



chepontuc — "Hard place to cross", Iroquois reference to Glens Falls

Chepontuc Footnotes

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

GLENS FALLS-SARATOGA CHAPTER
ADIRONDACK MOUNTAIN CLUB

Membership Picnic

Moreau Lake State Park

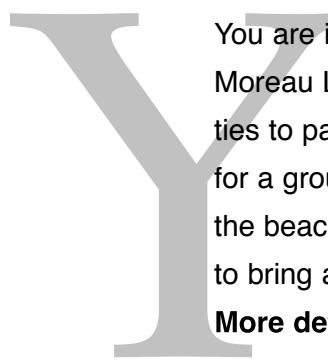
(on the beach by the volleyball court) Exit 17S of the Northway

Saturday, June 17, 2006

10 a.m. to 4:30 p.m.

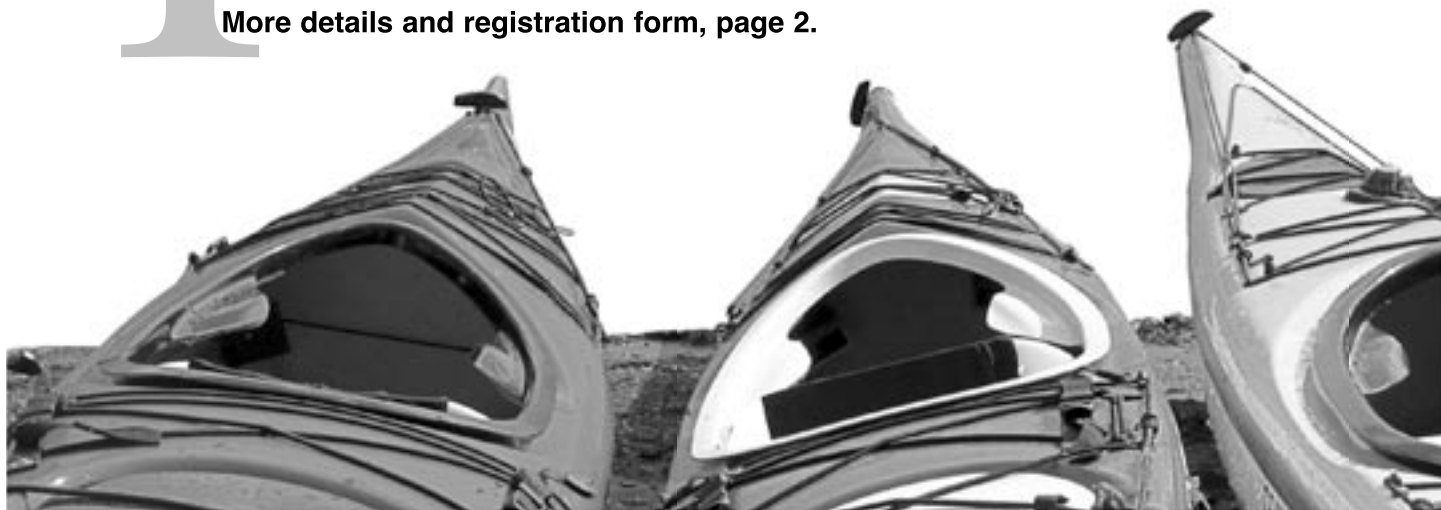
\$5/person • \$20/family maximum
(5 years and younger FREE)

*Registrations
must be received
by June 7!*



You are invited to join your fellow Glens Falls-Saratoga Chapter members at Moreau Lake State Park for a day of fun and relaxation. There will be opportunities to participate in easy and moderate level hikes. Bring your own canoe/kayak for a group led paddle on the lake or Hudson River or simply come and enjoy the beach and maybe a pick-up game of volleyball. This is the perfect opportunity to bring a friend or relative and introduce them to the ADK and our Chapter.

More details and registration form, page 2.



Glens Falls-Saratoga Chapter ADK Membership Picnic

The Cost: \$5.00/person Maximum \$20.00/family for the picnic (5 yrs. and younger free)
Regretfully, no refunds can be given.

Reservations are required and must be received **NO LATER** than June 7, 2006.

***PLEASE NOTE:** A \$7.00/car parking fee will be collected by Moreau Lake State Park personnel upon entering the park — carpooling and early arrival is encouraged — once the daily parking quota has been reached, no further vehicles will be allowed to enter the park even if you have already made reservations for the picnic.

To enhance seating,
if you have lawn chairs,
please bring them!

Menu for the day:

Coldcut platters with rolls and bread
Cold salads, Potato Chips, Pickles, Olives, Cookie Tray
Soda will be provided — if you desire other beverages,
you are invited to bring your own in non-glass containers

Tentative Schedule of Chapter-led Activities:

- 10:15 a.m. Around Mud Pond Nature Hike (approximately 1.5 hr. easy hike)
10:15 a.m. Moreau Lake Paddle
 (bring your own vessel — easy around the lake paddle)
12:00-1:00 p.m. Lunch
1:30 p.m. Ridge Overlook Hike (Moderate)
2:30 p.m. Hudson River Paddle
 (bring your own vessel) — easy/moderate flat water paddle

RESERVATION FORM

GF-S Chapter Membership Picnic • Saturday, June 17, 2006 • Moreau Lake State Park • 10 a.m.-4:30 p.m.

Name: _____ Telephone Number: _____

Total Number Attending: _____ at \$5.00/person — \$20.00/family maximum (5 yrs. of age and younger free)
(SORRY NO REFUNDS CAN BE GIVEN FOR ANY REASON)

Make checks payable to: Glens Falls-Saratoga Chapter ADK
Return reservation form with payment to arrive no later than June 7, 2006, to:
Pat Desbiens, 16A Rovanten Park, Ballston Lake, NY 12019
For questions, please call: 518-899-9688 or e-mail: pdesbien@nycap.rr.com

Work, relaxation mark spring

BY JIM SCHNEIDER

This is an exciting time of year as the woods come alive. Trillium and trout lilies may surprise you around the next bend in the trail. You might spot clintonia also known as blue bead lily. You are likely to have a delicious combination of hot sun and a cool breeze. You can look deep into the woods at land forms and vistas that will soon disappear when the trees leaf out. Around the middle of May as you look down and across the woodlands from Sleeping Beauty; notice the swath of chartreuse. It's the only time of year you will see this soft soothing shade of green which represents newly emerging tree buds. This is a magical time in the woods when winter has past and the black flies and mosquitoes still have not hatched. Get out and enjoy it.

I'm looking forward to our chapter gathering on Saturday, June 17, at Moreau Lake State Park. It will be a day to relax with friends old and new. Good food and drink will be on hand.

Bring your family and friends. We'll have paddling and hiking activities, but you can just sit around and relax if

you prefer. I hope to see you there.

Your chapter executive committee has been working hard on a number of projects.

We have our spring trail work menu set.

We'll be out working on the Northville-Placid trail and the Tongue Mountain trails. We are

sponsoring a number of young people to participate in ADK's teen trail work projects this summer. As well, we are once again, sponsoring students attending New York Department of Environmental Conservation's youth environmental camps.

A huge thank you goes to Eric Freeman, the keeper of our website, which is rapidly becoming the main information source for our chapter members. Eric has done a fabulous job designing and updating. Go ahead and bookmark <http://www.adk-gfs.org/> or better yet, set it as your homepage.

CHAPTER CHAIR Report

*Come out and enjoy
the warmer weather
at our Membership
Picnic, or lend a hand
with trail work.*

Chepontuc Footnotes

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Glens Falls-Saratoga Chapter
ADIRONDACK MOUNTAIN CLUB
P.O. Box 2314 Glens Falls, NY 12801
www.adk-gfs.org

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Big Water!

RAFTING THE COLORADO RIVER

The Colorado River starts in the Rocky Mountains of Colorado and flows southwest for 1,470 miles to the Gulf of California (the Sea of Cortez) in Mexico. The 1,360 miles of its route in the United States makes it the nation's fifth longest river. It drains a large portion of the North American continent covering 242,000 square miles in the U.S. and 3,000 square miles in Mexico. For more than 1000 miles, the upper and middle portions of this magnificent river and its tributaries — the Virgin, Kanab, Paria, Escalante, Dirty Devil and Green rivers from the west; the Little Colorado, San Juan, Dolores and Gunnison from the east — cut a spectacular labyrinth of deep gorges. The longest and most spectacular of these canyons is the Grand Canyon, extending from the mouth of the Paria to Grand Wash Stream.

Screaming through the Grand Canyon like a horizontal waterfall on drugs the Colorado River is one of the wildest rides on the planet. Find out how three Glens Falls/Saratoga Chapter Forty-Sixers and a forty-sixer's son: Dan D'Angelico, Al Ferte, Pat McCullough and Shamus McCullough, fared on their trip down the mother of all big waters.

The Adirondackers, as they came to be known, started at the South Rim of the canyon, hiked down to the Phantom Ranch, and then spent the next eight days and seven nights rafting over one hundred miles of the big C. At Whitmore Wash where the trip ended they were helicoptered back to civilization. The guides, with four passenger boats and two supply boats, started at Lee's Ferry seven days earlier and when they reached the Phantom Ranch dropped off a group of rafters who hiked out of the Canyon. Then it was the turn of the Adirondackers and twelve other hearty souls who had hiked the ten miles down to the river. As always happens to New Yorkers in other parts of the country our group met a local girl, Adrienne McVicker-Reing who grew up in Greenwich, NY before relo-

Program

'BIG WATER:
RAFTING THE COLORADO'

WHEN: 7 P.M.
THURSDAY, MAY 18

WHAT: TALK,
SLIDE SHOW

WHERE:
SARATOGA SPRINGS
PUBLIC LIBRARY
COMMUNITY ROOM



Back row, from left: Pat McCullough, Dan D'Angelico. Middle row: unknown. Front row, from left: Al Ferte, Shamus McCullough.

cating to New Jersey with her husband.

