 5	SAT or SUN	Kayak	Weekly Paddle	Martin	A+
5	SUN	Hike	Winter High Peak	Whitney	A
5	SUN	Hike	Nundagao Ridge	Bouder	B+
8	WED	Hike	Lake George Recreation Area	Martin	B
11	SAT	Hike	Marshall	Weed	A
11 or 12	SAT or SUN	Kayak	Weekly Paddle	Martin	A+
12	SUN	Hike	Winter High Peak	Whitney	A
15	WED	Hike	Lake George Recreation Area	Martin	B
16	THURS	Program	Hiking in the Swiss Alps — 7 p.m., Saratoga Library	Holcomb	—
18 or 19	SAT or SUN	Kayak	Weekly Paddle	Martin	A+
19	SUN	Hike	Winter High Peak	Whitney	A
22	Wed	Hike	Lake George Recreation Area	Martin	B
25 or 26	SAT or SUN	Kayak	Weekly Paddle	Martin	A+
29	WED	Hike	Lake George Recreation Area	Martin	B
29	WED	Meeting	Outings Leaders Meeting — Location: Saratoga	Schwankert	—

Leader Biographies

As the wonderful veterans continue their heroic contributions, we're pleased to welcome two new leaders to the GFS Chapter.

We continue to extend this invitation to any new folks who might have interest. Come "shadow" a leader, be a co-leader ... check it out!

Just contact any one of them or me and we'll certainly get you on board! If just a few folks led just a few outings, it would make a difference.

Like each snowflake on a winter's trail, we all have wonderfully different styles but share a common love and purpose in giving back.

ENJOY IT OUT THERE!!!

— *Patti Schwankert, Outings Chair*
(518) 371-5510
pjschwank@aol.com

JESSICA GOTTUNG

Jessica is a lifetime resident of Saratoga county and member of ADK for about 4 years. She has been hiking for 10 years and is looking forward to sharing her experience and love for the outdoors by leading hikes and snowshoe excursions. She is interested not only in the challenging high peak hikes, but also strolls around wilderness lakes and other areas for well-rounded Adirondack fun that people of all levels can enjoy. As a registered

dietitian, Jessica is dedicated to promoting a healthy lifestyle for all, so keep an eye out for her activities.

JONATHAN MOGELEVER

Jonathan first became involved with ADK in 1989 and has been a member of the Glens Falls-Saratoga Chapter for two years. His experiences include exploring and living in the Cascades and the Rocky Mountains, several bicycle tours across different parts of the U.S., and working at Johns Brook Lodge and the Adirondack Loj. Now he lives in Glens Falls and enjoys hiking and skiing on trails throughout the Adirondacks and Catskills.



Outings

PLEASE NOTE: *Designated hikes (family, new member, etc.) are geared for a special purpose, but are not exclusive. If you would like to attend any outing, please call the trip leader. Also, please be sure to refer to the outing instructions at the back of the newsletter to be prepared for the outing.*

ONGOING OUTINGS ...

SATURDAY/SUNDAY KAYAKING

Kayaking trips — weekly paddles Saturdays and/or Sundays, January-March
Paul Martin 796-6289 or 761-0814 pitmartin@adelphia.net
Flat-water kayaking ... we are going to emphasize fun on our paddles to the various lakes in the Adirondacks. Do not fear the length of trips ... we will look out for all of you as we explore what is around the next corner or bay. The best way to find out about our trips is to get on Capt'n Dangerous' e-mail listing. If you are considering becoming a pirate then you will find out by Wednesday where the trip is, when the Pirates of the Adirondacks are meeting, times, logistics and safety issues. Earn your Pirate Patch by committing an act of piracy on an Adirondack Lake. Hope to see you on the water.

WEDNESDAY EVENING HIKES/SNOWSHOE

January-March
We will hike/snowshoe in the Lake George Recreation Center trails. Many trails to explore. We will be out for a couple hours. Pace is leisurely. Hikes are rated C. We had a great time last year. Dress warmly and bring a light. Call Paul Martin at: 796-6289 or e-mail: pitmartin@adelphia.net

WINTER HIGH PEAKS

Sunday, January 1
Time: TBA
Rating: A+
Jack Whitney 793-9210 jack1758@adelphia.net
Call or e-mail leader for hike details. This is an opportunity for anyone working on completing the winter High Peaks. A decision will be made on a weekly basis which mountain will be climbed depending on weather and conditions. Allen, Basin, Cliff, Dial, Esther, Macomb, Nippletop, Redfield, Whiteface, Santanoni, Seward, Donaldson, Emmons and Seymour are some of the choices.

FIRE TOWER — SNOWY MOUNTAIN

Sunday, January 1

Time: 7:30 a.m.

Rating: B

Ron Lester 899-4187

A nice little Happy New Year outing. Summit has good views of the Indian Lake area and an old Fire Tower. Should be home by dinner-time. New winter hikers are welcome. Snowshoes are likely to be needed. 7.5 miles total, 2,000' of ascent with an easy pace.

PILOT KNOB

Sunday January 1

Time: 8:00 a.m.

Rating: B

Bob Aspholm 798-8599 or pine4422@yahoo.com

We'll start at the Pilot Knob/Buck trailhead and head up the old tote road to a drainage and then go off-trail up to the ridge. Then we'll head left toward the summit and if anyone wants to we'll head down to the plane wreck site. After that we'll follow the ridge back down toward the open part closer to the lake. If it's not too icy we'll go down the open ledge route back down. This hike will require crampons and maybe snowshoes. About 1,600 ft. climbing and about 8 miles round trip. Note: much of this hike is off-trail so please call only if that is not objectionable.

4TH ANNUAL NEW YEAR'S DAY PIRATE LAKE GEORGE PADDLE

Sunday, January 1

Time: 11:00 a.m.

Rating: A+

Paul Martin 796-6289, 761-0814, or pitmartin@adelphia.net .

Come and join us at Million Dollar Beach on New Year's Day. Call or e-mail for more details. Last year we had 24 Pirates pillaging the lake. We coordinate the paddle with the Polar Bear swim. We will have a group meeting prior to launching boats into the water. PFD's, bulkheads, sprayskirts, and a minimal wetsuit with other layers mandatory. Call the Capt'n for more details. Lunch at Carl R's after the paddle.

