



chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

# Chepontuc Footnotes

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

## CYCLING CANADA'S COUNTRYSIDE: VELOURTE DES BLEUETS

May 18, 2022

7 pm, In-Person, Saratoga Springs Public Library



Join Beth, Mo, Jen and Suzy for an armchair adventure around Lac St-Jean, Quebec. Four adventurous women took advantage of an opportunity to head North after the border reopened in fall of 2021 to cycle the famous Blueberry Route at the end of the season. They didn't know what to expect as rural Canada re-emerged from the pandemic, or what October weather would be like riding along a lake — it was fantastic. Come along for a photographic journey to see how everything worked out.

Beth Post and Jen Ferriss are joined by seasoned route cyclists, Maureen Roberts and Suzy Nealon. They all met through the Saratoga Stryders and share a love of adventure, travel, and being outdoors. Co-sponsored by the Saratoga Springs Public Library. Seating is limited and registration is required. Please register through [this link](https://sspl.libcal.com/event/7648294). (<https://sspl.libcal.com/event/7648294>)

## BANFF CENTER MOUNTAIN FILM FESTIVAL WORLD TOUR VIRTUAL

Rent through October 2022



The VIRTUAL programs for the Banff Film Festival 2021-2022 Season (SAGE and PINE) are still available to rent to [view online](#) now through October 2022. They can be rented individually or as a bundle.

In addition, 3 Encore-Classic Film Series of past Award Winners will be available through October 2022. These 3 programs are award winners from prior years. Finally, there will be a new Award Winners Monthly Series available beginning in January 2022. These will only be available for a month and then change to a new film or selection of films the next month.

**Use our links to rent please:**

[Just Pine](#)

[Just Sage](#)

[Bundle: Both Pine and Sage](#)

[Encore-Classic Series](#)

[Award Winners Monthly Series](#)

## Chapter Chair Report ~ Brian Coville



I want to start off by thanking Jim for his service as the Chapter's first Trustee! Jim did a great job shaping the role of the Advisory Council and advocating for improvements that were important to the chapter and the club as a whole. That does not do it justice, but if I tried to do that, I would still be drafting this report in June. I am glad that Jim will continue in his role with the Chapter as Trails Co-Chair.

We are searching for a volunteer to serve as the Trustee and Alternate Trustee. Please let me know if you may be interested in either role. I attended the last few meetings and found them worthwhile, and I will be filling in as the Trustee in the interim, so I am happy to answer any questions you may have to the best of my ability. Serving as Trustee would involve attending the monthly chapter meetings (1.5 – 2 hours per month) and the quarterly Advisory Council meetings (1.5 – 2 hours per quarter). The time commitment could increase if you choose to volunteer for an Advisory Council committee or similar ongoing efforts, but there is certainly no pressure to do so.

Similarly, the Chapter Membership Committee Chair (Bobbi Fitzgerald) will be stepping down in the latter half of the year. Fortunately, Bobbi has offered to train her successor in the meantime. I will save the thank you note to Bobbi for later in the year, but in the meantime, I wanted to ask that you reach out to Bobbi or me if you might be interested in volunteering as Membership Committee Chair.

Of course, there are plenty of ways to volunteer and meet new people with similar interests through the Chapter so please feel free to attend one of the monthly Chapter meetings to learn more. The meetings are the first Wednesday of each month (except July and August) at 7pm and will be hybrid or virtual meetings this year.

## Nominating Committee ~ Pat Desbiens

### Chapter Officers Needed for 2023

Your Chapter needs you! At the annual October meeting, chapter officers are elected to serve the chapter for the fiscal year.

Please keep in mind that there are no prerequisites required for any of the positions listed below; only the willingness to serve as a leader for the chapter.

We will have vacancies for the following four positions:

**Treasurer** - serves as the chief financial officer of the chapter. Approximate time commitment: Varies, however, a couple of hours each month to prepare report for Executive Committee meetings; pay chapter bills, balance check-book and at end of year prepare a chapter budget.

**2nd Vice-Chair** - this person oversees and coordinates the activities of the chapter committees designated by the Chair and in the absence of the Chair and 1st Vice-Chair shall conduct the monthly Executive Committee meetings. Approximate time commitment: should be able to devote approximately two hours/monthly to attend chapter Executive Committee meetings.

**Trustee** - this is a new position as of 1/1/2022 and replaces the former Directors of the chapter. The Trustee serves both the Club and the Chapter. The Trustee shall represent the Chapter on the Club Advisory Council, serve as an elected member of the Chapter Executive Committee and perform all duties assigned under the Club Bylaws and Chapter Constitution and Bylaws. Approximate time commitment: Attend monthly chapter Executive Committee meetings; attend Club Advisory Council meetings (at least 4 times/year); file written reports on Advisory Council and club activities for Chapter newsletter (6 times/year).

**Member-At-Large** - Members-At-Large serve as Executive Committee members without portfolio, providing their expertise and assistance to the Executive Committee and are encouraged to participate in standing and special committees. Approximate time commitment: Attend monthly Executive Committee meetings.

Continued on next page....