Enjoy the huge rapids, the tranquil flat water, side hikes into the canyon, camps and interesting stories. Most of all join us for some of the most amazing scenery in the lower forty eight, because the only way to see the Grand Canyon is from the river!

(This program is at 7:00 p.m. in the Saratoga Library Community Room on Thursday, May 18, and is free and open to the public.)



Board meeting highlights

Below are some of the major items covered at the March 11 meeting of the ADK Board of Directors:

Received the Independent Auditor's Report for the 2005 fiscal year:

- Grand total income was \$3.17 million and grand total expenses were \$2.92 million.
- Dues revenues were \$46,000 lower than 2004 (2005 was a down year for non-profits).
- Contributions for 2005 were up by \$196,000 (due primarily to a single \$180,000 donation).
- Net assets at the end of 2005 were \$881,000, up by \$64,000 over 2004.

Passed a resolution in support of a constitutional amendment authorizing the building of a transmission line over Forest Preserve land directly adjoining NY Route 56 rather than circumventing the state land through private property. This could ease the way for possible

future state acquisition of such private property to be added to the Forest Preserve.

Passed a resolution combining the New York Chapter and the Knickerbocker Chapter under the name of the New York Chapter.

Received a report from Membership and Development Director Joe Silberlicht. He reported that December 2005 membership was 3.4% above 2004. This year's membership focus will be on continued recruitment of new members and implementation of programs to improve member retention. Joe also reported that former ADK Member Services Manager, Lorraine DiSimone, has returned to ADK in the same capacity. She will concentrate on membership outreach efforts and will be the face of ADK at its retail and special event recruitment opportunities.

Heard that Matt McNamara, former ADK Volunteer Trails Leader in 2000 and 2001, has returned to ADK as the

new Trails Coordinator. Matt will oversee the ADK Professional Trails Crew and will be involved in all other trail functions of the Club.

Heard updates relating to the Club and the State working toward a Visitor's Service Facility at the Heart Lake property, about a quarter-mile north of the current High Peaks Information Center. Such a facility, and a 300-car parking area, would be built and maintained by the State, and would definitely include ADK's presence.

Heard about the Club receiving a substantial Forest Preserve Advocacy Grant, with particular details to be worked out.

Viewed a staff presentation relating to the Club's Publication Program.

Received reports from various ADK Committees.

— *Laura Fiske for Maureen Coutant
John Schneider
Chapter Members,
ADK Board of Directors*

Workdays scheduled to spruce up headquarters

Headquarters Workdays
Saturday, May 20
9:00 a.m.-2:00 p.m. (approximately)

Join fellow ADKers and friends to spruce up ADK headquarters property off Exit 21 of the Northway.

Every spring, volunteers help ADK by doing a little spring-cleaning. The decks get treated, trim is painted, the lawn is raked, and other projects are done to maintain the property. It's fun to meet new people and take part in a community project. You don't have to bring anything other than work gloves — if you have them. Bring a friend along also to make it more fun! Bagels, Mo's scones, coffee and lunch (including Jim's famous workday cookies) will be provided!

"Many hands makes light work" — please check your calendar and see if you can spare the day or part of it!

Call Maureen Coutant for more information and to sign up at 745-7834 or email: mojim@adelphia.net (If you can come a different day to do a project, let me know)

Wanted: Volunteers to help with trail work

National Trails Day 2006 with ADK-HQ
Saturday, June 3
Inlet, NY
8:00 a.m.-4:00 p.m.

Volunteers wanted for a fun day of trail work. We'll work on trails in the Fulton Chain Wild Forest, Ha-da-ron-dah Wilderness Area, Pigeon Lake Wilderness Area, and the Black River Wild Forest. A list of projects and registration form can be found on the ADK Web site (www.adk.org) or call ADK at 518-523-3441.

As NYS DEC is offering free camping for volunteers at Limekiln Lake Campground, so come work Saturday, stay over and hike on Sunday!

Friday, June 2, 5 p.m.: Pre-Trails Day Gathering, Social at the Pub: Woods Inn

Saturday, June 3 8 a.m.-4 p.m.: Trail work: 8:00 a.m. at Designated trailheads

Saturday, June 3 5-8 p.m.: Apres-Trails Day Gathering: Hors d'oeuvre buffet and music: The Ole Barn

For more info, go to: www.adk.org — click: National Trails Day (from list at left side of page)



Leader Biographies

Once again we applaud the on-going efforts of our seasoned Chapter leaders and their dedicated participation.

While some are on hiatus on global exploration (good luck Ron and Neal in Alaska!), others enjoy the familiar forests filled with fresh adventures.

We welcome new and spirited leaders to the fold, adding enthusiasm and dimension to our 'standard slate.'

Come out and get to know them! As Chapter representatives they will help enrich your experiences in the woods.

— *Patti Schwankert, Outings Chair*

ALEX LOMBARD

Alex is a native of Queensbury and is a current full-time student at the Crane School of Music in Potsdam where he studies Piano Performance.

Last August, Alex became an ADK 46er by climbing all the 46 peaks in only 12 weeks. This past winter he climbed

37! He can't wait for next season to complete his winter 46.

A certified Wilderness First Responder, he currently leads small outing trips for SUNY Potsdam. This summer he plans on leading trips to the remote trail-less High Peaks as well as other areas of interest in the High Peaks region. Welcome, Alex!

JONATHAN LANE

I am a born explorer and adventurer. I have climbed the tallest of mountains — twice. I have swum with the fiercest of sharks. I have wrestled the strongest of beasts. And now I am about to begin my latest, and probably most extreme, endeavor yet — lead ADK outings!

Ok, ok, so I may have embellished a tad about my wild adventures, so here's the low-down about me, your newest outings leader. I grew up in a small town at the base of the Tug Hill

Plateau, received my AS degree at SUNY Cobleskill, earned my BS degree at RIT, then accepted a wonderful job in the beautiful town of Saratoga Springs. I have gained much leadership experience from various sources, including sports, the Boy Scouts, the Naval Sea Cadet Corps, being President of the Outing Club at SUNY Cobleskill, and from managing a successful team in my workplace.

I look forward to learning, teaching, and exploring with the many wonderful and interesting people who make up ADK's GF-S Chapter. I am also currently working toward the 46 High Peaks and Fire Tower Challenge, and continue to enjoy recruiting new members so that they, too, may have the opportunity to experience the wonders of the ADK. I have had the privilege to hike with ADK leaders Pat Desbiens, Ron Lester, and Neal Andrews, among others.

EDUCATION CORNER

The Glens Falls-Saratoga chapter of the Adirondack Mountain Club is pleased to announce the recipients of their 2006 sponsorships of teens who will be participating in ADK's summer Teen Trail Workers camper-ship program where participants will be learning trail maintenance skills at the expense of our local ADK chapter while camping out and participating in quality trail work on a designated trail. This year we are sponsoring Jarrod LaFountain of Gansevoort who will be learning as he works on the St. Regis Mt. trail and Sean Hogan Murphy of Hudson Falls who will develop maintenance skills as he works on the Ampersand Mt. trail.

The Education Committee will also begin its "Hike & Learn" youth series this summer, beginning in July.

Two sessions will be offered this year, one focusing on what to include in one's backpack (and how to use some unsuspecting items in rather surprising ways) for everyday and emergency safety purposes, the other on introductory map and compass skills (see outings/workshops for details). In each case, learning will take place while participants take double pleasure in hiking on a local trail. Parents/guardians are asked to join in as well.

Our committee would like to do more in this direction, but need your help. If anyone would like to join in on the planning or offer to lead a hike which would be compatible to our goals ... of teaching youth about hiking and/or about their environment as they participate in a trail experience, please contact Linda Ranado at lrnado@hotmail.com or 696-7265.

— *Linda Ranado,
Education Chair*



Conservation News

By Jacki Bave

Local Trail Work Opportunities — It is the season to volunteer to help maintain hiking trails in the local area. Please consider offering your help on one of the following trail workdays. It's time to give something back to the trails!

Moreau Lake State Park — National Trails Day, Saturday, June 3, 8:30 a.m. at the Sherman Island Boat Launch. The park staff and several volunteer groups will do spring trail maintenance on these lovely trails on the Palmertown Ridge. Tools will be provided, but it is helpful if you bring your own heavy gloves. Lunch will be provided to

all participants! Contact Steve Samuell (583-4504).

Hadley Mountain — Saturday, April 29. Volunteers are needed for annual trail maintenance, as well as work on the fire tower and the observer's cabin. Enjoy the great views from this local peak! To sign up and get details, please contact Jack Freeman of the Hadley Fire Tower Committee (792-9659).

Peaked Rock — Saturday, June 10. Our chapter members helped construct this trail so we could enjoy views of the rolling hills and farmland of Washington County. Trail maintenance will include side cutting and putting up additional trail markers. For additional details and to sign up, call Jacki Bave at (587-3754).

