



chepontuc — "Hard place to cross," Iroquois reference to Glens Falls

Chepontuc Footnotes

THE NEWSLETTER OF THE GLENS FALLS-SARATOGA CHAPTER OF THE ADIRONDACK MOUNTAIN CLUB

ANNUAL DINNER

You're Invited!

FRIDAY, OCTOBER 17, HOLIDAY INN RESORT LAKE GEORGE



REGISTER BY

10.12.25

REGISTRATION FORM
ON PAGE 11

Join us for a special evening with Adirondack photographer, filmmaker, and author Jonathan Zaharek, who will be sharing a powerful presentation about the legacy of the 46ers: A Century in the High Peaks. This immersive talk will explore the beauty, challenge, and lasting legacy of the Adirondack High Peaks—featuring stunning imagery, behind-the-scenes stories, and reflections from Jonathan's personal journey of hiking and photographing these mountains over the last decade.

Jonathan is the author of *Hiking the Adirondack 46 High Peaks*. With over 5,000 miles hiked in the High Peaks Wilderness and ten full rounds of the 46 completed, he is widely recognized for his powerful storytelling, deep-rooted connection to the land, and commitment to conservation through education. His work has been featured in many galleries, regional publications, and across digital platforms, where he continues to inspire a new generation of hikers and wilderness stewards.

VOTE FOR CHAPTER OFFICERS AT THE 2025 CHAPTER MEETING

At the annual meeting, chapter members will be invited to vote for the officers for 2025.

Chapter Chair	Kim Brown
1st Vice Chair	Laura Fiske
2nd Vice Chair	Jess Krause
Treasurer	Steve Mackey
Secretary	John Caffry
Members-at-Large	Kathi Noble
	Jeff Mans
	Brian Coville
Trustee	Vacant
Alternate Trustee	Liz Rovers

In the event that there is more than one candidate for any given office, at the annual meeting the Secretary shall furnish a ballot containing the names of all nominees, arranged in alphabetical order, as candidates for each office. This ballot shall be the exclusive means of voting for officers, members-at-large, trustee and alternate trustee. The successful candidate for each position shall be determined by a simple majority of the votes cast.

The biographies of the nominees are included in this newsletter.

Additional nominations in writing,

and particularly for the vacant Trustee position, may be submitted by any member entitled to vote to Pat Desbiens, chair of the Nominating Committee, by close of business, October 1, 2025. Such nominations must be signed by no fewer than twelve (12) voting members.

Send nominations to:
Glens Falls-Saratoga Chapter,
Adirondack Mountain Club,
P.O. Box 2314, Glens Falls, NY 12801
Attn: Nominating Committee –
Pat Desbiens

BIOGRAPHIES

KIM BROWN

Over the years I've been fortunate to make new friends and learn from many who have taken the time to share their outdoor experiences with me. Looking to give back, I became more actively involved with our Chapter upon my retirement in 2018. Currently I serve as both Education Chair and Chapter Chair. I am also a hike leader. I enjoy volunteering as a trail and summit steward so that others can learn to enjoy the outdoors safely and with care for the environment.

LAURA FISKE

I have been a member of the Adirondack Mountain Club since the early 2000's and began my leadership career with the Glens Falls-Saratoga chapter. For the past several years I have been on the ADK Executive Committee and the Board of Directors. I am currently the 1st vice chair of our chapter. My years of experience with the leadership of ADK enable me to provide background and context for many of the changes implemented or being implemented by the ADK. Professionally, my background is in finance/budgeting and management. These skills and my prior chapter and ADK experience enable me to be an effective 1st vice chair. In my leisure time I enjoy hiking, cycling and paddling.

JESSICA (JESS) KRAUSE

I live in Saratoga Springs with my fiancé, Will DeMuth. I'm originally from a small town in western New York and spent most of my 20's in New York City. Once able to work remotely, we chose to live closer to the Adirondacks and haven't looked back. Professionally, I am part of the business strategy team for a health technology company called League and hold a B.S. in Economics from Cornell. We spend every weekend that we can hiking the 3-6-9ers, 12sters, 46ers or simply backpacking out to enjoy a quiet lake. I'm excited to continue volunteering in the 2nd vice chair position to learn more from those around me, share my time and experience, and set the foundation to become more actively involved in the future.

STEVE MACKEY

I have been an active member with the ADK Glens Falls-Saratoga Chapter since the early 80's and I've already served as the Chapter Treasurer for 9 years. I have also participated in the Adopt-a-Lean-To program with Jim "Jungle" Mosher, taking care of Ward Brook Lean-to for over 30 years. We have always maintained the trail into Ward Brook Lean-to, so a couple of years ago, I made it official and adopted the 5 miles of trail. I've been busy improving the trail to Potash Mountain in Lake Luzerne the past few summers, as well as the trail up Swede Mountain. If you have never been up either, make

Absentee Ballots

The Chapter will be holding its Annual Dinner and Annual Membership Meeting on October 17th at the Holiday Inn in Lake George. We hope that you will be able to attend. Members will vote on the Slate of Officers for the 2026 term at the meeting. If you cannot attend the meeting, you may request and submit an absentee ballot at the following link through 5pm on October 17th: Glens Falls-Saratoga Chapter of ADK Absentee Ballot (2025) [<https://forms.gle/Sx7MarprgmE1aHVE6>] GoogleForm. We value our members' participation, and we need to be sure that a quorum of the members vote on the slate of officers and trustee. Absentee ballots will help us to achieve this.

Please contact Brian Coville at 518-350-4117 or Kim Brown at chapterchair@adk-gfs.org if you have any questions about the absentee ballot.

it a point to put them on your hiking schedule. I lead hikes regularly and do a lot of trail work with the 46er's trail crew. I am retired now but I spent my career as the owner/operator of the Luzerne Market which has been operating for 44 years.