The previous are abbreviated job descriptions for each position. Anyone expressing interest in any of the positions will be provided with the full job descriptions. These positions have one year terms and nominations are due August 1, 2022. Nominations and officer biographies will be published in the September through November newsletter.

Please contact me directly with any questions or nominations. Thank you in advance for considering volunteering for one of the positions listed above.

Pat Desbiens  
 Chair, Glens Falls - Saratoga Chapter Nominating Committee  
 pdesbien@nycap.rr.com



### ADK Saratoga - Glens Falls Chapter Committee Officers and Chairs

Executive Committee Officers	Committee Chairs	Committee Chairs
<b>Chapter Chair</b> chapterchair@adk-gfs.org Brian Coville	<b>Conservation</b> 401-529-5034 conservation@adk-gfs.org Co-Chair Aimee Viens Rutledge Paul Dietershagen	<b>Trails</b> 518-638-6139 trails@adk-gfs.org Co-Chair Tom Ellis Jim Schneider
<b>First Vice Chair</b> 518-396-8108 vicechair@adk-gfs.org Kim Brown	<b>Education</b> 908-305-8357 education@adk-gfs.org Kim Brown	<b>Web site</b> 518-743-9692 webmaster@adk-gfs.org George Sammons
<b>2nd Vice Chair</b> vicechair@adk-gfs.org Vacant	<b>Hospitality</b> 518-638-6139 hospitality@adk-gfs.org Gretchen Steen	<b>Young Members</b> ymg@adk-gfs.org Vacant
<b>Secretary</b> 518-798-0624 secretary@adk-gfs.org John Caffry	<b>Membership</b> membership@adk-gfs.org Bobbi Fitzgerald	<b>Fire Tower</b> 518-668-3046 firetower@adk-gfs.org Tim Noble
<b>Treasurer</b> 518-793-6484 treasurer@adk-gfs.org Steve Mackey	<b>Newsletter Editor</b> 518-290-0703 newsletter@adk-gfs.org Jennifer Ferriss	<b>Annual Dinner</b> 518-798-3055 annualdinner@adk-gfs.org Anne Paolano
<b>Past Chapter Chair</b> 518-668-3046 pastchair@adk-gfs.org Vacant	<b>Outings</b> 518-893-7895 outings@adk-gfs.org Wayne Richter	<b>Publicity</b> publicity@adk-gfs.org Stephanie Graudons
<b>Trustee</b> Alternate Trustee: Vacant Vacant	<b>Programs</b> 518-798-3055 programs@adk-gfs.org Anne Paolano	<b>Banff</b> banff@adk-gfs.org Mo Coutant
<b>Members at Large</b> Maureen Coutant Kathi Noble Vacant	<b>Learn More:</b> <a href="http://adk-gfs.org">adk-gfs.org</a>	<b>Get social</b> <b>Instagram:</b> @adkglensfallssaratoga <b>Facebook:</b> facebook.com/adkgfs or facebook.com/SaratogaYMG

# *Membership Update by Bobbi Fitzgerald*

**Welcome new members and thank you to everyone who rejoined.**

## **January 2022 New Members**

Elayne & Chris Kimmett  
David, Amy, Ruby & Ava Latta  
Helen Lawry  
Sabatier Manon  
Ken McDermith & Morgan Skrabalak  
Richard Schumaker  
Caroline Stem & William Sprengnether  
Brain Strasavich & Anneka Copeland  
Karen & Robert Bobinski

Saratoga Springs, NY  
Saratoga Springs, NY  
Syracuse, NY  
Saratoga Springs, NY  
Ballston Spa, NY  
Saratoga Springs, NY  
Saratoga Springs, NY  
Saratoga Springs, NY  
Canton, GA

## **January 2022 Rejoined Members**

Janet & Jackie Curley  
Kathleen Fagan  
Alana Gerus  
Robert Jetter  
Kevin Madigan  
Jonathan Volks

New York, NY  
Bolton Landing, NY  
Sand Lake, NY  
Glens Falls, NY  
Saratoga Springs, NY  
Glens Falls, NY

## **February 2022 New Members**

Michele Walsh  
Matthew, Brigid, Abigail & Katherine Jeffers  
Patrick, Chery, James, & Meaghan Lynch  
Pamela Delsignore  
Pamela Dausman  
Charlanne Burke & Robert Pratt  
Wayne Russell  
Charys Wright  
Todd Campbell

Argyle, NY  
Clifton Park, NY  
Saratoga Springs, NY  
South Glens Falls, NY  
Queensbury, NY  
Warrensburg, NY  
Warrensburg, NY  
Glens Falls, NY  
Ballston Spa, NY

## **February 2022 Rejoined Members**

Travis, Ashton, Elliot Powers  
Peter Roland & Jean Lapper  
John, Mary, Wil, Kateri, Xavier & Jude Comensky  
Jacqueline Cordell  
Richard Nozell Jr  
Timothy Pehl & Patricia Mallory; Ali & Chris

Glens Falls, NY  
Glens Falls, NY  
Glens Falls, NY  
Queensbury, NY  
Glens Falls, NY  
Glens Falls, NY