... and don't forget to volunteer for the April 29 work day on our chapter's adopted trail on Tongue Mountain on the west side of Lake George! See trip write-ups for information.

Join me on the weekends for kayaking

I am an ADK member who kayaks every weekend. If you are interested in joining our merry band of Adirondack Pirates, contact Paul Martin. Trips are posted via e-mail. I will inform you about the logistics of the trip: where, when, meeting place, requirements, etc. The weekend trips are to

various Adirondack lakes: Indian Lake, Long Lake, Blue Mountain Lake, Little Tupper Lake, to name a few. We also offer camping weekends: Bog River/Lows Lake, Cranberry Lake, etc. If you would like to paddle with the group, contact Paul at: pitmartin@adelphia.net or call: 796-6289

Families seeking others for outdoor fun

We've recently heard from a couple Parents With Young Children (PWYC's) looking for like folks to share outdoor fun.

If you fit in this category, please contact Maria. Hopefully there are others who might benefit from this networking!
— Patti Schwankert, *Outings Chair*

Got Kids? Got a love for the outdoors? Me too! I have 2 children, an almost 4-

year-old boy and a 1-year-old girl.

We are looking for other ADK members with young children who want to join us for adventures in the great outdoors.

I'd like to get together once a week so the kids can get to know each other. Write to me if you are interested. Hope to hear from you!

— Maria Matrazzo
mamamaria2@verizon.net

Attention: Younger ADK members

Are you in your 20s or 30s? Are you looking for other younger adults to enjoy the outdoors with? If you would be interested in seeing a Younger Members group

of the GF-S Chapter be formed, please contact Jonathan Lane at saratoghiker@infogorp.com.

Congratulations to hike leader

Congratulations to Jack Whitney, intrepid hike leader, on the occasion of

completing his climb of the 46 High Peaks in winter!

Join the Club!

When you join the ADK, you can choose to "affiliate" with the Glens Falls-Saratoga Chapter. The Glens Falls-Saratoga Chapter has a membership of more than 2,800, making it the second largest ADK chapter — and it's growing fast! Most members reside in either Saratoga, Warren or Washington Counties of New York State. As a chapter member, you will also receive the bi-monthly *Chepontuc Footnotes* newsletter.

The club offers something for everyone. Activities include hiking, canoeing, cross-country skiing, social events, interesting programs, etc. You do not have to be an athlete or drive long distances to enjoy many of our outings. Hikes range from short, easy walks to more challenging climbs in the High Peaks. Many activities are local — not all require a long drive.

To join, go to www.adk-gfs.org and click on "Join the Club."



Outings and programs schedule

DIRECTIONS FOR OUTINGS, PROGRAMS & MEETINGS — Check the inside rear cover. OUTINGS DETAILS & CONTACT INFORMATION — Check the “Outings” section. UPDATES on the Web — www.adk-gfs.org. **Programs** held at 7 p.m., on a THURSDAY of each month (except July and August) and alternate between the Glens Falls Presbyterian Church and the Saratoga Library. Programs: May 18-SS. **Executive Committee Meetings** held at 7 p.m., on the first WEDNESDAY of the month (except July and August) and alternate between Glens Falls National Bank Community Room and Saratoga-Wesley. Meetings: May 3-GF, June 7-SS, September 6-GF, October 4-SS, November 1-GF, December 06-?. **Outings Committee Meetings** held the 3rd/4th WEDNESDAY, alternating months at 7:00 p.m. and alternate between Glens Falls National Bank Community Room and Saratoga Starbucks (Broadway). Meetings: May 24-V, July 26-SS, September 27-V

Month	Date	Day	Outing Type	Destination	Leader/Contact	Rating
April	29	SAT	Trailwork	Hadley Mountain Trailwork	Freeman, Jack	B
	May					
	3	WED	Kayak	Kayak Weekly Paddle	Martin	C
	3	WED	Meeting	Executive Committee Meeting Location: Glens Falls	Schneider	—
	4	THURS	Hike	*Jean's Wildflower Hikes*	Holcomb	B/C
	6	SAT	Hike	Bullhead Mountain/Puffer Pond	Crammond	B+
	7	SUN	Hike	*New Member* — Waterfall Hike-Beaver Meadow Falls	Desbiens	C+
	7	SUN	Hike	Noonmark Circle	Holcomb	A
	9	TUES	Hike	*Jean's Wildflower Hikes*	Holcomb	B/C
	10	WED	Kayak	Kayak Weekly Paddle	Martin	C
	12-14	FRI-SUN	Trailwork	Chapter Trailwork — Long Lake — Northville Lake Placid Trail	Ellis, Tom	—
	13	SAT	Walk	Spring Bird Walk, Wilton Wildlife Preserve	Speidel	C
	13	SAT	Walk	*Full Mooner Hike* — Saratoga Battlefield	Genett	C
	14	SUN	Hike	Baxter and Owls Head	Whitney	B-
	16	TUES	Hike	*Jean's Wildflower Hikes*	Holcomb	B/C
	17	WED	Kayak	Kayak Weekly Paddle	Martin	C
	18	THURS	Program	“Big Water, Rafting the Colorado” — Saratoga Library, 7:00 p.m.	Holcomb	—
	20	SAT	Walk	Spring Bird Walk, Pack Forest, Warrensburg	Speidel	C
	20	SAT	Hike	Irishtown to NY 28N	Crammond	B
	20	SAT	Hike	*Fire Tower* — Pillsbury	Lane	B+
	21	SUN	Hike	Mount Jo and Heart Lake Exploration	Whitney	B
	21	SUN	Hike	Moreau State Park	Schwarz	B
	23	TUES	Hike	*Jean's Wildflower Hikes*	Holcomb	B/C
	24	WED	Kayak	Kayak Weekly Paddle	Martin	C
	24	WED	Meeting	VIRTUAL Outings Leaders Meeting — Location: Home!	Schwankert	—
	27	SAT	Hike	The 5 Dixes	Benson	A+
	31	WED	Kayak	Kayak Weekly Paddle	Martin	C
June						
	3-4	SAT-SUN	Canoe/Camp	Canoe Camping — Lake George	Bouder	A
	3	SAT	Trailwork	National Trails Day — Inlet, NY	ADK-HQ	—
	3	SAT	Trailwork	Moreau State Park with MHCC	Samell/ Bave, J.	B
	4	SUN	Hike	*Fire Tower* — Snowy Mountain	Lane	A-
	7	WED	Kayak	Kayak Weekly Paddle	Martin	C
	7	WED	Meeting	Executive Committee Meeting — Location: SS	Schneider	—
	10	SAT	Hike	Second Pond, off NY 8 Chatiemac Road (Warrensburg area)	Crammond	B-
	10	SAT	Hike	Mount Van Hoevenberg	Mogelever	B
	10	SAT	Trailwork	Peaked Rock Trailwork	Bave, Jacki	B
	10 or 16	SAT or FRI!	Walk	*Full Mooner Hike* — Saratoga Battlefield	Genett	C
	10-11	SAT-SUN	Canoe/Camp	Canoe Camping — Lake George	Bouder	A
	11	SUN	Hike	Hurricane	Lombard/Whitney	B+
	14	WED	Kayak	Kayak Weekly Paddle	Martin	C
	17	SAT	Gathering	Chapter Picnic — Moreau Lake State Park	Desbiens	—
	18	SUN	Hike	Mount Marshall	Lombard	A-
	21	WED	Kayak	Kayak Weekly Paddle	Martin	C
	24-25	SAT-SUN	Canoe/Camp	Canoe Camping — Rainbow Lake	Bouder	A
	24	SAT	Hike	Seymour	Lombard	A+
	24	SAT	Hike or Bike	Hadley Mountain/Bike around Sacandaga	Lester	B
	25	SUN	Hike	Indian Head and Fish Hawk Cliffs	Shevy	B-
	25	SUN	Paddle/Hike	Treadway Mountain	Whitney	B
	28	WED	Kayak	Kayak Weekly Paddle	Martin	C
July						
	1	SAT	Hike	Seward, Donaldson and Emmons	Lombard	A+
	5	WED	Kayak	Kayak Weekly Paddle	Martin	C
	8-9	SAT-SUN	Canoe/Camp	Canoe Camping — Osgood Lake	Bouder	A
	9	SUN	Hike	Lake George area	Lombard	B
	12	WED	Kayak	Kayak Weekly Paddle	Martin	C
	15	SAT	Hike & Learn	Hadley Mountain Survivor: Adirondacks I	Ranado	Education
	15	SAT	Hike	Botheration Pond, Elizabeth Point — (North Creek area)	Crammond	B
	16	SUN	Hike	Street and Nye	McCullough	A
	16	SUN	Hike	*Fire Tower* — Goodnow	Desbiens	B
	19	WED	Kayak	Kayak Weekly Paddle	Martin	C
	22-23	SAT-SUN	Canoe/Camp	Canoe Camping — Raquette Lake	Bouder	A
	23	SUN	Hike	Rocky Peak Ridge and Giant	Lombard	A
	26	WED	Meeting	Outings Leaders Meeting — Location: Saratoga Springs	Schwankert	—
	26	WED	Kayak	Kayak Weekly Paddle	Martin	C



PLEASE NOTE: *Designated hikes (family, new member, etc.) are geared for a special purpose, but are not exclusive. If you would like to attend any outing, please call the trip leader. Also, please be sure to refer to the outing instructions at the back of the newsletter to be prepared for the outing.*

ONGOING OUTINGS ...