EVENING HIKES/SNOWSHOE

Wednesday, January 4

Time: TBA

Rating: C

Paul Martin 796-6289 or e-mail: pitmartin@adelphia.net

We will hike/snowshoe in the Lake George Recreation Center with many trails to explore. We will be out for a couple of hours. Pace is leisurely. We had a great time last year. Dress warmly and bring a light.



KAYAK WEEKLY PADDLES

Saturday or Sunday, January 7 or 8

Time: TBA

Rating: Fun

Paul Martin 796-6289 or 761-0814 pitmartin@adelphia.net

See details at the beginning of the "Outings" section.

FAMILY SHOWSHOE/HIKE — PUFFER POND

Saturday, January 7

Time: 9:00 a.m.

Rating: B

Maureen and Laura Jones 654-7731 (until 8 p.m.),

turtlemoons2002@yahoo.com

Puffer Pond is an enjoyable destination for a winter family outing. We'll carpool to the Indian Lake area, travel to the Pond (on snowshoes if needed), and enjoy lunch at the lean-to before heading back. ADK and several other outdoor shops have snowshoes available for rent if needed. Please call leader for suggestions.

TABLETOP MOUNTAIN

Saturday, January 7

Time: 6:00 a.m.

Rating: A

Jim Weed 584-9970

We will take the "normal" route up this peak on this first full weekend of the New Year! We'll depart from the Loj, cruise into Marcy Dam, and then make our way up to Indian Falls via the Van Hoevenberg Trail. From here, when the spirit moves us we'll break in an easterly direction and push for the summit. Mileage will be in the 10-12 range, and we'll make a day of it, so headlamps will come in handy! Remember folks, winter is upon us, so be wise in selecting your gear.

WINTER HIGH PEAKS

Sunday, January 8

Time: TBA

Rating: A+

Jack Whitney 793-9210 jack1758@adelphia.net

Call or e-mail leader for hike details. This is an opportunity for anyone working on completing the winter High Peaks. A decision will be made on a weekly basis which mountain will be climbed depending on weather and conditions. Allen, Basin, Cliff, Dial, Esther, Macomb, Nippletop, Redfield, Whiteface, Santanoni, Seward, Donaldson, Emmons and Seymour are some of the choices.

EVENING HIKES/SNOWSHOE

Wednesday, December 11

Time: TBA

Rating: C

Paul Martin 796-6289 or e-mail: pitmartin@adelphia.net

We will hike/snowshoe in the Lake George Recreation Center with many trails to explore. We will be out for a couple of hours. Pace is leisurely. We had a great time last year. Dress warmly and bring a light.

CRANDALL PARK EVENING XC SKI

Friday, January 13

Time: 7:00 p.m.

Rating: B

Maureen Coutant 745-7834 or mojim@adelphia.net

We'll be skiing through Crandall Park — as long as we have enough snow for the lights to be on! We'll meet behind Inside Edge on Glen Street near the trail entrance. Afterward, we'll try to find somewhere for some hot coffee or cocoa to warm up. Call for more info.

HAYSTACK MOUNTAIN

Saturday, January 14

Time: 5:30 a.m.

Ron Lester 899-4187

Sixteen miles total to a classic winter summit with A+ views and a superb butt slide to boot. Winter outings folks can meet us at 7:15 in the HPIC parking lot. Should be back to the trailhead in time for dinner. Fall winter gear required, including: crampons, face protection and goggles, as the climb up the summit ridge could be windy and cold.

FULL MOONER — SOUTHERN SARATOGA HIKE/ SNOWSHOE

Saturday, January 14

Time: 7:00 p.m., meeting place TBA

Rating: C

Aileen G. co-leader 482-9101, solice212@yahoo.com

It's time to wrap our ski poles around winter and strap on the boots and/or snowshoes depending on snow fall, of course. Marvin F. and Aileen G. will co-lead a FULL MOON winter outing in southern Saratoga County. We will hike 4 miles on fairly level terrain and will have different options to be decided based upon the weather. Afterward, Marv and his wife will treat us to homemade soup and warm refreshments. Group is limited to 12 participants. Call for details BEFORE 9:30 p.m. Please call by 1/12/06.



KAYAK WEEKLY PADDLES

Saturday or Sunday, January 14 or 15

Time: TBA

Rating: Fun

Paul Martin 796-6289 or 761-0814 pitmartin@adelphia.net

See details at the beginning of the "Outings" section.

EREBUS MOUNTAIN

Sunday, January 15

Rating: A

Time: 7:00 a.m.

Jayne Boudier 793-3770

Erebus has no trail, no views from the top, and no crowds. But three minutes past the top it has a nice peek into the narrows. Ten miles (two trailless), 1,500 ft. ascent, moderate pace. Lake George.

WINTER HIGH PEAKS

Sunday, January 15

Time: TBA

Rating: A+

Jack Whitney 793-9210 jack1758@adelphia.net

Call or e-mail leader for hike details. This is an opportunity for anyone working on completing the winter High Peaks. A decision will be made on a weekly basis which mountain will be climbed depending on weather and conditions. Allen, Basin, Cliff, Dial, Esther, Macomb, Nippletop, Redfield, Whiteface, Santanoni, Seward, Donaldson, Emmons and Seymour are some of the choices.

EVENING HIKES/SNOWSHOE

Wednesday, January 18

Time: TBA

Rating: C

Paul Martin 796-6289 or e-mail: pitmartin@adelphia.net

We will hike/snowshoe in the Lake George Recreation Center with many trails to explore. We will be out for a couple of hours. Pace is leisurely. We had a great time last year. Dress warmly and bring a light.

WHITEFACE MOUNTAIN SKI/SNOWSHOE/SLED

Saturday, January 21

Time: 7:00 a.m.