JOHN CAFFRY

I have been an ADK member since 1985 and have served the Club in many capacities, such as member of the Chapter Executive Committee since 1987; former Chapter Publicity Chair and Second Vice Chair; Chapter Secretary from 2006 to 2015; and starting again in 2018; Chapter Chair from 2016 to 2017; former member of the ADK Board of Directors and Executive Committee; former chair of ADK Headquarters Committee; and former chair of ADK Conservation Committee; and participated in the Adopt-a-Lean-To program for 10 years. Occasionally, I find time for hiking, paddling and all varieties of skiing.

KATHI NOBLE

I have been a member of the Adirondack Mountain Club (ADK) for many years, becoming involved with the Glens Falls-Saratoga Chapter in 2011 when my husband and I took over as the ADK Fire Tower Challenge correspondents. I have served in the past as the chapter's chairperson and secretary. I retired in 2014 after 34 years of teaching special education. I fill my days hiking, biking, skiing, paddling and many other outdoor activities. I also volunteer as a ski instructor at the Double H Winter Adaptive Ski Program and as a trailhead steward at HPIC.

JEFF MANS

My first Adirondack adventure was a canoe and camping

trip from Old Forge to Blue Mountain Lake along the Fulton Chain of Lakes in my teens, and I was smitten by the beauty of the Adirondacks. After graduating from Albany Law School, I settled in the Albany area and began my long term relationship with the Adirondacks, becoming a 46er in 2006, and more recently a winter 46er. During this time I had the good fortune of meeting and joining members of the ADK Glens Falls-Saratoga chapter on outings that introduced me to a variety of activities and like-minded individuals. I have been an ADK member for a number of years, and became an Outings Leader in 2019, and since that time have continued to regularly lead outings to explore, camp and hike the Adirondacks year-round. My initial sense of wonder, enthusiasm, and inspiration are still present today each time I enter the Adirondacks to experience the land I love best.

BRIAN COVILLE

I started volunteering with the chapter soon after I moved to Saratoga Springs around 2017, currently as a Member-At-Large. I have previously volunteered as Young Members Committee Chair, Director, 2nd Vice

Chair and Chapter Chair. I drafted the original job description for the Member-At-Large position a few years ago when we created the position. I live in Gansevoort and enjoy hiking and kayaking in the area with my dogs. I work for the NYS Department of Financial Services in the Cybersecurity Division and also volunteer as the Treasurer of the ISACA Hudson Valley Chapter.

ELIZABETH (LIZ) ROVERS

I have been a member of the Adirondack Mountain Club (ADK) since 2010. I have been active in the outdoors all my life; enjoying walking, biking, hiking, Nordic and alpine skiing, and paddling among other activities. I hiked my first high peak (Algonquin) as a high school senior in 1973. I completed my 46ers on Allen Mountain in 1995. There is so much to see in the Adirondack Park. The Adirondacks are truly a wonder of nature. I enjoy volunteering including for the Glens Falls-Saratoga Chapter of ADK. Currently, I serve on the Chapter Executive Committee as the Membership Chair and as an Alternate Trustee to the Club Advisory Committee. I am also a Buck Mountain trailhead steward.



ADK FIRE TOWER CHALLENGE

Congratulations to the following hikers who have recently completed the Fire Tower Challenge:

Steven Heeren
 Alan Clark
 Derek McKendree
 Philip Koziol
 Jody Ashline
 Madeline Frank
 Russ Myer
 Rebecca Myer
 Olivia Pounds
 Hilary Ciesielski
 Jame DeLorenzo
 Ryan Abbott
 Blake Adkins
 Ann Trepkowski

UPCOMING FIRE TOWER TRAIL CLOSURES DUE TO HUNTING SEASON:

Some fire tower trails are closed during hunting season. The dates below are inclusive. Due to easements with the landowners, the closure dates listed below may be different from the dates listed on the New York State Department of Environmental Conservation (DEC) website.

Stillwater Mountain: October 14 through December 20, 2025.
 Stillwater Mountain hunting season is always the second Tuesday of October through December 20.

Swede Mountain: September 11 through December 15, 2025

Spruce Mountain: October 25 through December 7, 2025

Fire Tower Challenge 2.0 is up and running. Please go to: <https://members.adk.org/members/members/get-involved/adk-fire-tower-challenge.aspx> to submit your completion form and payment online. If you have any questions please contact the FireTower Challenge committee at firetower@adk-gfs.org.

PROGRAM

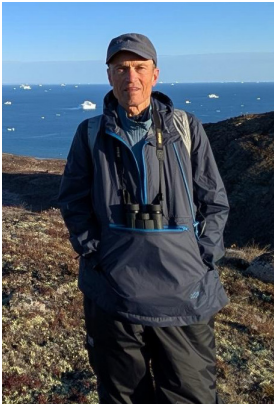
Chapter Speaker: James Thompson

Chapter member James Thompson will present an account of his September 2024 cruise through Scoresby Sound on the east coast of Greenland. This small ship expedition featured a visit to the isolated village of Ittoqqort omiit Greenland, views of the Northern Lights, hikes through the tundra, Zodiac rides through iceberg-laden waters, and encounters with native fauna including musk ox, arctic hare, arctic fox, and a pod of narwhals.

Thursday, September 18, 2025

7pm

Saratoga Springs Public Library



James Thompson grew up in Ithaca and attended school in Philadelphia (Swarthmore College), Albany (SUNY), and Syracuse (Syracuse University). He worked in city and county government in Rochester/Monroe County before moving to Chicago where he taught public administration at the University of Illinois – Chicago for 25 years prior to his retirement in 2021. He and his wife Pam now live in Saratoga Springs.