WEDNESDAY EVENING KAYAKING.....

Wednesday Evening Paddles: Paul Martin. Easy flat-water paddles at a leisurely pace. We like to put in at 6:00 p.m. and paddle one of the local rivers or small lakes in the area. This paddle is to just get on the water during the week. We have tailgate parties on some paddles to share food prior to launching. These paddles are fun and rated C. Contact Paul at: pitmartin@adelphia.net or 796-6289 for more details.

KAYAK EVENING PADDLES

Wednesday, May 3

Time: 6:00 p.m.

Rating: C

Paul Martin 796-6289 or pitmartin@adelphia.net

Easy flat-water paddles at a leisurely pace. We like to paddle one of the local rivers or small lakes in the area. This paddle is to just get on the water during the week. We have tailgate parties on some paddles to share food prior to launching. These paddles are fun.

JEAN'S MAY WILDFLOWER HIKES

Thursday, May 4

Time: 9ish, meeting place to be determined

Rating: B to C

Jean Holcomb 583-0658 or jchhiker@localnet.com

I will be scoping out likely locations to view wildflowers within a fifty-mile radius of Saratoga Springs. The hikes will be leisurely and not too long. Children are welcome. No dogs, please. I won't be available to return calls until Monday, May 1.

BULLHEAD MOUNTAIN, PUFFER POND

Saturday, May 6

Rating: B+

Time: 8:15 a.m., North Creek, Tops parking lot

Rich Crammond 584-2380

This will be a short open woods bushwhack from the trail to Bullhead Mountain (crash site) and then back to the trail for Puffer Pond and back to parking lot from there. Approximately 12 miles round trip.

NEW MEMBER HIKE — WATERFALL HIKE TO BEAVER MEADOW FALLS

Sunday, May 7

Time: 7:30 a.m.

Rating: B-

Pat Desbiens 899-9688 or pdesbien@nycap.rr.com

We have the option of walking up Lake Road at St. Hubert's or taking the West River Trail up to one of the most beautiful and most photographed falls in the Adirondacks. It will be about a 6-7 miles round trip with minimal elevation gain. Make sure to bring your camera and a lunch to enjoy by the falls. Rain will cancel the trip. Children are welcome as long as they can do a walk of this distance. Dogs are not allowed in this area of the Adirondacks. Even though this is labeled a "New Member's hike," all are welcome to come along. Leisurely pace with plenty of time to get to know one another.

NOONMARK BUSHWHACK

Sunday, May 7

Time: 7:00 a.m.

Rating: A

Jean Holcomb 583-0658 or jchhiker@localnet.com

This is what my friend Jayne would call an adventure hike. We will start out from the Ausable Club and start for Bear Den as if we were going to Dial Mountain. When we get to the shoulder of Noonmark we will take a look at the interesting post-burn growth, plus get a great view of the Great Range. At this point we will make a left turn and bushwhack to the top of Noonmark Mountain and return via the trail, hence making a loop. At least 2,000 feet elevation and probably six miles or so. This is a very dry route so it should be appropriate for the time of year.

JEAN'S MAY WILDFLOWER HIKES

Tuesday, May 9

Time 9ish, Meeting place to be determined

Rating: B to C

Jean Holcomb 583-0658 or jchhiker@localnet.com

Leisurely hikes within a 50-mile radius of Saratoga Springs. We will look at wildflowers and birds. Children welcome; dogs not.

KAYAK EVENING PADDLES

Wednesday, May 10

Time: 6:00 p.m.

Rating: C

Paul Martin 796-6289 or pitmartin@adelphia.net

Easy flat-water paddles at a leisurely pace. We like to paddle one of the local rivers or small lakes in the area. This paddle is to just get on the water during the week. We have tailgate parties on some paddles to share food prior to launching. These paddles are fun.



NORTHVILLE-PLACID TRAIL LONG LAKE TRAIL WORK WEEKEND

Friday-Sunday, May 12-14

Time: TBD, Boat Launch Long Lake

Jim Schneider 581-9367 or Tom Ellis 638-6139

Rated: F-W (Fun-Work)

For years the Chapter has maintained the section of the Northville-Placid trail from Long Lake Village to Shattuck Clearing. We come in by boat from the Long Lake village boat launch. Our work consists of trail clearing, side-cutting vegetation, and this year we might be working on building a small bridge over a very wet boggy area. Sound like fun? It is. We will stay in a lean-to and tents by the lakeshore and serve up delicious dinners on Friday and Saturday nights. You bring your own breakfasts, beverages, and lunches. This trip is on Mother's Day weekend, but we finish up by late morning on Sunday to get back home by early afternoon. Call early as there are a limited number of spots open.

SPRING BIRD WALK — WILTON WILDLIFE PRESERVE AND PARK

Saturday, May 13

Time: 8:00 a.m. Camp Saratoga, Scout Road

Rating: C-

Rich Speidel 623-2587

May is the best month to hear and see migratory songbirds in our area. Field and forest come alive with a rich variety of songs, and some species dazzle with tropical colors. This will be a slow and leisurely walk along the trails and varied habitats of Camp Saratoga. Depending on bird activity, we hope to do more "stop-look-listen" and less walking. Please bring binoculars, insect repellent, sharp eyes, ears, and patience. We will keep track of the number of species identified. The rain date is Sunday, May 14.

***FULL MOONER HIKE* — SARATOGA BATTLEFIELD**

Saturday, May 13

Rating: C

Time: 7:00 p.m., Northway (I-87), Exit 9 Park & Ride in Clifton Park or 7:45 p.m., Battlefield Visitor Center

Aileen Genett 482-9101 or solice212@yahoo.com (Please call by 9:00 p.m., Friday, May 12)

This is a joint chapter, monthly event and a rare opportunity to enjoy this National Park during the off-hours. Come one, come all to the full moon walk through Saratoga Battlefield. We'll walk 4-6 miles along the tour road to the Nielsen Farmhouse or through the Wilkinson Trail to the tour road. Dress appropriately in layers, walking shoes, gloves, layers, bug dope and flashlight, etc. Rain cancels. Dessert/drink afterward. Permit fee of \$1.00/person.

BAXTER AND OWL'S HEAD MOUNTAINS (KEENE, NY)

Sunday, May 14

Time: 8:00 a.m.

Rating: B-

Jack Whitney 793-9210 or jack1758@adelphia.net

Both of these small mountains offer spectacular views from their summits. Baxter is 2.2 miles round trip and Owl's Head is 1.2 miles round trip with very little elevation gain. Come out and enjoy a spring day in the mountains. Let's see if the wildflowers are starting to bloom. Don't forget your cameras.

JEAN'S MAY WILDFLOWER HIKES

Tuesday, May 16

Time 9ish, meeting place to be determined

Rating: B to C

Jean Holcomb 583-0658 or jchhiker@localnet.com

Leisurely hikes within a 50-mile radius of Saratoga Springs. We will look at wildflowers and birds. Children welcome, dogs not.

KAYAK EVENING PADDLES

Wednesday, May 17

Time: 6:00 p.m.

Rating: C

Paul Martin 796-6289 or pitmartin@adelphia.net

Easy flat-water paddles at a leisurely pace. We like to paddle one of the local rivers or small lakes in the area. This paddle is to just get on the water during the week. We have tailgate parties on some paddles to share food prior to launching. These paddles are fun.

SPRING BIRD WALK — PACK FOREST, WARRENSBURG

Saturday, May 20

Time: 8:00 a.m. McDonald's, Northway Exit 23

Rating: C-

Rich Speidel 623-2587

This will be a slow and leisurely walk through the woods and along the waters of Pack Forest. There will be plenty of stops to observe the migratory and native birds crossing our path. We will visit the towering "Grandmother's Tree" — a 175-foot tall white pine some 315 years old. Please bring binoculars, insect repellent, keen hearing, eyesight, and patience. We hope to exceed the 30-bird species identified last year. The rain date is Sunday, May 21.

IRISHTOWN TO NY 28N

Saturday, May 20

Time: 8:30 a.m., Sportey's, Route 28N, Main Street, Minerva

Rating: B

Rich Crammond 584-2380

We will hike from the trailhead with some really nice ponds and streams along the way. A six-mile hike with 930 ft. in elevation gain, one-way. Hope to spot cars.



***FIRE TOWER CHALLENGE* — PILLSBURY MOUNTAIN**

Saturday, May 20

Time: 7:30 a.m.

Rating: B+

Jonathan Lane 693-1610 or saratoghiker@infogorp.com

This is a short, yet strenuous climb. Round-trip distance is about 3.2 miles with an elevation change of 1,337 ft. Cakes and cookies are welcome on this trail!

MOUNT JO AND HEART LAKE EXPLORATION

Sunday, May 21

Time: 7:30 a.m.

Rating: B

Jack Whitney 793-9210 or jack1758@adelphia.net

We will be in the heart of the Adirondacks, climb Mount Jo (about 2.2 mile round trip with about 700 ft. of elevation gain) with its spectacular views of its surrounding neighbors, the High Peaks, and then walk around Heart Lake at a leisurely pace with a stop at Adirondack Lodge and the High Peaks Information Center. This is a good introductory hike for anyone unfamiliar with this area of the High Peaks.

MORE OF MOREAU

Sunday, May 21

Time: 8:00 a.m.