Rating: B

John Schneider 584-8527

This relatively easy trip will use the road from the toll booth to get to the top of Whiteface. The easy grade of the road will allow participants to ski or snowshoe to the parking lot near the top. From there, we will hike to the top of the mountain. Spectacular views are guaranteed if the weather cooperates. The return trip down the mountain can be quite a thrill for those on skis, or those who want to bring along a sled (Flexible Flyer type). It has been quite a few years since conditions were good enough for sledding down, but I have high hopes for this year.

MOREAU STATE PARK SNOWSHOE SAMPLER

Saturday, January 21

Time: 9:00 a.m.

Rating: B

Bill Schwarz 793-2781, bschwarz@capital.net

New western trails have been added to the park over the past few years. They have some great overlooks of the Hudson River and Moreau Lake, and we'll try to reach them. Be prepared for some climbing — these aren't the flat loops around the lake! We'll do six miles or so and adjourn for hot chocolate.

BIG SLIDE LOOP FROM THE GARDEN

Saturday, January 21

Time: 8:00 a.m. (The Garden trailhead, Keene Valley)

Rating: A

Mike McLean mpmclean@gw.dec.state.ny.us (315) 262-2564

An 8 a.m. start from the Garden, we will head into John's Brook Lodge and debate along the way whether (weather) to climb up via Slide Brook Trail or via Klondike Notch Trail and climb Yard Mountain as well. Return via the Brother's Trail. A relaxed pace.

TIRRELL POND BACKCOUNTRY SKI

Saturday January 21

Time: 7:30am

Rating: A- (intermediate)

Jan Carlson 581-9367 or Susan Johnson 581-0125

Come join us for a seven-mile round trip (maybe a little more if we ski up the frozen lake) backcountry ski trip. Tirrell Pond is a beautiful mountain pond on the Northville-Placid Trail. We will ski in from routes 28/30 near Lake Durant and stop for lunch at the pond to enjoy the scenery.



KAYAK WEEKLY PADDLES

Saturday or Sunday, January 21 or 22

Time: TBA

Rating: Fun

Paul Martin 796-6289 or 761-0814 pitmartin@adelphia.net

See details at the beginning of the "Outings" section.

WINTER HIGH PEAKS

Sunday, January 22

Time: TBA

Rating: A+

Jack Whitney 793-9210 jack1758@adelphia.net

Call or e-mail leader for hike details. This is an opportunity for anyone working on completing the winter High Peaks. A decision will be made on a weekly basis which mountain will be climbed depending on weather and conditions. .Allen, Basin, Cliff, Dial, Esther, Macomb, Nippletop, Redfield, Whiteface, Santanoni, Seward, Donaldson, Emmons and Seymour are some of the choices.

BUCK MOUNTAIN

Sunday, January 22

Time: 8:00

Rating: B+

Pat McCullough 798 3186

This hike is about 6.5 miles with about 2,000 feet of vertical. We are getting a casual start at Bruegger's, after you have read the Sunday paper. If you have thought about a winter climb, but have been unsure if you are able or just nervous because you are a rookie — this hike is for you. Old salty veterans are also more than welcome. Views of Lake George at this time of year can be outstanding!

EVENING HIKES/SNOWSHOE

Wednesday, January 25

Time: TBA

Rating: C

Paul Martin 796-6289 or e-mail: pitmartin@adelphia.net

We will hike/snowshoe in the Lake George Recreation Center with many trails to explore. We will be out for a couple of hours. Pace is leisurely. We had a great time last year. Dress warmly and bring a light.

CRANDALL PARK EVENING XC SKI

Friday, January 27

Time: 7:00 p.m.

Rating: B

Maureen Coutant 745-7834 or mojim@adelphia.net

We'll be skiing through Crandall Park — as long as we have enough snow for the lights to be on! We'll meet behind Inside Edge on Glen Street near the trail entrance. Afterward, we'll try to find somewhere for some hot coffee or cocoa to warm up. Call for more info.

SKIING AT HEART LAKE

Saturday, January 28

Time: 7 a.m.

Rating: B

Jonathan Mogelever 793-5293

There are miles of cross-country ski trails right on ADK's Heart Lake Property and skiing them is a blast. Add a warm lunch break in the great room of the Adirondack Loj and you have a complete Adirondack winter experience. We will ski trails like Fangorn Forest, the Rimrock Trail, and the Heart Lake Loop at a leisurely pace in the morning and afternoon. These are moderate trails that require the basics of kick and glide and a competent wedge for turning and stopping. Ski rentals are available at the High Peaks Information Center. Meet at Bruegger's Bagels in Queensbury at 7 a.m. Please call to confirm and coordinate car pooling. Group limit: twelve.

KAYAK WEEKLY PADDLES

Saturday or Sunday, January 28 or 29

Time: TBA

Rating: Fun

Paul Martin 796-6289 or 761-0814 pitmartin@adelphia.net

See details at the beginning of the "Outings" section.

WINTER HIGH PEAKS

Sunday, January 29

Time: TBA

Rating: A+

Jack Whitney 793-9210 jack1758@adelphia.net

Call or e-mail leader for hike details. This is an opportunity for anyone working on completing the winter High Peaks. A decision will be made on a weekly basis which mountain will be climbed depending on weather and conditions. .Allen, Basin, Cliff, Dial, Esther, Macomb, Nippletop, Redfield, Whiteface, Santanoni, Seward, Donaldson, Emmons and Seymour are some of the choices.



EVENING HIKES/SNOWSHOE

Wednesday, February 1

Time: TBA

Rating: C

Paul Martin 796-6289, pitmartin@adelphia.net

We will hike/snowshoe in the Lake George Recreation Center with many trails to explore. We will be out for a couple hours. Pace is leisurely. We had a great time last year. Dress warmly and bring a light.

WHITEFACE, ESTHER AND JUNGLE COBBLE

Saturday, February 4

Time: 5:45 a.m.

Rating: A

Ron Lester 899-4187

Our happy trek begins at the toll booth as we stroll up to the Whiteface summit (via the road) regaled by tall tales told by your leader (feel free to join in). We'll hang around for a bit to take in the views and take in hot dogs at the snack bar — no, wait, never mind, wrong season. So, back down we'll go (on the trail this time) and over to Esther. Next stop: Jungle (Jim Mosher?) Cobble. If you haven't been to Juggle Cobble yet, don't you think it's about time you did? Then we'll take the easy bushwhack back down to the road and complete our loop. Total distance: approximately 10½ miles.