PROGRAM

Rattlesnake Program

Guest speaker: William S. Brown, PhD

Wednesday, November 19, 2025, 7pm

**Community Room,
Crandall Public Library**



Timber Rattlesnakes: How They Live and What They Do. Bill will summarize the basic biology of Timber Rattlesnakes and focus on some of the research questions that are useful for evaluating its conservation status. He will frame this perspective toward outdoor enthusiasts and naturalists who may encounter a rattlesnake in the wild. In New York, Timber Rattlesnakes are distributed in two dozen counties. Many populations were extirpated or depleted throughout the state over the past two centuries. The species was listed as "threatened" in 1983 and has been fully protected by New York State law for the past 40 years. Please join our friends from the Southern Adirondack Audubon Society for a joint program at Crandall Public Library.

Get Your Bear-proof Canisters



These bear-proof canisters are required in the High Peaks and are essential to use on any backcountry overnight adventure. Designed to slip into your backpack. Get your food packed at home so you're ready to hit the trail.

Rental Rates (We have the best rental price!):
1-3 nights \$5.00 | 4-7 nights \$10.00
8.8 inch dia. x 12 inches long, weight 2.7 lbs

Email trails@adk-gfs.org to reserve your canister rental. Rentals are available exclusively for ADK Glens Falls-Saratoga Chapter members. Pick up and drop location is Saratoga Springs.

New Members

JULY - SEPTEMBER

We welcome the following new members in the Glens Falls-Saratoga Chapter of ADK. Thank you for becoming an ADK member and choosing our chapter. ADK has a new computer platform for memberships. If you have any concerns about your membership please contact Liz Rovers: membership@adk-gfs.org.

CORRECTION: The new members listed in the July-September Newsletter were for April and May 2025, not July to September 2025. We apologize for the incorrect dates.

Richard & Gina C. Villiere Family
Ryan Pipes Family (Raedyn, Aria & Kendall Hoekstra)
Ashley Colley & Mark Mayer Family
Nicholas Ryan Lafferty Family
Joel James Shattuck Family
David G. Nelson Family
Shawn Atkins Family
Brett McKinnon
Logan Galusha
Todd R. Murray
Gerald Lalonde
Madalyn Wilson
Justin Kaye
Mary Burdick
Zachary Scheier
Catherine Corrigan

Nature Fest

SEPTEMBER 13, 2025

~11am to 3pm

We'll be at Moreau State Park for Nature Fest 2025.

Stop by and say hi and see what kid's activity we're doing!

BUCK MOUNTAIN TRAILHEAD STEWARDS!

We'll be hanging out at the Buck Mtn trailhead on Pilot Knob Rd in the mornings of fall weekend when we have volunteers. Stop by to see us and learn what volunteering to be a trailhead steward is all about. Or contact Jim Schneider any time! See contact info on next page.

BANFF CENTRE MOUNTAIN FILM AND BOOK FESTIVAL

SAVE THE DAY(S): JAN 30TH - FEB 1ST, 2026

Tickets sell out very quickly, especially for Sat evening, so check the next newsletter or our website in early December to see when the tickets go on sale in mid-December.

OUTINGS & PROGRAMS

EXECUTIVE COMMITTEE MEETING

Wed, Sep 3, 2025, 7:00 pm,
Kim Brown - 908-305-8357,
kim137@me.com

The meeting will be a virtual meeting via Zoom. All chapter members are welcome at the meeting. Please email chapterchair@adk-gfs.org for the Zoom information if you would like to attend.

THE TIP OF THE TONGUE: A COUNTER CLOCK-WISE APPROACH **Hike**

Sat, Sep 6, 2025, 7:00 am, Rating: A+
Jen Ferriss - ferrissj@gmail.com

I did this hike in 2022 and enjoyed hiking the southern part of the range from a counter-clockwise approach. We will meet at the Clay Meadow trailhead on Route 9N at 7 am and hike to Montcalm Point along the Northwest Bay. After enjoying the tip of the tongue, we will head up the range to Fifth Peak and back down to the cars. Hopefully our "nope stick" friends are starting to hunker down for the change of seasons. The total distance is around 13.25 miles with elevation gain around 4,000 feet. This is a challenging hike. Space is limited. Of course we will have ice cream afterwards! Rain date is Sunday Sept 7th.

SOUTHERN ADIRONDACKS / LAKE GEORGE REGION **Hike**

Sat, Sep 6, 2025, time TBD, Rating: B
Kim Brown - 908-305-8357,
kim137@me.com

Geared for those new to hiking and those coming back to the outdoors! Pace will be slow to moderate with distance between 4-8 miles. Hikes will be primarily in the Lake George/ Southern Adirondack Region. Let me know if you want to be on my email list and I'll share what we are doing and where to meet.

HOPKINS VIA MOSSY CREEK **Hike**

Fri, Sep 12, 2025, 8:00 am, Rating: B
Pete Fedorick - 661-425-1044,
pfedoric@gmail.com
A 6-mile round trip featuring a scenic wooded trail that follows Mossy Cascade Brook. The views from the top are stunning, showcasing the high peaks. With an elevation gain of approximately 2,100 feet, this hike is considered moderately challenging. Parking is slightly limited, and I also might turn this into a loop hike (Ranney trail descent) if more than two cars are available with another car at the Rooster Comb parking.

SOUTHERN ADIRONDACKS / LAKE

GEORGE REGION **Hike**
Sat, Sep 13, 2025, time TBD, Rating: B
Kim Brown - 908-305-8357,
kim137@me.com
See Sep. 6th for more info.