Rating: B+

Bill Schwarz 793-2781 or bschwarz@capital.net

Weather and bugs permitting, we'll traverse both ridges in the new western section of Moreau Lake State Park for views of the lake, as well as the Hudson River near Spier Falls Dam. We may get to the southernmost section of the park to view remote Lake Ann. This could be an all-day hike of ten miles with numerous elevation changes, so be prepared! Rain will cancel.

JEAN'S MAY WILDFLOWER HIKES

Tuesday, May 23

Time 9ish, meeting place to be determined

Rating: B to C

Jean Holcomb 583-0658 or jchhiker@localnet.com

Leisurely hikes within a 50-mile radius of Saratoga Springs. We will look at wildflowers and birds. Children welcome, dogs not.

KAYAK EVENING PADDLES

Wednesday, May 24

Time: 6:00 p.m.

Rating: C

Paul Martin 796-6289 or pitmartin@adelphia.net

Easy flat-water paddles at a leisurely pace. We like to paddle one of the local rivers or small lakes in the area. This paddle is to just get on the water during the week. We have tailgate parties on some paddles to share food prior to launching. These paddles are fun.

THE FIVE DIXES

Saturday, May 27

Rating: A+

Time: 5 a.m. sharp

Cara Benson cbenson67@yahoo.com ... (e-mail preferred! If necessary: 587-4203)

We will start at Elk Lake. I love this hike. Bring lots o' water as once we're up, no sources till we're down. Contact leader for trip mileage, elevation and details. This will be a big day. E-mail me with hiking experience to confirm.

KAYAK EVENING PADDLES

Wednesday, May 31

Time: 6:00 p.m.

Rating: C

Paul Martin 796-6289 or pitmartin@adelphia.net

Easy flat-water paddles at a leisurely pace. We like to paddle one of the local rivers or small lakes in the area. This paddle is to just get on the water during the week. We have tailgate parties on some paddles to share food prior to launching. These paddles are fun.

LAKE GEORGE 24-HOUR CANOE AND CAMP

Saturday-Sunday, June 3-4

Time: 2:00 p.m.

Rating: A

Jayne Boudier 793-3770

This is the best time of year to beat the rush for nice island sites in the narrows. And the late meeting time gives most of Saturday to catch up on odd jobs. Kayaks are recommended. Put in from Shelving Rock Road (1/4-mile carry) or Hulets Landing (parking fee), most sites can be reached within a few miles. After setting up camp, we'll have Saturday evening and half of Sunday to take a leisurely look around. Points of interest could include Montcalm Point, Paradise Bay, French Point, Black Mountain Point, Five Mile Point, and Deer Leap. 10 miles or less of travel. Call leader for details (or with suggestions).



NATIONAL TRAILS DAY 2006

Saturday, June 3

Time: 8:00 a.m. to 4:00 p.m.

Inlet, NY

Volunteers wanted for a fun day of trail work. We will work on trails in the Fulton Chain Wild Forest, Ha-da-ron-dah Wilderness Area, Pigeon Lake Wilderness Area, and the Black River Wild Forest. A list of trail projects and the registration form can be found on the ADK Web site (www.adk.org) or call ADK at 518-523-3441. Volunteers will meet at designated trailheads on Saturday at 8:00 a.m. Pre-Trails Day Gathering, Social at the Pub, Friday, June 2, from 5:00 p.m. at the Woods Inn.

Après-Trails Day Gathering: The Ole Barn on Saturday, June 3, from 5:00 p.m. to 8:00 p.m. for hors d'oeuvres, buffet and music.

NYS DEC is offering free camping at Limekiln Lake Campground for trail volunteers.

Jonathan Mogelever

Development Associate

Adirondack Mountain Club

814 Goggins Road

Lake George, NY 12845

Phone: 518-668-4447 or jonm@adk.org

***FIRE TOWER CHALLENGE* — SNOWY MOUNTAIN**

Sunday, June 4

Time: 7:30 a.m.

Rating: A

Jonathan Lane 693-1610 or saratogahiker@infogorp.com

This giant is just shy of being a High Peak, with an elevation change of 2,106 feet. Round-trip distance is about 7.8 miles. Despite the name, snow will cancel this hike!

KAYAK EVENING PADDLES

Wednesday, June 7

Time: 6:00 p.m.

Rating: C

Paul Martin 796-6289 or pitmartin@adelphia.net

Easy flat-water paddles at a leisurely pace. We like to paddle one of the local rivers or small lakes in the area. This paddle is to just get on the water during the week. We have tailgate parties on some paddles to share food prior to launching. These paddles are fun.

SECOND POND, OFF NY 8 CHATIEMAC ROAD

Saturday June 10

Time: 8:30 a.m., McDonald's in Warrensburg

Rating: B-

Rich Crammond 584-2380

This hike has a few grades and passes through magnificent open forests. Hope for good weather and few black flies! A 6.4-mile round trip hike.

MOUNT VAN HOEVENBERG HIKE

Saturday, June 10

Time: 8:00 a.m.

Rating: C

Jonathan Mogelever 793-5293 or jlever@earthlink.net

This casual hike begins at South Meadows Road, just south of Lake Placid. It's a fun challenge for a beginning hiker to ascend 800' on the 2.2-mile trail to the top of Mount Van Hoevenberg. The view of the High Peaks from the rock ledges at the summit is well worth the effort. Bring a lunch. Please call to confirm and coordinate car pooling.

*** FULL MOONER HIKE* — SARATOGA BATTLEFIELD**

Saturday, June 10 — NEED SUB if not, then hike will be Friday, June 16

Rating: C

Time: 7:45 p.m., Northway (I-87), Exit 9 Park & Ride in Clifton Park or 8:30 p.m., Battlefield Visitor Center

Aileen Genett 482-9101 solice212@yahoo.com (Please call by 9:00 p.m., Thursday, June 15)

This is a joint chapter, monthly event and a rare opportunity to enjoy this National Park during the off-hours. Come one, come all to the full moon walk through the Saratoga Battlefield. We'll walk 4-8 miles along the Tour road to the Nielsen Farmhouse or through the Wilkinson Trail to the back part of the tour road. Dress appropriately in layers, walking shoes, gloves, layers, bug dope and flashlight, etc. Rain cancels. Dessert/drink afterward. Permit fee of \$1.00/person.

LAKE GEORGE 24-HOUR CANOE AND CAMP

Saturday-Sunday, June 10-11

Time: 2:00 p.m.

Rating: A

Jayne Boudier 793-3770

This is the best time of year to beat the rush for nice island sites in the narrows. And the late meeting time gives most of Saturday to catch up on odd jobs. Kayaks are recommended. Put in from Shelving Rock Road (1/4-mile carry) or Huletts Landing (parking fee), most sites can be reached within a few miles. After setting up camp, we'll have Saturday evening and half of Sunday to take a leisurely look around. Points of interest could include Montcalm Point, Paradise Bay, French Point, Black Mountain Point, Five Mile Point, and Deer Leap. 10 miles or less of travel. Call leader for details (or with suggestions).



HURRICANE MOUNTAIN

Sunday, June 11

Time: 7:30 a.m.

Rating: B+

Alex Lombard, 793-4131 or 791-5089

Jack Whitney, 793-9210

We will start from the Big Crow trailhead and enjoy a leisurely hike to the summit of this great mountain. Round trip is about 6 miles and there is around 1,800' of elevation gain. Hurricane has great views of the High Peaks to the south and west and is a great peak to start this summer season if you have not already been out. Call one of the trip leaders for further details and to sign up.

KAYAK EVENING PADDLES

Wednesday, June 14

Time: 6:00 p.m.

Rating: C

Paul Martin 796-6289 or pitmartin@adelphia.net

Easy flat-water paddles at a leisurely pace. We like to paddle one of the local rivers or small lakes in the area. This paddle is to just get on the water during the week. We have tailgate parties on some paddles to share food prior to launching. These paddles are fun.

MOUNT MARSHALL

Sunday, June 18

Time: 6:00am

Rating: A-

Alex Lombard, 793-4131 or 791-5089

Anyone who needs the trail-less peak Marshall for their 46; well, here is your chance. We will start from the Upper Works parking and then hike to the Flowed Lands. From there we will ascend Marshall via the Herbert Brook herd path. Round trip is roughly 13 miles. Call trip leader for further details and to sign up.

KAYAK EVENING PADDLES

Wednesday, June 21

Time: 6:00 p.m.

Rating: C

Paul Martin 796-6289 or pitmartin@adelphia.net

Easy flat-water paddles at a leisurely pace. We like to paddle one of the local rivers or small lakes in the area. This paddle is to just get on the water during the week. We have tailgate parties on some paddles to share food prior to launching. These paddles are fun.

RAINBOW LAKE CANOE AND CAMP

Saturday-Sunday, June 24-25

Time: 1:00 p.m.

Rating: A

Jayne Boudier 793-3770

Camping at Buck Pond State Campground, east of Paul Smiths. With an early start, we might have time to explore the North Branch (Saranac River), Rainbow's namesake eskers, and The Flow, without having to rush. About 12 miles, moderate to leisurely pace, with time to stop. Anyone not wanting to camp may join us at the campground (early) on Sunday.

SEYMOUR MOUNTAIN

Saturday, June 24

Time: 5:30 a.m.

Rating: A+

Alex Lombard, 793-4131 or 791-5089

This is an opportunity for anyone working on their 46. This trail-less peak is part of the Seward Range but needs a separate hike from the other three peaks. This has the potential to be a long tough day with high mileage and some steep climbing. Call trip leader for further details and to sign up.

