



**GLENS FALLS - SARATOGA CHAPTER**  
**ADIRONDACK MOUNTAIN CLUB**  
P.O. Box 2314  
GLENS FALLS, NEW YORK 12801  
WWW.ADK-GFS.ORG

## Volunteer Request Form

Please take a few moments to complete this form if you are interested in volunteering for the chapter. Volunteering is a wonderful way to get involved, meet people and feel a part of your chapter. Your chapter is successful because of great volunteers like you.

I'm interested in helping out in the following ways. Please check all that apply:

Conservation \_\_\_\_\_

Trail Maintenance and Work Days \_\_\_\_\_

Outings:

Hikes \_\_\_\_\_

Ski \_\_\_\_\_

Cycling \_\_\_\_\_

Paddles \_\_\_\_\_

Snowshoe \_\_\_\_\_

Younger Members Group \_\_\_\_\_

Membership:

Phone calls \_\_\_\_\_

Mailings \_\_\_\_\_

Special events:

EMS Clubs Days \_\_\_\_\_ (Fall and Spring)

Adirondack Sports & Fitness Expo \_\_\_\_\_ (Fall and Spring)

Other events as scheduled \_\_\_\_\_ (Various)

Newsletter:

Editing \_\_\_\_\_

Publicity:

Monthly notification to media outlets \_\_\_\_\_

Email Blasts \_\_\_\_\_

Social Media \_\_\_\_\_

Chapter Leadership \_\_\_\_\_ (future chapter officer and committee chair position)

Other (Please specify any other ways you would like to help out):

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Name \_\_\_\_\_

Address \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

Please return this form to the address listed above. You will be contacted by a member of the Executive Committee to discuss your interests further.