KAYAK WEEKLY PADDLES

Saturday or Sunday, February 4 or 5

Time: TBA

Rating: A+

Paul Martin 796-6289, 761-0814, pitmartin@adelphia.net

See details at the beginning of the "Outings" section.

GARNET HILL CROSS COUNTRY SKI

Sunday, February 5

Rating: B

Janet Twardzik 371-8464, janet2a22@aol.com

Come join your fellow ADK'ers for a fun day of skiing at one of the Adirondacks' finest cross-country ski centers. We'll ski the beautiful snowy forest trails of Garnet Hill and, conditions permitting, ski on the lake. Please contact the leader for details and to sign up. There is a trail fee.

WINTER HIGH PEAKS

Sunday February 5

Time: TBA

Rating: A+

Jack Whitney 793-9210, jack1758@adelphia.net

Call or e-mail leader for hike details. This is an opportunity for anyone working on completing the winter High Peaks. A decision will be made on a weekly basis which mountain will be climbed depending on weather and conditions. Allen, Basin, Cliff, Dial, Esther, Macomb, Nippletop, Redfield, Whiteface, Santanoni, Seward, Donaldson, Emmons and Seymour are some of the choices.

BLOODY MOUNTAIN BUSHWHACK

Sunday, February 5

Time: 7:00 a.m.

Rating: B+

Jayne Boudier 793-3770

A great little mountain, with views of the Dix Mountain Wilderness from the east. 7 miles (3 trailless), 1,000 ft. ascent, at a moderate pace. Hammond Pond Wild Forest.

EVENING HIKES/SNOWSHOE

Wednesday, February 8

Time: TBA

Rating: C

Paul Martin 796-6289, pitmartin@adelphia.net

We will hike/snowshoe in the Lake George Recreation Center with many trails to explore. We will be out for a couple hours. Pace is leisurely. We had a great time last year. Dress warmly and bring a light.

***FULL MOONER* — SOUTHERN SARATOGA HIKE/ SNOWSHOE**

Saturday, February 11

Time: 7:00 p.m., meeting place TBA

Rating: C

Aileen G. co-leader 482-9101, solice212@yahoo.com

It's time to wrap our ski poles around winter and strap on the boots and/or snowshoes depending on snow fall, of course. Marvin F. and Aileen G. will co-lead a FULL MOON winter outing in southern Saratoga County. We will hike on 4 miles on fairly level terrain and will have different options to be decided based upon the weather. Afterward, Marv and his wife, Kathy will treat us to homemade soup and warm refreshments! Group is limited to 12 participants. Call for details BEFORE 9:30 p.m. Please call by 2/9/06.



KAYAK WEEKLY PADDLES

Saturday or Sunday, February 11 or 12

Time:TBA

Rating:A+

Paul Martin 796-6289 or 761-0814, pitmartin@adelphia.net

See details at the beginning of the "Outings" section.

AVALANCHE PASS SNOWSHOE

Sunday, February 12

Time: 7:00 a.m.

Rating:A -

Bob Aspholm 798-8599, pine4422@yahoo.com

This outing has become an annual favorite of mine. Hopefully, we'll have good weather, some snow and good ice out on Avalanche Lake. Snowshoes, crampons, regular winter gear, hot food and/or drinks are required! About 900 ft. climbing and about 10 miles round trip.

WINTER HIGH PEAKS

Sunday February 12

Time:TBA

Rating:A+

Jack Whitney 793-9210, jack1758@adelphia.net

Call or e-mail leader for hike details. This is an opportunity for anyone working on completing the winter High Peaks. A decision will be made on a weekly basis which mountain will be climbed depending on weather and conditions. Allen, Basin, Cliff, Dial, Esther, Macomb, Nippletop, Redfield, Whiteface, Santanoni, Seward, Donaldson, Emmons and Seymour are some of the choices.

EVENING HIKES/SNOWSHOE

Wednesday, February 15

Time:TBA

Rating: C

Paul Martin 796-6289, pitmartin@adelphia.net

We will hike/snowshoe in the Lake George Recreation Center with many trails to explore. We will be out for a couple hours. Pace is leisurely. We had a great time last year. Dress warmly and bring a light.

STREET & NYE

Saturday, February 18

Time: 7:00 a.m., High Peaks Information Center at the ADK Loj

Rating:A

Jim Weed 584-9970

We will attempt a shot at normalcy by leaving the Loj on the Indian Pass Trail. Eventually we'll find the Old Nye Ski Trail from the '32 Olympics. From here, we'll take the normal route to Nye. If one was to recall, there are streams and tributaries to be crossed. The leader will be carrying extra socks and two plastic bags (for himself). You may want to follow suit. Remember — if you pack things that you think you may need, you'll never actually end up using them! From Nye, we'll take a bearing and skirt the ridge line over to Street. Mileage will be in the 10-12 range, and we'll be at it for the full day. Please be prepared for Mother Nature and whatever winter-like mood she may be in! Call leader for additional details.

KAYAK WEEKLY PADDLES

Saturday or Sunday, February 18 or 19

Time:TBA

Rating:A+

Paul Martin 796-6289 or 761-0814 pitmartin@adelphia.net

See details at the beginning of the "Outings" section.

WINTER HIGH PEAKS

Sunday February 19

Time:TBA

Rating:A+

Jack Whitney 793-9210, jack1758@adelphia.net

Call or e-mail leader for hike details. This is an opportunity for anyone working on completing the winter High Peaks. A decision will be made on a weekly basis which mountain will be climbed depending on weather and conditions. Allen, Basin, Cliff, Dial, Esther, Macomb, Nippletop, Redfield, Whiteface, Santanoni, Seward, Donaldson, Emmons and Seymour are some of the choices.

ELIZABETHTOWN #4 BUSHWHACK

Sunday, February 19

Time: 6:30 a.m.

Rating:A-

Jayne Boudier 793-3770

This easternmost bump on the East Dix ridge has great views. 9 miles (4 trailless), 1,500 ft. elevation gain, at a moderate pace.