HIKE AND/OR BIKE — HADLEY MOUNTAIN AND SACANDAGA LOOP

Saturday, June 24

Rating: B

Time: See Below

Ron Lester 899-4187

This will be two separate outings so feel free to do one or the other or both. HIKE: The four-mile round-trip meets at the Hadley Mountain trailhead at 8:30 a.m. From Hadley's summit, we'll have a nice "pre-view" of the 32-mile loop around the Eastern section of Sacandaga Lake. RIDE: We'll meet at the old boat launch park on the south side of Conklingville Dam at 12:30 p.m. The ride is mostly small rolling hills along both South and North Shore Roads. We'll cross the lake on the Batchellerville Bridge. *Bring a towel as we could dip in the lake at the finish. Bad weather changes us to Sunday. Moderate to relaxed pace.



INDIAN HEAD/FISH HAWK CLIFFS

Sunday, June 25

Time: TBD

Rating: A-

Sherri Shevy 854-9167

How about joining me for a retirement celebration to one of my favorite spots. I'd like to do a loop, first to Fish Hawk Cliffs, then Indian Head. From the top of these ledges one has a view of the Great Range and both Ausable Lakes. Starting on Ausable Club Lake Road, hiking 3.1 miles and we'll ascend approximately one mile on a trail with many switchbacks to Fish Hawk Cliffs. It is two-tenths of a mile to Indian Head. We'll return by way of the Gil Brook Trail which will be a more gradual descent to the Lake Trail. If time permits, we'll take a side trip to Rainbow Falls on our way up. It is beautiful and worth the extra effort. Now all we need is a sunny, summer day!

TREADWAY (PADDLE/HIKE)

Sunday, June 25

Time: 7:00 a.m.

Rating: B

Jack Whitney 793-9210 or jack1758@adelphia.net

A classic Adirondack Mountain hike with spectacular views. We will start from the Putnam Pond State Campground, paddle across Putnam Pond one mile to a point on the west shore of Putnam Pond and hike approximately 2.5 miles to the summit of Treadway Mountain. Ascent approximately 900 ft.

KAYAK EVENING PADDLES

Wednesday, June 28

Time: 6:00 p.m.

Rating: C

Paul Martin 796-6289 or pitmartin@adelphia.net

Easy flat-water paddles at a leisurely pace. We like to paddle one of the local rivers or small lakes in the area. This paddle is to just get on the water during the week. We have tailgate parties on some paddles to share food prior to launching. These paddles are fun.

SEWARD, DONALDSON AND EMMONS

Saturday, July 1

Time: 5:30 a.m.

Rating: A+

Alex Lombard, 793-4131 or 791-5089

Come join me for one of the most difficult hikes in the Adirondack High Peaks region. If you are working on your 46, then this is your chance to bag these peaks. We will start from the normal Seward range parking lot and ascend these three peaks via Calkins Brook, Donaldson and Emmons first, then Seward. Call trip leader for further details and to sign up.

KAYAK EVENING PADDLES

Wednesday, July 5

Time: 6:00 p.m.

Rating: C

Paul Martin 796-6289 or pitmartin@adelphia.net

Easy flat-water paddles at a leisurely pace. We like to paddle one of the local rivers or small lakes in the area. This paddle is to just get on the water during the week. We have tailgate parties on some paddles to share food prior to launching. These paddles are fun.

OSGOOD POND CANOE AND CAMP

Saturday-Sunday, July 8-9

Time: 2:00 p.m.

Rating: A

Jayne Boudier 793-3770

Two little ponds with two narrow channels, two outstanding examples of natural communities, two outlets (Osgood AND Jones ponds), two great camps (or maybe just one, if it rains Saturday night ...), and an early start could make this an awesome trip! About 12 miles, at a moderate to leisurely pace, with time to stop. It's near Paul Smiths. Anyone not wanting to camp may join us early on Sunday.

LAKE GEORGE AREA HIKE

Sunday, July 9

Time: 8:00 a.m.

Rating: B

Alex Lombard, 793-4131 or 791-5089

Lake George area has many trails, backcountry ponds and mountains to explore. Come enjoy a leisurely hike to one of these special places. Some of the possible choices are the Clear Pond area on the back side of Black Mountain, 5 Mile Mountain, Shelving Rock, or Sleeping Beauty. Call trip leader for further information and to sign up.

KAYAK EVENING PADDLES

Wednesday, July 12

Time: 6:00 p.m.

Rating: C

Paul Martin 796-6289 or pitmartin@adelphia.net

Easy flat-water paddles at a leisurely pace. We like to paddle one of the local rivers or small lakes in the area. This paddle is to just get on the water during the week. We have tailgate parties on some paddles to share food prior to launching. These paddles are fun.



HIKE & LEARN SERIES: SURVIVOR: ADIRONDACKS I

Location: Hadley Mountain

Limit: 12 student participants (aged 9-13)

1 parent /guardian per family

Date: July 15 (rain date, July 16)

Leaders: B. Buckley, N. Buckley, L. Spilde, L. Ranado

Description: This summer the Education Committee is introducing its "Hike & Learn" series. Part I of our series is geared toward the 9-13 age group. As they hike up Hadley Mountain, they will learn about some basic, but essential, items to take on every hike to keep them safe, especially in case of an emergency. All participants should have a backpack, lunch, plenty of water, and footwear with good tread (no sandals please!). Parents/guardians are expected to participate as well, and, while hiking with a separate group leader we'll discuss and share in the experience of what the children are learning.

We will meet at the Hadley Mountain trailhead parking lot at 8:30 a.m. If needed, directions will be given when you make your reservation. Please sign up by Wednesday, July 12th.

Contact person: Linda Ranado (lranado@hotmail.com or 696-7265)

BOTHERATION POND, ELIZABETH POINT

Saturday, July 15

Time: 8:30 a.m., Grand Union, North Creek

Rating: B

Rich Crammond 584-2380

This hike will be an approximate 7.6-mile round trip outing. About 200' elevation change. Some bushwhacking and a stream crossing. Sound good?

STREET AND NYE

Sunday, July 16

Time: 6:00 a.m.

Rating: A

Pat McCullough 798-3186 or pmccul@adelphia.net

The hike will start at ADK's HPIC at Heart Lake and is relatively short. If we are fast, it could only take about six hours. Worst case scenario is about eight hours. I am not in a hurry and only go as fast as the slowest hiker. Very often, that slowest person is me but I always get there. If you haven't tried a trail-less peak (well, it used to be trail-less) give me a call. Bring a bathing suit and we'll take a swim in Heart Lake when we get back. Dinner will be up to the group. My wife never plans to feed me after a hike because I won't give her a definite return time.

FIRE TOWER HIKE — GOODNOW MOUNTAIN

Sunday, July 16

Time: 8:00 a.m.

Rating: B

Pat Desbiens 899-9688, pdesbien@nycap.rr.com

A 3.8-mile round trip hike to one of the peaks on the fire tower challenge list. Slightly more than 1,000-ft. elevation gain. The trail is also a self-guided nature hike trail. Easy pace and if group wants, we can stop at the Visitor Interpretative Center at Newcomb after the hike.

KAYAK EVENING PADDLES

Wednesday, July 19

Time: 6:00 p.m.

Rating: C

Paul Martin 796-6289 or pitmartin@adelphia.net

Easy flat-water paddles at a leisurely pace. We like to paddle one of the local rivers or small lakes in the area. This paddle is to just get on the water during the week. We have tailgate parties on some paddles to share food prior to launching. These paddles are fun.

RAQUETTE LAKE CANOE AND CAMP

Saturday-Sunday, July 22-23

Time: 2:00 p.m.

Rating: A-

Jayne Boudier 793-3770

From Raquette Lake village, we'll set up camp on Big Island, maybe 3/4 mile away. From there we're set to get out early and explore South Inlet back to the waterfall. About 8 miles, at a leisurely pace. Anyone not wanting to camp may join us early on Sunday.

ROCKY PEAK RIDGE AND GIANT

Sunday, July 23

Time 6:30 a.m.

Rating: A-

Alex Lombard, 793-4131 or 791-5089

This loop is my favorite route to hike these peaks. Giant Mountain is usually crowded with people and this route is much less traveled. We will spot a car or two at the trailhead to Giant Mountain (ridge trail) and then drive to Elizabethtown. From here we will take the scenic route to Rocky Peak Ridge stopping at Bald Peak and Mary Louise Pond along the way. Once on Giant we will descend down to Route 73 where we parked the other cars. Round trip is about 12 miles with a moderate amount of ascent. Call trip leader for further information and to sign up.

KAYAK EVENING PADDLES

Wednesday, July 26

Time: 6:00 p.m.

Rating: C

Paul Martin 796-6289 or pitmartin@adelphia.net

Easy flat-water paddles at a leisurely pace. We like to paddle one of the local rivers or small lakes in the area. This paddle is to just get on the water during the week. We have tailgate parties on some paddles to share food prior to launching. These paddles are fun.