GREENLAND PROGRAM, DUTCHER ROOM, SARATOGA SPRINGS PUBLIC LIBRARY **Program**

Thu, Sep 18, 2025, 7:00 pm,
Anne Paolano - 518-744-6359,
programs@adk-gfs.org
Chapter member James Thompson will present an account of his September 2024 cruise through Scoresby Sound on the east coast of Greenland. This small ship expedition featured a visit to the isolated village of Ittoqqortoormiit Greenland, views of the Northern Lights, hikes through the tundra, Zodiac rides through iceberg-laden waters, and encounters with native fauna including musk ox, arctic hare, arctic fox, and a pod of narwhals. James Thompson grew up in Ithaca and attended school in Philadelphia (Swarthmore College), Albany (SUNY), and Syracuse (Syracuse University). He worked in city and county government in Rochester/Monroe County before moving to Chicago where he taught public administration at the University of Illinois - Chicago for 25 years prior to his retirement in 2021. He and his wife Pam now live in Saratoga Springs.

ELK LAKE-MARCY TRAIL TO PANTHER GORGE, HAYSTACK, MARCY AND SKYLIGHT [2 NIGHTS, 3 DAYS]

Hike/Camp Fri, Sep 26, 2025, time TBD, Rating: A++ Jeff Mans - 518-265-4135, adkhighlander@aol.com

Two night backpacking trip. Starting Friday morning, September 26th, from the Elk Lake parking area, we'll hike the Elk Lake-Marcy trail to Panther Gorge to set up camp for 2 nights, and return Sunday morning, September 28th. Day 1: about 9 miles to Panther Gorge and set-up camp. Day 2: loop hike of about 8 miles to Haystack, Marcy and Skylight. Day 3: break camp and return to Elk Lake parking area and civilization. Day 2 will be the loop hike to Haystack, Marcy, Lake Tear of the Clouds and Skylight, and involves some very steep trails, open rock and ledges, and several thousand feet of climbing and descent. And no, we will not be climbing Gray. The trip requires appropriate tent, overnight equipment, meals and supplies, including

ADK Saratoga-Glens Falls Chapter Committee Officers and Chairs

EXECUTIVE COMMITTEE OFFICERS

Chapter Chair Kim Brown
908-305-8357 | chapterchair@adk-gfs.org

First Vice Chair Laura Fiske
vicechair@adk-gfs.org

2nd Vice Chair Jess Krause
vicechair@adk-gfs.org

Secretary John Caffry
518-798-0624 | secretary@adk-gfs.org

Treasurer Steve Mackey
518-793-6484 | treasurer@adk-gfs.org

Past Chapter Chair Brian Coville
518-350-4117 | pastchair@adk-gfs.org

Trustee Maureen Coutant
Alternate Trustee Liz Rovers
trustee@adk-gfs.org

Members at Large Thomas Khairallah
Jeff Mans
Kathi Noble

COMMITTEE CHAIRS

Conservation Paul Dietershagen
401-529-5034 | conservation@adk-gfs.org

Education Vacant
908-305-8357 | education@adk-gfs.org

Hospitality Gretchen Steen
518-638-6139 | hospitality@adk-gfs.org

Membership Liz Rovers
membership@adk-gfs.org

Newsletter Editor Vacant
newsletter@adk-gfs.org

Outings Wayne Richter
518-893-7895 | outings@adk-gfs.org

Programs Anne Paolano
518-798-3055 | programs@adk-gfs.org

Trails Tom Ellis
518-638-6139 | trails@adk-gfs.org
Co-Chair Jim Schneider

Website George Sammons
518-832-7437 | webmaster@adk-gfs.org

Young Members Vacant
ymg@adk-gfs.org

Fire Tower Tim Noble
518-668-3046 | firetower@adk-gfs.org

Annual Dinner Anne Paolano
518-798-3055 | annualdinner@adk-gfs.org

Publicity Vacant
publicity@adk-gfs.org

Banff Film Festival Mo Coutant
banff@adk-gfs.org

Get social
Instagram: @adkglensfallssaratoga
Facebook: facebook.com/adkgfs or
facebook.com/SaratogaYMG

Learn more: adk-gfs.org

a bear-resistant canister. Traditional rocks for Skylight's summit encouraged, but not required. Panther and alien encounters unlikely, and not to be believed in any event. A good book helps at night. Bad weather cancels. On Friday morning we'll meet at the Schroon Lake Tops parking lot at 8:30 AM, and carpool to the Elk Lake Marcy trailhead parking lot since parking there can be scarce.

BLUEBERRY MOUNTAIN VIA MARCY

FIELD Hike Fri, Sep 26, 2025, 8:00 am, Rating: B Pete Fedorick - 661-425-1044, pfedoric@gmail.com

The hike to the summit is relatively short, approximately 4 miles round trip, but it is quite steep with nearly 2,000 feet in elevation gain. However, the effort is rewarded with great views of the surrounding peaks, particularly once you reach the slab portions of the hike.

GATEWAY 8 CHALLENGE: LENS LAKE

PADDLE Paddle

Sun, Sep 28, 2025, 10:00 am, Rating: C Chandra Geremick - 518-424-0679, cgeremick@gmail.com
Coad: Steve Mackey - smackey33@verizon.net

Add another of the Gateway 8 Challenge and paddle Lens Lake with us. This is the best time of year with scenic fall views! Email, call, or text to join. Proper PFD required. Trip will be around two hours.

EXECUTIVE COMMITTEE MEETING

Wed, Oct 1, 2025, 7:00 pm,
Kim Brown - 908-305-8357,
kim137@me.com
See Sept. 3rd for more info.

STONY POND FROM NY 28N Hike

Sat, Oct 4, 2025, 9:00 am, Rating: C+ Rich Crammond - 518-584-2380

Let's hike into a nice Adirondack pond for this early fall hike. Approximately 4.2 miles round trip with not too much elevation change. Meet at the trailhead parking area 3.9 miles north of the Olmstead Road - NY 28N intersection in Minerva. Dress for rain, snow, or cold fall days. See you there, hiker buds.