**Congratulations to the following people who have recently finished the Adirondack Mountain Club Fire Tower Challenge:**

Brooke Williams, Oneonta  
Stephanie Lein, Corinth  
Pamela Martin, Pine Hill  
Matt Baer, Keene  
Rob Ocker, Mexico  
Susan Protzman, Neptune, NJ  
Sonny Protzman, Neptune, NJ  
Skyler Loveless, N. Syracuse age 7  
Peyton Loveless, N. Syracuse age 6  
Bentley Loveless, N. Syracuse age 5  
Marsha Fiesinger, N. Syracuse  
Matthew Petercsak, N. Syracuse  
Matthew Solo, Selkirk  
James Armstrong, West Melbourne, FL  
Steve Maloney, Niskayuna  
Henry Tompkins, Newfield age 10  
JT Tompkins, Newfield  
Rebecca Gijanto, Schuylerville

**Congratulations to the following hikers who have earned their Winter Rocker:**

Katelyn Zatwarnicki, Liverpool  
Jeffrey Levitt, Albany  
Julie Bouchard, Schroon Lake  
Lindsey Klinge, Troy has earned both her patch and winter rocker



View from Boreas Mountain, site of a former Fire Tower. Photo by Jeff Mans

# Outings and Programs Calendar - May 2022

Date	Day	Type	Destination	Leader(s)	Rating
<b>* May 2022</b>					
4	Wed	Meeting	May Executive Committee Meeting	Brian Coville	NR
7	Sat	Bushwack	Hoffman Mountain	Jeff Mans	A+
11	Wed	Hike	Where Are We Going Wednesday?	Jen Ferriss	C
18	Wed	Hike	Where Are We Going Wednesday?	Jen Ferriss	C
29	Sun	Hike	100 Mile Challenge Kickoff Hike: Black Mountain Fire Tower	Jen Shepherd	B+
31	Tue	Walk	100 Mile Challenge: Weekly Walk at Rush Pond	Jen Shepherd	C+
<b>* June 2022</b>					
1	Wed	Meeting	June Executive Committee Meeting	Brian Coville	NR
4	Sat	Hike	100 Mile Challenge Hike: Wakely Fire Tower	Jen Shepherd	B+
7	Tue	Walk	100 Mile Challenge: Weekly Walk at Rush Pond	Jen Shepherd	C+
8	Wed	Hike	Where Are We Going Wednesday?	Jen Ferriss	C
14	Tue	Walk	100 Mile Challenge: Weekly Walk at Rush Pond	Jen Shepherd	C+
15	Wed	Hike	Where Are We Going Wednesday?	Jen Ferriss	C
18	Sat	Hike	Buck Mountain Hike	Brian Coville	B-
21	Tue	Walk	100 Mile Challenge: Weekly Walk at Rush Pond	Jen Shepherd	C+
25	Sat	Hike	Dial and Nippletop from Round Pond (via Gravestone Brook bushwhack)	Jeff Mans	A+
28	Tue	Walk	100 Mile Challenge: Weekly Walk at Rush Pond	Jen Shepherd	C+
<b>* July 2022</b>					
5	Tue	Walk	100 Mile Challenge: Weekly Walk at Rush Pond	Jen Shepherd	C+

## 100 Mile Challenge May 29 - September 5



Walk, run, hike, paddle, or pedal—or any combination of any human-powered activity—100 miles in 100 days to celebrate 100 years of ADK!

Accept the Challenge and [Register Today!](#)

## Bearproof Container Rentals



Required by overnight users in the Eastern/Central Zones High Peaks Wilderness from April 1 to November 30th. 8.8" dia. X 12" long, weight 2.7 lbs. designed to slip into your backpack. Backpackers' Cache

(Garcia Manufacturing) is available to rent exclusively for chapter members for \$5 for up to 3 nights and \$10 for 4-7 nights.

Call Jim Schneider at 518-421-4975 to reserve your [canister rental](#).

# Outings and Programs May 2022

## **MAY EXECUTIVE COMMITTEE MEETING**

Wed, May 4, 2022, 7:00 pm, Rating: NR

Brian Coville - 518-350-4117,

[Brian\\_Coville@Outlook.com](mailto:Brian_Coville@Outlook.com)

- The meeting will be a hybrid with the option to participate via Zoom and an in-person at the Saratoga Springs Public Library [49 Henry St, Saratoga Springs]. All chapter members are welcome at the meeting. Please let the organizer know if you plan to attend in-person. The Zoom meeting information is available at the following link: [https://1drv.ms/f/s!AoWpjNifugqhgRtRaK1dkW\\_KiTNS89w](https://1drv.ms/f/s!AoWpjNifugqhgRtRaK1dkW_KiTNS89w) Email [chapter-chair@adk-gfs.org](mailto:chapter-chair@adk-gfs.org) for the password. The Zoom link will also be provided in the meeting agenda.