Tabletop Mountain, January 7, Jim Weed, 3 participants

- Numbers were low on this one but we decided to go anyway. You couldn't have asked for a nicer day. Not a cloud in the sky. Temps were perfect — not too cold, not too warm, perfect hiking weather! Snow cover was minimal. Lots of rocks trying to show through the trail. We took our time and made a day of it. This was newcomer Nik Steg's first trail-less peak. He is now a "2er". We think he now has the bug! Once on top we were able to see skiers over on Wright's slide. We had views 360 degrees. Awesome day! Thanks to all for the company and great time. Participants: Eric Schenone, Nik Steg, Jim Weed

Kayaking-Fish Creek, February 4, Paul Martin, 5 paddlers

- It is an atypically warm day and a great chance to be in the water. Five paddlers started off from Bryant Bridge in Saratoga. We had our pictures taken from a photographer working for the Schenectady Gazette and included in the Sunday edition of the newspaper. Paddlers were fortunate enough to paddle about 1 mile past Stafford Bridge until we encountered ice. We then leisurely paddled back to the Bryant Bridge and decided to paddle east beyond the bridge. We were able to paddle more than 2.5 hours and logged close to 8 miles. Paddlers: Ellen Martin, Nancy Finley, Karen Mueller, Dave Naylor, Paul Martin

Allen Mountain, February 10, Jack Whitney, 5 participants

- It was -15 degrees when we left the trailhead — it took awhile to warm up. We met some hikers from Views from the Top. In a little while we were crossing the brook and then it was the long mile and a half up. Enjoyed a quick 5-10 minutes on the summit with views and then a great butt slide down Allen followed by the long, long walk out. Finally the lights of the parking lot cars did shine and we were all glad to have Allen in the winter behind us. Long live the journey and long may Allen shine. Participants: Phil Alonzo, Kevin Cox, Brian Mazur, Kerry Shea, Jack Whitney

Basin Mountain, February 19, Jack Whitney, 4 participants

- It was a bit chilly as we made our way to JBL. Taking a quick break at JBL, we journeyed on and reached the junction to Basin with .7 miles to go. This is where it got interesting — it took us over an hour to get past the ladder and the extremely icy section before the summit of Basin and then another hour for the return. The rest of the trip was a breeze after this. A long walk out in the dark from JBL — we were all glad to see our cars. Participants: Annie Clary, Brian Mazur, Kerry Shea, Jack Whitney

Street and Nye Mountains, February 23, Jim Weed, 5 participants

- This trip had to be rescheduled due to the windstorm and power outages. Again, we had a great day. Temperatures were perfect. Snow cover varied. Minimal down low, a bit more as we climbed. Fresh snow from the previous night gave us a nice cushion to walk on. Stream crossings were not a problem. Views were fair until we reached higher altitudes, at which time the cloud cover thickened and put us into what seemed to be our own world. We kept an "enjoyable" pace, visiting with one another most of the way. The trail had a few spots where blow-down slowed us, but overall, not bad. Snow laden trees seemed to have a way of cooling off certain people. It's funny how Mother Nature works sometimes. About eight and a half hours on the trail total. Great day! Participants: Eric Schenone, Nik Steg, Dan Pekrol, Bob Jones, Jim Weed

Santanoni Mountain, February 25, Jack Whitney, 4 participants

- Started at the trailhead right behind a large group, able to bareboot until about a mile from Bradley Pond, then thanks to a broken trail was an uneventful climb up to Times Square where everything changed. The snow that was supposed to come late in the day arrived earlier than expected and we found ourselves in blizzard conditions. We were unsuccessful in our attempt to find the herdpath to Santanoni and the other group turned back before getting to Couch. Decided if we didn't want to spend the night at Times Square, it was time to turn around and try another day. Participants: Pat Desbiens, Brian Mazur, Kerry Shea, Jack Whitney

Nundagao Ridge, March 5, Jayne Boudier, 3 participants

- We had a beautiful, blue sky day! On snowshoes! We managed the loop (shy the last bump) by way of map, compass, GPS, and a sometimes discernable old track. Great trip, great company! Participants: Jayne Boudier, Leo Demers, Cindy Kirk

Redfield and Cliff, March 5, Steve Barlow, Jack Whitney, 7 participants

- Under sunny skies, we went in from Heart Lake over Lake Arnold to Uphill Lean-to where we took a break and lightened our packs a little by leaving our lunches behind. We followed the faint snowshoe tracks up the herdpath to Cliff, then taking a right we went over some very steep, icy sections, over several bumps and finally reached the summit of Cliff where we found the tree holding the sign for Cliff lying on the ground. Down and back to Uphill Lean-to where I found my lunch had been consumed by a pine marten. With no lunch to eat, it was on to Redfield — a nice easy journey compared to the climb up Cliff. Being very hungry at this point, it was time to head home. Participants: Phil Alonzo, Steve Barlow, Kevin Cox, Sue Hoff-Hayes, Mike Linahan, Peter Valstro, Jack Whitney



Marshall, March 11, Jim Weed, 9 participants

- The troops rallied at the Upper Works for this outing. We were on the trail by 8:00 a.m. Temperatures were great, and predicted to only get better as the day wore on. It was less than 15 minutes of traveling on the trail when the 200-pounders on the trip realized what was sacrificed for these awesome temperatures: Stiff hard-packed trails! For some of us, the snowshoes came into play very early in the day. It was here where one could see the obvious sub-groups of the Marshall climb: The over 200 Club, and the Under 150 Club. All joking aside, you couldn't have asked for a nicer group of people or a nicer day! We had a fast group, and a moderate group. The sole motivator of the fast group, Nancy Roderick, had her reasons for keeping such a brisk pace. This was her final winter climb! Yes, the next time you see her on the trail, she will be wearing the 46er patch with a pretty blue winter rocker below it! Please congratulate her! For the rest of us, we enjoyed her day with her, as well as taking in 360-degrees of views over 100 miles in every direction! Our excitement for the day came when we arrived back at the Flowed Lands and wondered who brought the life vests. There was quite a bit of dicey snow and a little more water than most would venture to wade through! It was at this time where one could easily see the moderate 200-pounders, make themselves light and "walk on water" so to speak! The last of the group arrived back at the Upper Works around 6:00 p.m. Great day with great company! Thanks to all. Participants: Eric Schenone, Nik Steg, Dan Pekrol, Heidi Teriele, Matt Karkoski, Nancy Roderick, Jacki Bave, Dan Dolan, Jim Weed

Sanatanoni Mountain, March 11, Steve Barlow, Jack Whitney, 6 participants

- Unlike our previous attempt to get this mountain, this day was the perfect Spring day — unseasonably warm temperatures and good trail conditions. It was an uneventful climb with gorgeous views up to Times Square. While Steve, Kevin and Sue went up to Panther, Pat and I headed over to Santanoni. The group reunited back at Times Square and headed home. The only casualties this day were broken snowshoes for Pat and me. Participants: Steve Barlow, Kevin Cox, Pat Desbiens, Sue Hoff Hayes, Jack Whitney

Haystack, March 18, Pat McCullough, 3 Participants

- There was no snow in Glens Falls, but winter was far from over in the High Peaks. Temperatures were in the teens and it snowed lightly all day. At the base of Marcy, there was more than six feet of snow on the trail. The winds above tree line were the strongest that I have experienced in the High Peaks. They were strong enough that you had to brace yourself at times to prevent being blown over. The surprising thing was the small number of people hiking on the last official weekend of winter. Participants: Dan Dolan, Pat McCullough, Brian Mazur

Whiteface and Esther, March 19, Jack Whitney, 4 participants

- The last hike before the end of winter, decided to climb Whiteface via the Memorial Highway which turned out to be a windy way to go. Were able to walk 2 miles before we had to put on snowshoes and were quite cold by the time we reached the summit. On the way up, a snowmobile passed us on its way to the summit but had a hard time proceeding past the Esther junction due to the ice (lots of spinning and fishtailing). Since it was a cloudy day with no views, we quickly made our way back down to the junction with the trail heading over to Esther. The trail was broken out and in good condition with some patches of ice all the way to Esther's summit. We had spotted a car at the Atmospheric Science Center but on the way out missed the trail junction of Marble Mountain and ended up coming out at the reservoir — a 2-mile walk back up to our car. Participants: Eberhard Burkowski, Pat Desbiens, Kerry Shea, Jack Whitney



MOOSE & MCKENZIE — Limited views were available on the Moose and McKenzie outing on March 25.

Moose and McKenzie from Lake Placid Lake/SOA Trails, March 25, Mike McLean, 7 participants

- Initial sunshine and warm temperatures turned to clouds, snow, and hail as we made our way up the Two Brooks Trail along a pretty stream and then dropped down to the old lean-to at Loch Bonnie. We made our way up the rather steep trail to Moose, taking turns breaking trail with Claudia taking the brunt of the work. We arrived on the summit of Moose with lots of powder snow on the ground and trees and limited views. Ridge trail unbroken and very easy to lose, we had to subdivide and search for the trail markers on several occasions. We arrived at McKenzie around 1:00 p.m. quite wet and enjoyed the limited views of Lake Placid and Saranac Lake and then broke trail down to Bartlett Pond and out, enjoying the views of the camps on the stretch along Lake Placid. Tough conditions made for an excellent workout due to wet, sticky snow. It was quite an adventure with a very strong group of hikers. Participants: Randy Caldwell, Denise Mongillo, Nancy Morrill, Claudia Warren, Tim and Ellen Dubois, Mike McLean



Trip reviews

Bailey Pond, Bailey Hill, March 26, Jayne Boudier, 10 participants

- What a beautiful, partly sunny, (snowshoeless) day! Crossed at the pond's sturdy beaver dam, lost the road, and followed bits of surveyor tape and moose tracks (with rubbings) through deepening snow most of the way up the hill. Thanks to an easy, companionable group! Participants: Ray Bouchard, Jayne Boudier, Nancy Buckley, Bill Carpenter, Marcia Hanson, Wayne and Jennifer Jones, David Owen, Linda Ranado, and Sterling Salter