EVENING HIKES/SNOWSHOE

Wednesday, February 22

Time: TBA

Rating: C

Paul Martin 796-6289, pitmartin@adelphia.net

We will hike/snowshoe in the Lake George Recreation Center with many trails to explore. We will be out for a couple hours. Pace is leisurely. We had a great time last year. Dress warmly and bring a light.

MOUNT MARCY

Saturday, February 25

Time: 5:00 a.m.

Rating: A

Jim Schneider 581-9367

We will take the usual route from the ADK HPIC via Marcy Dam and Indian Falls. Tahawus the Cloudsplitter awaits. Bring all your winter battle gear as we will be spending time above treeline (crampons, and face and eye protection). 14.8 miles round trip.

MOUNT COLDEN

Saturday, February 25

Time: 6:30 a.m.

Rating: A+

Steve and Heather Mackey smackey33@verion.net, 793-6484

We will ski from South Meadows toward Lake Arnold carrying our snowshoes, and ski as far as is reasonable. We will return the same route. Round trip distance is around 14 miles.

KAYAK WEEKLY PADDLES

Saturday or Sunday, February 25 or 26

Time: TBA

Rating: A+

Paul Martin 796-6289 or 761-0814, pitmartin@adelphia.net

See details at the beginning of the "Outings" section.

WINTER HIGH PEAKS

Sunday February 26

Time: TBA

Rating: A+

Jack Whitney 793-9210, jack1758@adelphia.net

Call or e-mail leader for hike details. This is an opportunity for anyone working on completing the winter High Peaks. A decision will be made on a weekly basis which mountain will be climbed depending on weather and conditions. Allen, Basin, Cliff, Dial, Esther, Macomb, Nippletop, Redfield, Whiteface, Santanoni, Seward, Donaldson, Emmons and Seymour are some of the choices.

EVENING HIKES/SNOWSHOE

Wednesday, March 1

Time: TBA

Rating: C

Paul Martin 796-6289, pitmartin@adelphia.net

We will hike/snowshoe in the Lake George Recreation Center with many trails to explore. We will be out for a couple hours. Pace is leisurely. We had a great time last year. Dress warmly and bring a light.

KAYAK WEEKLY PADDLES

Saturday or Sunday, March 4 or 5

Time: TBA

Rating: A+

Paul Martin 796-6289 or 761-0814 pitmartin@adelphia.net

See details at the beginning of the "Outings" section.

WINTER HIGH PEAKS

Sunday March 5

Time: TBA

Rating: A+

Jack Whitney 793-9210, jack1758@adelphia.net

Call or e-mail leader for hike details. This is an opportunity for anyone working on completing the winter High Peaks. A decision will be made on a weekly basis which mountain will be climbed depending on weather and conditions. Allen, Basin, Cliff, Dial, Esther, Macomb, Nippletop, Redfield, Whiteface, Santanoni, Seward, Donaldson, Emmons and Seymour are some of the choices.

NUNDAGAO RIDGE

Sunday, March 5

Time: 6:30 a.m.

Rating: B+

Jayne Boudier 793-3770

This loop has entertaining terrain, and great views! 6 miles, 1,500 ft. ascent, moderate pace with time to take pictures. Hurricane Mountain Primitive Area.

EVENING HIKES/SNOWSHOE

Wednesday, March 8

Time: TBA

Rating: C

Paul Martin 796-6289, pitmartin@adelphia.net

We will hike/snowshoe in the Lake George Recreation Center with many trails to explore. We will be out for a couple hours. Pace is leisurely. We had a great time last year. Dress warmly and bring a light.



MARSHALL

Saturday, March 11

Time: 5:30 a.m.

Rating: A

Jim Weed 584-9970

We'll attempt to tackle this critter from the Flowed Lands. We can ski in (if everyone has skis) along the Calamity Brook trail to the Flowed Lands. As we move across the Flow, we'll meet up with our guide: the Herbert Brook. From there, we'll stash our goods and change over to snowshoes. Our intent is to make a push all the way to the top of the drainage, which gives life to the Herbert Brook itself. We will be zigging and zagging in and out of the stream bed as we push to within 300 ft. of the summit. Once we hit this saddle, we will head in sort of a south-westerly direction, and make the final bid for the top. This has the potential to be an exhausting, 12-13 mile, full-day trip. Winter is far from over at this time, the snow will be deep, and expect dramatic temperature changes as the day progresses. In other words — bring your winter A-game! Call the leader for additional details.

KAYAK WEEKLY PADDLES

Saturday or Sunday, March 11 or 12

Time: TBA

Rating: A+

Paul Martin 796-6289 or 761-0814, pitmartin@adelphia.net

See details at the beginning of the "Outings" section.

WINTER HIGH PEAKS

Sunday, March 12

Time: TBA

Rating: A+

Jack Whitney 793-9210, jack1758@adelphia.net

Call or e-mail leader for hike details. This is an opportunity for anyone working on completing the winter High Peaks. A decision will be made on a weekly basis which mountain will be climbed depending on weather and conditions. Allen, Basin, Cliff, Dial, Esther, Macomb, Nippletop, Redfield, Whiteface, Santanoni, Seward, Donaldson, Emmons and Seymour are some of the choices.

EVENING HIKES/SNOWSHOE

Wednesday, March 15

Time: TBA

Rating: C

Paul Martin 796-6289, pitmartin@adelphia.net

We will hike/snowshoe in the Lake George Recreation Center with many trails to explore. We will be out for a couple hours. Pace is leisurely. We had a great time last year. Dress warmly and bring a light.

KAYAK WEEKLY PADDLES

Saturday or Sunday, March 18 or 19

Time: TBA

Rating: A+

Paul Martin 796-6289 or 761-0814, pitmartin@adelphia.net

See details at the beginning of the "Outings" section.