## **HOFFMAN MOUNTAIN - [ Bushwack ]**

Sat, May 7, 2022, 7:00 am, Rating: A+

Jeff Mans - 518-265-4135, [adkhighlander@aol.com](mailto:adkhighlander@aol.com)

- We'll start at the Big Pond trailhead off Hoffman Road and hike the trail almost to Big Pond before we turn north to find the ridge that leads us on a bushwack to the summit of Hoffman Mountain, immortalized in Thomas Cole's eponymous painting Schroon Mountain. Inspiring and enticing views along the ridgeline with views of the high peaks from the north end of the summit. At approximately 3700 feet, Hoffman is number 74 of the 100 highest. Trip total about 12 miles roundtrip and 2700 feet elevation gain.

## **100 MILE CHALLENGE KICKOFF HIKE: BLACK MOUNTAIN FIRE TOWER**

Sun, May 29, 2022, time TBD, Rating: B+

Jen Shepherd - [jen@adk.org](mailto:jen@adk.org)

- Lets kick off the 100 mile challenge with 5-8 miles on Black Mountain! If conditions warrant, and the group is feeling it, we will hike the loop for 8 miles. The backup plan is out and back the same way for a round trip of 5 miles. Pack snacks, lunch, and plenty of water. You'll want to bring layers, too; it could be spring at the trailhead and blustery or cold on the summit. We will hike at a steady, consistent pace. Plan to have lunch/snacks on the summit. If it's a nice day we can linger. The group will decide on the summit whether to loop or not to loop. Covid protocols apply; you must be vaccinated and willing to provide proof to participate. Email hike leader to sign up, and please provide some details about your hiking experience. Heavy rain/inclement weather will cancel. This is a dog friendly hike, so be sure your pup is good with other dogs and strangers. Pack plenty of treats but word of warning, tasty snacks tend to fall from the sky around dogs because hike leader can't help themself!

## **100 MILE CHALLENGE: WEEKLY WALK AT RUSH POND**

Tue, May 31, 2022, 4:00 pm, Rating: C+

Jen Shepherd - [Jen@adk.org](mailto:Jen@adk.org)

- Join me for a 4-mile round trip walk at Rush Pond. We will walk from one parking lot to the opposite end

and back. The pace will a little faster than leisurely but not speed walking, though it could build up to that. This will be a dog friendly walk. Please be sure to give me info on your dog when signing up. They'll need to be on leash for the duration of the walk. Covid protocols apply. You must be vaccinated and willing to show proof. Please email leader to sign up and for more details.

## **JUNE EXECUTIVE COMMITTEE MEETING**

Wed, Jun 1, 2022, 7:00 pm, Rating: NR

Brian Coville - 518-350-4117,

[Brian\\_Coville@Outlook.com](mailto:Brian_Coville@Outlook.com)

- The meeting will be a hybrid with the option to participate via Zoom and an in-person at the Saratoga Springs Public Library [49 Henry St, Saratoga Springs]. All chapter members are welcome at the meeting. Please let the organizer know if you plan to attend in-person. The Zoom meeting information is available at the following link: [https://1drv.ms/f/s!AoWpjNifugqhgRtRaK1dkW\\_KiTNS89w](https://1drv.ms/f/s!AoWpjNifugqhgRtRaK1dkW_KiTNS89w) Email [chapter-chair@adk-gfs.org](mailto:chapter-chair@adk-gfs.org) for the password. The Zoom link will also be provided in the meeting agenda.

## **100 MILE CHALLENGE HIKE: WAKELY FIRE TOWER**

Sat, Jun 4, 2022, time TBD, Rating: B+

Jen Shepherd - [jen@adk.org](mailto:jen@adk.org)

- Looking to add miles to your own 100 mile challenge or just want to get out and hike? Join me for a 6 mile round trip to the Wakely Fire Tower! The first few miles of the hike are a mixed bag of rolling terrain, stream crossings, mud and rock. The last mile is brutal with all of the elevation gain. I will plan to keep a steady, consistent pace to keep ahead of the black flies. Pack rain gear, snacks, lunch, plenty of water and appropriate layers for the weather. We'll have lunch on the summit and linger if the weather is nice and the flies aren't too bad. This is a dog friendly hike, so please give me info about your dog when signing up. Disclaimer: hike leader is known for dropping dog friendly snacks "accidentally" in the vicinity of adorable furry companions. Onto the serious business: Covid protocols apply. You must be vaccinated and willing to provide proof to participate. Heavy rain/inclement weather will cancel. Email hike leader to sign up and please provide some hiking background when doing so.

## **100 MILE CHALLENGE: WEEKLY WALK AT RUSH POND**

Tue, Jun 7, 2022, 4:00 pm, Rating: C+

Jen Shepherd - [Jen@adk.org](mailto:Jen@adk.org)

- Join me for a 4-mile round trip walk at Rush Pond. We will walk from one parking lot to the opposite end and back. The pace will a little faster than leisurely but not speed walking, though it could build up to that. This will be a dog friendly walk. Please be sure to give me info on your dog when signing up. They'll need to be on leash for the duration of the walk. Covid protocols ap-

# Outings and Programs May 2022

ply. You must be vaccinated and willing to show proof. Please email leader to sign up and for more details.