Thomas Mountain (Lake George), April 2, Jack Whitney, 24 participants

- A sunny day, bright blue skies and 24 people got spring fever. A great hike with fabulous views of Lake George from the summit as everyone sat and enjoyed their lunches and great company. A great day for photography and establishing new friendships. We met some prospective serious hikers on this trip. A good time was had by all and hope to meet again on the trails. Participants: Mark Hoffman, Cher Hoffman, Sandy Yellen, Ann Mundy, Mark Gardner, Mark Pellerin, Bonnie Powers, Faith Koratch, Lynde Koratch, Pat Desbiens, Doug Harwood, Larry Gniewk, Hope Gniewk, Gabrielle Gniewek, Terry Peek, Sterling Salter, Andy Rosedale, Cathy Corrigan, Rich Moran, Andrew Moran, Bill Carpenter, Gabrielle Carpenter, Chris Marshall, Jack Whitney

New members

GF-S CHAPTER

- Peter, Elise, Rebecca & Brian Abreu, Malta
- Brian Bayly, Galway
- Mark, Janet, Matthew & Brian Boyce, Gansevoort
- James & Tenee Caraccio, Diamond Point
- Daniel Burch, Connie Cope & Amber Keicher, South Glens Falls
- Lee Ann DeBeray, Middletown
- Annetta & Chas Duveen, Salem
- Greg Carruthers, Gansevoort
- Phil Fox, Covington, Louisiana
- Rick Cobello, Middle Grove
- William, Darlene, Seth & Nathan Gordon, Fort Ann
- Mace Comora, Queensbury
- Aaron Gordon & Molly Burch, Hudson Falls
- Jeffrey, Lisa, Charles, Harrison & Stuart Cornell, Fort Ann
- Brenda Gottlieb, Warrensburg
- Seth Dunn, Saratoga Springs
- Judith Harper & Ken Whitney, Johnsbury
- Tom Hughes & Lois Heiple, Ballston Spa
- Paul Hendricks, Chestertown
- Donald Hoffman, Middle Grove
- Nancy Howland, Hudson Falls
- Beth Hogan, Hudson Falls
- Sandy Meents, Queensbury
- Pamela Howard, Hurleyville
- Holly Melander, Malta
- Tracy Hyer, Saratoga Springs
- Mark & Diane Joy-Murray, Warrensburg
- Christian Miskey, Amherst
- Mary, James, Liam & Brendan O'Connell, Ballston Spa
- Cynthia Nixon, Porter Corners
- Perry O'Neil, Ticonderoga
- Nancy Roberts, Saratoga Springs
- Gary & Barbara Phillips, Gloversville
- Jane & Thad Smith, Adirondack
- John Schroeder & Judith Henrich, South Glens Falls
- Thad Smith, Saratoga Springs
- Matt, Lynn, Anna, Leah & Ryan Schuette, Queensbury
- Kathleen & Gary Vaccaro, Clifton Park
- Carol Stragnell, Huletts Landing
- Brad & Mary Ann Warner & Carly Park, Schuylerville
- Jason Wood, Hadley
- Diane Whitten, Greenfield Center
- Mark, Marilyn, Kristen & Rachel Wurth, Rexford
- Steve Young & Beth Campbell, Glens Falls
- Kenneth Bannister, Saratoga Springs
- Mary Ellen Cusano, Schenectady
- Mary Cleveland, Glens Falls
- Mary Beth Delarm, Saratoga Springs
- Francis, Laura, Jonah & Joseph Cocozza, Gansevoort
- Norm Hecker, Queensbury
- Jennifer Doubleday, Gansevoort
- Kathleen Keitel, Greenwich
- Judy Gerardi, Saratoga Springs
- Betty Lawrence, Corinth
- Erica Halbrook & Dakota Bochette, Ballston Spa
- Jude, Kimberly, Max & Hannah O'Connell, Lake George
- Keith Kelley, Salem
- Justin Pesta, Potsdam
- Tiya Madden, Ballston Spa
- Maria, Ronald, David & Jocelyn Peters, Saratoga Springs
- William & Ann Murtha, Clifton Park
- Chris Sheehan, Glens Falls
- Tom Rimmer, Ballston Spa
- Michael Smith, Mechanicville
- Kathleen Tersigni, Burnt Hills



Outing instructions

For more detailed information on Chapter Outings, see the "Glens Falls-Saratoga Chapter Handbook."

SIGN UP INFORMATION

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to call may result in not knowing about cancellations, rescheduled departures, etc. Guests are always welcome, but must also register! **PLEASE** be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others' plans. **Trips WILL BE CANCELLED if minimums are not met**, thereby affecting all parties. For safety, the MINIMUM number for Outings is: 3 people, including the leader (4 in winter) Bruegger's unless otherwise noted in the trip description. Be there and ready to depart at the posted time.

MEETING PLACE INFORMATION

BRUEGGER'S BAGEL BAKERY

Queensbury Plaza, 711 Upper Glen Street, Glens Falls, NY 743-0097

• From NORTHWAY (I-87)

Take Exit 19 and go east on AVIATION/QUAKER Rd. Follow .5 miles to RTE. 9/GLEN ST. Turn South (RIGHT) onto RTE.9, then left at the light into the QUEENSBURY PLAZA. Park on the Rte.9 side of the parking lot near BRUEGGER'S

TRAVEL INFORMATION/CAR POOLS

We encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are able, it's helpful to the 'regulars' to offer to drive your vehicle. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

PARTICIPATION GUIDELINES

Leaders are responsible to evaluate interested parties' fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions.

*Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip. Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (AND RECENTLY) AND ARE IN GOOD SHAPE AS NECESSARY FOR THAT OUTING.**

*ADK Liability Waiver must be provided by Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors.

*No Pets allowed on outings except where designated in the description.

RATINGS

Hike Rating	Effort Level	Elevation Gain (feet)	Miles	Time (hours)
A+	Very Strenuous	4,000+	10+	10+
A	Strenuous	3,000+	5-10	8-10
B+	Moderately Strenuous	2,000+	5-10	6-8
B	Moderate	1,000+	Up to 5	5-6
C	Easy	Under 1,000	Under 5	Under 5

*Descriptions are only typical and can vary.

HIKING NEEDS/PREPARATION/EQUIPMENT

Bring Trail Food and plenty of Water on ALL hikes! *Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. — NOT 100% Cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don't trust the forecast or the sky based on the start of the day. Be prepared!

SPECIAL WINTER NEEDS

In addition to the preparation/equipment mentioned above, winter requires some EXTRA planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants will can expect to bring Snow Shoes and Crampons. Bring lots of Water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with Emergency Clothing. Bring an extra wool/polypro hat, mittens and socks. Vented "Shell" pants, jackets and mittens are commonly used with warm layers beneath.

BECOME AN OUTINGS LEADER

Ask any Chapter Leader for details. Offer to CO-lead to get the 'experience'! We're always looking for new leaders to help share the fun while "filling in the calendar." New faces offer more varied outings while sharing their personal favorite destinations. Contact Outings Chair for more information. (Contact info: Pg. 3 of newsletter)

Program and meeting directions

Chapter Programs and Meetings are held monthly, alternating facilities between Glens Falls and Saratoga Springs. Brief directions are below. More detailed information and maps can be found under "Programs" on the Chapter Web page: www.adk-gfs.org

SARATOGA SPRINGS PUBLIC LIBRARY

Henry St., Saratoga Springs, NY 12866, 584-7860

• From NORTHWAY (I-87)

Take Exit 14 onto Route 9P north (UNION AVE). Proceed 1.5 miles, past three traffic lights to a T-junction. RIGHT onto CIRCULAR ST. to the first traffic light. LEFT onto SPRING ST. for two blocks. RIGHT onto Putnam Street for 1.5 blocks. (There is public parking here also!) The library parking lot is on the right. There is a two-hour parking limit.

• From ROUTE 9 and ROUTE 50

Route 9 and route 50 converge to become the main street, Broadway, in downtown Saratoga Springs. Follow into downtown, up to the main street (BROADWAY). Turn onto SPRING ST. (right from South/left from North) at the corner of Congress Park. LEFT on the first street onto Putnam. (Parking as described above)

FIRST PRESBYTERIAN CHURCH OF GLENS FALLS

400 Glen St., Glens Falls, NY 12801, 793-2521

• From NORTHWAY (I-87)

Take Exit 18 and go east on CORINTH RD., MAIN ST., BROAD ST. (Name changes in town) Follow 2.7 miles through town, passing 5-6 lights, CVS, Stewarts on RIGHT... Road turns to SOUTH ST. You come to a "T" and a LIGHT at the monument and library ahead. Make a LEFT on GLEN ST. Pass light (at Stewarts) and make next LEFT onto NOTRE DAME (church is on corner) Park in rear.



Are you moving?

If you are moving, please forward your change of address, including new phone number, to Adirondack Mountain Club, 814 Goggins Road, Lake George, New York 12845. You may call Headquarters at 668-4447. The Chapter receives all its mailing labels and membership lists from the Club. Therefore, any change of address need NOT be sent to the Chapter — one form or one call to the Club is all you need.



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Chepontuc Footnotes

Glens Falls-Saratoga Chapter Adirondack Mountain Club
P.O. Box 2314 • Glens Falls, New York 12801
www.adk-gfs.org

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