WINTER HIGH PEAKS

Sunday, March 19

Time: TBA

Rating: A+

Jack Whitney 793-9210, jack1758@adelphia.net

Call or e-mail leader for hike details. This is an opportunity for anyone working on completing the winter High Peaks. A decision will be made on a weekly basis which mountain will be climbed depending on weather and conditions. Allen, Basin, Cliff, Dial, Esther, Macomb, Nippletop, Redfield, Whiteface, Santanoni, Seward, Donaldson, Emmons and Seymour are some of the choices.

EVENING HIKES/SNOWSHOE

Wednesday, March 22

Time: TBA

Rating: C

Paul Martin 796-6289, pitmartin@adelphia.net

We will hike/snowshoe in the Lake George Recreation Center with many trails to explore. We will be out for a couple hours. Pace is leisurely. We had a great time last year. Dress warmly and bring a light.

KAYAK WEEKLY PADDLES

Saturday or Sunday, March 25 or 26

Time: TBA

Rating: A+

Paul Martin 796-6289 or 761-0814, pitmartin@adelphia.net

See details at the beginning of the "Outings" section.

EVENING HIKES/SNOWSHOE

Wednesday, March 29

Time: TBA

Rating: C

Paul Martin 796-6289, pitmartin@adelphia.net

We will hike/snowshoe in the Lake George Recreation Center with many trails to explore. We will be out for a couple hours. Pace is leisurely. We had a great time last year. Dress warmly and bring a light.



Shanty Brook to Mud Pond, August 7, Jack Whitney, 9 participants

- We followed the brook up to an old beaver meadow. Turning in a north-westerly direction we hiked up a little-used herd path. We arrived at the pond. A lone loon was heard calling and made this pond very magical. This is the first time I have seen just one lone loon in a lake or pond. A lunch break was taken while some explored this magnificent pond. Time passing quickly, we soon had to return to our journey home. Participants: Bill Carpenter, Pat Desbiens, Jean Rich, Joe Stoobach, Brenda Taber, Don Taber, Eileen Taber, Linda Veraska, Jack Whitney

Street and Nye, August 13, Jack Whitney, 9 participants

- The day was overcast and a little damp but by rock-hopping we made it across Indian Pass Brook without incident and on up to first the summit of Nye and then onto Street. We did manage to snap a few decent photos from the back side of Street and then it was back down the trail and to our cars at HPIC. It was another good day in the mountains. Participants: Bill Carpenter, Irene Fusco, Jenny Gae, Mark Havis, Norm Kuchar, Alex Lombard, Lorraine MacKenzie, Jerry Perregaux, Jack Whitney

Big Moose Lake Canoe, August 14, Jayne Boudier, 9 participants

- Rainy forecast. We almost turned around after doing the inlet, but dried out during lunch and went on to enjoy North Bay. Steady rain caught us on the way back and while we put up the boats, but we did make the best of a wet, gray day. Participants: Jayne Boudier, Ray Boucher, Bill Carpenter, Pat Desbiens, Gary Rodd, Gavin Seabury, Don and Brenda Tabor, Jack Whitney

Lower Wolf Jaw Mountain, August 21, Jack Whitney, 6 participants

- After adding an extra mile or so to the trip by “missing” the turn-off for the trail to the Jaws and having to backtrack (a scenic backtrack, though) thank you, Pat, we were on our way up the Wedge Brook Trail and eventually to the summit of Lower Wolf Jaw. The trip back down was shorter than the trip up allowing time to stop by the bridge and the beautiful waterfall. Congratulations to all participants on adding another High Peak to your lists. Participants: Bill Carpenter, Carolyn Cyr, Pat Desbiens, Susan Johnson, Lorraine Mackenzie, Jack Whitney

Jay Range, September 11, Jack Whitney, 13 participants

- Blue skies and sunshine were the order of the day. Hiking up to Jay Mountain, on the ridge up to the grassy protuberance and then on to the “Kings Throne” for pictures. A leisurely lunch allowed some of the participants to pull out their maps and identify the many mountains that can be seen from this ridge and mountain. All in all, it was a great day in the mountains with the finest people. Participants: Barbara Bilins, Ray Bouchard, Bob Buckley, Nancy Buckley, Bob Van Buren, Kate Van Buren, Pat Desbiens, Alvin Fertel, Linda Ranado, Jillian Monryon, Lisa Spicde, Sandy Yellen, Jack Whitney

West Canada Lakes Camping, September 15-18, Don Tabor, Jayne Boudier, 3 participants

- Hurricane Katrina stalled enough rain over us that our boots never dried out, but we agreed that the cooler wet weather was better than sunny hot for camping and hiking. Canoeed (!) Beaver Pond, found an awesome way to French Louie’s cave, met two “lake baggers” packing lightweight canoes, stayed two nights in the best lean-to (and near French Louie’s chimney), and generally had a great time ... (had to be there!) What a beautiful place- look for this one again next year! Participants: Jayne Boudier, Don and Brenda Tabor

Lost Gorge Peak, September 25, Jayne Boudier, 5 participants.

- Low water, dry rock, and crystal pools made this a great day in the gorge, but we were unable to summit it. We did summit its namesake peak, and had good views of all but the tops of the highest mountains around. Then the group was game to finish bushwhacking the loop, and went on to DeCaesar’s for dinner. Participants: Neil Andrews, Jayne Boudier, Lorraine MacKenzie, Linda Veraska, Rich Vinciguerra

Mount Marcy, October 2, Jack Whitney, 7 participants

- It was another magical day for the journey to Mount Marcy. It was a beautiful warm fall day (no snowflakes to be seen) allowing for a rest stop at Marcy Dam and Indian Falls on the way to the big one. After spending extended time on the summit enjoying the foliage and talking with the summit steward who was most knowledgeable about the environs, we headed back home. Participants: Randy Caldwell, Pat Desbiens, Jonathan Lane, Don Taber, Bob VanBuren, Kate VanBuren, Jack Whitney

Hunter Mountain (Catskills), October 8, Pat Desbiens, 3 participants

- Five people signed up for a beautiful foliage hike to a summit with a fire tower that has a great view. The day dawned with pouring rain, a decent wind and temperatures that threatened to drop into the 40s but two hardy souls still decided this could be a fun day. We left early, missed the dipping temperatures but not the rain and wind, had a great view of the surrounding treetops and found a dry spot on the caretaker’s cabin porch to gobble down some food before heading back down again. Another fire tower for Jonathan; April is a real trooper! There were still smiles on our faces upon arrival back at the car. Participants: Jonathan Lane, April Ferrante, Pat Desbiens