SOUTHERN ADIRONDACKS / LAKE

GEORGE REGION Hike

Sat, Oct 4, 2025, time TBD, Rating: B Kim Brown - 908-305-8357, kim137@me.com

What's Up Saturday? Geared for those new to hiking and those coming back to the outdoors! Pace will be slow to moderate with distance between 4-8 miles. Hikes will be primarily in the Lake

All are welcome!

UPCOMING EXECUTIVE COMMITTEE MEETINGS

- Wednesday, Sept. 3, 2025, 7pm
- Wednesday, Oct. 1, 2025, 7pm
- Wednesday, Nov. 5, 2025, 7pm
Kim Brown: 908-305-8357, kim137@me.com

These meetings will be virtual, via Zoom. All chapter members are welcome. Please email chapter-chair@adk-gfs.org for the Zoom information if you would like to attend.

George/ Southern Adirondack Region. Let me know if you want to be on my email list. You can sign up for an event after receiving the details via email the Mon/Tues prior to the event.

BIG CROW AND NUN-DA-GA-O RIDGE

Hike Fri, Oct 10, 2025, 8:00 am, Rating: B Pete Fedorick - 661-425-1044, pfedoric@gmail.com

This hike offers a scenic 7-mile ridge trek with breathtaking views throughout. The hike begins with a visit to Big Crow summit, followed by a short descent and a junction that leads to the ridge portion. While the hike is moderately difficult, with approximately 1,700 feet in elevation gain, the numerous viewpoints along the way can make the journey feel longer - but the stunning vistas make it well worth the extra time.

WEEKDAY HIGH PEAKS HIKE Hike

Tue, Oct 14, 2025, time TBD, Rating: A+ Wayne Richter - 518-893-7895, wrichter@nycap.rr.com

July's weekday high peaks hike went well, with no problems getting into the AMR lot, so here is the second one. I've listed the hike for Tuesday, but I will change the day to Wednesday or even Thursday if the weather looks better, with a decision to be made on Sunday or Monday before. Weekdays give us the chance to hike from The Garden or the Ausable Mountain Reserve parking lot. Where we go will depend on mountain conditions, which can be very variable in October, and I'm open to suggestions for where to hike. Email me if you might want to come along. Meet at the park and ride at the north end of Media Drive near Northway Exit 18 or at the trailhead. Meeting time will be early, but will depend on the day's hike.

ADK GFS CHAPTER ANNUAL DINNER

Fri, Oct 17, 2025 6pm
Anne Paolano - 518-744-6359,
Programs@adk-gfs.org
See Page 1 for details.

SOUTHERN ADIRONDACKS / LAKE

GEORGE REGION Hike

Sat, Oct 18, 2025, time TBD, Rating: B Kim Brown - 908-305-8357, kim137@me.com

What's Up Saturday? Geared for those new to hiking and those coming back to the outdoors! See Oct. 4th for more info.

ANNUAL HALLOWEEN WALK/HIKE AT

MOREAU LAKE STATE PARK Hike

Sun, Oct 26, 2025, 11:00 am, Rating: C Chandra Geremick - 518-424-0679, cgeremick@gmail.com

I have learned that it's not so easy to hike up a mountain in full costume, so let's meet at Moreau Lake State Park for our annual costume contest and enjoy a leisurely walk through the park, and have some ghoulish goodies! I refuse to win first place again, so BE ON YOUR GAME! Let's see your most creative costume yet. All ages welcome. Pet friendly.

PYRAMID PEAK AND MAYBE

GOTHICS Hike

Sat, Nov 1, 2025, 7:00 am, Rating: A+ Jeff Mans - 518-265-4135, adkhighlander@aol.com

To celebrate the seasonal end of the AMR/DEC parking reservation system and public access to the AMR easement, we'll climb Pyramid Peak and linger for a while to enjoy the views before deciding whether to climb Gothics to hog more views. Bonuses: Lower Ausable Lake and Rainbow Falls. Trail is very steep in sections and open at places. Distance to Pyramid is about 12+ miles round trip with 3,550 feet of elevation gain. Pyramid stands at 4515 feet. Meet-up at Schroon Lake Tops parking lot at 7:00 am, or at AMR parking lot at 7:30 am. Rain date November 2nd.

SOUTHERN ADIRONDACKS / LAKE

GEORGE REGION Hike

Sat, Nov 1, 2025, 7:00 am, Rating: B Kim Brown - 908-305-8357, kim137@me.com

What's Up Saturday? Geared for those new to hiking and those coming back to the outdoors! See Oct. 4th for more info.

EXECUTIVE COMMITTEE MEETING

Wed, Nov 5, 2025, 7:00 pm,
Kim Brown - 908-305-8357,
kim137@me.com
See Sept. 3rd for more info.

SOUTHERN ADIRONDACKS / LAKE**GEORGE REGION Hike**

Sat, Nov 15, 2025, time TBD, Rating: B
Kim Brown - 908-305-8357,
kim137@me.com

What's Up Saturday? Geared for those new to hiking and those coming back to the outdoors! See Oct. 4th for more info.

RATTLESNAKE PROGRAM, COMMUNITY ROOM CRANDALL**LIBRARY Program**

Wed, Nov 19, 2025, 7:00 pm, Rating:
NR Anne Paolano - 518-744-6359,
programs@adk-gfs.org

William S Brown PhD Timber Rattlesnakes: How They Live and What They Do. Bill will summarize the basic biology of Timber Rattlesnakes and focus on some of the research questions that are useful for evaluating its conservation status. He will frame this perspective toward outdoor enthusiasts and naturalists who may encounter a rattlesnake in the wild. In New York, Timber Rattlesnakes are distributed in two dozen counties. Many populations were extirpated or depleted throughout

the state over the past two centuries. The species was listed as "threatened" in 1983 and has been fully protected by New York State law for the past 40 years. Please join our friends from the Southern Adirondack Audubon Society for a joint program at Crandall Public Library.