## **100 MILE CHALLENGE: WEEKLY WALK AT RUSH POND**

Tue, Jun 14, 2022, 4:00 pm, Rating: C+

Jen Shepherd - [Jen@adk.org](mailto:Jen@adk.org)

- Join me for a 4-mile round trip walk at Rush Pond. We will walk from one parking lot to the opposite end and back. The pace will a little faster than leisurely but not speed walking, though it could build up to that. This will be a dog friendly walk. Please be sure to give me info on your dog when signing up. They'll need to be on leash for the duration of the walk. Covid protocols apply. You must be vaccinated and willing to show proof. Please email leader to sign up and for more details.

## **BUCK MOUNTAIN HIKE**

Sat, Jun 18, 2022, 9:00 am, Rating: B-

Brian Coville - 518-350-4117,

[Brian\\_Coville@Outlook.com](mailto:Brian_Coville@Outlook.com)

- Moderately paced hike up Buck Mountain from the Pilot Knob Road trailhead. Great views of Lake George from the summit, where we can stop and enjoy some snacks. The hike will probably take between 4-5 hours, and isn't too difficult, though there are some rocky scrambles near the top. Round trip distance: 5.8 miles. Elevation gain: 1,958 feet.

## **100 MILE CHALLENGE: WEEKLY WALK AT RUSH POND**

Tue, Jun 21, 2022, 4:00 pm, Rating: C+

Jen Shepherd - [Jen@adk.org](mailto:Jen@adk.org)

- Join me for a 4-mile round trip walk at Rush Pond. We will walk from one parking lot to the opposite end and back. The pace will a little faster than leisurely but not speed walking, though it could build up to that. This will be a dog friendly walk. Please be sure to give me info on your dog when signing up. They'll need to be on leash for the duration of the walk. Covid protocols apply. You must be vaccinated and willing to show proof. Please email leader to sign up and for more details.

## **DIAL AND NIPPLETOP FROM ROUND POND (VIA GRAVESTONE BROOK BUSHWHACK)** -

[ Hike ]

Sat, Jun 25, 2022, 8:30 am, Rating: A+

Jeff Mans - 518-265-4135, [adkhighlander@aol.com](mailto:adkhighlander@aol.com)

- Since the Ausable Club has now included People with its No Dogs Allowed policy by virtue of its restrictive parking reservation system, alternative routes need be found to access our beloved mountains. This is one such approach all on public lands to Dial and Nippletop that starts from Round Pond and follows the Dix trail to Gravestone Brook and a bushwhack up along the brook to reach the Leach Trail at the col between Bear Den and Dial, where we'll then proceed on the Leach Trail to Dial, and perhaps to Nippletop, depending on the

group/conditions. The route follows the Dix trail, passing the intersection with the Noonmark and Round Mountain trails, and reaches Gravestone Brook, crossing over to the stone steps, where we will take a right to follow a faint herd path starting up the left side of Gravestone Brook, and continuing along the brook on a bushwhack as the herd path fades, and eventually crossing to the right side of the brook, keeping the brook on our left side as we work our way up. High up, the brook forks, and we'll stay with the right fork to head for the col to reach the Leach Trail, and then take the Leach Trail to Dial to hog some views, and then decide if we want to continue to Nippletop. Return trip will be back along the same route. Roundtrip to Dial is about 13 miles with 3300 feet of elevation gain; to Nippletop add about 4 miles and 700 feet.

## **100 MILE CHALLENGE: WEEKLY WALK AT RUSH POND**

Tue, Jun 28, 2022, 4:00 pm, Rating: C+

Jen Shepherd - [Jen@adk.org](mailto:Jen@adk.org)

- Join me for a 4-mile round trip walk at Rush Pond. We will walk from one parking lot to the opposite end and back. The pace will a little faster than leisurely but not speed walking, though it could build up to that. This will be a dog friendly walk. Please be sure to give me info on your dog when signing up. They'll need to be on leash for the walk. Covid protocols apply. You must be vaccinated and willing to show proof. Please email leader to sign up and for more details.

## **100 MILE CHALLENGE: WEEKLY WALK AT RUSH POND**

Tue, Jul 5, 2022, 4:00 pm, Rating: C+

Jen Shepherd - [Jen@adk.org](mailto:Jen@adk.org)

- Join me for a 4-mile round trip walk at Rush Pond. We will walk from one parking lot to the opposite end and back. The pace will a little faster than leisurely but not speed walking, though it could build up to that. This will be a dog friendly walk. Please be sure to give me info on your dog when signing up. They'll need to be on leash for the duration of the walk. Covid protocols apply. You must be vaccinated and willing to show proof. Please email leader to sign up and for more details.

## **WHERE ARE WE GOING WEDNESDAY?**

Let's get outside and greet the morning with a local hike in the Southern Adirondack region. Hikes will be around 5 miles with or without elevation. Get some miles in for the ADK 100 mile Challenge.

Email Jen Ferriss, [ferrissj@gmail.com](mailto:ferrissj@gmail.com) if you would like to be on the email list. Destination will be determined and confirmed a few days prior. Start time depends on the difficulty of the hike—typically 8 am and finished by 11 am the latest.