Pharaoh Lake Wilderness Grand Tour, October 15, Jan Carlson and Jim Schneider, 5 participants

- By the time you read this, dear reader, the week of incessant rain will be a distant memory. But, for the five of us out there, we have heavy, wet, soggy hiking boots in the basement trying to dry out. Squish, squish, squish went the boots. Drip, drip, drip went the trees. "Sun by one (o'clock)," promised a co-leader. And the sun did show itself at 12:50 p.m. He didn't say it would stay out, as the rain later returned. Delightful foliage and a sky hinting at clearing greeted us at Wintergreen Point. Wish you were there. Participants: Bill Bechtel, Karen Bechtel, Ray Boucher, Jan Carlson, Jim Schneider

Sawteeth, October 22, Jean Holcomb, 6 participants

- Eat your hearts out, guys! Jean's all-women hike to Sawteeth was a blast. Leaving the dreary weather in the capitol district behind, we headed into the sunny north and hit the trail at 8:30 under partly cloudy skies. The day kept improving in every way. The scenic trail up Sawteeth is just that, scenic! Lower Ausable Lake was like a mirror as we worked our way up past one spectacular view to the next, including a great look at Indian Head. Jayne snapped pictures until her battery went dead as we meandered onto the peak. There we encountered that sudden, wonderful, in-your-face spectacle of the Great Range with the massive hulk of Gothics brooding in the foreground and the rest of the peaks marching away to a serene snow-covered Marcy. The sky was clear and windless at this point so we could enjoy a long chatty lunch with some sailors and seniors. Then we went down the direct route where some delicate footwork got us past a steep, icy descent of perhaps fifty feet. The crampons never left the packs. After that it was smooth going until we came to our final, delight: a side trip to the stunning beauty of Rainbow Falls. What a "wow" ending to a perfect hike. But wait, there's more: The High Peaks are finally showing their colors and the road to the club was lined with the red and gold of maple and beech, nature's own exterior design. In the last mile or so it started to rain just to remind us of what a magical day it had been. Participants: Melissa Prout, Ann Mundy, Lorraine MacKenzie, Jennifer Reidy, Janice Joyce, Jayne Boudier, Jean Holcomb

Mount Adams, October 23, Pat Desbiens, 3 participants

- Getting to this hike gave us our first challenge of this day. Most of us got our first snowfall of the season on October 22-23; We got to Warrensburg and the snowplows were out plowing the 7 inches of snow that fell during the night. As we proceeded farther

north, it alternated between some snow and a lot of snow — in a few spots we were avoiding trees that had fallen across parts of the road. We finally made it to the trailhead and thankfully there was minimal snow on the ground (since we didn't have snowshoes with us), the higher up we went there was about 1-2 inches on the trail but the trees were heavily laden with snow with the branches really bent over — a beautiful winter wonderland. With some slip-sliding we made it to the summit and the fire tower and took a much-deserved break before heading back down. We arrived back at the trailhead very wet from all the falling snow off the trees but with smiles on our faces and very happy that we had persevered to enjoy a beautiful day in the mountains. Participants: Bill Carpenter, Bonnie Powers, Pat Desbiens



ADK Winter Mountaineering School

Want to learn new winter skills? Looking to expand your winter fun? Or are you a three season hiker who's tired of watching your gear gather dust or five months out of the year? Winter Mountaineering School may be just what you are looking for. Sponsored by the ADK, Winter Mountaineering School has been helping hikers expand their winter fun for over 50 snow and ice filled years. Come join the fun.

Weekend Day Hiking Section: February 17-20, Cost \$290
Weekend Backpacking Section: February 17-20, Cost \$210
Combo Program (Day Hikes/3 night backpack): February 17-23, Cost \$340

For additional information on all of the programs listed above visit:
www.winterschool.org
 or call 518.523.3441



Trip reviews

McKenzie, November 5, Jayne Boudier, 3 participants

- Nice day (rain was forecast), and not much snow on top; We were passed by two joggers in shorts and sneakers! (Found a skewered orange and a headband). Not having enough daylight left to connect the (trail marker) dots to Moose, we took a long lunch at Bartlett Pond and returned via the impressive lakeside camps and Whiteface Inn. Then it rained. Participants: Jayne Boudier, Nancy Morrill, Kathy Quoi

Cascade and Porter, November 6, Jack Whitney, 3 participants

- We started out in winter conditions: very wet trail, 1.5 ft. of snow on the sides of the trail, running, melting water on the trail itself. Congratulations to Sally for getting her first two High Peaks in less than desirable conditions. Glimpses of views were had from Porter; By the time we summited Cascade, the views were fantastic but the wind drove us off the summit quickly. Participants: Pat Desbiens, Sally Ross, Jack Whitney

Snowy Mountain, November 13, Jessica Gottung and Jack Whitney, 10 participants

- There was a little bit of snow as we started our journey up this just under 4,000-ft. mountain, gaining 2,106 ft. in 3.9 miles. It was a very steep climb at the end as we scrambled to the overlook and enjoyed a leisurely lunch with great views. Then it was a short jaunt over to the recently refurbished fire tower with some great views and picture taking. It was slow and easy on the way back due to some icy conditions. Dinner in Warrensburg at George Henry's topped off a great day. Participants: Ray Boucher, Jayne Boudier, Carolyn Cyr, Jessica Gottung, Mark Janey, Cindy Kirk, Lorraine MacKenzie, Kathy Quoi, Jan Weedaman, Jack Whitney

Nud-da-ga-o Ridge, November 20, Jack Whitney, 4 participants

- Jayne Boudier was scheduled to lead this hike but called in sick the night before and I agreed to take over. Starting out from the trailhead, we headed up to the Gulf Brook Lean-To, Took a quick left and headed up to Lost Pond and then onto the shoulder of Weston Mountain where we all enjoyed the famous "Mrs. Austin's cookies." Continuing on the trail at times was difficult to locate but thanks to everyone's navigational skills, we were able to complete the ridge, skipped Big Crow and headed on down. Participants: Ken Austin, Mark Gardner, Sterling Salter, Jack Whitney