TURKEY TROT NO. 27

Hike Thu, Nov 27, 2025, 8:00 am,
Rating: C+

Rich Crammond - 518-584-2380

Let's work up that old holiday hunger once again this year. Approximately 4 miles of hiking on and off road and trail with little elevation change. Dress for cold and snow. Meet at the visitor parking lot off Route 32, Stillwater. See you there, hiker buds. Happy Thanksgiving from Rich.

OUTINGS & PROGRAMS CALENDAR

Date	Day	Type	Destination	Leader(s)	Rating
SEPTEMBER 2025					
3	Wed	Meeting	Executive Committee Meeting	Kim Brown	NR
6	Sat	Hike	The Tip of the Tongue: a Counter-Clockwise Approach	Jen Ferriss	A+
6	Sat	Hike	Southern Adirondacks/Lake George Region	Kim Brown	B
12	Fri	Hike	Hopkins via Mossy Creek	Pete Fedorick	B
13	Sat	Hike	Southern Adirondacks/Lake George Region	Kim Brown	B
18	Thu	Program	Greenland Program with James Thompson Dutcher Room, Saratoga Springs Public Library	Ann Paolano	NR
26	Fri	Camp/Hike	Elk Lake-Marcy trail to Panther Gorge, Haystack, Marcy, and Skylight (2 nights, 3 days)	Jeff Mans	A++
26	Fri	Hike	Blueberry Mountain via Marcy Field	Pete Fedorick	B
28	Sun	Paddle	Gateway 8 Challenge: Lens Lake Paddle	Chandra Geremick, Steve Mackey	C
OCTOBER 2025					
1	Wed	Meeting	Executive Committee Meeting	Kim Brown	NR
4	Sat	Hike	Stony Pond from NY 28N	Rich Crammond	C+
4	Sat	Hike	Southern Adirondacks/Lake George Region	Kim Brown	B
10	Fri	Hike	Big Crow and Nun-Da-Ga-O Ridge	Pete Fedorick	B
14	Tue	Hike	Weekday High Peaks Hike	Wayne Richter	A+
17	Fri	Program	2025 Glens Falls-Saratoga Chapter ADK Annual Dinner and Program Holiday Inn Resort, Canada Street Lake George NY 12845	Anne Paolano	NR
18	Sat	Hike	Southern Adirondacks/Lake George Region	Kim Brown	B
26	Sun	Walk/Hike	Annual Halloween Walk/Hike at Moreau State Park	Chandra Geremick	C
NOVEMBER 2025					
1	Sat	Hike	Pyramid Picnic and maybe Gothics	Jeff Mans	A+
1	Sat	Hike	Southern Adirondacks/Lake George Region	Kim Brown	B
5	Wed	Meeting	Executive Committee Meeting	Kim Brown	NR
15	Sat	Hike	Southern Adirondacks/Lake George Region	Kim Brown	B
19	Wed	Program	Timber Rattlesnakes with Bill Brown, PhD Community Room, Crandall Library	Anne Paolano	NR
27	Thu	Hike	Turkey Trot No. 27	Rich Crammond	C+

Southern Adirondacks / Lake George Region

Sat, May 31, 2025, Kim Brown

The forecast called for more rain all week, heavier the day before the hike and, of course, rain the day of the hike....so what could be better than a waterfall hike? Thinking....I need one with no stream crossings. I decided to do the short hike on Gore Mountain to see the waterfalls along side the Schaefer Trail. I ended up with six intrepid souls who were up for the fun wet day. It turned out the rain was light going in and then got a bit heavier just as we were getting back to the cars. The waterfalls did not disappoint and everyone enjoyed them, very few bugs with the rain and cooler temperatures. Our mascot Echo (a beautiful white husky) really loved the water and lapped up some water along the way. We stopped for quick lunch after about a mile and a half and then headed back the way we came. It was a short hike, but great to get out and enjoy the sounds and sites of the beautiful outdoors. If you go in the summer season, it's a great hike for a hot day with many areas to sit in the pools and cool down with lots of tree foliage coverage to shade.

Participants: *Kim Brown, Sophia F, Charlene S, Anthony B, Michele C and pup Echo, Neil V and Ed G.*

Pharoah Mountain Pink Lady Slippers

Sun, Jun 8, 2025, Jeff Mans

A rain date hike on Sunday was just the ticket with clear and temperate weather, except for the latest twist of O Canada - with glowing hearts we see and smell the wildfire smoke rise. Nevertheless, through the filtering haze we had magnificent views, and plenty of Pink Lady Slippers in full bloom, except we were probably about a week past peak bloom. Standing upon one of several open rock summits on Pharaoh Mountain, we were drawn to Pharaoh Lake's attraction and decided to alter our plan to make it a loop hike to visit Pharaoh Lake, Oxshoe Pond, and back to Crane Pond. Walking along Pharaoh Lake and some blowdown, we were treated to a bunch of ruffed grouse chicks scurrying around and chirping Mama Mama help us! Also a few red spotted eastern newts for good measure. A fine day with good company in the Pharaoh Lake Wilderness can't be beat.