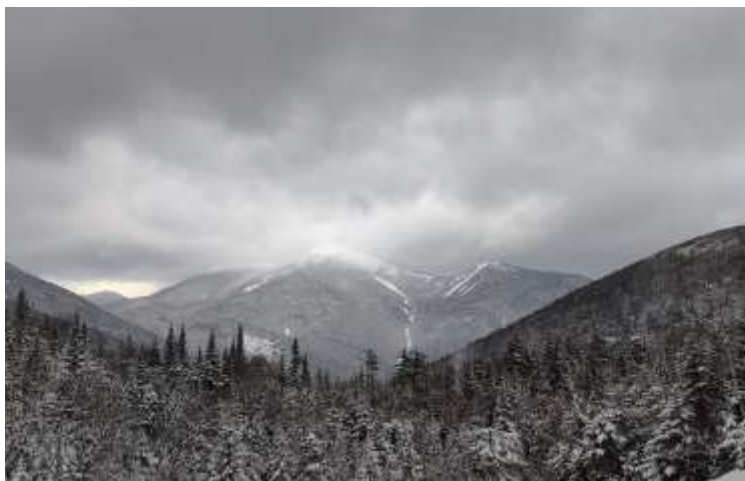
**May 11, May 18, June 8, June 15, July 13, July 27**



## Trip Reviews - May 2022

### **Tabletop and Phelps Sat, Feb 5, 2022, Jen Ferriss and Joe Babcock**

- Back in January 2020, Joe and I tried to hike Tabletop and Phelps and it was cancelled due to the weather conditions. Fast forward to January 2022, Nor'easter, sub-zero temperatures and then another snowfall dumping over a foot of snow in the Adirondacks. We postponed twice, made a modification and finally a smaller group than the original 10 was able to summit Tabletop on a warm and windy day. The trail conditions were fantastic even though we drove in the rain to get to the Loj. The skies cleared; blue skies came and went behind the fast moving cloud cover. We were not alone on the trail, but we got to the summit early enough to beat the larger crowds of midday. This was not the case at the trail junction after we descended. Mike Fuller was able to unload his Vermont brownies to about 18 people, including his hiking mentors Steve Mackey and Ron Lester. After we all went our separate ways, a little cold, but happy, we made a quick side trip to Indian Falls and caught a glimpse of Iroquois, Algonquin and Wright, right before a persistent wind whipped up the falls and made it quite miserable to stand around and gawk at the view. Back to the Loj we went, trying to waste some time in order to catch up with the Winter Camp crew one last time. One of our stall tactics was standing around contemplating a hike up TR, but we decided we were good for the day. We stopped at one of the lean-tos near Marcy Dam for a rest and to enjoy lunch; the opportunistic chickadees were happy with our decision. One kept eyeing a sandwich half and went for a quick sniff and another attempted a taste of roasted potato. On our way out, Mike recognized a young at heart couple from Baltimore, MD, who were snowshoeing from the Loj and breaking trail on the Fangorn Forest Trail. I felt like I was witnessing the beginning of When Harry Met Sally when couples were being inter-



viewed - a perfect end to our trip on the weekend leading up to Valentine's Day. Dave White, Mike Fuller, Jim Zwynenburg, and John Acacia joined co-leaders Joe Babcock and Jen Ferriss.

### **Where Are We Going Wednesday? Wed, Mar 9, 2022, Jen Ferriss**

- The inaugural WAWGW trip needed some more alliteration so we went to the Wilkinson Trail in the Saratoga National Historical Park. There was one giant patch of ice to navigate in the beginning of the trail and to our surprise the rest of the walk was the driest the trail has ever been; both of us were used to running through puddles. On our return, a bit disappointed that the resident wildlife were hiding from us, out of the corner of my eye I saw what my mind thought was a kangaroo staring at me. Yes, my mind thought kangaroo in Stillwater, NY. Of course it was a big deer. She was lying down in the leaves staring at us with her ears up, hidden behind a fallen tree. As we scanned the woods we saw a few more deer lying down and on high alert. Both Matt and I have seen circles in the leaves where deer have rested but we never actually saw a resting deer. We watched in fascination for a while and pondered if it was a maternity ward - perhaps too soon for that. Hikers: Jen Ferriss and Matt Miczek



### **Gothics Mountain from St. Huberts Fri, Mar 18, 2022, Jeff Mans and Jen Ferriss**

- On a day with a cloud cover overhead that held back the blue skies and sun all day, our spirits were not dampened, but rewarded by Beaver Meadow pond and Falls, and one of the nicest climbs up the Beaver Meadow Trail as the cliffs on Upper Wolf Jaw and peaks of the Lower Great Range came into view, and then crossing over the ridge to the cliffs and ladders flanking the ridge and exposing the massive slides on the east side of the peak affectionately known as Gothics, leading to the Range Trail and the last bump until the final ridge climb to the summit of Gothics. The 360 degree views from Gothics, of the high peaks both near and far, is one of the most spectacular and worth the effort punching through the late winter snow that was softening and not as supportive as we'd like, but mostly due to our own fault and zeal. Nevertheless, the views were all there, and still linger in the twilight of our minds. Participants: Jeff Mans (leader), Jen Ferriss (co-lead), and John Acacia.