Lower Wolf Jaw, December 3, Jean Holcomb, 7 hikers

- Saturday turned out to be sunny and cold rather than the forecasted snow which made for a lovely hike. The roads were clear and the light cover allowed us to make the trip sans snowshoes. The only complaint was the extensive blow down which made the trail a lot more challenging than advertised. We took the W.A. White trail in and the Wedge Brook trail back completing a nice 9-mile loop in a little less than eight hours. There were plenty of great views of Giant and Keene Valley on the way in. Great company all around, and special thanks to Ed Sheridan for taking the lead while I did sweep. Participants: Jerry Perregaux, Ann Mundy, Ed Sheridan, Howard S., George Banks, Kerry Shea, Jennifer Reidy

Have you checked out our Web site lately?

If you haven't been to see us on the Web lately, you're missing out.

www.adk-gfs.org



Outing instructions

For more detailed information on Chapter Outings, see the "Glens Falls-Saratoga Chapter Handbook."

SIGN UP INFORMATION

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to call may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! **PLEASE** be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others' plans. **Trips WILL BE CANCELLED if minimums are not met**, thereby affecting all parties. For safety, the MINIMUM number for Outings is: 3 people, including the leader (4 in winter) Bruegger's unless otherwise noted in the trip description. Be there and ready to depart at the posted time.

MEETING PLACE INFORMATION

BRUEGGER'S BAGEL BAKERY

Queensbury Plaza, 711 Upper Glen Street, Glens Falls, NY 743-0097

• From NORTHWAY (I-87)

Take Exit 19 and go east on AVIATION/QUAKER Rd. Follow .5 miles to RTE. 9/GLEN ST. Turn South (RIGHT) onto RTE.9, then left at the light into the QUEENSBURY PLAZA. Park on the Rte.9 side of the parking lot near BRUEGGER'S

TRAVEL INFORMATION/CAR POOLS

We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it's helpful to the 'regulars' to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

PARTICIPATION GUIDELINES

Leaders are responsible to evaluate interested parties' fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions.

*Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip. Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (AND RECENTLY) AND ARE IN GOOD SHAPE AS NECESSARY FOR THAT OUTING.**

*ADK Liability Waiver must be provided by Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors.

*No Pets allowed on outings except where designated in the description.

RATINGS

Hike Rating	Effort Level	Elevation Gain (feet)	Miles	Time (hours)
A+	Very Strenuous	4,000+	10+	10+
A	Strenuous	3,000+	5-10	8-10
B+	Moderately Strenuous	2,000+	5-10	6-8
B	Moderate	1,000+	Up to 5	5-6
C	Easy	Under 1,000	Under 5	Under 5

*Descriptions are only typical and can vary.

HIKING NEEDS/PREPARATION/EQUIPMENT

Bring Trail Food and plenty of Water on ALL hikes! *Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. — NOT 100% Cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don't trust the forecast or the sky based on the start of the day. Be prepared!

SPECIAL WINTER NEEDS

In addition to the preparation/equipment mentioned above, winter requires some EXTRA planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants will can expect to bring Snow Shoes and Crampons. Bring lots of Water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with Emergency Clothing. Bring an extra wool/polypro hat, mittens and socks. Vented "Shell" pants, jackets and mittens are commonly used with warm layers beneath.

BECOME AN OUTINGS LEADER

Ask any Chapter Leader for details. Offer to CO-lead to get the 'experience'! We're always looking for new leaders to help share the fun while "filling in the calendar." New faces offer more varied outings while sharing their personal favorite destinations. Contact Outings Chair for more information. (Contact info: Pg. 3 of newsletter)

Program and meeting directions

Chapter Programs and Meetings are held monthly, alternating facilities between Glens Falls and Saratoga Springs. Brief directions are below. More detailed information and maps can be found under "Programs" on the Chapter Web page: www.adk-gfs.org

SARATOGA SPRINGS PUBLIC LIBRARY

Henry St., Saratoga Springs, NY 12866, 584-7860

• From NORTHWAY (I-87)

Take Exit 14 onto Route 9P north (UNION AVE). Proceed 1.5 miles, past three traffic lights to a T-junction. RIGHT onto CIRCULAR ST. to the first traffic light. LEFT onto SPRING ST. for two blocks. RIGHT onto Putnam Street for 1.5 blocks. (There is public parking here also!) The library parking lot is on the right. There is a two-hour parking limit.

• From ROUTE 9 and ROUTE 50

Route 9 and route 50 converge to become the main street, Broadway, in downtown Saratoga Springs. Follow into downtown, up to the main street (BROADWAY). Turn onto SPRING ST. (right from South/left from North) at the corner of Congress Park. LEFT on the first street onto Putnam. (Parking as described above)

FIRST PRESBYTERIAN CHURCH OF GLENS FALLS

400 Glen St., Glens Falls, NY 12801, 793-2521

• From NORTHWAY (I-87)

Take Exit 18 and go east on CORINTH RD., MAIN ST., BROAD ST. (Name changes in town) Follow 2.7 miles through town, passing 5-6 lights, CVS, Stewarts on RIGHT... Road turns to SOUTH ST. You come to a "T" and a LIGHT at the monument and library ahead. Make a LEFT on GLEN ST. Pass light (at Stewarts) and make next LEFT onto NOTRE DAME (church is on corner) Park in rear.



Are you moving?

If you are moving, please forward your change of address, including new phone number, to Adirondack Mountain Club, 814 Goggins Road, Lake George, New York 12845. You may call Headquarters at 668-4447. The Chapter receives all its mailing labels and membership lists from the Club. Therefore, any change of address need NOT be sent to the Chapter — one form or one call to the Club is all you need.



A MAP OF ...
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Chepontuc Footnotes

Glens Falls-Saratoga Chapter Adirondack Mountain Club
P.O. Box 2314 • Glens Falls, New York 12801
www.adk-gfs.org

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