Participants: *Jeff Mans and John Dziark, and apologies to those who could not make the rain date (next year).*

Workout Wednesday Gateway 8 Challenge: Dean Farm Heritage Trail

Wed, Jun 11, 2025, Chandra Geremick and Anne & Jim Waring
We met in Hadley on a beautiful warm afternoon and followed Anne and Jim Waring to Dean Farm's decent sized parking lot. All were excited to learn about this often overlooked hike. Ann and Jim knew all the beautiful views, and we even stopped at a lovely stream that I got to dip my feet in. So nice to cool off. Lots of gorgeous ferns and winding summery paths. This is a great trail if you have an hour or two to spare. You could take a shorter trail if you have less time. Lots of options!

Participants: *Chandra Geremick, Jim and Anne Waring, Peggy C., Terrance K., Steve S., Pete F.*

Southern Adirondacks / Lake George Region

Sat, Jun 14, 2025, Kim Brown

Well, the rain was forecasted again for the weekend, but for Saturday only in the afternoon. So I chose to go to Inman Pond from the Buttermilk Falls Road Trailhead—about 4 miles round trip with about 500 feet of elevation gain. The trail in the very beginning had the big mud spots, but after that was not bad at all. Of course, because of all the mud we saw many, many newts.

Also, some nice forest wild flowers. We first went around the north /west end side of the pond, then came back and went up the other side to the overlook. There we enjoyed a nice leisurely lunch with almost no bugs, maybe because it was relatively cool in the 50s and cloudy. On the way back, we checked out the geologic formations on the side of the overlook. It was an enjoyable short day. Several folks came who had never been to the pond!

Participants: *Kim Brown and 5 participants Sophie S, Sue H, Laura F, Lauren R and Charlene S.*

Lower Wolf Jaw via Bennie's Brook Slide

Sat, Jun 21, 2025, Jeff Mans

What a difference a day makes! Our rain date was spectacular and we got to enjoy the climb and view on the wide open Bennie's Brook Slide, which just kept getting better as we climbed higher. This approach to Lower Wolf Jaw offers excellent views to the north and a final steep pitch up to the summit ridge that was enjoyed by all. A nice leisurely lunch and social on the summit before our descent north toward the col between LWJ and UWJ, and back down to Johns Brook Valley and out. Extra thanks to John Acacia for getting us a spot in the Garden parking lot at 5:15 AM—job well done!

Participants: *Jeff Mans (leader), John Acacia, Pete Fedoric, Virginia Touhey, John Dygert, Sophia Ferraro, Mary Burdick, Scott Anderson and Kim Brown.*

Rooster Comb Hike

Sun, Jun 22, 2025, Chandra Geremick

I will never get tired of Rooster Comb. There was only a handful of us due to some possible showers that never came, but we had a great time. The view at the top was stunning and clear, with a cool breeze that was incredibly welcome. The highlight of our hot and humid summer hike was going for a dip in Chapel Pond before heading home. You come out a different person!

Participants: *Chandra G., Laura F., Pete F., and Johnny C.*

Southern Adirondacks / Lake George Region

Sat, Jun 28, 2025, Kim Brown

Our hike was Sleeping Beauty and down via Bumps Pond loop. It was approximately 5 miles round trip with approximately 1,100 feet of elevation gain. After much back and forth earlier in the week ... on the day of the hike the weather forecast was for cloudy and no rain until 6pm - and yes, that is what happened!! It was cool enough, low 60s, so that there were very few black flies, so we did not need bug nets—a very good thing. We were able to park at Dacy Clearing and made our way up the trail to Sleeping Beauty. Although the skies were cloudy, we could see up and down the lake and surrounding area mountains. We enjoyed a quick lunch and the views and getting to know our fellow hikers. We had several folks new to our Saturday hikes and new to Sleeping Beauty. A great day for everyone!

Participants: *Kim Brown, Linda F, Jim M, Christian R and very well behaved pup Ralph, Alan C, Kathryn D, Ekebeth K, Mary B, Stacy D, Patrick Y, Anne V, Neil V with pup Ripley (also well behaved), William S, Julia K, Alicia M, Sophia F, Margie L, Charlene S, Anthony B and Debbie V.*

Intro to Bikepacking/Bike Touring (Overnight)

Sat, Jul 5, 2025, Andrew Meunier

We met a bit early in Saratoga to allow for some time to arrange our gear and make sure the loaded bikes were running well. We left at 1PM and were lucky to have a warm but not especially



Photos from 6/8 outing to Pharoah Mountain. Courtesy of Jeff Manns.

humid day with plenty of blue skies. Spier Falls Road was a challenge, but we made it up the major climbs with no difficulties and stopped a few times to enjoy views of the Hudson. We took a break at (one of) the Stewart's in Corinth for cold drinks and ice cream sandwiches before riding on to Lake Luzerne, where we paused near the library to enjoy some shade and more views of the river. Before checking in at the Lake Luzerne state campground, we ducked into Harris Grocery for more provisions and a selfie with Elsie the Cow. There was plenty of time for a refreshing dip in Fourth Lake before dinner and the beach had lovely views of nearby Potash Mountain. In the morning, we managed to be out of the campground by 8AM. Corinth was bustling with people preparing for boating, river floats, and days at the beach. With the day heating up quickly, we took a direct route back and arrived at our cars before noon. Both days were a bit more than 30 miles of riding with about 2,000 feet of climbing on the first day and 1,000 feet on the second day. This was a great adventure and a fun experience mixing bikes and camping!