### **Where Are We Going Wednesday? Wed, Mar 30, 2022, Jen Ferriss**

- WAWGW? French Mountain. I thought this time around we would at least be a group of 4, but Bill and I were the last two standing as we made our way down the Warren County Bicycle Path and up to French Mountain. We started on Glen Lake Road because I just did not feel like dealing with the traffic at the outlets and it was a nice warm up. We were the only two on the path except for some workers who were clearing the leaves next to the path. I'm glad that Bill remembered that the short rock scramble was after the graffiti because I would have scrambled right up the big rocks with trepidation. At the top we had a filtered view of the lake from the public land, but a nice view of the mountains to our west. On the way out I played "what animal is that?" Ahead on the trail was a large dark animal weaving in and out. My first guess was a fox, then a coyote, then a loose dog and finally a fisher. I was finally able to catch its profile and I believe it was a turkey. There was no trace of the creature as we made our way to Route 149. Great conversation was had by hikers Jen Ferriss and Bill Schwarz.

### **Overnight Camp and Hike to Boreas Mountain from The Branch (Sat & Sun) Sat, Apr 2, 2022, Jeff Mans and Jim Zwynenburg**

- What a fantastic weekend camp and hike to Boreas Mountain. Our outing was covered by Monica Sandreczki, North Country Public Radio, and aired as part of NCPR's Northern Lights program. On Saturday morning we hiked from The Branch parking area on Blue Ridge Road and hiked up the road following the Branch River, and set up camp on a ridge overlooking a pond on state land about 1/2 mile from the Elk Lake property.



We decided to climb Boreas Mountain Saturday, instead of Sunday, because the weather was excellent, with blue skies and sunshine all day with temperatures in the high thirties. What a treat was in store for us - a

full panoramic view of the High Peaks, the Giant of the Valley, and Dix Range, including Cliff and Redfield, Skylight, Marcy, Haystack, Basin, Saddleback, Gothics and Pyramid, the Pinnacle Ridge to Blake and Colvin, Nippletop, Dix, Hough and Macomb, and Elk Lake and Clear Pond. Although the old road leading up to the former fire tower observer's cabin increasingly become snow covered, the trail covering the last mile to the summit found ourselves in waist-deep snow several times as we steadily climbed the last steep ridge to the crest of Boreas Mountain, where we were rewarded with arguably one of the nicest summit views in the entire Adirondacks. On Sunday morning we broke camp and bushwhacked a short distance to the Branch River before leaving and returning to civilization. Although not a High Peak, at 3776 feet and the 64th highest Adirondack peak, the summit approach to Boreas was much harder than Gothics undertaken two weeks earlier because of all of the deep unpacked snow on the protected ridge still in its natural state in early April. Snowshoes would be a word to the wise, but as they say, stupid is what stupid does, and although posting such a strong opinion would be enough to get kicked-off Adirondack Trail Conditions (at least concerning mud season antics), we're not so narrow or bereft of humor to learn from our own experiences! Overall, there were so many people involved in the success of this outing, both named and unnamed, and expectedly unsurprising, that made it a classic outing for all times, and hopefully one more people come to experience for themselves. One of the most beautiful vistas in the whole



ADKs. Participants: Anthony "Trail Breaker" Szmul, Chris "The Pump" Lovett, Jim "The Wizard" Zwynenburg (co-leader), and Jeff "Don't Give Up the Ship" Mans (leader).

### Sign Up

Contact the Outing Leader at least two days (preferably a week), before the activity so he/she can explain the capabilities required and to determine the number attending. Failure to email may result in not knowing about cancellations, rescheduled departures, etc.

Guests are always welcome, but must also register! Please be considerate when signing up for a trip. Advise the leader if you cannot make a trip so as not to impact others’ plans. **Trips can be cancelled if minimums are not met**, thereby affecting all parties. For safety, the MINIMUM number for Outings is: 3 people, including the leader (4 in winter). Exit 19 Panera Bread is the meeting spot unless otherwise noted in the trip description. Be there and ready to depart at the posted time.

### Travel Information/Car Pools

Typically we encourage carpooling to trailheads for both environmental and practical reasons (limited trailhead parking) and may alter meeting locations due to destination or participants. If you are a passenger, consider current fuel prices, travel miles and number of passengers when contributing your fair share to the driver.

### Participation Guidelines

Leaders are responsible to evaluate interested parties’ fitness for that outing, review specific guidelines, and lead the trip. They are not paid guides, but volunteers. Participants are asked to cooperate and respect their authority and decisions. \*Is this the right Outing for you? For those not experienced in strenuous trips, it is best to begin with something easier and work your way up. The Leader will assist in evaluating skill level and suggest alternative outings if more appropriate. **For the safety and comfort of all, the Leader has the discretion to deny participation if he/she feels someone is not a good match for that trip.** Based on the expectations and skills of the entire group, Leaders may have more flexibility for some trips, so definitely talk with them. **DO NOT TRY STRENUOUS OUTINGS UNLESS YOU HAVE DONE THAT ACTIVITY REGULARLY (and recently and are in good shape as necessary for that outing.)** An ADK Liability Waiver must be provided by the Leader and signed by all participants before the trip begins. This is a requirement by ADK HQ. Parents must sign for minors. \*No Pets allowed on outings except where designated in the description.

### Dogs

Participants in Chapter outings will be allowed to bring their dogs on outings in the following circumstances: (1) the outing has been designated by the outing leader as a “dog outing” and which has been publicized as such; or (2) the outing leader may bring his/her dog, that has not been designated as a “dog outing,” if the notice of the outing discloses that the leader will be do-

ing so. All dogs on Chapter outings will be kept on a leash at all times.

### Hiking Needs/Preparation/Equipment

Bring trail food and plenty of water on ALL hikes! Clothing made of Polyester blends, polarguard or wool are recommended as they retain warmth even when wet. Please do not wear 100% cotton clothing! It is also wise to bring raingear. Other pack essentials: compass and map, headlamp/flashlight, first aid kit, hat, gloves, and extra socks. Adirondack weather can and does change suddenly. Don’t trust the forecast or the sky based on the start of the day. Be prepared!

### Special Winter Needs

In addition to the preparation/equipment mentioned above, winter requires some extra planning. Look for special notes in the Outing description and discuss with the Leader. Depending on conditions, participants can expect to bring snowshoes and crampons. Bring lots of water. Dehydration comes easier in the winter and we feel its effects later ... usually AFTER the fact. Be wise with emergency clothing. Bring an extra wool/polypro hat, mittens and socks. Vented Shell pants, jackets and mittens are commonly used with warm layers beneath.

### Ratings

Rating Effort	Level	Elevation Gain (feet)	Miles	Time (hours)
A+	Very Strenuous	4000+	10+	10+
A	Strenuous	3000+	8-12	8-10
B+	Moderate Strenuous	2,000+	5-10	6-8
B	Moderate	1000+	5-8	5-6
C+	Fairly Easy	1000+	5-8	4-6
C	Easy	Under 1000	Under 5	Under 5

### Become an Outings Leader

Ask any Chapter Leader for details. Offer to co-lead to get the experience! We’re always looking for new leaders to help share the fun while filling in the calendar. New faces offer more varied outings while sharing personal favorite destinations. Contact the Outings Chair on page 3 for more information.



## Chepontuc Footnotes

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P.O. Box 2314  
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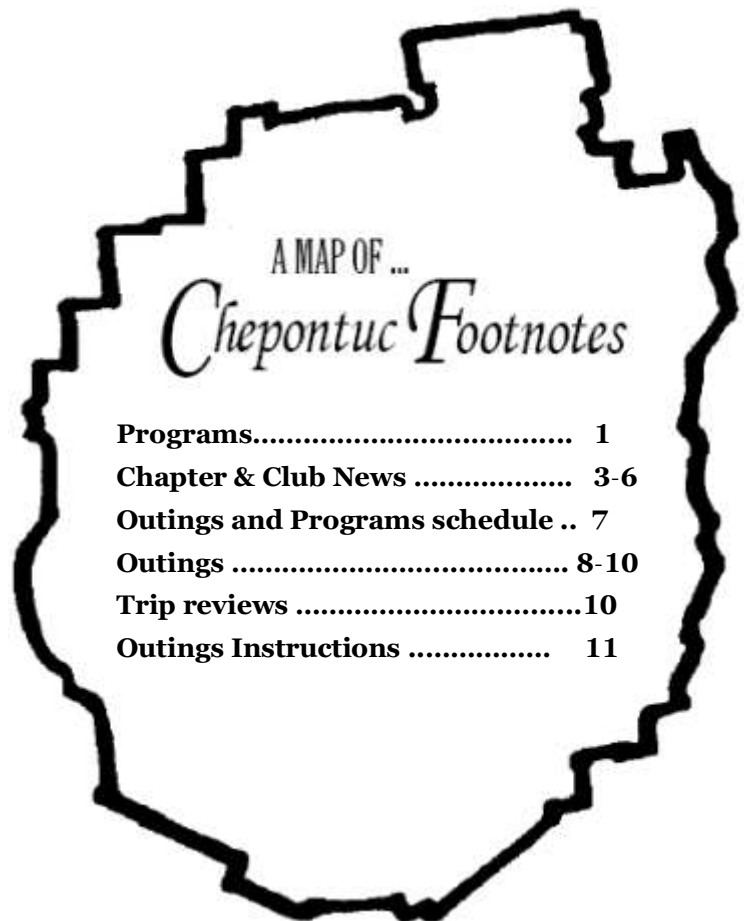


### ***Are you moving?***

*If you are moving, You may call  
Headquarters at 518-668-4447.*

*The Chapter receives all its mailing  
labels and membership lists from the  
Club.*

*Therefore, any change of address  
need NOT be sent to the Chapter .  
One call to the Club is all you need!*



***Reminder: Please include your  
e-mail address when renewing  
membership!***