Participants: *Jen Ferriss, Sophia Ferraro, and Andrew Meunier.*

Weekday High Peaks Hike

Tues, July 8, 2025, Wayne Richter

Our hike was to Nippletop and Dial from the Adirondack Mountain Reserve. We had a not too hot, mostly cloudy, and very humid—and therefore—sweaty day. We left the parking lot in the cool of the day a little before 8:00. We walked the Lake Road to the Gill Brook Cutoff trail, where we started our real adventure. We were soon passed by a large group from Pok-O-MacCready Camp on their way to Colvin and Blake. We stopped for snack at the ponds at Elk Pass, then made the steep climb to the Dial-Nippletop Ridge. Once on the ridge, we made an easy climb to Nippletop's summit where we had the multiple treats of

a welcome breeze that at least briefly dried the sweat, some sun on the Great Range across the Ausable valley, and the summit to ourselves for a few minutes. We had lunch there and welcomed a bunch of new summiters, the most notable of whom had already been to Colvin and Blake and was soon on his way to Dial. Lunch eaten and break had, we headed for Dial, where we had some more snack and met another group of summer campers, with this group on an overnight. We finished the hike by continuing down the ridge over Bear Den Mountain and Noonmark Shoulder before reaching the road and then the parking area.

Participants: *Mike and Maryanne Badagliacca, Kathy Drapeau, Chip Kilduff, Wayne Richter.*

Lake Placid Bike Trail

Sat, Jul 19, 2025, Steve Mackey

Jen had basically the same bike trip planned, so we combined her trip into this one. I also advertised the trip with two other groups that I participate with, the Crooked Canes and the EZ Riders. We got a few participants from all three groups, with obviously some overlap (people belonging to several of the groups). We had perfect weather, and it was a great ride. We stopped at the DEC fish hatchery near Little Lake Clear, and checked out the landlocked salmon that they raise there. At our turnaround (Floodwood Road), there is an outfitter with picnic tables, so we had our lunch there. After lunch, we checked out the nearby Floodwood Lake and canoe carry, and then checked out Little Lake Clear on the way back. Other than the long drive, this is a great bike trail that we should schedule again.

Participants: *Mike M., Bonnie E., Jen F., Bill B., Virginia T., Joan M., Neal V., Steve & Licia M.*

Southern Adirondacks / Lake George Region

Sat, Jul 26, 2025, Kim Brown

Our hike was to Pole Pond, then up to the Walnut Ridge Lookouts from the Godwin Preserve trailhead. We had so many folks interested in getting out that we had to turn several away! Although a short hike, it had a little something for everyone - rolling up and down, a beautiful pond, and lookouts to Lake George from the upper ledges. The only downside of the day was the air quality due to the smoke from wildfires in Canada impacting the view. Temperatures in upper 70s to low 80s felt hotter due to humidity. All in all, we did a 3.6 mile round trip with approximately 997 feet of elevation gain. The trip was extra fun, with some bringing their family visiting from out of town.

Participants: Hike leader Kim Brown, Jim M, Chandra G, Sue A, Marcia H, Alicia M, Charlene S, Jim T, Jim W, Sue H, Jessica M, Jen T, Kendra P, Cathy F, Don H, Joshua W, Lydia W, and Jorin W.

Whiteface from Lake Placid

Sat, Aug 2, 2025, Wayne Richter and Anna Gomez Domenech

The weather gods served up what would have been a perfect hiking day, were it not marred by the human folly of wildfire smoke propelled by excessive fossil fuel burning and global climate change. We had a cool start that developed into temperatures in the 60s and 70s, mainly clear skies, low humidity,

negligible biting insects, and a trail footway as dry as I've ever seen it. The hike began with an easy forest walk along an old woods road past quiet Connery Pond to Whiteface Landing on the shore of Lake Placid. We went out to the still badly tilted dock (will this ever be repaired?) to sit for a few minutes and contemplate the calm, beautiful lake. We had snack at the Whiteface Lean-to, including Long Island bagels and cream cheese (yum!) that Mike and Maryanne brought, then began the real ascent. The views toward the top are spectacular, but it soon became apparent that the wildfire smoke that had cleared out the day before had moved back in. We found the summit crowded with those who had driven up. After some visiting and photos, we moved to an open ledge below the summit and away from the crowds for a leisurely lunch and conversation. Lunch included delicious molasses cookies that Mike baked, direct from Vermont. Along the way back and at the lean-to, we chatted with a group on their first Adirondacks hike, whose infectious enthusiasm for the day was a joy to share. As the day was on the cool side and we had lingered considerably, we passed on the swim off the dock and walked directly out to finish our day.

Participants: Mike and Maryann Badagliacca, Mike Fuller, Anna Gomez Domenech (co-leader), Tom Hart, Wayne Richter, Erin Roberts, Stephen Root.

ANNUAL DINNER REGISTRATION FORM

GLENS FALLS-SARATOGA CHAPTER ANNUAL DINNER 2025

Friday, October 17, Holiday Inn Resort Lake George, 2223 Route 9 Lake George, NY 12845

6:00PM Cash Bar Cocktail Hour | 7:00PM Buffet Style Dinner \$34/person

- Tossed Salad
- Chicken Francaise
- Steak with Red Onion Marmalade
- Rosemary Salmon
- Roasted Red Rosemary Potatoes
- Tea | Coffee | Soda Bar
- Vegan Stir Fry with Tofu
- Seasonal Vegetables
- Berry Cobbler

Contact Anne Paolano with any dietary restrictions or questions:
annualdinner@adk-gfs.org.

Please mail reservation form below and payment to:

Steve Mackey
21 Mac Arthur Drive
Glens Falls, NY 12801

OR Venmo Steve and include attendees' names.
We do not mail reservation confirmations back to you.

All reservations must be PREPAID and RECEIVED
by Sunday, October 12. Price is \$34/pp.

ANNUAL DINNER RESERVATION

Your Name

Your Phone

\$ _____ ☐ Paid via Venmo

Total

Please make checks payable to: Glens Falls-Saratoga Chapter ADK

Venmo payment: @Stephen-Mackey-19 (Please note names of attendees)

Name(s) (please print clearly for your name tag)

1. _____

2. _____

3. _____

4. _____



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